INSIDE STILL YOUR FAVOURITE MAGAZINE

THE NEW NAME FOR TV&Satellite week

9-15 MAY 2026

TV&Streaming week

NEW

RIVALS

What's next for the naughty neighbours as Jilly Cooper's smash hit returns

LIVE!

BAFTA TELEVISION AWARDS

Greg Davies takes the hosting hot seat

NEW

DUTTON RANCH

The fiery couple get their own Yellowstone spin-off

HotList This week's 28

Saturday 9

Song of the Samurai
ACTION DRAMA *HBO Max*
The Shinsengumi – elite samurai who defended Kyoto at the end of the Edo period - are the focus in this eight-parter as Toshizo Hijikata (*Godzilla Minus One*'s Yuki Yamada) finds a new kind of family...

Scottish Premiership
FOOTBALL *Sky Sports Main Event, k-o 8pm*
Hearts travel to Motherwell, chasing their dream of being the first team other than Celtic or Rangers to claim the league title since 1985. *See Sport Week, page 28*
● *Celtic v Rangers is tomorrow, k-o 12noon*

Angela Rippon's River Cruises
TRAVELOGUE *5, 8pm*
In a new series, national treasure Angela Rippon (above) explores two of the world's iconic waterways, starting with Europe's second-longest river, the Danube.

Monsieur Spade
CRIME DRAMA *U&Drama, 9pm (box set, U)*
Set in France in 1963, this series stars Clive Owen (above) as iconic fictional detective Sam Spade, who Humphrey Bogart famously played in the 1940s film *The Maltese Falcon*. *See feature, page 6*

■ Full listings start on **p35**

Sunday 10

England v New Zealand: 1st One-Day International
CRICKET *Sky Sports Cricket, play starts 11am*
The first of a three-match women's ODI series, starting in Chester-le-Street. The second game is on Wednesday.

Premier League
FOOTBALL *Sky Sports*
Today's 2pm kick-offs are Burnley v Aston Villa, Crystal Palace v Everton, and Nottingham Forest v Newcastle. At 4.30pm, West Ham play Arsenal, which could be a season decider for east or north London.

BAFTA Television Awards
AWARDS *BBC 1, 7pm*
Greg Davies (above) hosts the ceremony from London's Royal Festival Hall, where hit Netflix drama *Adolescence* leads the field with seven nominations, including five acting nominations. *See feature, p 11*

Believe Me
DRAMA *ITV 1, 9pm (box set, ITVX)*
Fact-based drama starring Daniel Mays (above) and Aimee-Ffion Edwards, telling how the victims of sex attacker John Worboys fought to keep him behind bars. Continues tomorrow. *See feature, p8*

■ Full listings start on **p45**

Monday 11

England 2006: The Golden Generation
DOCUMENTARY *BBC iPlayer*
Looking back at the 2006 World Cup in Germany, which was one of the Three Lions' most memorable tournaments – but for all the wrong reasons.

Great Central Asian Railway Journeys
TRAVELOGUE *BBC2, 6.30pm*
Michael Portillo (above) begins his latest journey – following the Silk Road route across Asia – in Tashkent, the capital of Uzbekistan. Continues until Friday.

Children of the Blitz
DOCUMENTARY *BBC2, 9pm*
To mark the 85th anniversary of the final night of the London Blitz, 10-11 May 1941 – known as the 'Longest Night' – some of the last remaining survivors talk of their experiences. *See Documentaries, p20*

Major Crimes Unit
DOCUMENTARY *5, 9pm*
The detectives of West Midlands Police's Major Crime Unit are called in after a shooting on a quiet residential street, as this new docuseries begins. Was the incident part of a gang turf war?

■ Full listings start on **p55**

Tuesday 12

Marty, Life Is Short
DOCUMENTARY *Netflix*
Comedian and actor Martin Short (above) reflects on his 50-year career, which includes scene-stealing roles in movies such as *¡Three Amigos!* and more recent success in *Only Murders in the Building*.

Tucci in Italy
TRAVELOGUE *National Geographic, 8pm (box set, Disney+)*
Actor Stanley Tucci (above) continues his journey across Italy, exploring the regions' local cultures and food, starting in Naples and Campania. *See Your Watchlist, p14*

The Way Out
ENTERTAINMENT *U&Dave, 9pm (box set, U)*
Mel Giedroyc (above, centre) presents as two teams of comedians, captained by Nish Kumar and Ed Gamble, compete in escape-room challenges. *See feature, p12*

Ian Fleming – The Curse of Bond: The Spy Who Killed Me
DOCUMENTARY *Sky Arts, 9pm*
Exploring how Fleming's experiences influenced the creation of secret agent 007. *See Documentaries, page 21*

■ Full listings start on **p65**

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Wednesday 13

Good Omens

***FANTASY DRAMA** Prime Video*

The fate of Aziraphale and Crowley (Michael Sheen and David Tennant, both above) is finally decided in this feature-length conclusion, but will it be a happy ending? *See Your Watchlist, page 17*

Off Campus

***DRAMA** Prime Video*

Based on Elle Kennedy's series of novels, music student Hannah (*Malory Towers*' Ella Bright) agrees to tutor hockey captain Garrett (Belmont Cameli) in return for a favour...

The Future with Hannah Fry

***DOCUMENTARY** BBC2, 7.30pm (box set, BBC iPlayer)*

The mathematician (above) imagines what the next hundred years has in store with the way technology is progressing.

● ***Previously shown on Bloomberg***

Kevin McCloud's Listed Britain

***DOCUMENTARY** More4, 9pm*

Celebrating remarkable architecture, the *Grand Designs* host (above) explores sites such as London Zoo's Penguin Pool and a fairy-tale castle in the Welsh hills.

■ Full listings start on **p75**

Thursday 14

PGA Championship

***GOLF** Sky Sports Main Event & Sky Sports Golf, coverage from 12.30pm*

The world's best – including defending champion Scottie Scheffler (above) – arrive at the formidable Aronimink for the year's second Major. Continues tomorrow.

Morecambe & Wise – The Lost Tapes

***COMEDY** BBC4, 8pm*

Eric Morecambe would have turned 100 today, so here's a chance to see a recently rediscovered episode of *The Morecambe & Wise Show* from September 1968.

The Hardacres

***DRAMA** 5, 9pm (box set, 5 Streaming)*

As the rags-to-riches period drama returns for a second series, the modern era is being ushered in with the arrival of electricity at Hardacre Hall. Stars Claire Cooper, Liam McMahon and Julie Graham.

From

***SCI-FI** Sky One, 9pm & 10.05pm*

As the sci-fi drama returns, the locals are still in shock from the events of the Season 3 finale when a mysterious new arrival threatens the town's fragile sense of security from the inside out.

■ Full listings start on **p85**

Friday 15

Rivals

***DRAMA** Disney+*

The 80s-set drama returns, more 'romptastic' than ever, as the war between Lord Tony Baddingham (David Tennant, above) and Rupert Campbell-Black reaches fever pitch. *See feature, page 4*

Dutton Ranch

***DRAMA** Paramount+*

The *Yellowstone* universe expands further as Rip Wheeler and Beth Dutton (Cole Hauser and Kelly Reilly, both above) trade the mountains of Montana for the dusty plains of Texas. *See feature, page 6*

The Running Man

***SCI-FI** Sky Premiere, 7am & 8pm*

Glen Powell (above, centre) stars as Ben Richards, a man who signs up for a ruthless reality show in which runners have to survive 30 days while being hunted down. *See review, page 24*

Smoggie Queens

***COMEDY** BBC3, 10pm & 10.30pm (box set, BBC iPlayer)*

Phil Dunning's comedy returns for a second series. A figure from Mam's past shows up, while Stewart embraces change. *See feature, page 12*

■ Full listings start on **p95**

Welcome to this week's issue of your favourite TV guide. From this edition, we have changed our name to *TV&Streaming Week* as it better reflects our commitment to delivering the most comprehensive TV package. Inside, you'll find all your usual features, films, sport A-Z and 10 pages of listings per day featuring BBC1, BBC2, ITV1, C4, 5, Freeview, Freely, streaming platforms, Virgin and, of course, Sky.

Our cover stars showcase the second series of *Rivals*. Plus, don't miss *Yellowstone* spin-off *Dutton Ranch*, *Tucci in Italy*, the BAFTA Television Awards and a host of shows for you to watch over seven packed days. Enjoy your TV week.

Claire Ruck, Editor-in-Chief

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Emily Atack, David Tennant and Alex Hassell headline the second season of Disney+ hit *Rivals*

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: DISNEY 2026, BAFTA,SANE SEVEN, PARAMOUNT+. HOTLIST WORDS: LYNETTE BRIGHTON, IAN FARRINGTON. HOTLIST PHOTOS: ALAMY,DISNEY+, GETTY

NEW FROM Disney+

Risqué business

Jilly Cooper's **steamy saga returns** for more boardroom battles and bedroom romps

NEW DRAMA

Rivals

From Friday 15 May, Disney+ (first three episodes from Friday 15 May, then weekly)

Inside a stunning stately home, a production crew is busy preparing a set as a group of well-known actors rehearse their lines for a final time. Among the chandeliers and majestic staircases, a table is bedecked with champagne bottles, while the living room is adorned with magazines from the 1980s and sporting paraphernalia…

TV&Streaming Week is on set to watch filming for the second season of Disney+'s racy drama *Rivals*, based once more on the bestselling novel by the late Jilly Cooper. We've been invited to a plush Somerset home that stands in for Penscombe Court, the Cotswolds abode of roguish MP and former showjumper Rupert Campbell-Black (Alex Hassell).

As the new 12-part run begins with six episodes released over the next four weeks (six more are coming later in the year), it's 1987 and the epic feud that Rupert and Irish broadcaster Declan O'Hara (Aidan Turner) are involved in with cold-hearted Lord Tony Baddingham (David Tennant) has reached new heights, after Rupert and Declan's fledgling company Venturer won the right to compete against Tony's established company Corinium for the Central South West TV franchise.

And the fictional county of Rutshire is also beset by plenty of romantic intrigue, as several illicit affairs and secrets are threatened with exposure.

Lord Tony Baddingham
David Tennant
The calculating owner of Corinium TV wants revenge on his rivals at Venturer, but his down-to-earth wife Monica (Claire Rushbrook) tries to temper his plans.

Rupert is torn between his desire for Declan's gentle daughter Taggie (Bella Maclean) and his need to protect his spirited lover, US producer Cameron Cook (Nafessa Williams), who is also Tony's mistress and was last seen hitting the tycoon over the head while he was assaulting her. How will they be affected by the fight?

We sat down with Hassell, 45, and Williams, 36, to find out what to expect for Rupert, Cameron and the rest of the characters….

What's it like to be back?

Hassell There's such incredible joy in working together and the scripts are so good, too.

Williams It's great that viewers love the show, plus we know these characters now.

Tell us what's in store…

Hassell There are bigger set pieces and more complicated relationships, more subtlety, depth and intrigue. The characters were brilliantly established and now they're doing things you might not expect. It's not just a repeat of the first season. It's heavier and darker but also funnier.

Where do we find Rupert and Cameron this time round?

Hassell Rupert promised Cameron that he would look after her no matter what. But then he had this big emotional kiss with Taggie. So he's caught between his responsibility to his own feelings, and responsibility to Cameron.

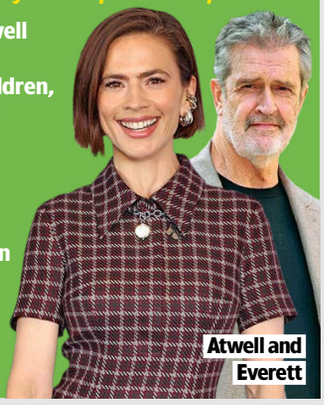
Williams Cameron's in a different space. It was traumatic in Season 1

WELCOME TO RUTSHIRE

Hayley Atwell and Rupert Everett join the feuds and fun…

Season 2 sees *Agent Carter*'s Hayley Atwell playing Rupert Campbell-Black's classy ex-wife Helen, the mother of his two children, while Rupert Everett appears as Helen's current husband Malise, Rupert's ex-showjumping mentor. Can they help the troubled Member of Parliament as storm clouds gather?

'Helen is formidable and holds her own with her ex,' says Atwell, 44. 'She has overcome her resentment and reached a place of pity for him. She won't change him but she'll call a spade a spade.'



Atwell and Everett

WORDS: CAREN CLARK. PHOTOS: © 2026 DISNEY & ITS RELATED ENTITIES, GETTY

Cameron Cook
Nafessa Williams
The US producer deals with the aftermath of attacking lover Tony. Does her future lie with him and Corinium or Rupert and Venturer?

Rupert Campbell-Black
Alex Hassell
As the dashing MP fights to keep his seat at the General Election, he faces turmoil at his TV company Venturer and struggles with his love for both Cameron and Taggie.

Taggie O'Hara
Bella Maclean
Declan's sweet daughter remains quietly besotted with Rupert and is wonderful with his children, but can she compete with Cameron?

Declan O'Hara
Aidan Turner
The talented interviewer battles to ensure that Venturer wins the TV franchise, and must also try to win back actor wife Maud (Victoria Smurfit).

WHO'S WHO

Sarah Stratton
Emily Atack
The ambitious Corinium presenter, who is married to local MP Paul (Rufus Jones), is struggling with the news she is pregnant, but who's the father?

Lizzie Vereker
Katherine Parkinson
Will the kindly author and long-suffering wife of adulterous broadcaster James (Oliver Chris) continue a blossoming romance with Freddie?

Freddie Jones
Danny Dyer
The caring self-made businessman and Venturer investor is increasingly drawn to Lizzie despite his marriage to social-climbing Valerie (Lisa McGrillis).

and that has changed her. Previously she was strong and sure of life, and she still has that confidence, but she's humbled. It's exciting seeing where things go, because she's softer.

The show has really captured viewers' imaginations. Has that been rewarding?

Williams I was back home [in America] when the show came out, so I didn't experience the reaction. But I'm now seeing it in person and I'm like, 'Wow, we did something special. Everybody's talking about this show.'

Hassell We hoped that Jilly Cooper's fans would like it, but there has been a broad spectrum of ages [who enjoyed it], which is moving. It was gratifying that people felt it was something new, even though it's also nostalgic. It lured you in with the colour, music and elevated tone but it subtly says so much about the culture at the time and how women were thought of. Now the second season picks up that, and the more complicated issues of the era and interpersonal and business dynamics.

What are your favourite scenes coming up this season?

Williams The ones where the characters are all together; those are like little reunion moments for us when we can have a good time.

Hassell Yes, and we played polo this series, which was fun. We had lots of training and I certainly got better at it as we went along.

Freddie, Bas (Luca Pasqualino), Henry (Brendan Patricks) and Rupert

Clive Owen as Sam Spade

Sleuth in the sun

Clive Owen brings iconic detective Sam Spade to France

NEW CRIME DRAMA

Monsieur Spade

Saturday, 9pm, U&Drama (box set, U)

Legendary trench-coated private eye Sam Spade swaps the foggy streets of San Francisco for the sunny French countryside in a new six-part crime drama starring Clive Owen.

Author Dashiell Hammett's hard-boiled detective was famously played by Humphrey Bogart in 1942 classic noir *The Maltese Falcon*. Now, Owen's version finds him in 1963, enjoying retirement on an estate he inherited from his late wife, Gabrielle (Chiara Mastroianni), in the French village of Bozouls.

But when six nuns are brutally murdered at a nearby convent and Spade uncovers a link to a mysterious child, can he dust off his sleuthing skills to solve the case?

'I'm a big fan of Bogart and the movie. I've actually got an original *Maltese Falcon* poster on my wall at home,' says *The Knick* star Owen, 61. 'So when the creators called and pitched this idea, I sent a picture of the poster and said, "You've come to the right guy!"

'I'm playing a later Sam Spade, but he has to come from that 1940s private detective, so I drowned myself in Bogart and watched everything again. It's difficult to reinvent noir, but it's a clever move to locate him 20 years later in a completely different environment. He's older, trying to live a quiet life, but then he's pulled back into his old ways.'

Created by Scott Frank (*The Queen's Gambit*) and Tom Fontana (*Oz*), the drama also stars Rebecca Root and Matthew Beard as eccentric mother and son Cynthia and George Fitzsimmons, while the mysterious Virginia Dell (guest star Alfre Woodard) arrives with her own agenda.

FINDING HIS FEET

Flashbacks reveal how Spade left San Francisco to return a young girl, Teresa, to her French criminal father, Philippe (Jonathan Zaccaï). Eight years later, he's still there, butting heads with local weary police chief Patrice Michaud (Denis Ménochet), while a teenage Teresa (Cara Bossom) is living at the convent.

'Spade stayed in France because he fell in love, but then he lost Gabrielle, so we're meeting him in a more sensitive state,' says Owen. 'However, he's brought back to his old ways because he has a strong moral compass and has to do the right thing.'

Cara Bossom as Teresa

Rip and Beth's new ranch

WORDS: IAN MACEWAN, REBECCA MAHONEY. PHOTOS: PARAMOUNT+, U&DRAMA, AMC

Lone stars

Rip and Beth make a **fresh start in Texas** in a *Yellowstone* spin-off co-starring Annette Bening

Cole Hauser and Kelly Reilly as Rip and Beth

NEW DRAMA

Dutton Ranch

From Friday 15 May, Paramount+ (first two episodes from Friday 15 May, then weekly)

Patriarch John Dutton (Kevin Costner) may be dead and the family's Montana ranch sold, but the *Yellowstone* saga rolls on with another spin-off, this time following the fortunes of John's determined daughter Beth (Kelly Reilly) and her stoic cowboy husband Rip (Cole Hauser), formerly the loyal foreman at Yellowstone.

As we rejoin the pair more than a year on from the original series, they are enjoying life on their own Montana smallholding with Carter (Finn Little), the troubled youngster Rip took under his wing and who the couple are raising together.

Nothing is ever simple in the 'Duttonverse', however, and, sure enough, a tragedy soon strikes that forces the trio to up sticks and start a new life in Texas.

FISH OUT OF WATER

'Moving to Texas is like moving to the moon,' says Hauser, 51, whose film credits include *Good Will Hunting*, *Tigerland* and *2 Fast 2 Furious*. 'Cowboying there is different, and it's an arid environment, so water is a big thing – and that becomes an important part of the show.'

Having purchased a cattle ranch, the couple relocate to the small town of Rio Paloma, where Beth encounters a formidable force in rival rancher Beulah Jackson (Oscar-nominated actor Annette Bening), whose own family could give the Duttons a run for their money in terms of dysfunction.

They first meet when Beth's request to use Beulah's slaughterhouse is met with punitive conditions, which does not go down well. Elsewhere, Rip has a run-in with Beulah's out-of-control drug-addict son Rob-Will (Jai Courtney), who is bullying Rip's ranch hand Azul (JR Villarreal), and it's clear things will not be too neighbourly between the two clans.

'Beth is a survivor, but she's met her match in Beulah,' says Reilly, 48, who has previously appeared in TV dramas *True Detective* and *Britannia*.

Annette Bening as Beulah

MEETING THE LOCALS

Needing more manpower, Rip, who has a history of giving people second chances, takes on ex-con Zachariah (Marc Menchaca), while Beth finds a potential ally in vet Everett (*Apollo 13*'s Ed Harris), who she meets in a bar and subsequently asks to save a horse that's been seriously injured.

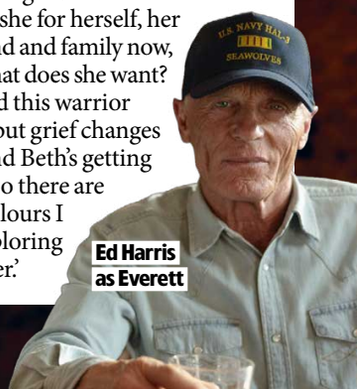
'Everett is someone whom Beth will love tremendously,' says Reilly. 'He's a war hero who looks after animals and drinks whisky. He's lived a big life, and you can feel the melancholy in him, but also the goodness.'

While Rip and Beth are busy establishing their 'farm to table' operation, adolescent Carter has his own challenges as he attends a new high school and starts experiencing the pangs of young love.

'He's keeping things from them,' says Hauser. 'And Rip and Beth are not aware enough to see the signs, because they've never had a kid.'

Meanwhile, having spent so many years protecting both John Dutton and the Yellowstone ranch, Beth and Rip must find identity and purpose in this new life they have belatedly had forced upon them.

'That's one of the most interesting questions for me,' says Reilly. 'Beth's reason to live was her father, and protecting his dream and land. But who is she for herself, her husband and family now, and what does she want? She had this warrior spirit, but grief changes you, and Beth's getting older, so there are new colours I am exploring with her.'



Ed Harris as Everett

Out for justice

A young mother's **brave crusade** to jail a real-life sex attacker

NEW DRAMA

Believe Me

Sunday & Monday, 9pm, ITV1 (box set, ITVX)

Sarah
Aimee-Ffion Edwards
On her first night out with pals since her son was born, the mum is attacked by cabby Worboys, but the police appear indifferent.

In 2009, 'black cab rapist' John Worboys was convicted of sexual offences against 12 women, but to this day the police suspect he may have harmed over 100 victims.

ITV1's harrowing four-part drama *Believe Me*, which begins with two episodes this week, is inspired by the true story of some of the women who reported being drugged and assaulted by the London taxi driver, but who felt unheard by the police and had their cases dropped.

Penned by acclaimed writer Jeff Pope, the series begins in 2003 as new mum Sarah (Aimee-Ffion Edwards) – whose name has been changed to protect her identity – gets into the cab of Worboys (Daniel Mays) after a night out. But when he gives her a drink to help him celebrate an alleged windfall, she falls unconscious.

Waking up in hospital, she is sure she has been assaulted, and the drama shows how she faces traumatic examinations and questioning before the police close the investigation.

Then, in 2007, student Laila (Aasiya Shah) – whose name has also been changed – undergoes a similar ordeal. Her case is also later dismissed.

'It starts with an attack, but it's also about the experience of not being believed,' says *Peaky Blinders* star Edwards, 38, who plays Sarah. 'How can someone process a violation when people tell them it hasn't happened? It has affected these women's lives in a vast way.'

Edwards spoke to the real 'Sarah' to prepare for the role.

'It was a privilege,' she says. 'On set, we made sure there was always a safe space because it was intense.'

For Mays, portraying Worboys was a demanding experience.

'I didn't have reservations but I recognised the acting challenge. It was about delving beneath the headlines and trying to play him in a three-dimensional way,' says the 48-year-old actor, recently seen in *Lord of the Flies*.

'I underestimated how difficult that would be; it took its toll and was unsettling. But we had access to a counsellor, too, which was invaluable.'

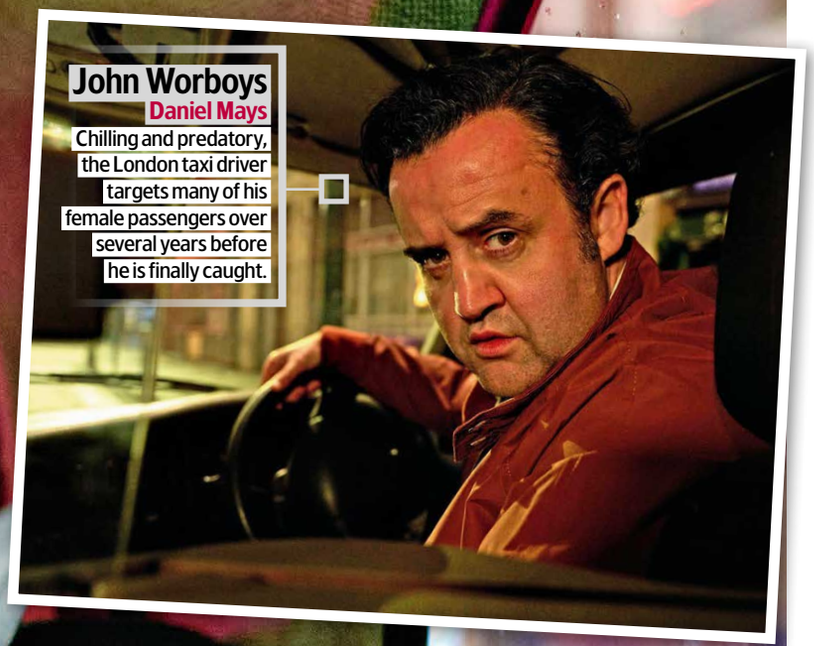
As the series goes on, it shows how Worboys is caught and convicted. Sarah and Laila then team up with solicitor Harriet Wistrich (*Amandaland*'s Philippa Dunne) and barrister Phillippa Kaufmann QC (*Detectorists* actor Rachael Stirling) to sue the Metropolitan Police for failing to properly investigate their attacks.

In 2018, they also campaign to secure a judicial review into the Parole Board's decision to release Warboys, joining forces with Carrie Symonds (Miriam Petche) – the future wife of Boris Johnson – who is also seen being drugged by Worboys in 2007.

'You see the bravery as Carrie waives her anonymity and helps

Stars Shah, Edwards and Petche

WORDS: CAREN CLARK; GRACE MORRIS; PHOTOS: BBC, ITV



John Worboys
Daniel Mays
Chilling and predatory, the London taxi driver targets many of his female passengers over several years before he is finally caught.

to fight,' reflects *Industry*'s Petche, 24. 'Carrie uses her background in communications to bring attention to the legal challenge.'

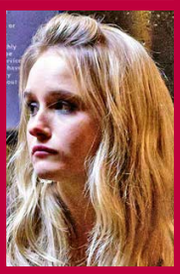
Following the review, Worboys remained in prison, and in 2019 was convicted of further offences and given two life sentences. The women's battle to see justice done has helped bring about pioneering legal reforms so that victims of serious crimes can now challenge Parole Board decisions.

'What they've been through is horrific, and to keep fighting is astonishing,' says Edwards. 'I guess there's something cathartic about making a change. I hope they feel proud of what they've achieved.'

WHO'S WHO

Laila
Aasiya Shah
The young student is also assaulted after she gets into Worboys' taxi, and she undergoes a similar fight for her account to be believed.

Carrie Symonds
Miriam Petche
As a student, the future Tory party aide is drugged by Worboys and goes on to campaign for him to remain in prison.



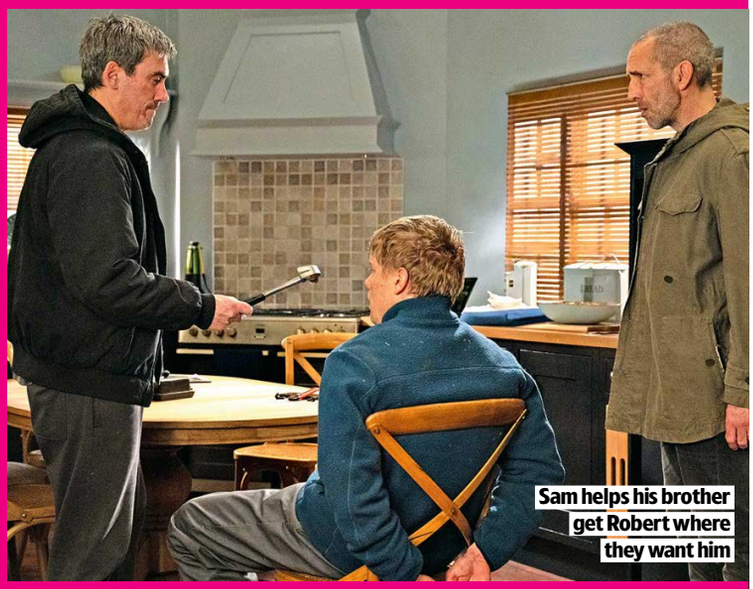
Harriet Wistrich
Philippa Dunne
The tenacious solicitor assists Sarah and Laila in suing the Metropolitan Police over its handling of the investigation.

Phillippa Kaufmann QC
Rachael Stirling
The barrister wants to ensure that the women's voices are heard and helps obtain documentation about their cases.

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance



Sam helps his brother get Robert where they want him

EMMERDALE

Will Cain kill Robert in a deadly revenge attack?

» **After months of** waiting, the day has finally come for Cain to have his prostatectomy.

However, the Dingle hardman has been terrified it will ruin the intimacy side of his marriage. He's not the only one feeling anxious, though, as Cain's son Kyle panics when his dad is wheeled off into surgery. Cain's operation is a success, but he's horrified when he sees the catheter and fakes pain to delay being discharged.

It's not until Sarah shows her grandad some tough love that Cain decides to return home, where he soon finds out about Robert's betrayal. As Cain struggles to recuperate, a tense visit from Aaron and Robert forces Moira to drop the truth bomb that Robert was the one who landed her in jail.

Moira has shock news

Cain is hell-bent on revenge and he recruits Sam to knock out Robert, who wakes up in a barn tied to a chair with Cain wielding a hammer. Is Cain about to murder Robert in an act of vengeance?

» **PLUS** Dr Todd blackmails Charity over her baby secret, fragile Bear is triggered when Jai raises his voice at the depot, and Lewis joins the men's darts team.

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Tim tries to help Will understand he's been groomed (above), Lisa interviews Megan at the station, the police gather evidence at the builders' yard, and Roy tries to calm Sam down as he spirals.

EASTENDERS

» Bea confesses to defrauding Honey (above), Grant makes Mark's mess worse, Nicola moves forward with a risky plan as Eddie shows up at Ivy's naming ceremony, and Patrick has a candid chat with Jasmine.

CELEBRATING

20

FABULOUS YEARS OF

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Greg's new task

Greg Davies hosts the most glamorous night in the TV calendar

Presenter Greg Davies

LIVE AWARDS

BAFTA Television Awards

Sunday, 7pm, BBC1

***Taskmaster*'s Greg Davies** oversees the TV BAFTAs for the first time on Sunday as the stars of the small screen gather at London's Royal Festival Hall for an evening of glitz and glamour.

Among the hit shows up for awards are *Adolescence*, *The Celebrity Traitors* (bottom right), *Rob & Romesh Vs*, *The White Lotus*, *Amandaland* and *Blue Lights*.

Here, Davies, 57, tells us more…

How does it feel to be the show's host? I see my hosting duties as an opportunity to explain the depth of my bitterness that I've never personally won a BAFTA. That is an outrage, and giving me the hosting job is something everyone at BAFTA is going to regret. On Sunday, everyone is going to pay.

Is there a previous host you would like to emulate? I can recall watching Sir Stephen Fry host the BAFTA Film Awards in the early 2000s and I was enchanted by the effortless charm he brought to the event. There's absolutely no way I'll be bringing anything like that charm, but my hope is to foster a happy atmosphere.

Do you have a smart outfit to wear? On the night I'll be wearing a beautiful velvet dinner jacket, but from the waist down I'll be like Winnie the Pooh. I'll be as naked as God intended. I'm going to shake things up this year.

When you presented an award last year, you took a potshot at *Taskmaster* co-host Alex Horne. Who is in your sights this year? It will probably be Alex again. I have such a deep-rooted contempt for the man, so the bigger the stage that I can display that on, the better.

Do any of this year's nominated shows stand out to you? I'd say *Adolescence* just because of the sheer number of nominations. It will be exciting to see how the team does on the evening.

WORDS: SEAN MARLAND. PHOTOS: ©BAFTA/SANE SEVEN, 2026, BBC, NETFLIX, SKY/HBO

PRIZE PERFORMERS

Netflix series *Adolescence* (left) leads the field with seven nominations, including Limited Drama, Leading Actor (Stephen Graham), Supporting Actor (Owen Cooper and Ashley Walters) and Supporting Actress (Erin Doherty).

Erin Doherty has also received a nod for her role in Disney+ drama *A Thousand Blows*. While Aimee Lou Wood (circled, below) also gets two nominations, for *The White Lotus* and *Film Club*.

There'll be more rivalry in SoHa as *Amandaland* stars Lucy Punch (right), Philippa Dunne and Jennifer Saunders all compete for Actress in a Comedy.

Romesh Ranganathan gets two nods in the Entertainment Performance category, for *Rob & Romesh Vs* (left) and *Romesh: Can't Knock the Hustle*.

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Michele Dotrice

NEW **The Hardacres**

Thu, 9pm, 5 (box set, 5 Streaming)

1978

Born in 1948 in Lincolnshire, Michele Dotrice, the daughter of actor Roy Dotrice, made early appearances in the likes of the BBC's adaptation of Charles Dickens' *The Old Curiosity Shop* (1962-63) before landing her breakthrough role as long-suffering Betty Spencer (inset) in BBC1 comedy *Some Mothers Do 'Ave 'Em* from 1973 to 1978. Her subsequent screen credits include *Vanity Fair* (1998), *A Very English Scandal* (2018), *The Cockfields* (2021) and *Unforgotten* (2025).

HER NEW ROLE

This week, Dotrice joins the cast of 5's period drama *The Hardacres* for its second series as Lady Imelda Hansen, the mother of snooty Lady Emma Fitzherbert (Cathy Belton). Imelda is intrigued by how Emma's neighbours the Hardacres have left behind their working-class roots to become wealthy members of Victorian society and she sets a sly plan in motion... 'The nouveau riche Hardacres are against everything that she stands for,' shares Dotrice, 77. 'She's a master manipulator.'

Dotrice as Lady Imelda

WORDS: NICK CANNON, CAREN CLARK, MICHAEL DARLING, RICHARD MCCLURE, VICTORIA WILSON. PHOTOS: 5, BBC, GETTY, SKY, U&ALIBI, U&DAVE

Stewart, Mam, Dickie, Lucinda and Sal are back

Loud and

Phil Dunning's award-winning comedy gets a second outing

NEW COMEDY

Smoggie Queens

Friday, 10pm & 10.30pm, BBC3 (box set, BBC iPlayer)

Get ready for more mischief and mayhem in Middlesbrough when *Smoggie Queens* returns for further madcap escapades with drag queen Dickie and his gang of mostly LGBTQ+ pals.

The debut series of the sitcom got rave reviews in 2024, receiving three BAFTA nominations and winning two Royal Television Society Awards. Now, it's back with the show's creator and writer Phil Dunning reprising his role as Dickie while Mark Benton returns as fellow drag queen Mam, who is the group's mother-hen figure. Joining them is Patsy Lowe as deadpan Sal, Alexandra Mardell as 'hun' Lucinda and Elijah Young as 'baby gay' Stewart.

The gang's adventures include putting on a show at a home for the elderly, attending a Soccer Aid-style football match, getting involved in a Mr Teesside pageant and a night out at an Italian restaurant that descends into coleslaw-slinging chaos.

LETTING LOOSE

'With the first series, we had to rein it in a little bit in order to establish an audience and not make it completely weird and freak people out,' says Dunning. 'Once people know the characters, and hopefully love them, then it feels like you can go more out there, a little bit crazier.'

Escape to victory

Kumar, Gamble and Giedroyc

Mel Giedroyc hosts a tricky new challenge show

NEW ENTERTAINMENT

The Way Out

Tuesday, 9pm, U&Dave (box set, U)

U&Dave's fun-filled new challenge series *The Way Out* pits two teams of comedians against each other as they compete to break free from a series of devilish escape rooms.

Over four episodes, host Mel Giedroyc tasks team captains Ed Gamble and Nish Kumar and their players – Chloe Petts and Lou Sanders for Team Gamble, and Amy Annette and David O'Doherty for Team Kumar – to go head-to-head

proud

The six-parter, which is airing in weekly double bills, kicks off with a surprise 'coming out' party for Stewart. But a seriously boozy beverage and a runaway pet rabbit soon cause havoc for everyone.

Among the guest stars who pop up along the way are *Drag Race* icon Michelle Visage, who returns as Elaine, *Mr Bates Vs the Post Office* star Monica Dolan and sports pundits Jeff Stelling and Chris 'Kammy' Kamara.

'We have a football-based episode, so it was a no-brainer getting Jeff and Kammy in because they are Teesside legends,' says Dunning. 'They were brilliant!'

Chris Kamara (left) and Jeff Stelling

in four themed rooms, where they must crack the clues, beat the clock and find the way out.

Here, Giedroyc, 57, reveals more...

What appealed to you about the show? I loved the idea of hanging out with six amazing comedians and, as host, having that veneer of authority. I enjoyed being in the control room and watching it all play out while talking to the players via a tannoy, like the voice of God!

Gamble and Sanders

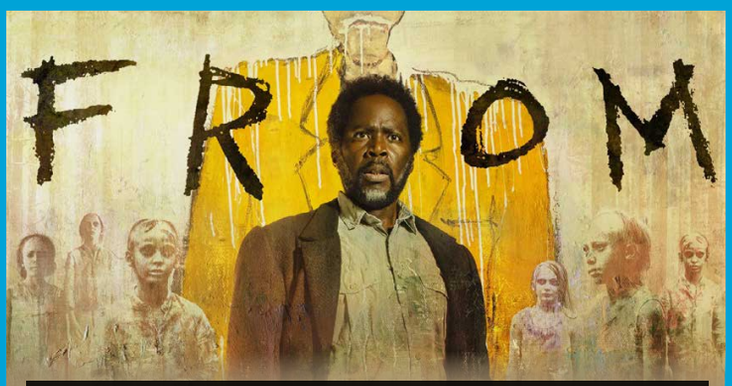
Tell us more about the gameplay... Each episode features a different escape-room scenario, so we have Gone Fishing, Art Heist, Shrink Machine and Fire Fighters. The team that conquers all four rooms in the fastest time wins my 'Padlock of Prowess' trophy.

How does it compare to other TV shows? There are certainly elements of *Taskmaster* and *The Crystal Maze*. I've never done an escape room but I reckon I'd combine competitiveness with a real lack of skill.

Finally, who would you least like to be stuck with in a confined space? I think it might be tough with Jeremy Clarkson. And I reckon Anne Robinson might be a bit bossy. No disrespect to Anne, who's an icon, but as we know, I like the authority now.

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...



From

NEW

Thursday, 9pm & 10.05pm, Sky One

The twisty sci-fi horror about the trapped residents of a small US town who are terrorised by nocturnal monsters returns for a fourth 10-part run. As Tabitha, Julie and Ethan are forced to deal with the Man in Yellow's attack on Jim, a pastor and his daughter become the latest people to be stuck in the town. But are they all that they seem?

Eurovision Semi-finals

LIVE!

Tuesday & Thursday, 8pm, BBC1

Rylan Clark and Angela Scanlon host two live semi-finals from Vienna as nations vie for a place in the final on Saturday 16 May. On Tuesday, look out for Boy George, who joins Senhit (pictured with Boy George) to represent San Marino with *Superstar*. And you can catch a preview of the UK entry when Look Mum No Computer performs the song *Eins, Zwei, Drei* on Thursday.

Hudson & Rex

Sunday, 8pm, U&Alibi (box set, Sky Box Sets, NOW & Virgin TV Box Sets)

Following John Reardon's departure as Detective Charlie Hudson last season, the eighth run of the Canadian crime drama sees Luke Roberts firmly in place as Detective Mark Hudson. In the opener, he teams up with pooch Rex to hunt down a key witness set to testify against a crime boss.

NEW

40 Years of Simply Red: Holding Back the Years

NEW

Saturday, 10.15pm (times vary), BBC2

Recorded in 2025 in Chile, as part of Simply Red's 40th-anniversary tour, Mick Hucknell (right) and his band perform a collection of hits including *Money's Too Tight (to Mention)*. It's part of an evening dedicated to the group that also features compilation special *Simply Red at the BBC* at 8.45pm (times vary).

Tucci's taste adventure

Stanley Tucci is back to sample the flavours of Italy...

Tucci in Italy

NEW *Available:* ***Tuesday 12 May***
Genre: ***Travelogue*** *Season:* ***2*** *Episodes:* ***5***

Foodie and actor Stanley Tucci is heading off on another gastronomic tour of Italy this week when he returns to the land of his ancestors for a second season of travelogue *Tucci in Italy*, also airing weekly on National Geographic (Tuesday, 8pm).

Across five episodes, the *Hunger Games* and *The Devil Wears Prada* star will sample regional specialties and learn how the past is still influencing modern cuisine.

'I'm exploring the complex connections between the land, the people and the food they eat in order to discover the essence of each region of the country I love,' says Tucci, 65. 'In Italy, even the shape of your pasta and the sauce you serve it with speaks directly to your identity.'

Here's our guide to the five new episodes…

EPISODE ONE

Naples and Campania

Tucci starts off in Naples, hearing how the city has put its crime-ridden past behind it thanks to its food. In the wider Campania region, he samples the local wine, visits 'pasta street' and tries a unique spaghetti dish, cooked with small seaside rocks in the pot to help break open the shellfish. 'Spaghetti with sea rocks captures something from Campania's past, where hard work and ingenuity were at times the only tools to combat hunger,' he says.

EPISODE TWO

Sicily

On Sicily, Tucci eats blood oranges (right) and samples potato croquettes in the historic food market. He also sees how numerous cultures have left their mark on the island's cuisine. 'Sicily is an island like no other,' he says. 'Its ability to absorb so many influences yet remain distinctly itself is perhaps the key to its delicious difference.'

EPISODE THREE

Le Marche

In the lesser-known Le Marche region, Tucci starts by trying a local aniseed liquor. He learns how a dish designed for nobles has been repurposed for everyday folk and hears how a beach bar became one of the world's top restaurants. 'Le Marche is one of the most cultured regions of the country with a cuisine to match,' he says.

EPISODE FOUR

Sardinia

Sardinia is known for its high quantity of centenarians and Tucci explores how its food boosts longevity. He tastes a suckling pig that is cooked underground, samples local sausage and even tries cannabis tortelli. 'Sardinia is a wild place, a land of folklore and fairy tales where people march to the beat of their own drum,' he says.

EPISODE FIVE

Veneto

The last leg of his journey is a trip around Veneto. He visits a rice mill and tries delicious risotto. In Treviso, he hears how the origins of tiramisu (left) are fiercely debated, and in Padua he visits a bakery where pastries are made by prisoners. 'You can enjoy the tastes of the past while glimpsing what the future may hold,' he says.

What we're watching...

The shows being enjoyed by the *TVSW* team

tv Margo's Got Money Troubles

Genre: Comedy drama Season: 1
Episodes: 8 (released weekly)

There's a winning cast and a sweetness to David E Kelley's adaptation of Rufi Thorpe's bestselling novel. *The Great*'s Elle Fanning stars as aspiring writer Margo, who becomes pregnant after an affair with her married college professor. Needing money to support her baby son, Margo creates an online persona on the adult-content website OnlyFans to bring in the cash. *The Last of Us*' Nick Offerman plays Margo's father, ex-wrestler Jinx, and *The Madison*'s Michelle Pfeiffer (pictured with Fanning) is her mother, ex-waitress Shyanne.

NETFLIX Beef

Genre: Comedy drama
Season: 2 Episodes: 8

When two young employees at a country club witness a terrible row between their boss (Oscar Isaac) and his wife (Carey Mulligan, pictured with Isaac), things escalate after the pair blackmail them.

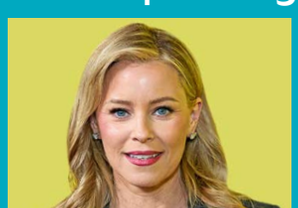
NETFLIX A Gorilla Story

Genre: Wildlife
Episodes: One-off

Sir David Attenborough (right) looks back on his magical encounter with cheeky mountain gorilla Pablo in 1979, while cameras return to Rwanda to find out about Pablo's descendants, in a heart-warming film.

Now in production...

Three upcoming shows to look out for soon



tv Elizabeth Banks

The actor (above) will lead Apple TV's as-yet-untitled comedy series, which follows a newly divorced mum who finds herself organising her dad's retirement-community dates and ends up making a surprising connection with an eternal bachelor.

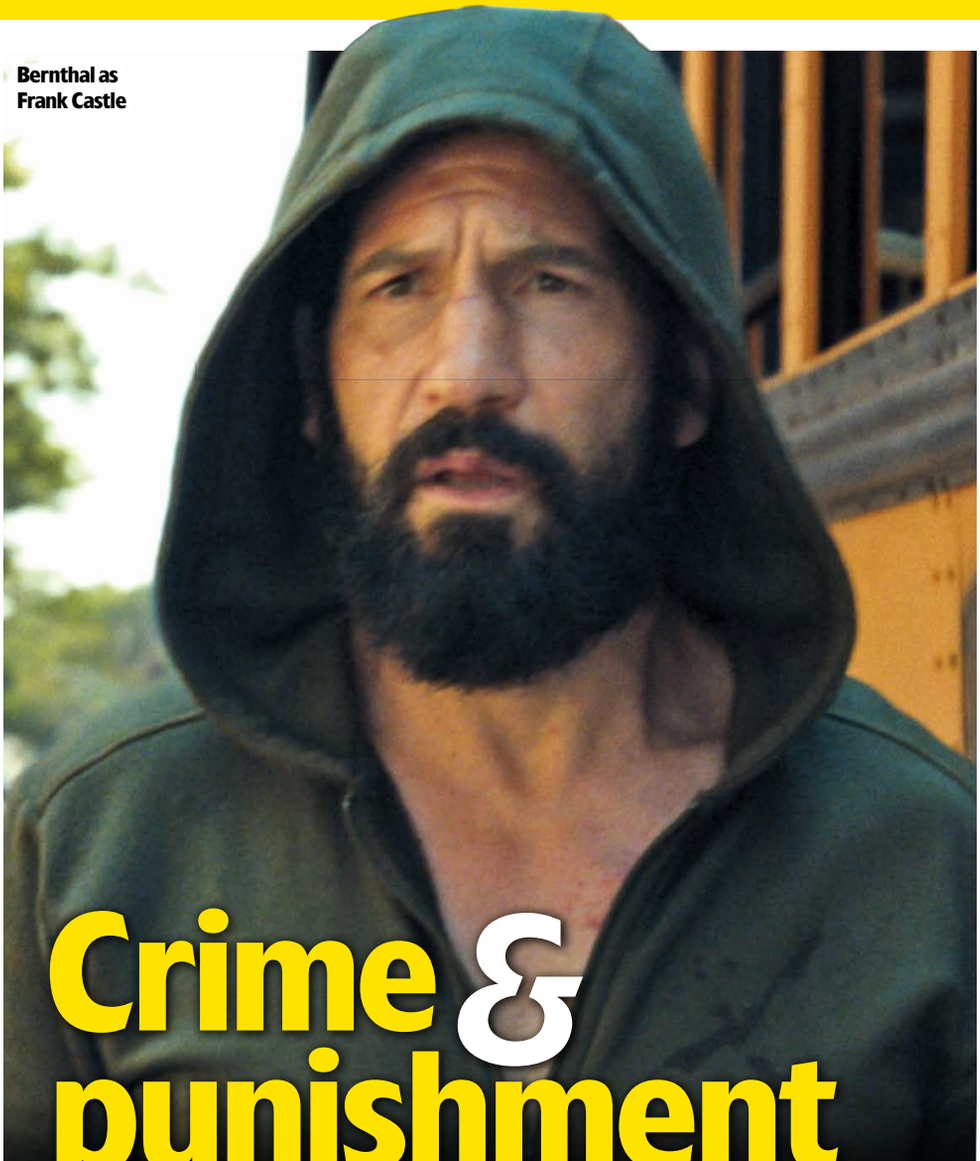
prime Embassy

Prime Video's thriller, with Anna Kendrick (above) and Sam Heughan, follows the fallout when armed mercenaries attack the US Embassy in London, where an asset is being held, and an American diplomat and her ex-fiancé – an SAS soldier – unravel a conspiracy.

NETFLIX Charlie Vs the Chocolate Factory

In Netflix's animated take on Roald Dahl's story, Taika Waititi (above) will voice Willy Wonka, who's been in jail following the Golden Ticket incident. As he returns to his factory, he must battle a group of troubled teens led by Charlie Paley (Kit Connor).

WORDS: JUDY EWENS, NATASHA HOLT, CAREN CLARK.
PHOTOS: APPLE TV, ©2026 DISNEY & ITS RELATED ENTITIES, NATIONAL GEOGRAPHIC, NETFLIX, GETTY



Bernthal as Frank Castle

Crime & punishment

Jon Bernthal is back as the vengeful vigilante

The Punisher: One Last Kill

NEW *Available:* ***Wednesday 13 May***
Genre: ***Superhero drama***

Frank Castle, AKA The Punisher, rages back on to our screens in a special one-off drama this week as we see the Marvel vigilante try to move past a life of vengeance – only to be pulled back into a world of violence.

While the story is still being kept under wraps, Frank is expected to go up against the Gnucci crime family and their leader, Ma Gnucci, as an unexpected force puts him in the cross hairs of a dangerous adversary.

As Marvel fans will know, we first met Frank – a military veteran driven to vengeance after the massacre of his family – in Season 2 of *Daredevil* in 2016, as he set out to clean up Hell's Kitchen by any means necessary. That was followed by two seasons of *The Punisher*, before he was last seen at the end of *Daredevil: Born Again*'s Season 1 when he escaped the clutches of the Anti-Vigilante Task Force.

'Frank is a character with a clarity of purpose and absolute commitment, someone who channels loss into action with brutal honesty,' says Jon Bernthal, who plays him. 'That ferocity and vulnerability is what makes Frank endure.'

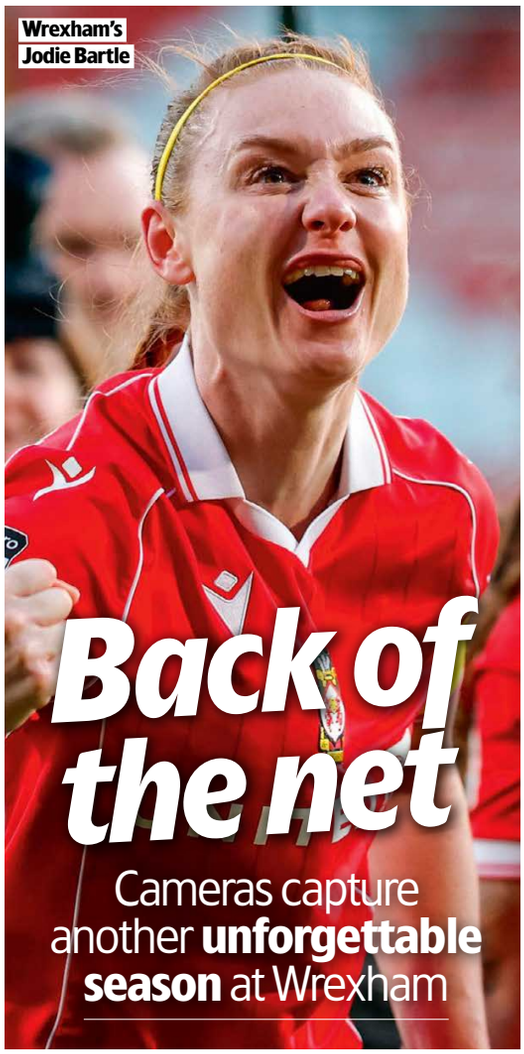
Bernthal will revisit the role again later this year when Frank appears in upcoming movie *Spider-Man: Brand New Day*, starring Tom Holland and Zendaya.

A LAW UNTO HIMSELF

'I've said it a million times, Frank is in my bones and my heart. I care about him,' says the 49-year-old star of *The Bear* and *His & Hers*. 'There's a little bit of Frank in all of us – I genuinely believe that.'

One Last Kill is the first time that Bernthal has written a Punisher storyline, and he reunited with *We Own This City* director Reinaldo Marcus Green to pen the project.

'I went in, I pitched, I gave an outline before I even put pen to page. I didn't want them to just hand it to me,' he says. 'I think our story is really special. It's the visceral, psychologically complex, unforgiving, no-holds-barred version of Frank. Nothing is easy and all violence has a cost – and we're going to see that cost.'



Wrexham's Jodie Bartle

Back of the net

Cameras capture another **unforgettable season** at Wrexham

Welcome to Wrexham

NEW *Available:* ***Fri 15 May*** *Genre:* ***Documentary*** *Season:* ***5*** *Eps:* ***8 (first two eps from 15 May, then weekly)***

Wrexham AFC opens its doors once again for more behind-the-scenes dreams and drama as Hollywood actors Rob Mac and Ryan Reynolds continue their soccer side hustle as co-owners of the world's third oldest professional football club.

It's now five years since the pals stunned the world by buying the club. And with the Red Dragons achieving back-to-back-to-back promotions, catapulting them from non-league football to the dizzy heights of the Championship for the first time in over 40 years, cameras follow the club as they push for a place in the play-offs and possible promotion to the Premier League.

However, Season 5 of Disney+'s *Welcome to Wrexham* doesn't just focus on the men's squad. With the women's team continuing to battle at the top of the Welsh Adran Premier league, we also watch them compete for their first-ever title.

'I said from the start that I always thought we could do something special,' says captain Jodie Bartle, who arrived in North Wales from Newcastle United last summer.

'It means everything to see so many little girls come out to watch us. The club has done so well to showcase women's football and that means everything to us.'

WORDS: CAREN CLARK, HANNAH DAVIES, RICHARD MCCLURE. PHOTOS: ALAMY, BBC, ©2026 DISNEY & ITS RELATED ENTITIES, ITV, PRIME VIDEO, SKY, ©2026 MARVEL – ALL RIGHTS RESERVED

Taking wing

The end is nigh for **Michael Sheen and David Tennant**'s fantasy drama

Sheen and Tennant as Aziraphale and Crowley

Good Omens

prime

NEW *Available: Wednesday 13 May*
Genre: Fantasy drama Season: 3 Eps: 1

A final epic battle to save the world awaits in the swansong to Prime Video's *Good Omens*.

The fantasy saga's feature-length third instalment finds finicky angel Aziraphale (Michael Sheen) now in Heaven after he agreed to leave behind his London bookshop and become the Supreme Archangel.

Meanwhile, renegade demon Crowley (David Tennant) – who has forged a bond with Aziraphale over the centuries, which has turned from rivalry to friendship and then tantalising romance – is struggling on Earth and feels abandoned.

'Crowley has hit rock bottom,' says Tennant, 55. 'Friendless, car-less, and hopeless. He's sleeping in an old sleeping bag in an alleyway. He's a free agent now and bears no allegiance to Heaven, Hell or anyone else. But he's not in a great place…'

HOPE FOR HUMANITY

Aziraphale, however, is busy organising the Second Coming and, to the chagrin of some of his fellow angels, he is keen to make it a gentle, hopeful affair rather than an apocalyptic one. But difficulties arise when bewildered young Jesus (Bilal Hasna) goes AWOL on Earth, and as further strange events start to occur, including the disappearance of the Book of Life, can Aziraphale and Crowley reunite to ensure the best outcome for humanity and also rebuild their own broken relationship?

The one-off finale sees Mark Addy as card sharp Harry the Fish and Sean Pertwee as gangster Brian Cameron, plus Toby Jones and Tanya Moodie as mysterious but pivotal figures. And both Sheen and Tennant hope that the conclusion will be a fitting one for the show's legion of fans.

'One of the extraordinary things is the audience. You have to take it seriously because people get affected by it. So I'm sure this will be a satisfying experience,' shares Sheen, 57. 'There will be bits you love and things you'll argue about.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

ITV X Secret Service

In ITV1's espionage drama, MI6 agent Kate Henderson (Gemma Arterton, above) is on a mission in Malta when she receives intelligence suggesting that a British government figure could be a Russian mole. But her bosses take some convincing...

BBC iPLAYER The Cage

BBC1's Liverpool-set thriller sees casino employee Leanne (Sheridan Smith) steal money from the safe at work. She is shocked to find out that her gambling-addict colleague Matty (Michael Socha, pictured with Smith) is doing the same...

Sky box sets / NOW / Virgin media Prisoner

When hired gun Tibor (Tahar Rahim) is on his way to testify against a crime syndicate in Sky Atlantic's thriller, the van is hijacked. He and a prison officer (Izuka Hoyle, pictured with Rahim) must then escape an assassin.

ITV X Bradley & Barney Walsh: Breaking Dad

As the father and son (both above) visit Oz for their latest travelogue on ITV1, they begin in Sydney, where they try out aerial stunts. In the Blue Mountains, Walsh Jr also encourages his dad to stand on top of a cable car.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Marty, Life Is Short
Tuesday 12 May

Documentary about Martin Short, comedian, actor and star of *Only Murders in the Building*, which includes never-before-seen archive footage and star-studded interviews.

Untold UK: Jamie Vardy
Tuesday 12 May

Documentary about former England striker Jamie Vardy, currently playing for Serie A club Cremonese in Italy, who went from non-league football to winning the Premier League in 2016 with 5,000-1 outsiders Leicester City.

Tucci in Italy
Tuesday 12 May

The Devil Wears Prada 2 actor Stanley Tucci returns for a second helping of cooking and travelling around his beloved Italy. Also airing weekly on National Geographic (Tuesday, 8pm). See feature, page 14.

The Punisher: One Last Kill
Wednesday 13 May

Superhero drama. Jon Bernthal reprises his role of Marvel vigilante The Punisher (AKA Frank Castle), who is searching for meaning beyond revenge. See feature, p16.

Good Omens
Wednesday 13 May

The apocalyptic fantasy comedy ends with a 90-minute special episode that focuses on the reunion of angel Aziraphale (Michael Sheen) and demon Crowley (David Tennant). See feature, page 17.

The Bus: A French Football Mutiny
Wednesday 13 May

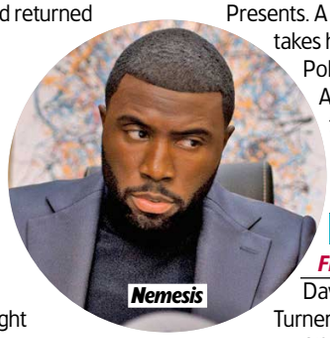
Sports documentary about the French football team's controversial 2010 World Cup campaign in South Africa. Following a heated argument between striker Nicolas Anelka and coach Raymond Domenech, Anelka was dismissed from the team. The next day, the rest of the squad refused to take part in training and returned to the team bus.

Berlin and the Lady with an Ermine
Friday 15 May

In this spin-off from the Spanish thriller *Money Heist*, Berlin (Pedro Alonso) brings the gang together for a daring mission – to pretend to steal Leonardo da Vinci's masterpiece *Lady with an Ermine* while having another target in mind.

Off Campus
Wednesday 13 May

Romantic drama about the players on a college ice-hockey team and the women in their lives. *Malory Towers*' Ella Bright and Belmont Cameli star.


Nemesis

Nemesis
Thursday 14 May

Crime drama. A brilliant LAPD detective (*Abbott Elementary*'s Matthew Law) becomes obsessed with taking down the criminal mastermind (*Lady in the Lake*'s Y'lan Noel) behind a string of daring heists.

Ultimatum
Friday 15 May

Slovakian crime drama from Walter Presents. A grieving former soldier takes hostages at a hospital. Police negotiator Daniel Andrik is drawn into the crisis while his pregnant partner is trapped inside.

Rivals
Friday 15 May

David Tennant and Aidan Turner return in the second season of the 1980s-set comedy drama, adapted from Jilly Cooper's novel, which mixes boardroom dramas with romantic entanglements. See feature, page 4.

Welcome to Wrexham
Friday 15 May

The fifth season of the docuseries about Wrexham AFC following its takeover by actors Rob Mac and Ryan Reynolds sees the Red Dragons adapting to life in the Championship after their third back-to-back promotion. See feature, p16.

The Crash
Friday 15 May

True-crime documentary. On 31 July 2022, a car slammed into a brick wall in Strongsville, Ohio. The 17-year-old driver, Mackenzie Shirilla, survived – but her boyfriend and his friend were killed. What seemed at first to be a tragic accident turned out to be premeditated murder.

The Wonderfools
Friday 15 May

Korean superhero adventure set during the doomsday fears of 1999. A group of misfits fight villains who threaten the peace of Haeseong City.

Bad Man
Friday 15 May

Action-comedy movie. Deputy Sam Evans (Johnny Simmons) is tackling a meth epidemic in Colt Lake, Tennessee, when he is sidelined by the arrival of undercover narcotics agent Bobby Gaines (Seann William Scott). Although Bobby is quickly hailed as a hero, is he what he seems? See review, p23.

Dutton Ranch
Friday 15 May

The fifth show in the Yellowstone franchise sees Kelly Reilly and Cole Hauser return as Beth Dutton and Rip Wheeler. See feature, page 6.

It's Not Like That
Friday 15 May

Drama from the writers of *Parenthood*. The families of recently widowed pastor Malcolm (*Scandal*'s Scott Foley), a father of three, and newly divorced mother of two Lori (Erinn Hayes) once did everything together, but now the pair must both navigate singledom with parenthood.

Song of the Samurai
Saturday 9 May

Japanese samurai action drama based on the manga series *Chiruran: Shinsengumi Requiem*. Set at the end of the Edo period, it centres on the Shinsengumi – the samurai force that defended Kyoto in the final years of Japan's shogunate – whose bond of loyalty is tested by betrayal, illness and war.

WORDS: JUDY EWENS. PHOTOS: HBO MAX, NETFLIX

Documentaries

Smoke rises from behind St Paul's Cathedral after a bombing raid in 1940

Dangerous skies

The **last survivors of the Blitz** share their heart-rending stories

NEW FACTUAL

Children of the Blitz

Monday, 9pm, BBC2

Between September 1940 and May 1941, Adolf Hitler ordered an intense aerial bombardment of Britain, known as the Blitz, in an attempt to force Prime Minister Winston Churchill to surrender.

Although more than 800,000 children were evacuated from towns and cities such as London, Coventry, Cardiff and Liverpool, around two million stayed at home with their parents.

London's East End was badly hit during the Blitz

Patsy Moneypenny's home was bombed

TERRIFYING

In just eight months, more than 35,000 tonnes of bombs and incendiaries were dropped, leaving tens of thousands homeless and 43,000 lives lost.

'My mother and father said if we're going to die, we're going to die together,' says 94-year-old Monica White, from Croydon. 'When two of my best friends, Jean and Ernest, received a direct hit, they were the first two people I knew who'd been killed. That was the moment I realised it was real.'

White's story is one of several told in BBC2's powerful documentary *Children of the Blitz*, which hears from the last survivors of the raids, now mostly in their 90s, who also reflect on how their childhood experiences continue to affect them to this day.

TRAUMATIC

Patsy Moneypenny, 90, from Belfast, recalls how she developed a severe stammer after her home was bombed, and 100-year-old Ernie Gaskell, from Liverpool, talks about losing many of his school friends during a raid on 3 May 1941.

'It was the worst night of my life,' says Gaskell. 'The bombs screamed at you. Every explosion was just so near. It was the end of our community – my friends had gone, my childhood had gone.'

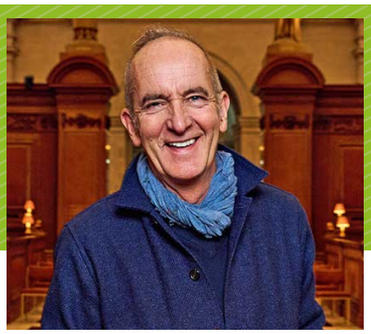
Meanwhile, Sheffield-born Jean Whitfield's mother was killed when a delayed-action bomb went off in their backyard as she was hanging out the washing.

'I didn't want to talk to anyone, I wanted to be left alone with my own thoughts,' says Whitfield, now 92, who was adopted following her mum's death. 'I can remember thinking, "I don't know what's going to happen to me now." I was in a total state of confusion.

'So many people had their lives turned upside down by the war. But the horrible things that happened make you realise that you can't give in. You can't feel sorry for yourself, you just have to carry on fighting.'

Jean Whitfield (also inset) was adopted after her mother was killed

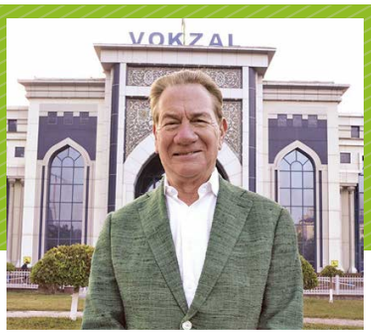
WORDS: HANNAH DAVIES, NATASHA HOLT; IAN MACEWAN. PHOTOS: ALAMY, BBC, C4, GETTY, SHUTTERSTOCK, SKY, ©METRO-GOLDWYN-MAYER, ©2026 PROPAGATE ENTERTAINMENT, LLC



Kevin McCloud's Listed Britain

Wednesday, 9pm, More4

***Grand Designs* presenter** Kevin McCloud (above) uncovers the stories of buildings and structures around the UK that have listed status in a new five-part series. He also helps to restore a dinosaur statue in London's Crystal Palace Park and climbs inside Jodrell Bank Observatory's Lovell Telescope.



Great Central Asian Railway Journeys

Monday-Friday, 6.30pm, BBC2

Michael Portillo (above) is off on his travels again, this time taking a five-part trip across Central Asia's Uzbekistan as he follows the Silk Road by rail. He starts in the capital Tashkent, where he uses the Soviet-era metro and takes to TikTok for the first time with the help of an Uzbek social-media star.

Bear Grylls Is Running Wild

Tuesday, 9pm, Sky One

It's the turn of American comedian Tiffany Haddish to join survival specialist Bear Grylls for a wilderness adventure. Together, the pair (both above) face the harsh desert terrain of Utah's Castle Valley, where Haddish talks about her childhood in foster care and tackles a sandstone labyrinth.

Hidden Treasures of the National Trust

Friday, 9pm, BBC2 (box set, BBC iPlayer)

A new series starts with a visit to Greenway (above), crime writer Agatha Christie's countryside retreat in Devon, which inspired her novel *Dead Man's Folly*, featuring Hercule Poirot. Also featured is Max Gate in Dorset, the home of 19th-century novelist and poet Thomas Hardy.

The Future with Hannah Fry

Wed, 7.30pm, BBC2 (box set, BBC iPlayer)

Prof Hannah Fry (above) explores the scientific advances that are set to bring about huge changes in the way we live. She'll be talking to pioneers in the fields of clean energy and data weaponisation, and begins this week by travelling to California and Japan to investigate age-defying technology.

● ***Previously shown on Bloomberg***

Bond creator Ian Fleming

Broken **Bond**

How writer **Ian Fleming** grew to hate his famous secret agent

Shirley Eaton and Sean Connery in *Goldfinger*

NEW FACTUAL

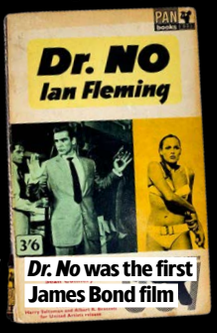
Ian Fleming – The Curse of Bond: The Spy Who Killed Me

Tuesday, 9pm, Sky Arts

The creation of fictional spy James Bond catapulted author Ian Fleming to fame and fortune, with his bestselling novels turned into blockbuster films – from *Dr. No* and *Goldfinger* with Sean Connery to *Casino Royale* starring Daniel Craig.

But although Fleming's dashing hero brought him global success, the author found his creation to be a burden almost too great to bear.

'Bond became larger than life,' says writer Marlon James, who features in the Sky Arts documentary *Ian Fleming – The Curse of Bond: The Spy Who Killed Me*.



Dr. No was the first James Bond film

Filmed in Jamaica, where Fleming wrote his novels, the programme takes a closer look at the author's life (he died in 1964, aged 56), including his time as an intelligence officer during World War Two, which inspired the creation of Bond.

As the spy's popularity grew, he increasingly became an extension of the man who dreamt him up.

'The problem is, with every book, we want to know more about Bond, so Fleming was having to excavate more and more of himself,' says Fleming biographer Nicholas Shakespeare. 'So, he gives him his taste for fast cars or his love for birds or his own love for women. Suddenly, the two characters almost enmesh, and Bond devours Fleming.'

UNDER PRESSURE

With Fleming contractually obliged to produce a new Bond novel every year, the author began to resent his protagonist.

'Not many people create an enduringly mythic fictional character,' says writer William Bond. 'But I think he found the burden of writing one a year almost intolerable.'

Fleming wrote his first Bond novel, *Casino Royale*, in his 40s, just as his marriage to wife Ann was causing him anxiety. His good looks were fading, too, and the programme suggests he turned Bond into the man he wished he could be.

'He got what he wanted all his life. He wanted this kind of fame, this success,' adds Shakespeare. 'But it wasn't a life that then brought the satisfaction he might have expected. He was selling something like 20 million books, but he still didn't feel in his bones that he had succeeded.'

Films Our pick of this

MOVIE OF THE WEEK

PROJECT HAIL MARY

A sensational, thoughtful science-fiction adventure with a charming **Ryan Gosling** at its centre

SCI-FI

From Monday, buy or rent from digital stores including Prime Video and Sky Store ★★★★

Ryan Gosling wakes up on a spaceship and discovers that of his crew he is the only one left alive. But who is he (he can't remember)? And what is he doing in deep space? Busily toing and froing from Gosling's spaceman to his life on Earth – he's a bright star of a science teacher – the film gradually pieces everything together.

Turns out, something's killing the Sun and, with Earth in peril, Gosling is brought in by Sandra Hüller's expert to help an international team on their far-away mission to save mankind. And now it's up to him. Luckily, there's another spaceship nearby and its rock-like occupant reaches out to Gosling – turns out he's also all alone with his world in the same predicament. In the best alien-human friendship since *E.T.*, the film then concentrates on the pair's ingenuity and growing bond.

There's lots to enjoy here and Gosling carries the film with bags of charm and a big helping of humour but hats off, too, to 'Rocky' the alien (voiced by James Ortiz) who is an absolute delight. Yes, the film, scripted by Drew Goddard from Andy Weir's novel, is overly manipulative and has the subtlety of a sledgehammer, but it's also hugely entertaining. 2025, 12, 156MIN

WORDS: JASON BEST, NIGEL PIZEY/PICTURES: ALAMY

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

More premieres and Day by Day planner ›››

Week's Best Movies

WORLD CINEMA

Sirât

From Friday, Mubi ★★★★★

Spanish father Luis (Sergi López), along with his young son Esteban (Bruno Núñez Arjona), is searching for his missing, rave-loving daughter and has found himself at a dance gathering somewhere in the North African desert. Unsuccessful, they hitch their lot to a bunch who go further into the unforgiving, inhospitable desert to look for other gatherings. But there is also radio chatter of war... Director Oliver Laxe blends his astonishing odyssey with a dark, ambient techno beat in a film that is simply extraordinary. While you believe you know where the film is heading, it will veer off onto genuinely leftfield tracks –sometimes full of shock and grief, sometimes wonder, and occasionally just plain inscrutability. It's cinema on a masterful, awesome scale. Subtitled. 2025, 15, 114MIN

Look out: Richard 'Bigui' Bellamy and Sergi

Too cool: Guillaume, Aubry and Zoey

PERIOD DRAMA

Nouvelle Vague

Available now, BFI Player ★★★★★

A joyful love letter to cinema, director Richard Linklater's take on the making of Jean-Luc Godard's *Breathless* is a pleasure from start to *fin*. Permanently in sunglasses, Godard (Guillaume Marbeck), while watching friends François Truffaut (Adrien Rouyard) and Claude Chabrol (Antoine Besson) kick off the French New Wave (Nouvelle Vague), finally gets a chance to make a movie, but will only do it his way. That means making it up on the day, something his US star Jean Seberg (Zoey Deutch) is incensed by, the opposite of her chill co-star Jean-Paul Belmondo (Aubry Dullin). As an homage to one of cinema's key films, *Nouvelle Vague* bursts with the hipster nature of late 1950s Paris, creating a delirious, delicious confection. Subtitled. 2025, 15, 106MIN

Cowboy ways: Seann

CRIME THRILLER

Bad Man

From Friday, Paramount+ ★★★

When a man is murdered on the street in the sleepy hamlet of Colt Lake, Tennessee, it's something the local law enforcement (led by a delightfully odd Rob Riggle) has never dealt with. Enter state cop Seann William Scott, a badass who scoffs at their milquetoast ways and goes about kicking butt to find answers. But deputy Johnny Simmons is convinced something's off about the town's new hero... An amusing crime comedy that touches on problematic masculinity, this directorial debut by Michael Diliberti shows real promise, helped enormously by a strong cast led by a fine Scott. 2025, 15, 98MIN

The heat is on: Aubrey, Margaret and Chris

COMEDY THRILLER

Honey Don't!

Sunday, 7.35am & 6.25pm, Sky Premiere ★★★

Following on from his previous film, *Drive-Away Dolls*, Ethan Coen (one half of the Coen Brothers) delivers the second in what is set to be his lesbian comedy thriller trilogy, all of which star Margaret Qualley. Here, she's a private investigator looking into what appears a simple car crash fatality, but leading to an oily, drug-running reverend, played with wicked glee by Chris Evans. Aubrey Plaza's cop is Qualley's latest fling and there are other story threads dangling about and don't add up to an awful lot. Think of it less as a film and more of a vibe, although it's still fleeting, filthy fun. 2025, 15, 89MIN

Films

SCI-FI ACTION

The Running Man

Friday 7am & 8pm, Sky Premiere ★★★

Director Edgar Wright delivers a pumped up, scathingly satirical screen version of Stephen King's bleakly dystopian 1982 novel in which an everyman hero battles to survive a deadly reality-TV competition. King's eerily prescient book was set in 2025 and its depiction of a US dominated by venal corporations is today scarily all too close to home.

Glen Powell plays the downtrodden working-class protagonist, Ben Richards (a role taken by Arnold Schwarzenegger in the 1987 adaptation), who reluctantly enters the $1billion contest of the title in the hope of raising the money to save his sick daughter. Alongside two fellow contestants, however, he must survive 30 days while being hunted by a team of professional killers led by Lee Pace's relentless masked assassin.

The film's first two thirds barrel along with brisk gusto and anarchic humour. The plotting gets shakier towards the end (the climax finds Ben fighting off assassins on board a hurtling jet and Wright doesn't really stick the landing), but Wright's film-making panache and Powell's megawatt charisma still propels the film through the plot's wobblier patches. 2025, 15, 108MIN

Breathless: Josh Brolin, Colman Domingo, Lee and Glen

Hidden gems Great movies you might have missed...

DRAMA

Half Nelson

Prime Video ★★★★

Oscar-nominated Ryan Gosling gets top marks as a history teacher at a tough inner-city Brooklyn school who's great with the children but secretly battling drug addiction. A troubled 13-year-old pupil (Shareeka Epps) rumbles him when she finds him smoking crack after school, so can they help each other out? A very fine film indeed, circumventing the usual classroom-story clichés with its first-rate script and realistic direction. 2006 15, 107MIN

COMEDY DRAMA

On the Rocks

AppleTV ★★★★

Writer-director Sofia Coppola's beguiling, soufflé-light comedy drama follows author Laura (Rashida Jones) and her philandering father Felix (Bill Murray) as they tail her possibly faithless husband Dean (Marlon Wayans) all over Manhattan. Murray essays pure, distilled Murrayness, charming and disarming everyone in his path, while Jones' reactions are effortlessly on point. A breezy, beautifully observed daddy-daughter portrait. 2020 12, 97MIN

DRAMA

Sex, Lies and Videotape

Netflix ★★★★

Director Steven Soderbergh's remarkable debut feature is a cool psychological drama that revolves around the screwed-up sex lives of a group of yuppies (notably James Spader, Peter Gallagher, Laura San Giacomo and Andie MacDowell). The film defies easy categorisation, but it was impressive enough to win the top prize at the prestigious Cannes Film Festival in 1989, as well as a host of other international awards. 1989 18, 96MIN

Saturday 9 May

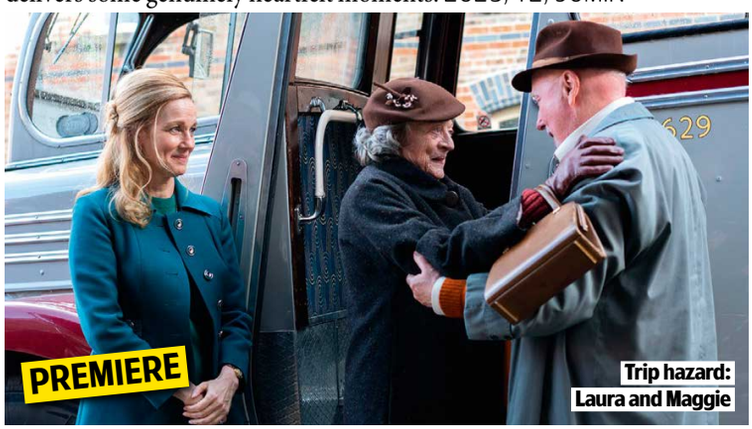
DRAMA

The Miracle Club

7.20pm, BBC2 (8.05pm Wales, 8.30pm Northern Ireland) ★★★

Sex ●●● Violence ●●● Language ●●●

From 1967 Dublin, four women travel to Lourdes in France – each hoping for a miracle. There's the elderly Lily (Maggie Smith, in her final film role), the bitter Eileen (Kathy Bates), young mum Dolly (Agnes O'Casey) and Chrissie (Laura Linney), who has returned to her home town from the States for the funeral of her mother. But why are Lily and Eileen so disgusted to see her back? A solid movie with few surprises, this is more than elevated by some fine photography and a supremely good cast. Smith especially excels as a woman battered by grief, while O'Casey delivers some genuinely heartfelt moments. 2023, 12, 90MIN



Trip hazard: Laura and Maggie

CLASSIC DRAMA

Now, Voyager

11.35am, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Bette Davis is meek, withdrawn and completely under the thumb of her awful mother (Gladys Cooper). Then she takes a sea cruise, meets Paul Henreid and discovers the joys of romance, self-confidence and watching him light two cigarettes under the stars. A masterpiece of charismatic froth in which everything from the dialogue to Claude Rains' kindly Dr Jaquith is judged to perfection. This is, deservedly, one of Davis' most famous and best-loved movies. So, why ask for the moon, when we can watch it again? 1942, PG, 117MIN

SUPERHERO

The Dark Knight Rises

9.20pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

The last of Christopher Nolan's Batman trilogy is set eight years after *The Dark Knight* and finds Bruce Wayne (Christian Bale) living as a recluse attended to only by butler Alfred (Michael Caine). Brushes with Anne Hathaway's Catwoman and Marion Cotillard's philanthropist Miranda tempt Wayne out of seclusion, but it's terrorist Bane (a scene-stealing Tom Hardy) who gets him back in the Batsuit to save Gotham. Nolan stages jaw-dropping set pieces with typical bravura and gets great performances from his stars. 2012, 12, 164MIN

SCI-FI ACTION

Oblivion

11.40pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

It's 2077 and a war with invading aliens has left Earth a wasteland. With the surviving humans evacuated, Tom Cruise and his by-the-book partner Andrea Riseborough have been left behind to maintain hi-tech surveillance drones. Their memories have been wiped as a precaution against capture, but Cruise is haunted by odd dreams and, when a spacecraft containing Olga Kurylenko crashes to Earth and Morgan Freeman appears on the scene, his world is turned upside down... The characters are thinly drawn, but this is a dazzling, clever sci-fi. 2013, 12, 125MIN

HORROR

Bone Lake

12.05am, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

A mix up means Maddie Hasson and Marco Pigossi's dream weekend by the lake has been double booked with glam pair Alex Roe and Andra Nechita. They decide to share the (enormous) house, but after some partying it's not long before secrets and lies spill forth from the couples. And there's something very off about Roe and Nechita... Before the ridiculously gnarly finale, there is lots of fun to be had as manipulation is the name of the game in this cringe-filled thriller. 2024, 18, 94MIN

■ Full listings start on p35

Sunday 10 May

COMEDY HORROR

Send Help

On now, Disney+ ★★★★

Sex ●●● Violence ●●● Language ●●●

The tables are well and truly turned when a meek woman (Rachel McAdams) and her toxic boss (Dylan O'Brien) are stranded after their plane crashes on a remote island in the Gulf of Thailand. She's ace at her job but is humiliatingly passed over for promotion when O'Brien's loathsome nepo baby takes over his late father's company. But only she has the skills to keep them alive… Director Sam Raimi delivers sharp satire and hilarious grisly violence, while McAdams and O'Brien adroitly handle the story's switchback turns and their characters' startling gear changes of emotion, tugging and tweaking our sympathies along the way. Starts 7 May. 2025, 15, 113MIN

Knot ideal: Rachel and Dylan

COMEDY MUSICAL

Mamma Mia!

3.10pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Singing and dancing up a storm, Meryl Streep plays an ageing hippie running a hotel on a Greek island. Her daughter, Amanda Seyfried, is getting married to English lad Dominic Cooper and wants to meet her dad – so secretly invites mum's ex-lovers (Pierce Brosnan, Colin Firth and Stellan Skarsgård). This ABBAsolutely fabulous film of the stage show is a joy. The hit tunes come thick and fast and the performances are wonderful. Brosnan, Skarsgård and Firth are hilarious, as are Julie Walters and Christine Baranski as Streep's friends. 2008, PG, 109MIN

FAMILY COMEDY

Paddington in Peru

6pm, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

This witty, enjoyably good-natured third adventure takes Paddington (again brilliantly voiced by Ben Whishaw) and the Browns (here led by Hugh Bonneville and Emily Mortimer) to Peru to visit Aunt Lucy. But when they reach the jungle home for retired bears they learn from Olivia Colman's Mother Superior that Lucy has gone missing. Setting off to find her, the group hires the dubious services of Antonio Banderas' riverboat captain, whose secret dreams of finding the mythical, treasure-filled city of El Dorado plunge the group into all manner of perils. 2024, PG, 106MIN

BIOPIC

The Iron Claw

10pm, BBC2 (11.25pm NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

Triumph and tragedy form an inseparable tag team in writer-director Sean Durkin's engrossing chronicle of close-knit sibling wrestlers Kevin, Kerry, David and Mike Von Erich (Zac Efron, Jeremy Allen White, Harris Dickinson and Stanley Simons), whose rise in 1980s Texas was accompanied by terrible setbacks. Giving their sport a level of respect not often granted, the film calculates the cost the boys paid trying to live up to the exacting standards of their father and coach (Holt McCallany) – a price that made them fear their surname came with a curse. 2023, 15, 132MIN

SCI-FI

Moon

11pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Lone astronaut on the moon, Sam Rockwell's delighted that his three-year job in space is nearly over and he's to be reunited with his wife and young daughter. But, following an accident, Rockwell awakes from a coma to discover that his world is not what it seems... Giving it his all, Rockwell's great and Kevin Spacey makes a real character out of his role as the talking computer that's Rockwell's only company. A brilliant-looking, cleverly teasing puzzle. 2009, 15, 97MIN

■ Full listings start on p45

Weekday movies over page

Films Weekday movies

Monday 11 May

ACTION

Sisu

9.30pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

In 1944 Lapland, a veteran soldier-turned-prospector (Jorma Tommila) runs into a vicious SS platoon. Led by Aksel Hennie and Jack Doolan, the Nazis want his gold and relentlessly pursue him across the bleak terrain. Wearing its influences (*Rambo*, *John Wick*, *Inglourious Basterds*) on its blood-splattered sleeve, writer-director Jalmari Helander's film is both pulse-racing fun and utterly ludicrous. But you'll be rooting for the near-silent, indestructible Tommila (as well as his cute little dog). 2022, 15, 88MIN

Lying low: Jorma

HISTORICAL

William Tell

6.35am & 3.05am, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Claes Bang plays the legendary 14th-century Swiss folk hero, who inspires his countrymen (and here, significantly, women) to rebel against the Austrians occupying their land by shooting an arrow into an apple placed atop his son's head. Drawing upon the 1804 play, plus the odd bit of Shakespeare and a dollop of *Braveheart*-style bluster, the script is patchy, but the battle scenes are rousing. 2025, 15, 133MIN

COMEDY

What's Love Got to Do with It?

11.10pm, BBC1 (11.40pm Wales, 12.40am Scot, not NI) ★★★

Sex ●●● Violence ●●● Language ●●●

Lily James plays an unlucky-in-love documentarian who films her childhood neighbour and best pal (Shazad Latif) after he agrees to an assisted marriage. So begins a journey that takes in family-arranged introductions, speed dating and a trip to Pakistan. Scripted by Jemima Khan, this entertaining yarn works best as an exploration of – and love letter to – Pakistani traditions. 2022, 12, 109MIN

DRAMA

A Bigger Splash

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Tilda Swinton and Ralph Fiennes are on flamboyant form in this smouldering drama set in a sun-scorched villa on a volcanic Sicilian island. Swinton is a rock star hiding out with her younger partner (Matthias Schoenaerts) while she recuperates from an operation on her vocal chords. Fiennes plays her brash former lover who invades her retreat, towing along his newly discovered American daughter (Dakota Johnson). 2015, 15, 124MIN

DRAMA

May December

12.40am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Loosely inspired by a true story, this film stars Julianne Moore and Charles Melton as a married couple whose age gap sparked a tabloid storm two decades earlier. Their seemingly happy relationship starts to buckle when an actress (Natalie Portman) arrives to research a film she's making about them. The stars are sensational in a sensitive and entertaining drama. 2023, 15, 117MIN

■ Full listings start on p55

Tuesday 12 May

DRAMA

The Bikeriders

On now, Prime Video ★★★★

Sex ●●● Violence ●●● Language ●●●

A Chicago motorcycle crew, headed by a brooding Tom Hardy, live their lives on two wheels at the tailpipe of the 1960s. Austin Butler is the softly spoken loner earmarked as Hardy's successor, while Jodie Comer provides most of the narration as Butler's pillion plus-one for life. Director Jeff Nichols' elegiac drama about the Vandal club's rise and fall moulds a fictional story from the photos in Danny Lyon's seminal 1968 book, *The Bikeriders*, and it's a lovingly crafted tale that exudes authenticity. 2023, 15, 116MIN

Wheels in motion: Jodie and Austin

COMEDY FANTASY

Ghostbusters: Afterlife

12.20pm, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

Co-written and directed by Jason Reitman, son of original 1984 *Ghostbusters* director Ivan, this first reboot is warm, witty and full of wonder. Following the death of Harold Ramis' Egon, his daughter (Carrie Coon) and kids (Finn Wolfhard and Mckenna Grace) move to his house – and find weird stuff is happening... Paul Rudd, a number of old faces and some familiar equipment add to the fun. 2021, 12, 124MIN

BIOPIC

The Theory of Everything

11.50pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Eddie Redmayne gives a remarkable portrayal of astrophysicist Stephen Hawking in this stirring biopic. His co-star Felicity Jones warrants equal praise for her fiercely tender portrayal of Jane Wilde, the arts student who became Hawking's first wife and whose tenacity and will arguably helped keep him alive in the years after he was diagnosed with motor neurone disease at the age of 21. 2014, 12, 123MIN

THRILLER

Inside Man

9pm, Legend ★★★★★

Sex ●●● Violence ●●● Language ●●●

Cop Denzel Washington is on the case when clever crook Clive Owen and his gang take hostages while carrying out a slick bank robbery in New York. Their battle of wits stokes up some great tension, while there are even more twists when tycoon Christopher Plummer and shifty fixer Jodie Foster become involved. Director Spike Lee gets top turns from his stars and the script is sharp and witty with a fiendish sting in its tail. 2006, 15, 129MIN

CRIME DRAMA

American Gangster

12.40am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

A slow-burning real-life crime drama with Denzel Washington as chauffeur Frank Lucas, who reinvented himself as a crime kingpin in 1970s New York, using the Vietnam War as a cover for importing heroin. His rise in the underworld is juxtaposed with the efforts of idealistic cop Richie Roberts, played with gruff charm by Russell Crowe, to bring him down. 2007, 18, 157MIN

■ Full listings start on p65

Wednesday

HORROR

28 Years Later

5.55pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Almost 25 years after the classic *28 Days Later*, director Danny Boyle and writer Alex Garland reunite to deliver a brilliant sequel. It revolves around a boy (impressive Alfie Williams) who lives in feudal isolation

Stranger danger: Aaron and Alfie

THRILLER

Unhinged

8.45am, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

Caren Pistorius' unlucky driver finds herself the unwitting target of a murderous Russell Crowe after a run-in at some traffic lights. Pistorius makes the most of her thinly drawn character and Crowe oozes furious malice. Nothing about this contrived film is subtle, but director Derrick Borte certainly delivers the thrills, keeping the pedal to the metal as Crowe rampages across the city. 2020, 15, 90MIN

DRAMA

It Ends with Us

1.40pm, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

A story involving domestic violence and coercive control comes with an incongruously glossy sheen in this take on Colleen Hoover's bestseller. Blake Lively plays Lily, who falls for neurosurgeon Ryle (Justin Baldoni, also directing) despite warning signs of his volatile streak. Christy Hall's screenplay is admirably astute, but Baldoni's lush melodrama has a surface superficiality that's too content to wallow in fantasy. 2024, 15, 125MIN

13 May

on an island community off the north-east coast with his steely dad (Aaron Taylor-Johnson) and ailing mum (Jodie Comer). But could a fabled mainland doctor (Ralph Fiennes) help her? Delivering heart-stopping scenes of action and suspense and richly resonant themes and ideas, this is an engrossing, visceral watch. 2025, 15, 115MIN

GANGSTER CLASSIC

Goodfellas

11.50pm, Sky Greats ★★★★★

Sex ●●○ Violence ●●● Language ●●●

Director Martin Scorsese brought his own experiences of growing up in New York's Little Italy to this gangster movie great based on the memoirs of real-life Mafia hood Henry Hill (Ray Liotta). There are few films that match its chillingly authentic depiction of organised crime and its terrifying portrayal of evil as embodied by psychopathic 'wise guys' Robert De Niro and Joe Pesci. 1990, 18, 143MIN

COMEDY

Plan B

1.50am, C4 ★★★★

Sex ●●● Violence ●○○ Language ●●●

A blushingly rude but hysterically funny buddy comedy – think *Booksmart* with an extra helping of smut. Good girl Kuhoo Verma has an unfortunate first sexual encounter at a party, leading her and raucous bestie Victoria Moroles to search Middle America for a morning-after pill. Yes, the sexual gags are turned up to the max, but the girls' friendship is a thing of beauty. 2021, 15, 107MIN

■ Full listings start on p75

Thursday 14 May

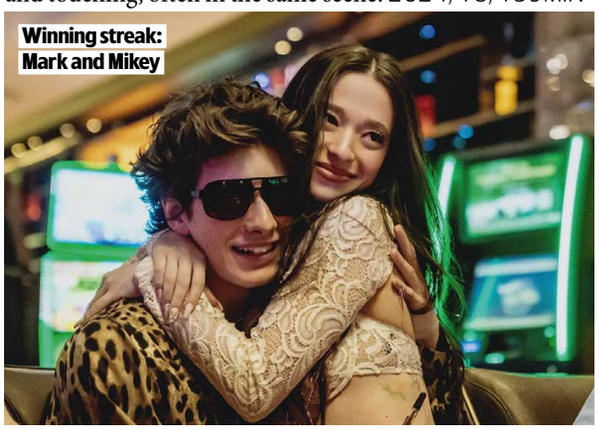
ROMANTIC COMEDY

Anora

10pm, Sky Drama ★★★★★

Sex ●●● Violence ●●○ Language ●●●

Lap dancer Anora (Mikey Madison) and the spoilt son (Mark Eyldelshteyn) of a Russian oligarch impulsively wed in Las Vegas, but his outraged family sets about getting the marriage annulled. Writer-director Sean Baker's empathetic and insightful film is a triumph, swinging wildly between blisteringly funny farce and heartrending drama. At its heart is an astonishing performance by Madison, who's naive and opportunistic, resilient and vulnerable and hilarious and touching, often in the same scene. 2024, 18, 139MIN



Winning streak: Mark and Mikey

SPORT DRAMA

Le Mans '66

6pm, Film4 ★★★★

Sex ●○○ Violence ●○○ Language ●○○

Based on a true story, this supercharged motor-racing drama stars Matt Damon as American car designer Carroll Shelby and Christian Bale as hot-headed British driver Ken Miles. Together, the pair aim to steer Ford to victory in the 24-hour marathon at Le Mans in 1966 ahead of Italian rivals Ferrari, while also trying to manoeuvre around Ford's obstructive executives. It's a nail-biting ride to the finish line. 2019, 12, 152MIN

COMEDY FANTASY

A Minecraft Movie

6pm, Sky Family ★★★

Sex ●○○ Violence ●○○ Language ●○○

Based on the videogame, this goofy yarn is fun after a clunky start. Jack Black has ended up in the Overworld universe where everything is made up of blocks. He's joined by Jason Momoa, Danielle Brooks, Sebastian Hansen and Emma Myers after they're sucked through a portal. Their quest to get home takes in zombies, skeletons and piggy hordes, while the action is sprinkled with fan-pleasing references and memes. 2025, PG, 101MIN

BIOPIC

Chaplin

9pm, Sky Arts ★★★★

Sex ●○○ Violence ●○○ Language ●○○

Robert Downey Jr totally convinces as Charlie Chaplin in director Richard Attenborough's ambitious, quality biopic. Diane Lane is Paulette Goddard, Marisa Tomei silent movie star Mabel Normand, Kevin Kline an athletic Douglas Fairbanks Sr and Geraldine Chaplin plays her own grandmother. Chaplin's first appearance as the tramp and the scene in which he perfects his performance for *The Great Dictator* are terrific. 1992, 15, 145MIN

ACTION COMEDY

Midnight Run

9pm, Film4 ★★★★

Sex ●○○ Violence ●●○ Language ●●○

What makes this comedy thriller such a delight is the perfect chemistry between Robert De Niro's hangdog bounty hunter and Charles Grodin's prissy accountant who De Niro is attempting to get to LA from New York. With such brilliant casting, all director Martin Brest has to do is ensure the action keeps moving at a breakneck pace, so hold on tight. 1988, 18, 122MIN

■ Full listings start on p85

Friday 15 May

ANIMATION

The Bad Guys 2

8.40am, Sky Family ★★★★

Sex ●○○ Violence ●○○ Language ●○○

Smart, zippy and full of breezy silliness, this sequel to the 2022 movie is tremendous. Mr Wolf and his rascally chums try to go straight, but find themselves framed for a crime they didn't commit and blackmailed into attempting one last high-stakes robbery. With endearingly comic vocal performances from Sam Rockwell, Awkwafina, Marc Marron, Zazie Beetz and Richard Ayoade, this nimbly juggles gags for the kids with clever film references for the grown ups – and it looks fabulous, too. 2025, PG, 104MIN

Heist life: Mr Wolf and co

SCI-FI THRILLER

Inception

8pm, Sky Thriller ★★★★★

Sex ●○○ Violence ●○○ Language ●○○

Writer-director Christopher Nolan's dazzlingly clever thriller stars Leonardo DiCaprio as a spy who specialises in infiltrating people's dreams to steal ideas from their minds. But then he riskily has to implant an idea in Cillian Murphy's brain with help from a crack team including Joseph Gordon-Levitt, Elliot Page and Tom Hardy. A film that stimulates the brain, quickens the pulse and plucks the heartstrings. 2010, 12, 148MIN

THRILLER

Bad Times at the El Royale

9pm, Film4 ★★★★

Sex ●○○ Violence ●●● Language ●●○

Straddling the border of California and Nevada in Lake Tahoe is the hotel El Royale. It's 1969 and Jeff Bridges, Jon Hamm, Cynthia Erivo and Dakota Johnson are four strangers who check in. But none is quite who they seem... There's also room for Chris Hemsworth, Lewis Pullman and all manner of devious twists and turns in writer-director Drew Goddard's stylish thriller. 2018, 15, 141MIN

DRAMA

Triangle of Sadness

11pm, BBC2 ★★★★

Sex ●●○ Violence ●○○ Language ●●○

A pair of models/influencers (Harris Dickinson and Charlbi Dean) take a free trip on a lavish cruiser. Woody Harrelson is the boozy captain, while his crew caters for rich folks' every whim. But there's a class war brewing, involving a cleaner (Dolly De Leon), pretzel sticks and a desert island... The obscenely wealthy might be an easy target, but writer-director Ruben Östlund's blistering satire is every bit as pointed as its title suggests. 2022, 15, 147MIN

COMEDY

How to Build a Girl

1.05am, C4 ★★★★

Sex ●●○ Violence ●○○ Language ●●○

Based on Caitlin Moran's semi-autobiographical book (she also wrote the screenplay), this sharp and wit-filled comedy stars Beanie Feldstein as a 15-year-old from Wolverhampton breaking into music journalism. It's a tad shaggy, but Feldstein is the quintessence of charm and Paddy Considine, as her wannabe rock star dad, is comedy gold. 2019, 15, 104MIN

■ Full listings start on p95

Sport week

Yo[illegible] guide to the [illegible]'s live actio[illegible]

Benjamin Nygren (Celtic), Lawrence Shankland (Hearts) and Emmanuel Fernandez (Rangers)

Scottish Premiership

THE MAIN EVENT

It's crunch time in the **thrilling three-way fight** for the title

LIVE FOOTBALL

Saturday & Sunday, Sky Sports Football & Sky Sports Main Event

It's a remarkable 41 years since a club other than Celtic or Rangers last won the Scottish league title. Margaret Thatcher was in Downing Street when Sir Alex Ferguson's Aberdeen lifted the trophy in 1985.

More than four decades later, it's certainly squeaky-bum time for Heart of Midlothian as Derek McInnes' Edinburgh side battle it out with the Glasgow giants in a three-way fight at the top of the table that looks set to go to the wire.

Having set the pace in the Scottish Premiership all season, Hearts are within touching distance of a first league title since 1960. The club's recruitment and performances have been transformed by investor Tony Bloom and his famed data-and-analytics technology. This season, strikers Lawrence Shankland and Cláudio Braga have forged a productive partnership up front, while Craig Halkett and Harry Milne have excelled in defence.

'The players have done so well to get us here. We want to try to enjoy it and finish off the job,' says McInnes. 'And like any competition, it's how you finish the season that matters.'

With only three rounds of matches remaining, every point is crucial. On Saturday (kick-off 8pm, Sky Sports Main Event), Hearts travel to a handy Motherwell side they defeated 3-1 at Tynecastle Park last month. That's followed on Sunday by the latest fiery Old Firm derby when Celtic host Rangers at Parkhead (kick-off 12noon, Sky Sports Football & Sky Sports Main Event).

UNCERTAIN PERIOD

It's been a tumultuous season for champions Celtic with the exit of managers Brendan Rodgers and Wilfried Nancy. However, Martin O'Neill – who was reappointed Hoops boss in January – has led a charge up the table and the club now have a fifth successive title within their grasp.

Midfielder Benjamin Nygren of Sweden has impressed and veteran winger James Forrest – who's won more silverware than any player in Celtic history – still has a huge impact from the bench.

Rangers – who have finished runners-up for the past four years – are also in the chase for a record-breaking 56th league title. Nigeria defender Emmanuel Fernandez has been the standout star this season while captain James Tavernier, who is about to leave the club, is determined to sign off with another winner's medal.

'We are fully focused on pushing for the league title,' he says. 'I will continue to give everything, as I always have, until the very last day.'

WORDS: RICHARD MCCLURE. PHOTOS: GETTY

The Scottish Premiership trophy

Scottie Scheffler

LIVE GOLF

PGA Championship

From Thursday, Sky Sports Golf & Sky Sports Main Event

The second major of 2026 is being held at the Aronimink Golf Club, outside Philadelphia – only the second time that the course has staged the event, after the legendary Gary Player claimed the title back in 1962.

Two-time winner Rory McIlroy will renew his rivalry with World No 1 Scottie Scheffler after the Northern Ireland star held off the American's final-round charge to win the Masters by a single shot in April. Scheffler won the PGA Championship 12 months ago with a masterful display at Quail Hollow to lift the Wanamaker Trophy for the first time. England's Tyrrell Hatton should also be in the mix following his tied-third finish at Augusta National, along with fellow countryman Matt Fitzpatrick, who beat Scheffler to win the RBC Heritage title last month.

England's Tyrrell Hatton

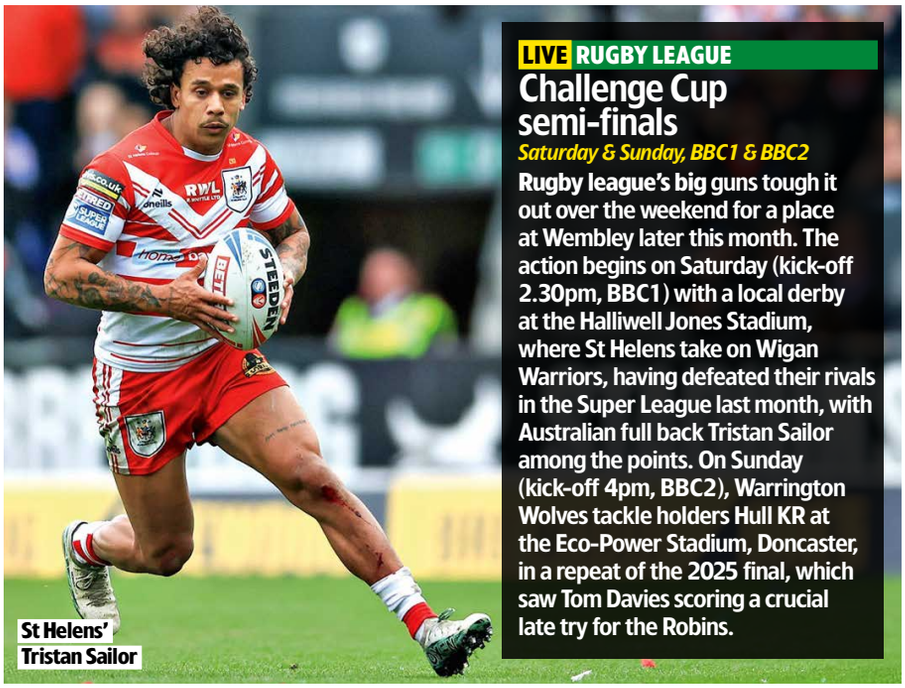
Fabio Wardley

LIVE BOXING

Fabio Wardley v Daniel Dubois

Saturday, DAZN Pay-Per-View

Manchester's Co-op Live arena stages an all-British title fight when Fabio Wardley makes the first defence of his WBO heavyweight belt. Ipswich boxer Wardley, 31, was promoted to champion when Ukraine's Oleksandr Usyk vacated the title and has some big wins to his name, including recent victories over Frazer Clarke and Joseph Parker. Former IBF champ Dubois, 28, will want to bounce back after losing to Usyk in a four-belt title bout last July.

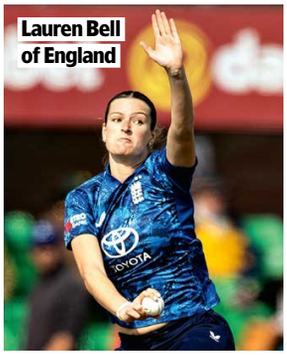

St Helens' Tristan Sailor

LIVE RUGBY LEAGUE

Challenge Cup semi-finals

Saturday & Sunday, BBC1 & BBC2

Rugby league's big guns tough it out over the weekend for a place at Wembley later this month. The action begins on Saturday (kick-off 2.30pm, BBC1) with a local derby at the Halliwell Jones Stadium, where St Helens take on Wigan Warriors, having defeated their rivals in the Super League last month, with Australian full back Tristan Sailor among the points. On Sunday (kick-off 4pm, BBC2), Warrington Wolves tackle holders Hull KR at the Eco-Power Stadium, Doncaster, in a repeat of the 2025 final, which saw Tom Davies scoring a crucial late try for the Robins.


Lauren Bell of England

LIVE CRICKET

England v New Zealand: ODIs

Sun & Wed, Sky Sports Cricket & Sky Sports Main Event

There's a big year ahead for England's women with the T20 World Cup taking place on home soil next month. Expect pace bowler Lauren Bell to feature as coach Charlotte Edwards' side take on New Zealand in a white-ball series. The action starts with two ODIs this week, at Durham's Riverside Stadium (Sun, play starts 11am) and Northampton's County Ground (Wed, 1pm).

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

AUSTRALIAN RULES

LIVE GWS Giants v Essendon Bombers
Sat 7am TNT Sports 1

LIVE Melbourne Demons v West Coast Eagles
Sat 4am TNT Sports 2

LIVE Richmond Tigers v Adelaide Crows
Sun 6am TNT Sports 3

LIVE Brisbane Lions v Geelong Cats
Thu 10.30am TNT Sports 2

LIVE Sydney Swans v Collingwood Magpies
Fri 10.30am TNT Sports 1

LIVE Gold Coast Suns v Port Adelaide Power
Fri 1.30pm TNT Sports 1

LIVE Adelaide Crows v North Melbourne Kangaroos
Fri 4am TNT Sports 1

BASEBALL

LIVE Boston Red Sox v Tampa Bay Rays
Sat 9pm TNT Sports 1
The MLB American League match.

LIVE Arizona Diamondbacks v New York Mets
Sat 12m't TNT Sports 2
The MLB National League game.

LIVE Milwaukee Brewers v New York Yankees
Sun 7pm TNT Sports 2
The MLB inter-league fixture.

LIVE Kansas City Royals v Detroit Tigers
Sun 12m't TNT Sports 1

LIVE Houston Astros v Seattle Mariners
Mon 1am TNT Sports 1

LIVE Atlanta Braves v Chicago Cubs
Tue 12m't TNT Sports 1

LIVE Cleveland Guardians v Los Angeles Angels
Wed 6pm TNT Sports 1

LIVE New York Mets v Detroit Tigers
Thu 6pm TNT Sports 1

LIVE Boston Red Sox v Philadelphia Phillies
Thu 11.30pm TNT Sports 1

LIVE Chicago White Sox v Chicago Cubs
Fri 12.30am TNT Sports 1

LIVE Los Angeles Angels v Los Angeles Dodgers
Fri 2.30am TNT Sports 2

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Motor sport Welsh driver Elfyn Evans leads the World Rally Championship

BASKETBALL

LIVE NBA Play-offs
Sat 7pm, Sun 8.30pm, Mon & Tue 12m't Sky Sports Action; Sun 8.30pm & 12m't Sky Sports+; Mon & Tue 12m't Sky Sports Main Event

LIVE Los Angeles Sparks v Las Vegas Aces
Sun 10.30pm Sky Sports Mix

LIVE Connecticut Sun v Las Vegas Aces
Wed 12.30am Sky Sports Main Event & Sky Sports Action

LIVE Los Angeles Sparks v Indiana Fever
Wed 3.30am Sky Sports Main Event & Sky Sports Action

BOXING

LIVE Fabio Wardley v Daniel Dubois
Sat 6pm DAZN Pay-Per-View
The heavyweight bout. See p29.

LIVE Shane Mosley Jr v Serhii Bohachuk
Sun 2am Sky Sports Main Event & Sky Sports Action

COMBAT SPORTS

LIVE Khamzat Chimaev v Sean Strickland
Sat 2am TNT Sports 1

CRICKET

LIVE Rajasthan Royals v Gujarat Titans
Sat 2.50pm Sky Sports Cricket

LIVE England v New Zealand
Sun 10.30am Sky Sports Cricket
The first women's ODI of a white-ball series staged at Chester-le-Street. See page 29.

LIVE Chennai Super Kings v Lucknow Super Giants
Sun 10.50am Sky Sports Mix

LIVE Royal Challengers Bengaluru v Mumbai Indians
Sun 2.50pm Sky Sports Mix

LIVE Punjab Kings v Delhi Capitals
Mon 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Gujarat Titans v Sunrisers Hyderabad
Tue 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE England v New Zealand
Wed 12.30pm Sky Sports Main Event & Sky Sports Cricket
The second women's ODI.

LIVE Royal Challengers Bengaluru v Kolkata Knight Riders
Wed 2.50pm Sky Sports+

LIVE Punjab Kings v Mumbai Indians
Thu 2.50pm Sky Sports Cricket

LIVE Lucknow Super Giants v Chennai Super Kings
Fri 2.50pm Sky Sports Cricket

CYCLING

LIVE Giro d'Italia
Sat 9.30am, Sun & Wed 10.30am, Tue 12noon, Thu 12.30pm & Fri 9am TNT Sports 3; Tue 12noon, Wed 10.30am, Thu 12.30pm & Fri 2pm TNT Sports 1

LIVE Baku-Khankendi
Sun 9am TNT Sports 4; Mon, Tue & Thu 9am TNT Sports 1; Wed 9am TNT Sports 2

LIVE Tro Bro Leon
Sun 3.45pm TNT Sports 3

LIVE Tour of Hungary
Wed 2pm & Thu 3pm TNT Sports 4

DARTS

LIVE Premier League
Thu 7pm Sky Sports Action & Sky Sports+

GOLF

LIVE Catalunya Championship
Sat 12.30pm & Sun 12noon Sky Sports Golf
Day three and four in Barcelona.

LIVE Truist Championship
Sat & Sun 5pm Sky Sports Golf; Sat 10.30pm & Sun 8pm Sky Sports Main Event
Days three and four in Charlotte.

LIVE LIV Golf
Sat 5.30pm & Sun 4.30pm TNT Sports 3
The third and fourth days in Virginia.

LIVE Mizuho Americas Open
Sat 9.30pm & Sun 5pm Sky Sports+; Sat 11pm Sky Sports Golf
Days three and four in Jersey City.

LIVE PGA Championship
Thu 12.30pm, Fri 12.30pm & 10pm Sky Sports Main Event; Thu & Fri 12.30pm Sky Sports Golf
Days one and two held at Aronimink Golf Club in Pennsylvania. See p29.

LIVE Amundi German Masters
Thu & Fri 1pm Sky Sports+
Days one and two in Hamburg.

LIVE Kroger Queen City Championship
Thu & Fri 8pm Sky Sports Mix
Days one and two in Cincinnati.

HORSE RACING

LIVE Lingfield
Sat 12.45pm ITV1

LIVE York
Wed-Fri 2pm ITV1

ICE HOCKEY

LIVE NHL Play-offs
Sat & Mon-Fri 12m't, Sun 12.30am Premier Sports 1; Sat-Fri 3am Premier Sports 2

MOTORCYCLING

LIVE MotoGP
Sat 7.30am TNT Sports 2
The Grand Prix of France practice and qualifying sessions.

LIVE The Grand Prix of France MotoGP sprint race
Sat 1.45pm TNT Sports 2

LIVE MotoGP Rookies Cup
Sun 7.30am TNT Sports 2

LIVE MotoGP
Sun 8.30am TNT Sports 2
Grand Prix of France warm-up.

LIVE The Grand Prix of France Moto3 race
Sun 9am TNT Sports 2

LIVE The Grand Prix of France Moto2 race
Sun 11am TNT Sports 2

LIVE The Grand Prix of France MotoGP race
Sun 12.15pm TNT Sports 2
Round five of the season at Le Mans Bugatti Grand Prix Race Circuit.

LIVE MotoGP
Fri 8am & 12.15pm TNT Sports 2
Grand Prix of the Catalunya MotoGP, Moto2 and Moto3 practice sessions.

MOTORSPORT

LIVE World Rally Championship
Sat 7am, 8am & 11am, Sun 1pm TNT Sports 4; Sat 3.15pm TNT Sports 2; Sun 8am & 9.30am TNT Sports 1

LIVE FIA World Endurance Championship
Sat 12.30pm TNT Sports 4

LIVE Indycar
Sat 4.30pm & 9.30pm Sky Sports F1

LIVE Indy NXT
Sat 7.30pm Sky Sports F1

LIVE British Touring Car Championship
Sun 10.45am ITV4

LIVE NASCAR
Sun 7pm Premier Sports 2

LIVE Indycar
Tue-Thu 5pm & 9pm, Fri 5pm Sky Sports F1

LIVE World Superbikes
Fri 9.30am, 12.30pm & 2pm TNT Sports 4

NETBALL

LIVE Dragons v Leeds Rhinos
Sat 3.20pm Sky Sports Action & Sky Sports Mix

LIVE Manchester Thunder v London Pulse
Sat 5.50pm Sky Sports Mix

LIVE Loughborough Lightning v Nottingham Forest
Fri 6.45pm BBC Red Button

RUGBY LEAGUE

LIVE South Sydney Rabbitohs v Cronulla-Sutherland Sharks
Sat 8.30am Sky Sports Action

LIVE Manly-Warringah Sea Eagles v Brisbane Broncos
Sat 10.35am Sky Sports Action

LIVE Wigan Warriors v York Valkyrie
Sat 11.15am BBC Red Button (kick-off 11.30am) The Women's Challenge Cup semi-final.

LIVE St Helens v Wigan Warriors
Sat 2pm BBC1 (kick-off 2.30pm)
The Challenge Cup semi-final at Halliwell Jones Stadium. See p29.

LIVE Canberra Raiders v Penrith Panthers
Sun 7.05am Sky Sports Action & Sky Sports+

LIVE St Helens v Leeds Rhinos
Sun 12.45pm BBC Red Button 1 (kick-off 1pm) The Women's Challenge Cup semi-final.

LIVE Warrington Wolves v Hull Kingston Rovers
Sun 3.45pm BBC2 (kick-off 4pm)
The Challenge Cup semi-final at Eco-Power Stadium. See p29.

LIVE Queensland v New South Wales
Thu 10.30am Sky Sports Action & Sky Sports+

LIVE Cronulla-Sutherland Sharks v Canterbury-Bankstown Bulldogs
Fri 9am Sky Sports Main Event & Sky Sports Action

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Free to watch

Channel 4 Streaming

A free streaming channel for all C4 content, this is home to shows from *Location, Location, Location* to *Celebrity Gogglebox*, plus a huge selection of true-crime series and documentaries, including *24 Hours in A&E*, as well as box-set comedies such as *Friday Night Dinner*, *Peep Show* and *Derry Girls*. You can access online via channel4.com, your smart TV or an app download. An upgrade to Channel 4+ for an extra fee also gives you more shows, early access and ad-free viewing.

5 Streaming

A free video-on-demand service from 5 that features bingeable box sets of American shows such as *Dexter* and *The Good Wife*, plus top British dramas including *All Creatures Great & Small*. There's also a huge selection of police documentaries, from *Traffic Cops* to *Police Interceptors*, plus kids' shows from *Peppa Pig* to *Paw Patrol*. The service is available on smart TVs and streaming devices via channel5.com and the app.

U

The free streaming service offers drama, comedy and entertainment, from recent shows like *The Marlow Murder Club* and *Bergerac* to classic series such as *Pride and Prejudice*. There are also American box sets, plus lots of true-crime documentaries and favourites such as *Canal Boat Diaries*. It can be accessed via an app and on smart TVs.

Subscription services

Netflix

This paid-for streaming channel features plenty of original content, with shows from *The Four Seasons* and *Toxic Town* to *Con Mum* and *The Real Fatal Attraction*. There are also new and classic films such as *I Swear* and *Mean Girls*. You can access Netflix via smart TVs, the website and an app to download.

Prime Video

The paid-for subscription channel features plenty of original TV shows like *Clarkson's Farm* and *Nine Perfect Strangers*. There are also comedy shows such as *Last One Laughing*, plus plenty of newly released films available to stream, buy or rent including BAFTA-winner *Conclave*. Prime Video can be accessed on TVs, mobiles, tablets and more.

Disney+

The home of most Disney content is a paid-for streaming channel that has classic movies such as *Mary Poppins* and *Dumbo*, recent films including *A Complete Unknown*, top dramas like *A Thousand Blows*, plus a large selection of National Geographic documentaries such as *Ocean with David Attenborough*. There's every Star Wars film and spin-off series such as *Andor*, plus the Muppets' catalogue of films and shows. It's available on smart TVs, an app download and online.

Apple TV

There's a selection of high-quality, exclusive, original-production films and TV series called Apple Originals. Content includes top dramas *Slow Horses*, *Smoke* and *Severance*, comedies like *Ted Lasso* and *Bad Sisters*, plus films *Napoleon* and *Blitz*. This paid-for streaming channel is available on smart TVs and the Apple TV app.

Paramount+

This is the home to blockbuster Paramount movies, new originals and hit shows, primarily from the libraries of US TV station CBS, with TV series including *Yellowstone* and *Star Trek: Discovery*. There's also a huge selection of Smithsonian documentaries and Nickelodeon shows including *SpongeBob SquarePants*. The paid-for streaming service is available on desktop, smart TVs and an app, and is also available free for Sky Cinema subscribers.

Discovery+

This is a paid-for streaming service that focuses on factual programming and original series. There's a library of real-life entertainment with eye-opening docuseries such as *Celebrity Help! My House Is Haunted*.

Sky Store

This paid-for streaming service is home to the latest blockbuster movies straight from the cinema, either to buy or rent, as well as TV shows to buy and keep including *The White Lotus* and *The Last of Us*. It's independent from Sky's TV service, meaning a Sky TV subscription isn't required, but you must create an account to access products and services.

MGM+

This is a paid-for streaming service that features a variety of content including titles from Lionsgate and US network Starz as well as original MGM+ series. Shows and films include *Godfather of Harlem* and *Legally Blonde*, plus the James Bond movies. Subscribe to MGM+ via Prime Video for a monthly fee.

Acorn TV

Many favourite dramas, murder mysteries and comedies from around the world appear here first. Current hit series include *Whitstable Pearl*, *Harry Wild*, *Darby and Joan*, *Signora Volpe* and *Recipes for Love & Murder*. The paid-for streaming service is available on smart TVs and via a mobile app.

NOW

There is a host of Sky TV shows and box sets to watch on this paid-for streaming service including *The Day of the Jackal*, *Brassic*, *Gangs of London* and *The White Lotus*. A choice of plans means that you can also stream Sky Sports to enjoy Formula One and other sporting events, and even watch the latest movies and Sky Original films. It's available to stream via your smart TV.

DAZN

This paid-for streaming sports service features boxing, NFL, kick-boxing, LIV Golf and women's football. It broadcasts both live and on-demand. You can access it via its mobile app and on smart TVs. It's also available as a Prime Video channel at an additional subscription cost.

HBO MAX

This new streaming giant is a paid-for service that offers access to the vast library of new and past HBO shows including some huge series such as *The Pitt*, *The White Lotus*, *Game of Thrones*, *House of the Dragon*, *The Comeback*, *Euphoria* and *Hacks*. It's also the new home of all seasons of *Friends* and (for extra) TNT Sports, which includes football, cricket, French Open tennis and Premiership rugby union. The service is available on smart TVs, plus on a downloadable app and online.

WORDS: NICK CANNON, HANNAH DAVIES. PHOTO: NIJAT/STOCK.ADOBE.COM

Football planner

LIVE South Sydney Rabbitohs v Dolphins
Fri 11am Sky Sports Action

LIVE Wigan Warriors v Leeds Rhinos
Fri 7.30pm Sky One & Sky Sports Action (kick-off 8pm) The Super League match.

RUGBY UNION

LIVE Moana Pasifika v Hurricanes
Sat 8am Sky Sports+

LIVE Brumbies v Western Force
Sat 10.30am Sky Sports Mix

LIVE Bulls v Zebre Parma
Sat 12.15pm Premier Sports 1

LIVE Italy v England
Sat 1.30pm BBC2 (kick-off 2pm) The Women's Six Nations match.

LIVE Leicester Tigers v Northampton Saints
Sat 2.30pm ITV4 & 3pm TNT Sports 1 (kick-off 3.05pm) The Prem match.

LIVE Sharks v Benetton
Sat 2.45pm Premier Sports 1

LIVE Scotland v France
Sat 4pm BBC2 & BBC Scotland (kick-off 4.15pm) The Women's Six Nations match at Hive Stadium.

LIVE Ospreys v Scarlets
Sat 5pm S4C & Premier Sports 2

LIVE Leinster v Lions
Sat 5pm Premier Sports 1

LIVE Bristol Bears v Saracens
Sat 5.15pm TNT Sports 1 (kick-off 5.30pm) The Prem clash.

LIVE Ireland v Wales
Sat 6pm BBC1 (Wales only), 6.20pm BBC2 (N Ireland only) & 6.30pm BBC iPlayer (kick-off 6.30pm) The Women's Six Nations game at Affidea Stadium.

LIVE Connacht v Munster
Sat 7.30pm Premier Sports 1

LIVE Dragons v Edinburgh
Sat 7.30pm Premier Sports 2

LIVE Exeter Chiefs v Bath
Sun 3pm TNT Sports 2 (kick-off 3.30pm) Prem action.

LIVE Super Rygbi Cymru final
Sun 4.20pm S4C (kick-off 4.45pm)

LIVE Chiefs v Highlanders
Fri 8am Sky Sports+

LIVE Northampton Saints v Bristol Bears
Fri 7pm TNT Sports 1 (kick-off 7.45pm) The Prem match.

LIVE Edinburgh v Connacht
Fri 7pm Premier Sports 1

LIVE Ulster v Glasgow Warriors
Fri 7pm Premier Sports 2

LIVE Cardiff v Stormers
Fri 7.30pm S4C (kick-off 7.45pm)

LIVE Fijian Drua v NSW Waratahs
Fri 5.30am Sky Sports+

SNOOKER

LIVE World Seniors Championship
Sat 12.30pm, Sun 12.30pm & 7pm 5

TENNIS

LIVE Italian Open
Sat, Mon & Tue 10am Sky Sports+; Sat-Tue 10am, Wed & Thu 12noon, Fri 12.30pm Sky Sports Tennis Days five to 11 at Foro Italico, Rome.

LIVE PREMIER LEAGUE

Manchester City v Brentford

Saturday, kick-off 5.30pm, Sky Sports Main Event & Sky Sports Premier League

As the title race goes to the wire, City's Jérémy Doku is in a rich vein of form. On Sunday, rivals Arsenal visit West Ham (kick-off 4.30pm, Sky Sports) with both teams in desperate need of three points.

LIVE WOMEN'S FA CUP

Semi-finals

Sunday, C4 & TNT Sports 1

After knocking out Arsenal with goals from Madison Haley and Caitlin Hayes, Brighton face Liverpool in St Helens when they bid to make the final for the first time (k-o 12.15pm, C4 & TNT Sports 1). That's followed by holders Chelsea hosting table-topping Manchester City (k-o 3.30pm, TNT Sports 1).

LIVE PREMIER LEAGUE

Tottenham Hotspur v Leeds United

Monday, kick-off 8pm, Sky Sports Main Event & Sky Sports Premier League

Xavi Simons is the latest addition to Tottenham's lengthy injury list, while Leeds have pulled away from the relegation places thanks to a fighting spirit epitomised by midfielder Sean Longstaff.

Saturday 9

LIVE Liverpool v Chelsea
11am TNT Sports 1 (kick-off 12.30pm) The Premier League match staged at Anfield. The reverse fixture saw Estêvão score a 96th-minute winner for the Blues to earn them a 2-1 victory.

LIVE Aston Villa v Arsenal
11.30am Sky Sports Premier League & Sky One (kick-off 12noon) The Women's Super League game at Villa Park.

LIVE Championship
12noon Sky Sports Main Event & Sky Sports Football A play-off semi-final first leg.

LIVE Elche v Alaves
12.55pm Premier Sports 2 (kick-off 1pm) The LaLiga match.

LIVE League One
2.45pm Sky Sports Main Event & Sky Sports Football A play-off semi-final first leg.

LIVE Manchester City v Brentford
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm) The Premier League match staged at Etihad Stadium, as Pep Guardiola's side look for three vital points in their quest for another league title.

LIVE VfL Wolfsburg v Bayern Munich
5.30pm Sky Sports Football (kick-off 5.30pm) The Bundesliga fixture from Volkswagen Arena.

LIVE League One
7.30pm Sky Sports Football A play-off semi-final first leg.

LIVE Lecce v Juventus
7.30pm TNT Sports 2 (kick-off 7.45pm) The Serie A match held at Stadio Ettore Giardiniero – Via del mare.

LIVE Motherwell v Hearts
7.45pm Sky Sports Main Event (kick-off 8pm) The Scottish Premiership match from Fir Park, as the teams meet for the third time this season. See p28.

LIVE Real Sociedad v Real Betis
8pm Disney+ (kick-off 8pm) The LaLiga match at Reale Arena.

Sunday 10

LIVE Celtic v Rangers
11am Sky Sports Main Event & Sky Sports Football (kick-off 12noon) The Old Firm derby in the Scottish Premiership staged at Celtic Park. See p28.

LIVE Liverpool v Brighton & Hove Albion
11.45am TNT Sports 1 & 12noon C4 (kick-off 12.15pm) The Women's FA Cup semi-final at BrewDog Stadium in St. Helens.

LIVE Mallorca v Villarreal
12.55pm Premier Sports 1 (kick-off 1pm) The LaLiga match.

LIVE Nottingham Forest v Newcastle United
1pm Sky Sports Premier League & 2pm Sky Sports Main Event (kick-off 2pm) The Premier League match staged at The City Ground.

LIVE Burnley v Aston Villa
1pm Sky Sports+ (kick-off 2pm) The Premier League match staged at Turf Moor.

LIVE League Two
2.45pm Sky Sports Football (kick-off 3pm) The first leg of a play-off semi-final, as the seventh-placed team host the side that finished fourth.

LIVE Chelsea v Manchester City
2.45pm TNT Sports 1 (kick-off 3.30pm) The Women's FA Cup semi-final.

LIVE Athletic Bilbao v Valencia
3.10pm Premier Sports 1 (kick-off 3.15pm) The LaLiga match at San Mamés.

LIVE West Ham United v Arsenal
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm) The Premier League game at London Stadium. Arsenal claimed a 2-0 win in the reverse fixture thanks to Declan Rice's goal against his former club and a Bukayo Saka penalty, and they will be desperate for another three points to boost their chances of winning the title.

LIVE Real Oviedo v Getafe
5.25pm Premier Sports 1 (kick-off 5.30pm) LaLiga match at Estadio Municipal Carlos Tartiere.

LIVE League Two
5.30pm Sky Sports Football (kick-off 6pm) The first leg of a play-off semi-final, as the sixth-placed team host the side that finished fifth.

LIVE Kansas City Current v Chicago Stars
5.30pm TNT Sports 4 (kick-off 5.30pm) The NWSL game at CPKC Stadium.

LIVE AC Milan v Atalanta
7.30pm TNT Sports 1 (kick-off 7.45pm) The Serie A match from San Siro.

LIVE Barcelona v Real Madrid
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match staged at Spotify Camp Nou.

LIVE Corinthians v Sao Paulo
10.25pm Premier Sports 1 (kick-off 10.30pm) The Brasileiro Serie A game at Corinthians Arena.

LIVE Gremio v Flamengo
11.30pm Premier Sports 2 (kick-off 11.30pm) The Brasileiro Serie A game at Arena do Gremio.

Monday 11

LIVE Baller League
5pm Sky Sports+ & Sky Sports Mix

LIVE Tottenham Hotspur v Leeds United
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match at Tottenham Hotspur Stadium.

LIVE Championship
7pm Sky Sports Football (kick-off 8pm) The second leg of a play-off semi-final, as the team that finished third hosts the sixth-placed side.

LIVE Napoli v Bologna
7.35pm BBC Alba (k-o 7.45pm) The Serie A match from Stadio Diego Armando Maradona.

LIVE Rayo Vallecano v Girona
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga fixture.

Tuesday 12

LIVE Celta Vigo v Levante
5.55pm Premier Sports 1 (kick-off 6pm) The LaLiga match held at Estadio Abanca-Balaidos.

LIVE Championship
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The second leg of a play-off semi-final, as the team that finished fourth hosts the fifth-placed side.

LIVE Scottish Premiership Play-off
7.30pm BBC Scotland (kick-off 7.45pm) The first leg of the semi-final.

LIVE Osasuna v Atletico Madrid
8.25pm Premier Sports 1 (kick-off 8.30pm) The LaLiga game from Estadio El Sadar.

Wednesday 13

LIVE LaLiga
5.55pm Premier Sports 2

LIVE Arsenal v Everton
6.30pm Sky Sports Mix (kick-off 7pm) Women's Super League match at Emirates Stadium.

LIVE Manchester City v Crystal Palace
7pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match at Etihad Stadium.

LIVE Scottish Premiership
7pm Sky Sports Action & Sky Sports Football (kick-off 8pm)

LIVE League One
7.30pm Sky Sports+ (kick-off 8pm) A play-off semi-final second leg.

LIVE Lazio v Inter Milan
7.55pm Premier Sports 1 (kick-off 8pm) The Coppa Italia final staged at Stadio Olimpico.

LIVE Alaves v Barcelona
8.25pm Premier Sports 2 (kick-off 8.30pm) The LaLiga match from Mendizorrotza.

LIVE Juventude v Sao Paulo
10.55pm Premier Sports 2 (kick-off 11pm) The Copa do Brasil fifth-round second leg.

Thursday 14

LIVE Valencia v Rayo Vallecano
5.55pm Premier Sports 1 (kick-off 6pm) The LaLiga match.

LIVE League One
7.30pm Sky Sports Football (kick-off 8pm) The second leg of a play-off semi-final.

LIVE Real Madrid v Real Oviedo
8.25pm Premier Sports 1 (kick-off 8.30pm) The LaLiga game from Bernabeu.

Friday 15

LIVE Premier League
7pm Sky Sports Main Event & Sky Sports Premier League

LIVE League Two
7pm Sky Sports Football A play-off semi-final second leg.

LIVE League Two
7pm Sky Sports+ (kick-off 8pm) A play-off semi-final second leg.

LIVE Scottish Premiership Play-off
7.15pm BBC Scotland (kick-off 7.45pm) The first leg of the semi-final.

LIVE Kansas City Current v Houston Dash
1am TNT Sports 3 (kick-off 1am)

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Saturday

9 May

Planner

Song of the Samurai

***ACTION DRAMA** HBO Max*

Set in the 19th century, this epic Japanese action drama is about a street brawler who joins the Shinsemgumi, the secret police who defend the city of Kyoto in the final years of the Edo period.

Monsieur Spade

***CRIME DRAMA** U&Drama, 9pm (box set, U)*

Clive Owen stars in this neo-noir crime drama as legendary detective Sam Spade, whose quiet life in the South of France is disturbed when six nuns are slain at a local convent.

Scottish Premiership

***FOOTBALL** Sky Sports Main Event, kick-off 8pm*

Hearts are on the verge of breaking 41 years of either Celtic or Rangers winning the title. Tonight they're at Motherwell, where striker Tawanda Maswanhise (right) has also been having a memorable season.

Angela Rippon's River Cruises

***TRAVELOGUE** 5, 8pm*

The popular presenter sets off on voyages along some of the world's most famous waterways. Angela starts with a two-part trip down Europe's second-longest river, the Danube, boarding her ship in Budapest, the capital city of Hungary.

Saturday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Michael McIntyre's Big Show		8.00 The Weakest Link	8.45 Casualty		9.30 Not Going Out	10.00 News	10.20 Match of the Day
	102 BBC2		7.20 Film: The Miracle Club		8.45 Simply Red at the BBC				10.15 40 Years of Simply Red...
	103 ITV1	7.00 Britain's Got Talent				9.00 News	9.20 Film: The Dark Knight Rises		
	104 CHANNEL 4	7.00 Steam Train Diaries		8.00 World's Most Secret Hotels		9.00 Film: The Equalizer			
	105 5	7.00 Claridge's: A Legacy of Luxury		8.00 Angela Rippon's River Cruises		9.00 Charles: The Women Who Made the King			10.30 Billy Connolly...
	106 SKY ONE	7.00 David Attenborough's Galapagos		8.00 Film: Men in Black				10.00 Saturday Night Live UK	
ENTERTAINMENT	115 BBC3	7.00 Doctor Who			8.35 Ghosts		9.30 Miranda		10.30 Film: Knocked...
	116 BBC4	7.00 The Good Old Days	7.45 Dusty	8.10 Hetty Wainthropp Investigates		9.00 The Count of Monte Cristo			10.30 Keeping Up...
	118 ITV2	◂ 6.40 Film: Indiana Jones and the Temple of Doom				9.00 Film: The Suicide Squad			
	136 MORE4	◂ 6.55 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	◂ 6.40 Film: Mrs Doubtfire				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Law & Order: Special Victims Unit		10.00 Doc	
	108 SKY ATLANTIC	◂ 6.40 House of the Dragon				9.00 The Miniature Wife		10.00 Hacks	
	110 U&GOLD	◂ 6.10 Only Fools and Horses		8.00 Still Open All Hours	8.35 Open All Hours		9.20 Harry Enfield and Chums		10.35 Only Fools...
	111 U&DAVE	7.00 Would I Lie to You?				9.00 Red Dwarf			
	119 ITV3	◂ 6.05 Midsomer Murders						10.00 Grace	
	120 ITV4	◂ 6.00 Film: Field of Dreams		8.10 Film: Force 10 from Navarone					
	112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's The Wheel		9.00 Film: The Longest Yard			
	145 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 The Walking Dead		10.00 Film: Stephen King's Needful Things	
	143 U&DRAMA	7.00 The Brokenwood Mysteries				9.00 Monsieur Spade			10.30 The Last...
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Allegiance		9.00 Death in Paradise			
	122 SKY ARTS	◂ 6.00 Pink Floyd: A Delicate Sound of Thunder			8.25 Pink Floyd – Live at Pompeii			10.05 Have You Got It Yet? The Story...	
	132 U&W	7.00 First Responders				9.00 Gavin & Stacey			
DOCUMENTARY	125 DISCOVERY	7.00 Filthy Fortunes		8.00 Energy Frontline: Japan		9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 Alaska Gold Diggers		10.00 Tanked: Unfiltered	
	129 NAT GEO	7.00 Hitler's Teen Killers		8.00 Hitler's Death Army: Das Reich				10.00 Nazi Megastructures	
	123 SKY HISTORY	7.00 Secrets of Great British Castles				9.00 World War II: Witness to War			
	155 U&YESTERDAY	7.00 Blue Planet II		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash		10.00 Train Truckers	
	114 SKY DOCS	◂ 6.50 The Bee Gees: How Can You Mend a Broken Heart				9.00 The Truth vs Alex Jones			

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

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6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With guest Tim Minchin. (S)
11.30 **Flaming Feasts** New edition Chef Chris Roberts samples the food of Porthmadog. (S)
12.00 NOON **Football Focus** (S)
12.45 PM **BBC News** (S)
1.00 **Bargain Hunt** (S)(R)
2.00 LIVE **Rugby League: Challenge Cup** St Helens v Wigan Warriors: All the action from the semi-final at Halliwell Jones Stadium in Warrington. Kick-off is at 2.30. (S)
4.30 **Final Score** Results round-up. (S)
5.25 **BBC News** (S)
5.30 **Local News** (S)
5.40 **Celebrity Bridge of Lies** New edition 4/10. Charlie Brooks, Dr Amir Khan, Sara Damergi and Tim Vine compete for charity. (S)

6.25 Blankety Blank

6 PM

6.25 Blankety Blank New edition 4/9. Bradley Walsh hosts the comedy quiz show, with Julian Clary, Sophie Willan, Harry Pinero, Liza Tarbuck, Judi Love and Tom Allen filling in the blanks. (S)

7 PM

7.00 Michael McIntyre's Big Show Joe Lycett hands over his phone for a Send to All, James Arthur performs, and Michael takes *The Wheel* on the road to surprise a family in Hull. (S)(R)

8 PM

8.00 The Weakest Link Contestants include Barry McGuigan, Karen Hauer, Joe Thomas, Elaine C Smith and Tomasz Schafernaker. (S)(R)

8.45 Casualty *Lethal Legacy – Part Three:* Teddy and the team rally to respond to what is assumed to be a gas explosion. (S)(AD)

9 PM

9.30 Not Going Out 6/6. Lee uses his collection of free discount vouchers to book a hotel room. (S14) (S)(R)(AD)

10 PM

10.00 BBC News (S)
10.20 Match of the Day Highlights of the latest Premier League matches, including Liverpool v Chelsea at Anfield and Manchester City v Brentford at the Etihad Stadium. (S)
■ More tomorrow at 10.30pm
11.30 The Football Interview A conversation with a leading football figure. (S)(R)
11.45 FILM **Road House** Action thriller starring Patrick Swayze as an unlikely saloon bouncer who is employed to clean up a rowdy bar. (S) (1989, 18, 110min) ★★★
1.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.05 AM **Children's Programmes**
8.55 **Gardeners' World** (S)(R)
9.55 FILM **Dark Victory** Vintage melodrama with Bette Davis. (S) (1939, b/w, PG, 100min) ★★★★
11.35 FILM **Now, Voyager** Vintage romantic drama with Bette Davis, Paul Henreid and Claude Rains. (S) (1942, b/w, PG, 115min) ★★★★
1.30 PM LIVE **Rugby Union: Women's Six Nations** Italy v England: All the action from the opening match in the fourth round of fixtures, held at Stadio Sergio Lanfranchi. Kick-off is at 2.00. (S)
4.00 LIVE **Rugby Union: Women's Six Nations** Scotland v France: All the action from the match in the fourth round of fixtures, which takes place at Hive Stadium. Kick-off is at 4.15. (S)

1.30 Women's Six Nations

6.20 Maggie Smith at the BBC Celia Imrie narrates a celebration of the life, work and TV appearances made over the years by one of Britain's greatest and best-loved actors – Dame Maggie Smith. (S)(R)(AD)

7.20 FILM PREMIERE **The Miracle Club** Comedy set in 1968, starring Maggie Smith in her final film role. Four friends venture on a pilgrimage to the sacred French town of Lourdes. With Kathy Bates, Laura Linney and Agnes O'Casey. (S) (2023, 12, 85min) ★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.45 NEW **Simply Red at the BBC** A collection of archive performances by the band, who became one of the UK's biggest and most successful groups of the 1980s and 1990s, including *Stars, Holding Back the Years, Something Got Me Started, Money's Too Tight (to Mention)* and *If You Don't Know Me By Now*. (S)

10.15 NEW **40 Years of Simply Red: Holding Back the Years** A 2025 concert at the Movistar Arena in Santiago, Chile, featuring *A New Flame, Stars, Something Got Me Started* and *Holding Back the Years*. (S)

11.45 FILM **The Producers** Mel Brooks' comedy starring Zero Mostel and Gene Wilder as a pair of crooked producers mounting a show that is designed to be a massive flop. (S)(AD) (1967, PG, 85min) ★★★★
1.10 AM FILM **Margrete: Queen of the North** Danish historical drama starring Trine Dyrholm. Subtitled. (2021, 15, 115min) ★★★
3.05 **Sign Zone: Mint** (S1) (S)(R)(AD)
4.05 **to 6.25** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM FILM **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy starring Henry Thomas. (S)(AD) (1982, U, 115min) ★★★★★
7.55 **Dermot's Taste of Ireland** (S)(R)
8.25 **James Martin's French Adventure** From Annecy. (S)(R)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Guy Martin (S)
12.00 NOON **Dermot's Taste of Ireland** New edition Dermot's adventure takes him west to Ballycastle (S)
12.30 PM **ITV News** (S)
12.45 LIVE **Racing** Coverage of today's meetings from Lingfield Park, Ascot and Haydock Park. (S)
3.30 **Tipping Point** Quiz show. (S)(R)
4.30 **The Chase** Quiz show. (S)(R)
5.30 **ITV News** (S)
5.45 **Local News** (S)

9.20 The Dark Knight Rises

6.00 Celebrity Catchphrase New edition Stephen Mulhern hosts, with Frankie Bridge, Jamie-Lee O'Donnell and Harry Pinero guessing phrases for the chance to win £50,000 for their chosen charities. (S)(AD)

7.00 Britain's Got Talent New edition Ant and Dec host the third live semi-final as more acts that made it through the auditions perform in front of the judges and a live audience for a chance at a place in the final. Viewers hold the power to vote for their favourite acts to send through to the ultimate stage of the competition. (S)

9.00 ITV News (S)

9.20 FILM **The Dark Knight Rises** Christopher Nolan's action drama sequel starring Christian Bale and Tom Hardy. Eight years on from the events of *The Dark Knight*, Bruce Wayne is drawn out of his reclusive existence when Gotham City is torn apart by class warfare and terrorist attacks, organised by the evil, brutish Bane. (S)(AD) (2012, 12, 185min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.25 AM **Teleshopping**
3.00 **The Tower** 2/4. Sarah and Elaine are called to a brutal hit-and-run, uncovering a disturbing link to their ongoing investigation. Meanwhile, Kieran urges Lizzie not to reveal the secrets of Operation Perseus. (S3) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fern Britton: Inside the Vet's** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.10 AM **The King of Queens** (S)(R)(AD)
7.25 **Everybody Loves Raymond** (S)(R)
8.45 **Frasier** 6-9/24. (S2) (S)(R)(AD)
10.50 **The Simpsons** (S)(R)(AD)
12.50 PM **A Place in the Sun** Jean Johansson helps Dipti from Leicester find a holiday home on Spain's Costa Almería. (S)(R)
1.50 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
4.25 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer head to Stockport to help Renee and Jacqueline decide what to do with their home. (S)(R)(AD)
5.30 **Jamie's Ultimate BBQ** 1/3. Jamie Oliver presents tips on improving grilling skills, starting with a sirloin steak three ways, lamb lollipops and a chicken Caesar salad with charred vegetables. (S)(R)(AD)

8.00 World's Most Secret Hotels

6.30 News (S)

7.00 Steam Train Diaries 1/4. A journey through the North York Moors National Park aboard the heritage steam engines. An 88-year-old engine is driven along the steepest section of track. (S)(R)(AD)

8.00 World's Most Secret Hotels New edition A mountain retreat at the summit of Mount Pilatus in Switzerland, and a brutalist hotel that transformed concrete into an architectural masterpiece. (S)(AD)

9.00 FILM **The Equalizer** Action thriller based on the 1980s TV series, starring Denzel Washington and Chloë Grace Moretz. A retired secret agent applies his talents to the task of helping victims of injustice. When he witnesses a prostitute being beaten up by a pimp, he kills the man, an act that draws him into a battle to the death with a Russian crime syndicate. With Marton Csokas. (S)(AD) (2014, 15, 160min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.40 FILM **Oblivion** Epic sci-fi adventure starring Tom Cruise and Olga Kurylenko. (S)(AD) (2013, 12, 130min) ★★★★
1.50 AM **Gordon Ramsay's Secret Service** The chef visits a family-run seafood restaurant. (S)(SL)(R)(AD)
2.40 **Your Song** (S)(SL)(R)(AD)
3.35 **Sarah Beeny's New Country Lives** Documentary. (S)(R)(AD)
4.30 **to 5.50** AM **The Simpsons** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.15 **Cruising with Jane McDonald** Series highlights. (S)(R)
9.30 **Secrets of the Royal Palaces** Double bill of editions. (S)(R)
11.25 **Catching Up with the Royals with Rev Richard Coles & Emily Andrews** New edition (S)
12.30 PM **LIVE Snooker: World Seniors Championship** Rachel Casey presents coverage of the afternoon session on day four from the Crucible Theatre in Sheffield, featuring the opening semi-final. *Continues at 7.00pm on 5Action.* (S)
5.00 **Reuben Owen: Life in the Dales** 4/8. Reuben and Tommy deliver a Christmas tree to their local market town. (S)(R)

9.00 Charles: The Women Who...

6.00 **News** (S)
6.05 **Reuben Owen: Life in the Dales** 5/8. Reuben sets about renovating a 200-year-old cottage to sell on. (S)(R)
7.00 **Claridge's: A Legacy of Luxury** A look at the history of one of the world's most famous hotels, which has welcomed the rich and famous for more than 200 years. (S)(R)
8.00 **NEW SERIES Angela Rippon's River Cruises** 1/4. Angela showcases some of the world's most famous rivers, beginning with a trip along the Danube, joining her ship in Budapest (S)
9.00 **NEW Charles: The Women Who Made the King** Profiling the four women who shaped King Charles, and made him the man and the monarch he is today, looking at the influence of his grandmother, his mother and his two wives. (S)
10.30 **Billy Connolly: 30 Funniest Moments** A celebration of the comedian's career, featuring a selection of stand-up routines from live shows as well as memorable appearances on chat shows. (S)(R)
12.35 AM **George Michael: The Man & the Music** A profile of the singer-songwriter. (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
3.45 **Friends** (S6) (S)(R)(AD)
4.30 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Hawaii Five-0** 1-3/24. Triple bill of episodes. (S3) (S)(R)
9.00 **The Simpsons** (S)(R)
11.30 **LIVE Football: WSL** Aston Villa v Arsenal: All the action from the Women's Super League encounter at Villa Park. Kick-off is at 12.00.
2.30 PM **Football's Funniest Moments** Comical clips from the football world. (S)(R)(AD)
3.00 **Gillette Labs Soccer Saturday** The latest news from this afternoon's matches.
5.00 **David Attenborough's Galapagos** 1/3. The veteran broadcaster explores the Galapagos Islands in the Pacific, beginning with how the archipelago rose from the ocean four million years ago. (S)(R)

8.00 Men in Black

6.00 **David Attenborough's Galapagos** 2/3. The broadcaster reveals how life has learnt to adapt quickly in the ever-changing volcanic landscape. (S)(R)
7.00 **David Attenborough's Galapagos** 3/3. The broadcaster reveals the differences between the islands and meets famous giant Pinta Island tortoise, Lonesome George. (S)(R)
8.00 **FILM Men in Black** Sci-fi action comedy starring Tommy Lee Jones and Will Smith. A streetwise New York cop joins a secret government agency that polices alien activity on Earth. With Linda Fiorentino and Vincent D'Onofrio. (S)(AD) (1997, PG, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.00 **Saturday Night Live UK** New edition 7/8. Comedy sketch and variety show based on the long-running US programme, featuring a guest host and live music.
11.15 **Ricky Gervais Live: Animals** Feature-length film shot during the comedian's first stand-up tour. (S)(R)
12.45 AM **The Force: North East** An emergency dash results in a serious collision between a police van and a taxi. (S)(R)
1.45 **The Force: North East** Police hunt for a man wanted for domestic violence. (S)(R)
2.45 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.30pm Sportscene: Premiership Highlights (S)(R) **12.45am** The Football Interview (S)(R) **1.00 FILM** Road House (S) (1989, 18, 110min) ★★★ **2.50** Weather for the Week Ahead (S) **2.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
1.10-2.00pm Bargain Hunt (S)(R) **5.55** Weather (S) **6.00 LIVE** Rugby Union: Women's Six Nations (S) **8.30-8.45pm** Best of Weatherman Walking (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
6.20pm LIVE Rugby Union: Women's Six Nations (S) **8.30 FILM PREMIERE** The Miracle Club (S)(AD) (2023, 12, 85min) ★★★ **9.55 NEW** Simply Red at the BBC (S) **11.25 NEW** 40 Years of Simply Red: Holding Back the Years (S) **12.55-1.10am** Suzie Lee's Great Food Made Simple (S)(R)

WALES
Sky 968, Freesat 968
6.20pm Walescast (S) **6.50** Celebrity Bridge of Lies New edition (S) **7.35** Blankety Blank New edition (S) **8.10 FILM PREMIERE** The Miracle Club: As N. Ireland. **9.35** Gardeners' World (S)(R) **10.35 NEW** Simply Red at the BBC (S) **12.05am** Maggie Smith at the BBC (S)(R)(AD) **1.05-1.10am** Florida: America's Animal Paradise (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Ne-wff-ion **10.20** Cartrefi Cymru **10.50** Cwpwrdd Epic Chris **11.20** Gwladfa: Gwilym Bowen Rhys **11.50** Ffermio **12.25pm** Cysgu O Gwmpas (AD) **12.55** Am Dro! (AD) **1.55** Stori'r Iaith **3.00** Y Wal (AD) **4.00** Ein Llwybrau Celtaidd **4.30** Cymry ar Gynfas **4.55** Newyddion a'r Tywydd **5.00 LIVE** Clwb Rygbi **7.30** Newyddion a'r Tywydd **8.00** Iaith ar Daith (AD) **9.00** Canu gyda Fy Arwr **10.00** Clwb Rygbi Rhyngwladol **11.00-11.35pm** Bwyd Epic Chris

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Doctor Who** *Into the Dalek:* 2/13. The Time Lord encounters a Dalek that has developed a conscience. **7.45** *Robot of Sherwood:* 3/13. The Time Lord strikes up an alliance with Robin Hood. With Tom Riley. (S8)
8.35 **Ghosts** 3/7. Alison and Mike camp in the grounds while the house is being fumigated. **9.00** 4/7. Alison invites Lucy to stay, but begins to worry about her motivations. (S3)
9.30 **Miranda** 5/6. Penny decides to throw a party. **10.00** 6/6. A handsome stranger loses his wallet in the joke shop. (S1)
10.30 **FILM Knocked Up** Romantic comedy starring Seth Rogen and Katherine Heigl. A mismatched pair learn they are expecting a baby after a one-night stand. With Leslie Mann, Paul Rudd and Jason Segel. (2007, 15, 129min) ★★★★
12.30 AM **Two Pints of Lager and a Packet of Crisps**
3.00 **to 4.00** AM **Miranda**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **The Good Old Days** Performers include Edward Woodward and Frank Carson.
7.45 **Dusty** Dusty Springfield hosts the entertainment showcase from 1966.
8.10 **Hetty Wainthropp Investigates** *Childsplay:* Hetty goes undercover to clear her niece's son's name.
9.00 **The Count of Monte Cristo** New episode 3/4. Edmond sets out to destroy those who betrayed him. **9.50** Series finale 4/4. Edmond must make a choice between revenge and mercy. Subtitled. (S1)
10.30 **Keeping Up Appearances** Hyacinth's father goes to the register office to be married.
11.00 **Sorry!**
11.30 **Talking Pictures: Anthony Hopkins**
12.15 AM **Dusty** As 7.45pm.
12.40 **Buddha: Genius of the Ancient World**
1.40 **Hetty Wainthropp Investigates** As 8.10pm.
2.30 **to 3.20** AM **The Good Old Days**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
11.00 **Four in a Bed**
1.35 PM **A Place in the Sun** A couple search for a holiday home on the idyllic Greek island of Kefalonia. **2.40** Helping a couple find a home in Limousin, France.
3.40 **Come Dine with Me** Five editions from Essex.
6.25 **Four in a Bed** The contest begins at The Greyhound Inn in the Peak District. **6.55** A visit to Little Middop Farm in the Ribble Valley.
7.25 **Four in a Bed** The third visit of the week is to Old Hall Country Breaks in Norfolk. **7.55** The fourth and final visit of the week is to The Half Moon Inn in Norfolk. **8.30** The B&Bers find out how much they've been paid.
9.00 **24 Hours in A&E** An 18-year-old man is treated after coming off his motorbike and colliding with two cars, and doctors rush to send him for a full body CT scan to understand the extent of his injuries.
10.00 **24 Hours in A&E** A headteacher arrives in resus having been in a collision with a bus while cycling home from work.
11.05 **999: On the Front Line**
1.10 AM **24 Hours in A&E**
3.20 **to 3.50** AM **Supermarkets Unwrapped: The Vegan Aisle**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Lego Masters Australia**
7.00 **The Amazing Race Australia** From Cambodia.
8.10 **Made in Chelsea**
9.15 **Ramsay's Kitchen Nightmares USA**
1.05 PM **Married at First Sight Australia** Double bill.
4.15 **The Simpsons** Five episodes, including at: **5.35** *Burger Kings:* Mr Burns sells plant-based burgers. **6.10** *Panic on the Streets of Springfield:* Lisa makes an imaginary friend.
6.40 **FILM Mrs Doubtfire** Comedy starring Robin Williams as an unemployed voice-over artist who disguises himself as a matronly British widow in order to get the job as his estranged family's housekeeper. With Sally Field and Pierce Brosnan. (1993, PG, 125min) ★★★★
9.00 **Celebrity Gogglebox** Famous faces appraise *Olivia Attwood: The Price of Perfection, Celebrity Puzzling* and *Long Way Home.*
10.00 **Gogglebox** Opinions on *Black Mirror, The Apprentice,* and *Celebrity Bake Off.*
11.05 **Gogglebox**
12.05 AM **First Dates**
2.15 **Gogglebox**
4.10 **Ramsay's Kitchen Nightmares USA**
5.00 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Saturday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
8.00 **Brit Cops: Law & Disorder**
9.00 **UK Border Force**
10.00 **Caught on Dashcam**
11.00 **Brit Cops: Law & Disorder**
12.00 NOON **Caught Red Handed** Detectives follow a trail of blood that leads to a thief. **12.40** PM A thief is taken down after a dramatic pursuit. **1.20** A mother fears for her life when she is threatened by two men with an axe.
2.00 **Stop, Search, Seize**
3.00 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 **Law & Order: Special Victims Unit** *Shock Collar:* 20/22. A car with a young girl in the back seat is stolen. (S26)

10 PM

10.00 **Doc** *When You Know, You Know:* 14/22. Amy and Jake treat an expectant mother injured during a robbery. (S2)
11.00 **Chicago Fire** 9/13. (S12)
12.00 M'T **The Equalizer** 6/18. (S2)
1.00 AM **FBI** 5/15. (S3)
2.00 **Watson** New episode 13/20. Medical drama. (S2)
3.00 **The Good Doctor** 6/22. (S6)
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Triple bill.
9.00 **House of the Dragon** (S1)
1.50 PM **House of the Dragon** 5/10. Daemon visits his wife in the Vale, and Alicent seeks the truth about the princess. **3.00** 6/10. Rhaenyra navigates continued speculation about her children. **4.15** 7/10. King Viserys calls for an end to infighting between the Great Houses. **5.25** 8/10. Rhaenyra tries to strike a bargain with Rhaenys. **6.40** 9/10. Alicent enlists help to track down Aegon. (S1)

7.50 House of the Dragon

7.50 **House of the Dragon** *The Black Queen:* 10/10. While mourning a loss, Rhaenyra tries desperately to hold the realm together and Daemon prepares for war. (S1)

9.00 **The Miniature Wife** *Delusional:* 5/10. With Les spiralling into scientific madness, Lindy claims the spotlight. (S1)

10.00 **Hacks** 6/10. Comedy drama with Jean Smart and Hannah Einbinder. **10.40** 7/10. American comedy drama. (S5)
11.20 **True Detective: Night Country** 1/6. Eight men vanish without a trace. (S4)
12.30 AM **Homicide: Life on the Street** 8-10/22. Triple bill. (S4)
3.35 **Urban Secrets** (S1)
4.35 **Sort Of** 6/8. (S2)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Project Bakeover**
6.55 **Totally Bonkers Guinness World Records**
7.15 **Backyard Builds**
7.45 **Dress to Impress**
8.45 **Gordon Ramsay's Food Stars USA** Double bill.
10.40 **Deal or No Deal: Banker's Best Battles**
11.10 FILM **Rio** Animated adventure. (2011, U, 96min) ★★★★
1.10 PM **Britain's Got Talent**
3.15 **Celebrity Catchphrase**
4.20 FILM **Hairspray** Musical. (2007, PG, 117min) ★★★★

6.40 Indiana Jones & the Temple...

6.40 FILM **Indiana Jones and the Temple of Doom** Action adventure starring Harrison Ford. Bullwhip-cracking archaeologist Indiana Jones escapes a Shanghai gang boss and encounters an evil cult in India. With Kate Capshaw. (1984, PG, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **The Suicide Squad** Comic-book adventure comedy starring Idris Elba. Supervillains Harley Quinn, Bloodsport, Peacemaker and a rag-tag bunch of cons at Belle Reve prison join a secret task force. (2021, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.35 **Family Guy** 15/22. Meg enlists for a mission to Mars. (S23) **12.05** AM 14/20. Stewie discovers he has scoliosis. (S15)
12.35 **Family Guy** 11/15. (S22)
1.05 **American Dad!** (S1 & 13)
2.05 **G'wed** 1/6. (S1)
2.35 **to 3.00** AM **Plebs**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Inspector Morse**
10.20 **Endeavour** *Nocturne.*
12.15 PM **Agatha Christie's Marple**
2.15 **Midsomer Murders** *The Oblong Murders:* Jones infiltrates a cult to investigate a woman's disappearance. **4.10** *The Sleeper Under the Hill:* A farmer is found dead in the middle of the Crowcall stone circle in Midsomer Mow. **6.05** *A Sacred Trust:* Barnaby investigates the world of Midsomer Priory when a nun is found strangled.

10.00 Grace

Midsomer Murders (started at 6.05pm)

8.05 **Midsomer Murders** *A Rare Bird:* The president of an ornithological society is found dead after an argument about a rare bird sighting. Guest stars Paul Nicholls and James Dreyfus.

10.00 **Grace** *Find Them Dead:* The team prepare for a major criminal trial after stopping millions of pounds of cocaine being smuggled into Newhaven, and a jury summons poses a dilemma for one Brighton resident.
11.50 **Inspector Morse** *The Dead of Jericho:* First-ever episode.
2.05 **to 2.30** AM **On the Buses**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.25 **The Big Match Revisited**
8.25 **Minder**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **Underwater Grand Fishing Adventure** Double bill.
2.30 PM LIVE **Rugby Union: Gallagher PREM** Leicester Tigers v Northampton Saints: Kick-off is at 3.05.
5.15 **Goals of the 1990s**
5.30 **River Monsters**
6.00 FILM **Field of Dreams** Fantasy. (1989, PG, 106min) ★★★★★

6.00 Field of Dreams

FILM Field of Dreams (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.10 FILM **Force 10 from Navarone** Adventure sequel to *The Guns of Navarone* starring Robert Shaw. A band of Allied soldiers embark on a mission to destroy a bridge in German-occupied Yugoslavia, but a traitor is in their midst. (1978, 12, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Beat the Chasers** Bradley Walsh hosts as contestants from across the UK take on a team of five Chasers.
11.45 **The Sweeney**
12.45 AM **Minder**
1.45 **Two and a Half Men** (S2)
2.35 **Auto Mundial**
3.00 **Teleshopping**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
4.00 PM LIVE **Rugby Union: Women's Six Nations** Scotland v France: From Hive Stadium. Kick-off is at 4.15.
6.20 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Recent action, including Motherwell v Hearts.
8.30 **Icons of Football** Profile of Henrik Larsson.
9.00 NEW **Serie A Scots: Return to Napoli** Jonathan Sutherland meets Billy Gilmour and Scott McTominay.
9.30 **Only Child** 1/6. Ken and Richard fight to save the local allotments. (S2)
10.00 **Highland Cops** 1/7. Sgt Katie Duncan responds to a knife assault. (S3)
11.00 PM **to 12.00** M'T **TRNSMT** With Snow Patrol and Biffy Clyro.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S1)
10.00 **Sort Of** 4-7/8. (S1)
12.00 NOON **Will & Grace**
2.30 PM **The Trip** 1-6/6. (S1)
6.30 **The Office (US)** 15/26. Michael goes missing. **7.00** 16/26. Michael and Holly's kissing begins to irritate their co-workers. **7.30** 17/26. Michael finishes making his film. **8.00** 18/26. Todd Packer moves into the Dunder Mifflin office. **8.30** 19/26. Michael looks for the perfect way to propose to Holly. (S7)
9.00 **Chris Ramsey: Live from London** A stand-up performance at the Royal Court Theatre in London's West End.
10.00 **Romesh: Can't Knock the Hustle** Romesh embarks on a mission across India, USA, South Korea and Canada.
11.30 **Saturday Night Live UK**
3.15 AM **Upright** (S1)
4.35 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Nutcracker**
8.00 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM FILM **What's New Pussycat?** Comedy starring Peter O'Toole and Peter Sellers. (1965, 15, 108min) ★★★
3.00 **Discovering**
4.00 **Classic Movies: The Story of Great Expectations**
5.00 **Making a Maestro**
6.00 **Pink Floyd: A Delicate Sound of Thunder**
8.25 **Pink Floyd: Live at Pompeii** From 1972.
10.05 **Have You Got It Yet? The Story of Syd Barrett and Pink Floyd**
11.50 **The Who: Live at the Isle of Wight**
1.40 AM **Down the Tracks: The Music That Influenced Bob Dylan**
3.40 **Bob Dylan: The Other Side of the Mirror**
5.10 **to 6.00** AM **Discovering**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: Canada's Front Line**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **Caught Red Handed**
4.00 **Secret World of Sound with David Attenborough** 1-3/3.
7.00 **Attenborough at 100: Behind the Lens** A portrait of David Attenborough to mark his 100th birthday.
8.00 **Caught on Dashcam** Footage of road disasters.
9.00 FILM **Retribution** Action thriller starring Liam Neeson. While driving his children to school, a businessman learns that his vehicle is rigged with explosives. (2023, 12, 91min) ★★
11.00 **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **The Floor** The 33 remaining contestants fight for more squares.
4.00 **Time Is Money** Quiz show where contestants are given their prize money upfront.
5.00 **Deal or No Deal** Hunika tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Romesh Ranganathan's Parents' Evening** Mel B and her daughter Phoenix, Jonathan Ross and his daughter Honey, and Richard Madeley and his daughter Chloe compete in the comedy game show.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Come Dine with Me**
2.00 PM **Couples Come Dine with Me**
3.00 **Location, Location, Location** Property series.
4.00 **A Place in the Sun**
8.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help house-hunters in Surrey.
9.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Kate Garraway, Phil Wang, Gbemisola Ikumelo and Sophie Willan.
10.00 FILM **Free Guy** Comedy Adventure starring Ryan Reynolds and Jodie Comer. (2020, 12, 110min) ★★★★
12.10 AM **Gogglebox**
1.10 **Celebrity Gogglebox**
2.15 **First Dates**
3.15 **8 Out of 10 Cats Does Countdown**
4.15 **Travel Man: 48 Hours in Málaga**
4.40 **to 5.00** AM **Sunday Brunch**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **Jurassic Attack** Sci-fi action drama starring Corin Nemec. (2013, 15, 83min) ★★
1.00 PM **Star Trek: Enterprise** Four episodes, including at: **4.00** 4/26. The crew form their first landing party. (S1)
5.00 **Star Trek: Voyager** 4/26. Chakotay becomes stranded on a planet as war rages between two alien races. **6.00** 5/26. Torres confronts a dangerous hologram. (S4)

12.20 From

7.00 **Star Trek: Voyager** *The Raven:* 6/26. Seven of Nine believes the Borg are summoning her.
8.00 **Star Trek: Voyager** *Scientific Method:* 7/26. Aliens invade the ship and conduct dangerous experiments. (S4)
9.00 **The Walking Dead** *Home:* 10/16. As the group debate the next course of action, Rick wanders after a lost friend. (S3)
10.00 FILM **Stephen King's Needful Things** Horror thriller starring Max von Sydow and Ed Harris. The mysterious owner of an antiques shop spreads evil in a small Maine town. With Bonnie Bedelia and Amanda Plummer. (1993, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **From** 3-6/10. (S3)
4.00 **The Walking Dead** (S3)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S13)
10.00 **Miss Scarlet and the Duke**
12.00 NOON **Inspector George Gently** *Gently Upside Down.*
2.00 PM **Father Brown** Four episodes, including at: **5.00** *The Judgement of Man:* The sleuthing priest becomes embroiled in an audacious art heist masterminded by his adversary Flambeau.
6.00 **Saint-Pierre** 3/10. When a billionaire is decapitated, Fitz and Arch find themselves in a classic 'whodunnit.' (S1)

7.00 Shakespeare & Hathaway

7.00 **Shakespeare & Hathaway: Private Investigators** 4/10. An American PI is arrested for murder. (S4)
8.00 **Allegiance** *Homecoming Kings:* 5/10. A manhunt for two dangerous brothers reveals regrets that still haunt Vince. (S1)
9.00 **Death in Paradise** *A Murder in Portrait:* 2/8. An acclaimed artist is found dead in suspicious circumstances.
10.00 **Death in Paradise** *La Murder Le Diable:* 1/8. A masked man stabs a woman in her own home on New Year's Eve. (S9)
11.00 **Father Brown** *The Kembleford Boggart:* The father of a young writer is found dead. **12.00** M'T *The Lair of the Libertines:* The priest and his friends become stranded.
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Only Fools and Horses**
1.00 PM **Only Fools and Horses** Seven episodes, including at: **4.10** Del Boy encounters an old flame, and Rodney experiences the joys of dating. **4.50** The Trotters attend Grandad's funeral – and meet a long-lost seafaring uncle. **5.30** Uncle Albert has a nasty fall into the cellar at the pub. **6.10** Christmas special from 1988. Del Boy embarks on a new romance with Raquel, an actor he meets through a computer dating agency.

8.00 Still Open All Hours

Only Fools and Horses (started at 6.10pm)
8.00 **Still Open All Hours** Mrs Featherstone has romance in mind.
8.35 **Open All Hours** Arkwright decides that Granville needs toughening up.
9.20 **Harry Enfield and Chums** With guests Desmond Lynam, Jimmy Hill and Martin Clunes.
10.00 **Harry Enfield and Chums** The Terminator invades a period drama.
10.35 **Only Fools and Horses** Rodney aspires to become a pop star.
11.15 **Still Open All Hours**
12.40 AM **Harry Enfield and Chums**
1.20 **Ghosts Christmas Special**
2.00 **Alma's Not Normal**
3.35 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Pointless** Quiz show.
8.15 **Storage Hunters UK**
9.20 **Would I Lie to You?**
1.10 PM **Would I Lie to You? The Unseen Bits** Extra material.
1.50 **Would I Lie to You? At Christmas** With Miranda Hart.
2.30 **Would I Lie to You?** Seven editions, including at: **5.40** With guests Charles Dance, Stephen Mangan, Isy Suttie and Gok Wan. **6.20** With Warwick Davis, Paul Hollywood, Jason Manford and Joan Bakewell.

9.00 Red Dwarf

7.00 **Would I Lie to You?** With Sarah Millican, David Harewood, Bob Mortimer and Jon Richardson. **7.40** With Joanna Scanlan, Greg Rutherford, Henning Wehn and Kirsty Young. **8.20** With Jimmy Carr, Griff Rhys Jones, Dave Myers and Susanna Reid.
9.00 **Red Dwarf** Rimmer tries to be transferred to a ship crewed by holograms. **9.35** A mechanical life form's quest to eliminate worthless beings brings him aboard *Red Dwarf.* **10.15** Rimmer is taken prisoner by the creations of his own mind.
10.55 **Not Going Out** Lee and Lucy's friendship with Toby and Anna is tested.
11.30 **Not Going Out**
12.40 AM **Have I Got a Bit More News for You** With Julian Clary.
1.40 **to 4.00** AM **Mel Giedroyc: Unforgivable**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.15 AM **Kingdom**
8.05 **Birds of a Feather**
10.05 **Lovejoy** Triple bill
1.35 PM **Father Brown**
2.40 **New Tricks** *Queen and Country:* Sandra reopens an investigation into the suicide of a Foreign Office diplomat. **3.40** *The Girl Who Lived:* A retired detective helps the team reinvestigate one of his original cases.
5.00 **Signora Volpe** *A Deadly Net:* 2/3. Sylvia takes on a freelance job for MI6. (S2)

9.00 Monsieur Spade

7.00 **The Brokenwood Mysteries** *Three Gold Leaves of Jesus:* 6/6. While a visiting theatrical troupe puts on a nativity play at St Judas, a precious holy relic goes missing, and the actor playing Jesus is killed. (S10)
9.00 NEW SERIES **Monsieur Spade** 1/6. Crime drama starring Clive Owen as Detective Sam Spade, whose quiet life in France is disrupted by a murder. *See feature, page 6.* (S1) ■ Entire series on Box Sets
10.30 **The Last Detective** *Pilot:* 1/4. Detective Davies is forced to prove his mettle when a routine inquiry uncovers an unsolved murder case. (S1)
12.40 AM **New Tricks**
2.00 **Sister Boniface Mysteries**
2.50 **to 4.00** AM **Queens of Mystery**

+1 hour 243 316 60 260

Saturday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Documentary.
9.20 **Blue Bloods** (S9)
1.05 PM **Bull** (S1&2)
7.00 **Bull** *A Business of Favours:* 3/22. The district attorney's office asks Jason for assistance in the prosecution of a fraternity, but the students close ranks to stonewall him. **8.00** *The Illusion of Control:* 4/22. Jason hires an attorney to fend off a legal challenge from a former client. (S2)
9.00 **NCIS** *The Trouble with Hal:* 3/20. A lieutenant returns home on the eve of Halloween to find a surprise party being thrown for someone else at his place. (S22)
10.00 **Law & Order: Special Victims Unit** (S7)
1.50 AM **Law & Order: Criminal Intent** (S8)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S4)
10.00 **Car Pound Cops**
10.25 **Rogue Claimers**
3.30 PM FILM **2012** Disaster movie starring John Cusack, Chiwetel Ejiofor and Amanda Peet. (2009, 12, 158min) ★★★
6.35 FILM **Jupiter Ascending** Sci-fi fantasy adventure starring Mila Kunis and Channing Tatum. (2015, 12, 122min) ★★
9.00 FILM **Hulk** Sci-fi fantasy based on the Marvel Comics character, starring Eric Bana, Jennifer Connelly and Nick Nolte. (2003, 12, 138min) ★★★
11.45 **Piers Morgan: Uncensored**
1.15 AM **999: Criminals Caught on Camera**
2.15 **Fights, Camera, Action!**
3.10 **Hidden in My House**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.20 **Trucking Heavy: Massive Moves**
12.20 PM **Motorway Cops: Catching Britain's Speeders** Double bill.
2.20 FILM **The Far Country** Western starring James Stewart, Corinne Calvert and Ruth Roman. (1954, U, 97min) ★★★★
4.25 FILM **The Man Who Shot Liberty Valance** Classic Western starring James Stewart and John Wayne. (1962, b/w, U, 122min) ★★★★★
7.00 LIVE **Snooker: World Seniors Championship** Rachel Casey presents coverage of the evening session on the fourth day at the Crucible Theatre in Sheffield, featuring the second semi-final, played over the best of 13 frames.
11.00 **Police Interceptors**
12.00 M'T **to 4.00** AM **The X-Files**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
1.00 PM **999 Rescue Squad**
7.00 **First Responders** A mayday call from a yacht triggers a search and rescue operation. **8.00** Volunteers from across the South Island search for a missing Swedish national who went hunting in the Karangarua Valley area but never returned.
9.00 **Gavin & Stacey** Pete and Dawn renew their wedding vows. **9.40** The Essex mob arrive for a day at the beach in Barry. **10.20** Nessa and Dave's wedding day arrives.
11.00 **The Catherine Tate Show** Triple bill of the comedy sketch show.
12.45 AM **Sort Your Life Out with Stacey Solomon**
1.50 **to 3.00** AM **Louis Theroux Interviews... Stormzy**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **American History's Biggest Fibs with Lucy Worsley** Double bill.
8.00 **Flipping Bangers**
12.00 NOON **Porridge**
2.00 PM **Canal Boat Diaries**
5.00 **Greece with Simon Reeve** Documentary.
6.00 **Blue Planet II** A look at wildlife inhabiting underwater kelp forests. **7.00** Footage of animals that live on the coast.
8.00 **Bangers & Cash: Restoring Classics** The team get creative with a 1996 Fiat 126.
9.00 **Bangers & Cash** Derek picks up a 1904 Swift.
10.00 **Train Truckers** The crew visit Germany to collect a multi-million-pound maintenance machine. **11.00** The 100-ton *Royal Highland Fusilier* must be hauled to Cheshire.
12.00 M'T **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **Money for Nothing**
9.00 **World's Bargain Dream Homes** New editions A couple are helped by a local property expert on the Italian island of Sicily. **9.30** A Seattle couple who are planning to start a family search for a property in Spain.
10.00 **100 Day Dream Home** New edition Brian and Mika transform a dark ranch into a light and modern lakeside oasis.
11.00 **Celebrity IOU**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SATURDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **A Fine Romance**
8.30 **Little House on the Prairie** (S5&6)
2.50 PM **FILM A Wedding on Walton's Mountain** Drama with Ralph Waite. (1982, U, 104min) ★★
4.50 **FILM A Day for Thanks on Walton's Mountain** Drama with Ralph Waite. (1982, PG, 93min) ★★
7.00 **FILM The Belles of St Trinian's** Comedy with Alastair Sim. (1954, b/w, U, 87min) ★★★★
9.00 **The Ruth Rendell Mysteries** *Going Wrong:* 1/7. A man is reunited with a former girlfriend five years after their romance ended. Stars James Callis. (S4)
12.05 AM **Rumpole of the Bailey** 3/6. (S6)
1.05 **Robin's Nest** (S3)
2.05 **Rising Damp** (S2)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

318 317 426 42 33

9.00 AM **Wanted: Dead or Alive** Double bill.
10.00 **The Persuaders!**
12.00 NOON **FILM Two Rode Together** Western. (1961, PG, 109min) ★★★
2.20 PM **FILM Death of a Gunfighter** Western. (1969, PG, 100min) ★★
4.20 **FILM The Horse Soldiers** Western. (1959, U, 115min) ★★
6.55 **FILM Black Water** Thriller starring Jean-Claude Van Damme. (2018, 15, 104min) ★★
9.00 **FILM The Expendables 2** Action thriller sequel. (2012, 15, 98min) ★★★
11.15 **FILM The Expendables 3** Action thriller sequel. (2014, 12, 126min) ★★
1.50 AM **FILM Cut Bank** Thriller. (2014, 15) ★★
3.40 **FILM Any Gun Can Play** Spaghetti Western. (1967, 12, 98min) ★★
5.15 **to 5.50** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.00 AM **Air Rescue**
8.30 **Sue Thomas: F.B.Eye**
11.30 **FILM Aurora Teagarden Mysteries: Haunted By Murder** Crime drama. (2022, U, 84min) ★★
1.20 PM **Hailey Dean Mysteries** Triple bill.
7.05 **Chronicle Mysteries** *Helped to Death*: Drama starring Alison Sweeney.
9.00 **FILM Picture Perfect Mysteries: Newlywed and Dead** Crime thriller starring Alexa PenaVega. (2019, PG, 90min) ★★
10.55 **FILM Garage Sale Mysteries: All That Glitters** Crime drama. (2014, PG, 87min) ★★
12.50 AM **FILM Killer in Law** Thriller with Kelly Sullivan. (2019, PG, 90min) ★★
2.35 **FILM A Stranger with My Kids** Thriller. (2017, PG, 85min) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 321

Great! Romance

322 319 424 52 47

8.00 AM **FILM Love at Mariposa Beach** Drama. (2022, PG, 90min) ★★
10.00 **FILM Fishing for Love** Romantic drama. (2021, U, 89min) ★★
12.00 NOON **FILM Flowers and Honey** Romance. (2021, PG, 90min) ★★
2.00 PM **FILM The Way to the Heart** Drama. (2022, PG, 86min) ★★
4.00 **FILM One Summer** Drama. (2021, PG) ★★
5.50 **FILM A Country Romance** Drama. (2021, PG, 83min) ★★
7.45 **FILM Love at the Ranch** Romantic drama. (2020, PG, 89min) ★★
9.45 **FILM A Winter Getaway** Romantic comedy. (2021, PG, 84min) ★★
11.40 **FILM The Decoy Bride** Comedy. (2011, 12) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Love at the Ranch** (2020)

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Celebrity Coach Trip**
2.00 **Sherlock Holmes and the Leading Lady**
6.00 **FILM The Inglorious Bastards** Wartime thriller starring Bo Svenson. (1978, 15, 99min) ★★★
8.00 **Garden Rescue** An inhospitable space in Redditch is revamped **9.00** Flo Headlam and Lee Burkhill compete to design a Jamaican-inspired garden.
10.00 **FILM Escort Girls** Drama starring Maria O'Brien and David Dixon. (1974, 18, 101min) ★★
12.00 M'T **FILM Sex and the Other Woman** Comedy. (1972, 18, 105min) ★★
1.45 AM **Real Thick Glasses**
2.00 **FILM Come Play with Me** Adult comedy. (1977, 18, 90min) ★★
4.00 **to 5.00** AM **Alan Cumming's Edge of Scotland**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **The Fenn Street Gang**
8.30 **Press Gang** 3/12. (S1)
9.00 **The Gaffer** 6&7/7. (S3)
10.00 **Hallelujah** 1-3/7. (S1)
11.30 **Boon** 2&5/13. (S5)
2.30 PM **The Prime of Miss Jean Brodie** 7/7. (S1)
3.35 **The Champions**
4.35 **Father Brown**
5.35 **Rewind Time Machine**
5.40 **The Gaffer** 6&7/7. (S3)
6.40 **Hallelujah** 1-3/7. (S1)
8.10 **Frederick Forsyth Presents** Thriller.
10.10 **FILM Eskimo Nell** Adult comedy. (1974, 18, 85min) ★★
11.55 **FILM Invasion of the Bee Girls** Sci-fi thriller. (1973, 18, 82min) ★
1.40 AM **We Had One of Those** Documentary.
1.50 **Second Thoughts**
2.50 **Rewind Time Machine**
3.00 **The Champions**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **The Snake Catcher**
4.00 **Aussie Gold Hunters**
7.00 **Giro D'Italia Highlights** Action from stage two.
8.00 **Extreme Cheapskates** A man who scours through vacuum canisters at the car wash to find spare change. **8.30** A woman whose garden is made up solely of silk flowers.
9.00 **Unexplained: Caught on Camera** A room full of deadly surprises.
10.00 **Kindred Spirits** Amy, Adam and Chip investigate an old hospital in Tennessee. **11.00** Alleged spiritual activity in one of Cape Cod's oldest homes.
12.00 M'T **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
11.00 **Prue Leith's Cotswold Kitchen** As 7.00pm.
12.00 NOON **Jamie's Money Saving Meals**
1.00 PM **James Martin Digs Deep** Double bill.
2.00 **James Martin: Sweet**
3.00 **Hairy Bikers: Route 66**
7.00 **Prue Leith's Cotswold Kitchen** Prue welcomes Alison Hammond into her kitchen.
8.00 **Jamie's Money Saving Meals** Double bill.
9.00 **NEW SERIES Diners, Drive-Ins and Dives** Guy Fieri samples some killer oxtail in Marietta, Georgia. **9.30** New edition Guy tries Cajun fried rice in Los Angeles.
10.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **Six Million Dollar Man** Sci-fi drama. (S2)
12.00 NOON **FILM Ape vs Monster** Adventure. (2021, 12, 88min) ★★
2.00 PM **FILM Santa Fe Passage** Western. (1955, U, 91min) ★★★
3.50 **FILM Thunder in the Sun** Western adventure. (1958, U, 81min) ★★
5.25 **FILM The Sting** Period crime comedy. (1973, PG, 129min) ★★★★★
8.00 **The Twilight Zone** (S2)
9.00 **FILM S.W.A.T.** Thriller with Samuel L Jackson. (2003, 12, 115min) ★★★
11.25 **FILM Chaos** Police conspiracy thriller with Jason Statham. (2005, 15, 106min) ★★★
1.35 AM **FILM The Enforcer** Action thriller starring Antonio Banderas. (2022, 18, 90min) ★★
3.25 **to 5.15** AM **FILM Braven** Action thriller. (2018, 15, 94min) ★★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **Andromeda** (S1)
3.00 PM **FILM Monster Hunters** Sci-fi thriller. (2020, 15, 88min) ★
5.00 **FILM Martian Land** Sci-fi action drama. (2015, PG, 90min) ★
7.00 **FILM Mega Storm: Days of Destruction** Thriller starring David Sutcliffe and Leah Cairns. (2011, PG, 89min) ★★
9.00 **FILM The Hitcher** Road movie thriller starring Rutger Hauer. (1986, 18, 97min) ★★★★
11.00 **FILM Wanted: Dead or Alive** Action thriller starring Rutger Hauer. (1986, 15, 106min) ★★
1.10 AM **FILM The Hitcher**
3.10 **FILM Apocalypse Pompeii** Disaster movie starring Adrian Paul. (2014, 15, 87min) ★
4.55 **to 6.00** AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Wicked Tuna**
7.30 **Swamp People: Serpent Invasion**
9.15 **Gold Wars Downunder**
11.10 **Ancient Aliens**
12.05 PM **The Proof Is Out There** Triple bill.
3.05 **What on Earth?**
6.00 **Secret Societies: In the Shadows** Double bill.
8.00 **Hazardous History with Henry Winkler** A look at shockingly dangerous activities and products from the past.
9.00 **Holy Marvels with Dennis Quaid** The incredible endeavours by archaeologists to find lost sacred sites.
10.00 **Battle Treasures with Foxy and Bruce** Battlefield relics. **10.30** Stories of survival.
11.00 **Strange Evidence**
1.00 AM **National Park Mysteries** Double bill.
2.00 **to 6.00** AM **Close Encounters**

5SELECT

153 166 138 46 133 30

9.00 AM **Winter Road Rescue**
9.35 **Murder, She Wrote**
2.00 PM **Murder, She Wrote**
7.00 **World War II: Secrets from Above** The story behind the Dambusters mission of 1943.
8.00 **Battle Front: WWII Road to Victory** New editions The turning point of the Pacific War. **8.30** The Battle of the Gothic Line in 1944.
9.00 **7 Wonders of the World with Bettany Hughes** The historian visits the Great Pyramid of Giza and Alexandria. **10.00** The stories behind the Colossus of Rhodes and the Statue of Zeus at Olympia. **11.00** The historian visits the Mausoleum of Halicarnassus, Hanging Gardens of Babylon and Temple of Artemis.
12.00 M'T **to 4.00** AM **Wentworth Prison**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Catchphrase Celebrity Special**
1.00 PM **Tenable** Five old schoolmates take part.
2.00 **Bridge of Lies**
3.00 **The Family Chase**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** With Chemmy Alcott, Eddie Hall, Dani Harmer and Alex Horne.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Jonathan Ross, Katy Brand, Chris Hollins and Jo Wood compete for their chosen charities.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **Georgie and Mandy's First Marriage** (S2)
11.00 **The Big Bang Theory**
8.00 PM **The Big Bang Theory** 5/24. Stuart and Raj host a Halloween party. With Buzz Aldrin. **8.30** 6/24. Sheldon upsets guest star Stephen Hawking. (S6)
9.00 **NEW SERIES Inside the Kim Kardashian Heist** 1/3. Crime documentary about Kim Kardashian's robbery in 2016. **10.00** New edition 2/3. Police officers close in on a gang of suspects. **11.00** Series finale 3/3. The trial of the 'Grandpa Gang' accused of the heist gets under way.
12.00 M'T **Dr Pimple Popper**
1.00 AM **Young Sheldon**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends** (S7&8)
12.00 NOON **FILM Definitely, Maybe** Comedy starring Ryan Reynolds, Isla Fisher and Rachel Weisz. (2007, 12, 107min) ★★★
2.10 PM **Friends** (S8)
8.00 **Michael McIntyre's The Wheel** Guests include Russel T Davies, Lucy Beaumont, AJ Odudu, Harry Redknapp and Deborah Meaden.
9.00 **FILM The Longest Yard** Comedy remake starring Adam Sandler, Chris Rock and Burt Reynolds. (2005, 12, 113min) ★★
11.15 **Jack Whitehall Gets Around** Stand-up show.
1.15 AM **8 Out of 10 Cats**
2.05 **8 Out of 10 Cats: Best Bits** Series highlights.
2.55 **Whose Line Is It Anyway? USA**
3.25 **Utopia** (S2&3)
4.15 **to 5.00** AM **Michael McIntyre's The Wheel**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 4&6/24. (S6)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 5.00pm.
10.00 **Bradley & Barney Walsh: Breaking Dad**
12.00 NOON **Friends**
2.00 PM **Bradley & Barney Walsh: Breaking Dad**
5.00 **Michael McIntyre's Big Show** With Ellie Goulding and Olly Murs.
6.00 **Everybody Loves Raymond** (S6)
9.00 **Friends** 17/24. Rachel tries to repair her friendship with Joey. **9.30** 18/24. Monica and Ross's parents celebrate their 35th wedding anniversary. (S8)
10.00 **Friends** (S8&9)
2.00 AM **New Girl** (S4)
3.00 **South Park** (S23)
4.30 **Jimmy Carr's Am I the A**hole?**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s: Best Music Live!**
8.10 **On the Buses** (S1)
10.15 **You Rang, M'Lord?**
12.20 PM **Birds of a Feather**
6.05 **Steptoe and Son** (S7)
7.55 **Minder** 2/13. (S3)
9.00 **Benidorm** 5/7. Liam thinks his luck is in when the British Olympic synchronised swimming squad arrive at the hotel. (S5)
10.00 **Shameless** 22/22. Kelly is unsure about keeping the baby. (S8)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.05 AM **Benidorm** (S5)
1.05 **Minder** 6/6. (S7)
2.05 **Duty Free** 6/7. (S1)
2.30 **Man About the House**
2.55 **Duty Free** 7/7. (S3)
3.20 **That's 60s: Best Music Live!**
4.00 **Nearest and Dearest**
4.45 **to 6.00** AM **Irish Railways**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Beauty and the Geek Australia** Triple bill.
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Catfish: On the Run** Breana has waited to marry Josh for years, but her love fades when she discovers the truth.
8.00 **Catfish: The TV Show** A man tries to identify the woman he kissed while blindfolded.
9.00 **Bar Rescue** Jon Taffer heads to St Augustine to help a military veteran. **10.00** Jon rescues a struggling bar in Banning. **11.00** Jon sends Dustin Drai to help rescue a 70-year-old institution.
12.00 M'T **Dating Naked UK**
1.00 AM **Help I Sexted My Boss** Triple bill.
3.10 **Ink Master Redemption**
3.35 **to 4.00** AM **Jackass**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do Animals Do That?**
9.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Gold Rush** Parker launches a plan to net $35 million and poaches a rival's crew member. **2.00** PM Rick hopes to strike a deal for a new claim. **3.00** Tyson battles a flooded cut and a batch of new recruits. **4.00** Parker pushes Mitch to deliver Sulphur Creek gold and records a big score. **5.00** Parker battles Tony in an intense showdown for the year's top gold haul.

8.00 Energy Frontline: Japan

7.00 **Filthy Fortunes** Matt Paxton chases a rare Declaration of Independence copy in a jam-packed hoard.

8.00 **NEW Energy Frontline: Japan** The front lines of Japan's energy overhaul, where work is punishing and failure isn't an option.

9.00 **Naked and Afraid** Amidst an epic drought, a fisherman and a biologist face impossible water conditions in the Florida Everglades, driving one to take extreme measures.

11.00 **Expedition X** In Trinidad, Heather and Phil investigate claims of demonic possession and trace the sinister forces locals say still grip the island.
12.00 M'T **Conspiracies & Coverups**
1.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A couple's relationship is threatened. **4.00** An expectant mother battles with her feline.
5.00 **Treehouse Masters** Pete builds an all-star speakeasy.
6.00 **The Gamechangers: Inventing the World** Two teams compete to demonstrate the future of electric vehicles.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** A look at why cows are always chewing. **7.30** The experts reveal why dogs bury bones.

8.00 **Extinct or Alive** Forrest returns to his childhood home in Zimbabwe after sightings of a lion thought to be extinct.

9.00 **Alaska Gold Diggers** A power struggle begins to erupt in Gold Run between SJ and John over mining locations.

10.00 **Tanked: Unfiltered** Brett and Wayde construct a tank for a communications company in need of an interactive aquarium.

11.00 **Tanked** A pipeline water tank.
12.00 M'T **Edge of Alaska** The locals brave the extreme weather. **1.00** AM The hidden city inside the mountain is within reach.
2.00 **The Haunted** Documentary.
3.00 **Million Dollar Duck**
4.30 **to 5.00** AM **How Do Animals Do That?**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Car S.O.S** Double bill.
12.00 NOON **Construction Fails**
1.00 PM **Seconds from Disaster**
2.00 **Top Guns: The Next Generation** Double bill.
4.00 **Hitler's Last Stand** A decorated war hero volunteers for a mission. **5.00** A look at the Allied invasion of Germany.
6.00 **Nazi Death Camp: The Great Escape** Jewish former prisoners at a Polish death camp recall their escape.

2.00 Top Guns

7.00 **Hitler's Teen Killers** The 20,000 teenage soldiers that pledged to give their lives to Hitler during World War Two.

8.00 **Hitler's Death Army: Das Reich** 1/2. Documentary about elite German soldiers.

9.00 **Hitler's Death Army: Das Reich** 2/2. How elite German soldiers perpetrated massacres on the Eastern Front.

10.00 **Nazi Megastructures** Heinrich Himmler's role in establishing the SS – the elite soldiers tasked with ensuring Hitler's safety.

11.00 **Russia's Toughest Prisons** Documentary offering a never-before seen look inside three high-security Russian prisons.
12.00 M'T **World's Most Dangerous Drug: Super Meth**
1.00 AM **Paranatural** Double bill.
3.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Ancient Aliens**
8.00 **Mountain Men**
10.00 **The Curse of Oak Island**
11.00 **Shipwrecks: When History Resurfaces** Four editions.
3.00 PM **Storage Wars** Six editions of the series, including at: **5.00** Dusty finds a hoard of quality equipment, inking himself a decent payday. **5.30** Barry takes Dusty under his wing to test him.
6.00 **The Last Hunt for Nazi Gold** Guy and Justine brave Lake Toplitz in Austria.

6.00 The Last Hunt for Nazi Gold

7.00 **Secrets of Great British Castles** The history of Lancaster Castle, which has witnessed scenes of historical significance.

8.00 **Secrets of Great British Castles** Historian Dan Jones explores Arundel Castle in West Sussex.

9.00 **World War II: Witness to War** First-hand accounts and rare footage reveal the devastation of the German attack on France.

10.00 **World War II: Witness to War** Archival footage illustrate how young brave pilots gave their all for the Allied cause.

11.00 **World War II: Witness to War** The German U-boat push into British waters.
12.00 M'T **Knut: The Viking Emperor** A look at the life and exploits of Knut the Great, who claimed the crowns of England, Norway and Denmark.
1.10 AM **Strange Evidence**
4.00 **to 6.00** AM **Secrets of Great British Castles**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Barbara Stanwyck** Profile of the actor.
7.00 **Discovering: Gregory Peck**
8.00 **The Directors**
10.00 **The Man Who Bought Cricket** 1-3/3. Documentary.
1.00 PM **FILM Dogtown and Z-Boys** Documentary. (2001, 15, 91min) ★★★
2.45 **My Icon: Thierry Henry**
3.00 **Bardot** A look at the life and career of actor Brigitte Bardot.
5.00 **I Am Burt Reynolds** Family and friends pay tribute to the iconic Hollywood actor.

6.50 The Bee Gees

6.50 **The Bee Gees: How Can You Mend a Broken Heart** Documentary exploring the history of the group, featuring contributions from surviving member Barry Gibb as well as archive interviews with his brothers Robin and Maurice.

9.00 **The Truth vs Alex Jones** One-off documentary following the two defamation lawsuits brought by families of Sandy Hook Elementary School shooting victims against Alex Jones and his website InfoWars.

11.15 **Belushi** The life story of comedy star John Belushi.
1.15 AM **FILM Undefeated** Oscar-winning documentary. (2011, 12, 113min) ★★★★★
3.30 **The Unbreakable Tatiana Suarez** Documentary about the American professional mixed martial artist who competes in the UFC.
5.00 **to 6.00** AM **The Directors**

Saturday

7 PM 8 PM 9 PM 10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars**
7.00 **British Superbikes**
8.00 **Wheeler Dealers**
3.00 PM **MotoGP**
4.00 **Shed and Buried: Classic Cars** Triple bill.
7.00 **Francis Bourgeois & Chris Harris: We Saved a Train** Chris and Francis try to make up lost time following lengthy wheel problems.
8.00 **Shed and Buried: Classic Cars** A 1940s Renault Juvaquatre van.
9.00 **The Repair Shop** Woodworker Will brings a remarkable table back to life. **10.00** A pinball machine receives a makeover.
11.00 **Aussie Gold Hunters**
12.00 M'T **Outback Crystal Hunters** Documentary.
1.00 AM **Combat Dealers**
3.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **A Killer's Mistake**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Death by Fame**
7.00 **Death by Fame** A deputy sheriff turns in his badge to pursue a career in acting. **8.00** Police find a fashion designer dead at an exclusive hotel.
9.00 **Inside the Arrest** An affair is exposed, ending in tragedy.
10.00 **On the Case with Paula Zahn** New edition A gunman shoots a firefighter in his driveway.
11.00 **Faking It: Tears of a Crime** Shana Grice.
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Murder Without a Body** The case of Mitchell Quy.
8.00 **UK Crime Files: A Murderous Journey** Investigating the murder of Vitalija Baliutaviciene.
9.00 **UK Crime Files: Wrongful Revenge** The case of Colin Gunn, who ordered two murders.
10.00 **UK Crime Files: Murderous Marriage** Investigating the murder of Surjit Athwal.
11.00 **UK Crime Files: Evil Walks the Streets**
12.00 M'T **UK Crime Files: Murder Against All Odds** Documentary.
1.00 AM **Donal MacIntyre's UK Killer Evidence**
2.00 **Fatal Fraud**
3.00 **Fatal Fall: Murder or Accident?** Mary Gough.
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **UK Crime Files: Anagram Serial Killer** Jackie Malton revisits the crimes of Scottish serial killer Peter Tobin.
4.00 **UK Crime Files: Murder of Rachel Manning** The story of Rachel Manning, who vanished after leaving a club in 2000.
5.00 **UK Crime Files: World's End Murders** The case of two teenagers who vanished after leaving a pub in 1977.
6.00 **UK Crime Files: Confession of Murder** Exploring the case of Katie Rackliff, who was murdered by Sharon Carr in Farnborough.
7.00 **Judge Judy** Back-to-back real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **UK Border Force**
8.00 **Road Wars**
9.00 **Caught on Dashcam**
10.00 **A1: Britain's Longest Road** Documentary.
11.00 **How I Caught the Killer**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **World's Most Evil Killers** Double bill.
3.00 **How I Caught the Killer**
5.00 **Britain's Most Evil Killers** Double bill.
7.00 **Forensics: Catching the Killer** Double bill.
9.00 **The Murder of Grace Millane** Documentary.
11.00 **The Murderer & Me** The case of Joanna Dennehy.
12.30 AM **World's Most Evil Killers** Ted Bundy.
1.30 **Killing Mum and Dad**
2.30 **How I Caught the Killer**
3.30 **Motorway Patrol**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Pocahontas: Beyond the Myth** As 7.20pm.
9.40 **Ancient Apocalypse**
1.00 PM **Pocahontas: Beyond the Myth**
2.05 **The Lost Colony of Roanoke** 1&2/2.
4.05 **Ancient Apocalypse**
7.20 **Pocahontas: Beyond the Myth** A look at the life of the Native American princess.
8.30 **Hunting the KGB Killers** The inside story of the murder of Alexander Litvinenko.
9.40 **Hidden Killers of the Post-War Home** How domestic innovations in the 1950s introduced unprecedented dangers.
10.55 **Pocahontas: Beyond the Myth** As 7.20pm.
12.00 M'T **Hunting the KGB Killers** As 8.30pm.
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

SATURDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Attenborough at 100: Behind the Lens** Documentary.
7.00 **David Attenborough's Wild City**
10.00 **David Attenborough's Dragons and Damsels**
11.00 **Great Barrier Reef with David Attenborough** 1-3/3. Triple bill.
2.00 PM **David Attenborough Meets Obama** Documentary.
3.00 **Micro Monsters with David Attenborough** Six editions.
6.00 **David Attenborough's Kingdom of Plants**
8.40 **Flying Monsters with David Attenborough** Documentary.
10.10 **Making David Attenborough's Flying Monsters**
11.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1&2/2. Double bill.
1.00 AM **David Attenborough's Global Adventure**
1.50 **David Attenborough's Global Adventure: Home Planet**
2.40 **David Attenborough's Global Adventure: The Rise of Nature**
3.30 **David Attenborough's Dragons and Damsels**
4.30 **to 6.00** AM **Micro Monsters...**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.55 **The Lost Women Spies**
10.05 **U-Boat Wargamers**
11.10 **Digging for Britain**
2.05 PM **Ancient Aliens**
4.00 **Combat Ships**
5.00 **Combat Trains**
6.00 **Combat Machines**
7.00 **Clash of Ancient Warriors** The Battle of the Catalaunian Plains, which was fought in 451. **8.00** The Battle of Sekigahara.
9.00 **The Abyss: Rise & Fall of the Nazis** A look at the Nazis' defeat at Stalingrad in 1943. **10.00** In 1945, it was unclear whether the Germans had broken with the Nazis.
11.00 **Ancient Aliens** Experts investigate startling evidence on the Ancient Maya. **12.00** M'T Experts scrutinise the Mayan calendar.
1.00 AM **Alien Corridors**
2.00 **Ancient Skies**
3.00 **Combat Machines**
4.00 **Strangest Things**
5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How It's Made: Dream Cars** Four editions.
2.00 PM **How the Universe Works**
4.00 **NASA's Unexplained Files**
6.00 **How It's Made** Four editions of the series, including at: **7.30** How bowling balls, barber poles and radar guns are made.
8.00 **Alien Highway** A series of strange animal deaths and UFO sightings brings Chuck Zukowski and the team to Colorado. **9.00** Chuck gets a map leading him to recovered materials from the Roswell incident.
10.00 **The Alaska Triangle** Experts examine the possibility of an interdimensional portal. **11.00** Investigating a string of disappearances in Alaska.
12.00 M'T **Expedition Bigfoot**
2.00 AM **Unexplained and Unexplored** Double bill.
4.00 **to 6.00** AM **How It's Made: Dream Cars**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam**
3.40 PM **My Strange Arrest**
5.00 **Witness to Murder: Digital Evidence** A piece of stolen technology is a vital clue.
6.00 **The Real Murders of Atlanta** A world champion boxer is murdered in cold blood.
7.00 **The Real Murders of Orange County** Two colleagues are gunned down at work.
8.00 **Buried in the Backyard** A rebellious teen disappears on her way to a concert.
9.00 **Spring Break Murders** A teen goes to a neighbour's house and never returns.
10.00 **Crime in Progress** Police find three dead bodies in a house.
11.00 **Interview with a Killer**
12.00 M'T **Predator Files**
1.00 AM **Ozark Law**
2.00 **I Met My Murderer Online**
3.00 **to 6.00** AM **On the Case with Paula Zahn**

+1hour 256 333

WILD

165 145 182

8.00 AM **Animal Fight Club**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Galapagos: Enchanted Isle**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** The vets try to milk an un-milkable goat, and demonstrate unconventional methods in an attempt to repair a turtle's broken shell.
8.00 **Europe from Above** A journey over the Nordic region to discover the world's longest continuous staircase, an Atlantic Puffin conservation effort and a kayak parade. **9.00** Exploring the Netherlands from the air, with footage of historic windmills.
10.00 **Wild Borneo** Documentary exploring the wildlife of Borneo.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **When Sharks Attack**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** New discoveries surrounding interstellar space, the space between the universe's stars. **7.00** New discoveries lead scientists to question if the Big Bang really happened. **8.00** New discoveries surrounding dark matter.
9.00 **The Dino Hunters** The Harris-Bolan clan chase poachers off their land and Jared makes a final bid to make money. **10.00** Mike and his team excavate their triceratops site. **11.00** Clayton prepares to learn if his carnivore skeleton belongs to a T-Rex or Nanotyrannus.
12.00 M'T **Blowing Up History: Seven Wonders** Exploring new evidence of some of history's most intriguing lost cities.
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering** A picturesque French castle. **2.00** A complex in Georgia pointing into deep space. **3.00** Exploring Hartwood, a haunting facility in Scotland. **4.00** An engineering marvel hidden behind the Niagara Falls.
5.00 **The Two Ronnies** Double bill.
7.00 **The Two Ronnies Christmas Special** A festive edition of the comedy show from 1984.
8.00 **The Two Ronnies** Vintage comedy show, featuring music from The New Sensation. **8.50** Sketches include the Limerick Writers Convention. **9.50** Featuring News Interrupted by Jackanory. **10.50** Sketches include Strange Ice-Cream Flavours.
11.50 **The Two Ronnies Christmas Special** As shown at 7.00pm.
12.50 AM **The Two Ronnies**
4.20 **The Two Ronnies Christmas Special** As shown at 7.00pm.
5.10 **to 6.00** AM **River Walks**

+1hour 266 376

ID

154 140 166

8.00 AM **Til Death Do Us Part**
10.00 **Murder Comes to Town**
12.00 NOON **The Killer in My Family**
2.00 PM **Forbidden: Dying for Love**
4.00 **People Magazine Investigates**
6.00 **Evil Lives Here** Pam Jacobs reveals the dark truth about her criminal father. **7.00** Tim Kreider talks about finding out his son Alec was responsible for a horrific crime.
8.00 **Truth About Murder with Sunny Hostin** A look at the murder of Kelsey Monahon, a 28-year-old pregnant woman.
9.00 **Kiss of Death** The case of Audrey Mabrey, whose husband attacked her with a hammer.
10.00 **Til Death Do Us Part** A series of mysterious events that shattered a family's lives.
11.00 **Fatal Affairs** True-crime.
12.00 M'T **Deadly Sins**
2.00 AM **Death by Fame**
4.00 **Married with Secrets**
5.00 **to 6.00** AM **Who the (Bleep) Did I Marry?**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Massive Engineering Mistakes** Triple bill of editions.
10.00 **Extreme RVs**
11.00 **Garage Rehab**
12.00 NOON **Massive Engineering Mistakes** Five editions.
5.00 PM **Kindig Customs**
8.00 **Shed and Buried** Henry and Guy view some classic British motorbikes in Worcestershire. **8.30** Henry and Fuzz visit an ex-commercial pilot with two hangars' worth of items. **9.00** Henry and Guy head to Wiltshire, where they find sheds full of tractors. **9.30** Henry and Fuzz visit a collector of vintage cars.
10.00 **Richard Hammond's Workshop** Richard faces the hard reality that the workshop isn't yet making any money. **11.00** The pressure is on when Richard competes at a show. **12.00** M'T Neil promises to help a friend with his 1930s Morris 8.
1.00 **to 4.00** AM **Massive Engineering Mistakes**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **PREMIERE The Shadow's Edge** As shown at 10.10pm.
8.30 **Spinal Tap II: The End...**
10.00 **Regretting You** Drama. (2025, 12, 116min) ★★★
12.05 PM **Downton Abbey: The...**
2.15 **A Big Bold Beautiful Journey** Drama. (2025, 15) ★★★
4.05 **Wuthering Heights** Drama. (2026, 15, 136min) ★★★★
6.30 **Spinal Tap II: The End Continues** Comedy sequel. (2025, 15, 83min) ★★★

10.10 The Shadow's Edge

8.00 **Downton Abbey: The Grand Finale** Drama starring Hugh Bonneville and Michelle Dockery. The Crawleys grapple with the threat of social disgrace when Mary finds herself at the centre of a public scandal. (2025, PG, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **PREMIERE The Shadow's Edge** Chinese-Hong Kong thriller starring Jackie Chan. A retired tracking expert is hired to bring down a brilliant cyber-criminal gang. Subtitled. (2025, 15, 141min)

12.40 AM **The Conjuring: Last Rites** Supernatural horror with Vera Farmiga and Patrick Wilson. (2025, 15, 135min) ★★★
3.05 **Don't Let's Go to the Dogs Tonight** Drama written, directed by and starring Embeth Davidtz. (2024, 15, 99min) ★★★★
5.00 **to 7.35** AM **PREMIERE The Shadow's Edge** As 10.10pm.

Sky Cinema Fast

303 303 403 503 517

6.50 AM **The Fast and the Furious: Tokyo Drift** (2006)
8.50 **Fast & Furious** As 1.35am.
10.50 **Fast & Furious 5** As 3.30am.
1.05 PM **Fast & Furious 6** Thriller sequel starring Vin Diesel. (2013, 12, 125min) ★★★
3.20 **Fast & Furious 7** Thriller sequel starring Vin Diesel. (2015, 12, 132min) ★★★★
5.40 **Fast & Furious 8** Action thriller sequel with Vin Diesel. (2017, 12, 136min) ★★★

5.40 Fast & Furious 8

8.00 **The Fast and the Furious** Action thriller starring Vin Diesel and Paul Walker. An undercover cop joins a gang of illegal road racers he believes are responsible for a series of truck hijackings. (2001, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **2 Fast 2 Furious** Action thriller sequel starring Paul Walker and Tyrese. A former cop and his ex-con friend set out to clear their names by going undercover to infiltrate the world of a drugs baron. (2003, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★
1.35 AM **Fast & Furious** Thriller sequel starring Paul Walker. (2009, 12, 107min) ★★★
3.30 **Fast & Furious 5** Thriller sequel. (2011, 12, 130min) ★★★
5.50 **to 8.05** AM **Fast & Furious 6**

Sky Cinema Drama

310 310 410 510 524

7.25 AM **Cicada** As 5.45am.
9.05 **Rob Peace** As 3.35am.
11.15 **Downton Abbey: The Grand Finale** Drama spin-off. (2025, PG, 123min) ★★★★
1.25 PM **Rocketman** Music biopic. (2019, 15, 121min) ★★★★
3.40 **Moneyball** Sports drama. (2011, 12, 133min) ★★★★
5.55 **Materialists** Romantic comedy. (2025, 15, 116min) ★★★★

8.00 **I, Tonya** Biopic starring Margot Robbie. Ice skater Tonya Harding rises through the ranks of US figure skating, but her future is thrown into question by a shocking incident. With Allison Janney and Sebastian Stan. (2017, 15, 119min) ★★★★
10.10 **Widow Clicquot** Period drama starring Haley Bennett. In the late 18th-century, a group of women create the Veuve Clicquot champagne business. (2023, 15, 90min) ★★★★

11.50 **The Cut** Thriller with Orlando Bloom. (2024, 12, 99min) ★★★
1.40 AM **Burning an Illusion** Drama. (1981, 15, 103min) ★★★
3.35 **Rob Peace** Chiwetel Ejiofor's drama. (2024, 15, 120min) ★★★
5.45 **to 7.35** AM **Cicada** Drama. (2020, 15, 96min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.05 AM **After Earth** Adventure. (2013, 12, 98min) ★★
7.50 **Constantine** Horror thriller. (2005, 15, 121min) ★★★
10.00 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
12.15 PM **Blade: Trinity** Adventure sequel. (2004, 15, 113min) ★★★
2.10 **The Crazies** Horror remake starring Timothy Olyphant. (2010, 15, 101min) ★★★★

3.55 **It** Horror starring Bill Skarsgård. (2017, 15, 135min) ★★★★
6.15 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
8.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
10.00 **28 Days Later** Horror thriller starring Cillian Murphy and Naomie Harris. A small group of people struggle to survive when a deadly virus devastates the UK. (2002, 18, 113min) ★★★★

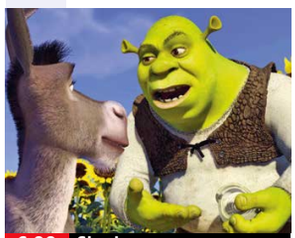
12.05 AM **Bone Lake** Comedy thriller. (2024, 18, 94min) ★★★
1.45 **Gator Creek** Horror thriller. (2025, 15, 87min) ★
3.20 **The Pact** Thriller starring Caity Lotz. (2012, 15, 85min) ★★★
4.55 **to 6.40** AM **Tremors** Chiller. (1990, 15, 96min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.30 AM **Shrek the Third** Animation. (2007, U, 88min) ★★★★
9.10 **Karate Kid: Legends** Drama. (2025, 12, 94min) ★★★
11.00 **Transformers One** (2024)
1.00 PM **Smurfs** Fantasy comedy. (2025, PG, 89min) ★★
2.40 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
4.25 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
6.00 **Shrek** Animated comedy. (2001, U, 90min) ★★★★★


6.00 Shrek

7.35 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy starring Henry Thomas, Drew Barrymore and Dee Wallace. (1982, U, 114min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Transformers One** Animated sci-fi adventure with the voices of Chris Hemsworth and Brian Tyree Henry. The origin story of Optimus Prime and Megatron's friendship on Cybertron. (2024, PG, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **MouseHunt** Comedy starring Nathan Lane and Lee Evans. (1997, PG, 98min) ★★★★
1.05 AM **Peter Pan** Adventure starring Jeremy Sumpter and Rachel Hurd-Wood. (2003, PG, 113min) ★★★★
3.00 **My Penguin Friend** Family drama starring Jean Reno. (2024, PG, 98min) ★★★★
4.40 **to 6.20** AM **Sketch** Fantasy comedy starring Tony Hale. (2025, 12, 93min) ★★★★

Sky Cinema Action

306 306 407 507 521

7.45 AM **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
9.30 **xXx: Return of Xander Cage** Thriller. (2016, 12) ★★★
11.20 **Gladiator II** Drama sequel. (2024, 15, 148min) ★★★
1.50 PM **Spider-Man** Adventure. (2002, 12, 121min) ★★★★
3.55 **S.W.A.T.** Action thriller. (2003, 12, 115min) ★★★
5.55 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★

3.55 S.W.A.T.

8.00 **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire. Tempted to abandon his secret identity as crime-fighting superhero Spider-Man, Peter Parker finds his special powers are required to combat a new criminal adversary. With Kirsten Dunst. (2004, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Bloodshot** Thriller starring Vin Diesel and Guy Pearce. (2020, 12, 109min) ★★
2.50 **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★
4.45 **to 6.45** AM **Sudden Death** Thriller. (1995, 18, 110min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.45 AM **The Hangover** (2009)
8.30 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
10.15 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
12.00 NOON **Yesterday** Comedy. (2019, 12, 116min) ★★★
2.05 PM **The First Wives Club** Comedy. (1996, PG) ★★★
3.55 **Bridget Jones: The Edge of Reason** (2004, 15) ★★★
5.50 **Bridget Jones's Baby** Comedy sequel. (2016, 15, 123min) ★★★

3.55 Bridget Jones: The Edge...

8.00 **Miss Congeniality** Comedy starring Sandra Bullock as a tomboyish FBI agent who receives a radical make-over in order to go undercover at a beauty contest. With Michael Caine and Benjamin Bratt. (2000, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel starring Sandra Bullock, Enrique Murciano and Regina King. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Anchorman 2: The Legend Continues** Comedy sequel. (2013, 15, 118min) ★★
2.05 AM **Police Academy** Comedy. (1984, 15, 95min) ★★★
3.50 **The Man with Two Brains** Comedy starring Steve Martin. (1983, 15, 93min) ★★★★
5.30 **to 7.10** AM **One More Shot** Comedy with Emily Browning. (2025, 15, 100min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
8.45 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★
11.05 **Sherlock Holmes: A Game of Shadows** (2011, 12) ★★★
1.25 PM **The Bourne Legacy** Thriller. (2012, 12) ★★★
3.45 **Jason Bourne** Action thriller. (2016, 12, 123min) ★★★
6.00 **Lethal Weapon** Action thriller. (1987, 15, 110min) ★★★★

6.00 Lethal Weapon

8.00 **The Fugitive** Action thriller starring Harrison Ford and Tommy Lee Jones. A wrongly convicted man escapes on the way to jail and goes in search of the real culprit while evading the forces of the law. With Julianne Moore. (1993, 15, 128min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Equalizer** Thriller with Denzel Washington and Chloë Grace Moretz. A former secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (2014, 15, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Equalizer 2** Action sequel with Denzel Washington. (2018, 15, 121min) ★★★
2.40 **American Gangster** Drama. (2007, 18, 157min) ★★★★
5.25 **to 7.15** AM **Caddo Lake** Thriller. (2024, 12, 99min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Wonder Park** Animation. (2019, PG, 85min) ★★★★
12.45 PM **The Call of the Wild** Historical action adventure. (2020, PG, 96min) ★★★
2.40 **It Came from Outer Space** Vintage sci-fi thriller. (1953, b/w, PG, 81min) ★★★
4.15 **Brian and Charles** Comedy. (2022, PG, 79min) ★★★★
6.15 **The Martian** Sci-fi drama. (2015, 12, 144min) ★★★★

6.15 The Martian

The Martian (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Kingsman: The Golden Circle** Comedy adventure sequel starring Taron Egerton, Colin Firth and Mark Strong. Secret agents Eggsy and Merlin join forces with their US counterparts to bring down a femme fatale. (2017, 15, 141min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.50 **Chopper** Australian crime drama based on the true story of a murderer who rose to media stardom. Stars Eric Bana. (2000, 18, 94min) ★
1.45 **to 3.35** AM **The Hunt** Horror thriller starring Betty Gilpin. A group of elites gather at a remote manor house to hunt ordinary Americans for sport. (2019, 15, 90min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Decades

302 302 402 502 516

6.45 AM **Weird Science** As 3.15am.
8.25 **The Breakfast Club** Comedy. (1984, 15, 97min) ★★★★
10.05 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
12.00 NOON **An Officer and a Gentleman** Romantic drama. (1981, 15, 125min) ★★★★
2.10 PM **Ghostbusters** Supernatural comedy starring Bill Murray. (1984, 12, 105min) ★★★★
4.00 **Ghostbusters II** Action comedy sequel starring Bill Murray. (1989, PG, 99min) ★★★
5.50 **Batman** Comic-book adventure. (1989, 15, 121min) ★★★★
8.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford. (1982, 15, 130min) ★★★★★
10.00 **The Running Man** Adventure starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
11.45 **Mad Max 2** Action thriller sequel starring Mel Gibson. (1981, 18, 95min) ★★★★
1.25 AM **Mad Max Beyond Thunderdome** Thriller sequel. (1985, 15, 107min) ★★★
3.15 **Weird Science** Fantasy comedy. (1985, 12, 94min) ★★★
5.00 **to 6.20** AM **Friendship's Death** Sci-fi drama starring Tilda Swinton. (1987, 15, 78min) ★★★

Sky Cinema Greats

307 307 404 504 518

7.20 AM **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★
9.45 **The Italian Job** As 6.10pm.
11.30 **Rumble in the Bronx** (1996)
1.05 PM **Mr Nice Guy** Action comedy. (1996, 15, 88min) ★★★
2.35 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
4.10 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
6.10 **The Italian Job** Classic crime caper starring Michael Caine. An ex-con masterminds a massive bullion robbery in Turin. (1969, PG, 100min) ★★★★★
8.00 **Jaws** Steven Spielberg's thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
10.10 **Bad Boys** Comedy thriller with Martin Lawrence and Will Smith. (1995, 15, 118min) ★★★
12.15 AM **The Krays** Crime drama starring Martin and Gary Kemp. (1990, 18, 119min) ★★★
2.20 **Rumble in the Bronx** Action comedy starring Jackie Chan. (1996, 15, 89min) ★★★
4.00 **Sky Cinema Preview**
4.50 **to 6.30** AM **Mr Nice Guy**

Disney+ Cinema

305

6.00 AM **Beauty and the Beast** Musical starring Emma Watson. (2017, PG, 129min) ★★★★
8.15 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** As shown at 7.35pm.
10.35 **A Goofy Movie** Adventure. (1995, U, 78min) ★★
11.55 **Diary of a Wimpy Kid: Dog Days** Family comedy sequel. (2012, U, 90min) ★★★
1.35 PM **Bambi** Animated fantasy. (1942, U, 69min) ★★★★★
2.45 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
4.40 **Inspector Gadget** Adventure. (1999, U, 77min) ★★★
6.00 **George of the Jungle** Comedy adventure. (1997, U, 92min) ★★
7.35 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
10.00 **28 Weeks Later** Horror sequel. (2007, 18, 99min) ★★★★
11.40 **A Real Pain** Drama with Kieran Culkin and Jesse Eisenberg. (2024, 15, 90min) ★★★★★
1.15 AM **The Grand Budapest Hotel** Wes Anderson's comedy drama. (2014, 15, 99min) ★★★★★
2.55 **Bambi** As shown at 1.35pm.
4.10 **to 6.00** AM **Ratatouille** (2007)

Movies 24

312 313 419

7.00 AM **Sense and Sensibility** Drama. (2024, U, 84min) ★★
9.00 **Signed, Sealed, Delivered: To the Moon and Back** Drama. (2025, PG, 90min) ★★
11.00 **The Proposal Spot** Romantic drama. (2023, PG, 90min) ★★
1.00 PM **The Stars Between Us** Romantic drama starring Sarah Drew and Matt Long. (2026, PG, 84min) ★★
3.00 **Signed, Sealed, Delivered: A Tale of Three Letters** Drama. (2024, PG, 90min) ★★
5.00 **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
7.00 **For Love & Honey** Romantic comedy starring Andrew W. Walker. (2024, U, 84min) ★★
9.00 **Love Marks the Spot** Adventure starring Annika Foster. An editor trying to save her publishing company and a movie star search for a priceless missing book. (2023, PG, 86min) ★★
11.00 **The Wedding Contest** Comedy. (2023, PG, 88min) ★★
1.00 AM **An Unexpected Valentine** Comedy. (2025, PG, 84min) ★★
3.00 **to 5.00** AM **An Easter Bloom** Drama. (2024, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Tarzan and the Green Goddess** (1938, b/w, PG) ★
7.20 **Runaround** Game show.
7.50 **Legend of the Hidden City**
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 8/26. (S3)
9.30 **The Last of the Mohicans**
10.00 **Captain Scarlet and the Mysterons** 11/32. (S1)
10.30 **The Adventures of William Tell**
11.00 **The Buccaneers** 22/39. (S1)
11.30 **The Adventures of Robin Hood**
12.00 NOON **Kim** (1950, U) ★★★
1.00 PM **Look at Life** Documentary
1.15 **The First of the Few** (1942)
3.35 **Pete Murray Takes You to Hastings** Travelogue.
4.00 **Whiplash** 16/34. (S1)
4.35 **The Proud Rebel** (1958) ★★★
6.40 **All that Glitters** Short film.
7.00 **Maigret** 7/13. (S4)
8.00 **The Duchess of Duke Street**
9.05 **When Eight Bells Toll** (1971) ★★
11.05 **Fortean TV** Alien abductees.
11.40 **One Step Beyond** 4/22. (S1)
12.15 AM **Eurotrash**
12.50 **Up the Chastity Belt** (1971) ★★
2.40 **Where Strangers Meet**
3.00 **The Veil** 2/12. (S1)
3.30 **The Starlost: The Deception**
4.35 **Green Hornet Strikes Again!**
5.00 **The Adventures of Sir Lancelot**
5.30 **to 6.00** AM **Honey West**

Saturday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.30 **Fantasy Football Countdown**
10.00 **Sky Sports News**
12.00 NOON LIVE **EFL** A Championship play-off semi-final first leg.
2.45 PM LIVE **EFL** A League One play-off semi-final first leg.
5.00 LIVE **SNF** **Manchester City v Brentford.** Coverage of the Premier League clash from the Etihad Stadium, as Pep Guardiola's side look for three points in their quest for another league title. These two teams have met twice already this season including at this ground in the quarter-finals of the League Cup in December. Kick-off **5.30pm**.
7.45 LIVE **SPFL** **Motherwell v Hearts.** The Scottish Premiership match from Fir Park, as the teams meet for the third time this season. Kick-off **8.00pm**. *See feature, page 28.*
10.30 LIVE **PGA Tour Golf** Coverage of the third day of the Truist Championship at Quail Hollow Club in Charlotte, North Carolina.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Preview**
7.30 **Fantasy Show**
8.00 **Premier League Stories**
8.30 **The Big Interview**
9.00 **Premier League Preview**
9.30 **Fantasy Football Countdown**
10.00 **Saturday Social**
11.00 **The Big Interview**
11.30 LIVE **WSL** **Aston Villa v Arsenal.** The Women's Super League match at Villa Park. Kick-off **12.00noon**.
2.30 PM **Gillette Soccer Saturday**
5.00 LIVE **SNF** **Manchester City v Brentford.** Coverage of the Premier League match from the Etihad Stadium. These two teams have met twice already this season including at this ground in the quarter-finals of the League Cup back in December. Kick-off **5.30pm**.
8.30 **Game of the Day**
10.30 **Premier League Highlights** Brighton & Hove Albion v Wolverhampton Wanderers.
11.00 **Premier League Highlights**
4.30 AM **PL Greatest Games**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** Championship play-offs.
8.00 **EFL Greatest Games**
8.30 **Best Moments from the Championship Play-Off Final**
9.00 **Best Moments from the League 1 & 2 Play-Off Final**
9.30 **EFL Highlights**
10.00 **Saturday Social**
11.00 **EFL Greatest Games**
11.30 **EFL Highlights** Championship.
12.00 NOON LIVE **EFL** A Championship play-off semi-final first leg.
2.45 PM LIVE **EFL** A League One play-off semi-final first leg.
5.30 LIVE **Bundesliga** **VfL Wolfsburg v Bayern Munich.** Coverage of the German top-flight match from Volkswagen Arena. Kick-off **5.30pm**.
7.30 LIVE **EFL** A League One play-off semi-final first leg.
10.30 **EFL Greatest Games**
11.00 **EFL Highlights** Play-offs.
12.30 AM **EFL** A Championship play-off semi-final first leg.
2.30 **EFL Greatest Games**
4.00 **EFL Cup Retro** Aston Villa v Manchester City in the 2020 final.
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 action.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** T20 highlights.
2.50 PM LIVE **IPL** **Rajasthan Royals v Gujarat Titans.** Coverage of the T20 game at Sawai Mansingh Stadium. The hosts won this meeting last year thanks to an eight-wicket victory in a match that saw over 400 runs scored in just over 35 overs. Gujarat made 209-4 in their innings with Shubman Gill hitting 84 from 50 balls. In reply, the Royals chased down their target with 25 balls to spare as teenage sensation Vaibhav Sooryavanshi hit 101 from just 38 balls in a remarkable innings.
7.00 **Best of ICC WT20**
8.00 **IPL** Highlights from Delhi Capitals v Kolkata Knight Riders staged at Arun Jaitley Stadium, Delhi. **9.00** Action from Rajasthan Royals v Gujarat Titans at Sawai Mansingh Stadium in Jaipur.
10.00 **IPL** Recent T20 highlights.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Another chance to see Rajasthan Royals v Gujarat Titans.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **School of Golf**
7.00 **Legends Tour Golf**
8.00 **PGA Tour Golf**
12.00 NOON **PGA Tour Champions Learning Centre** Golf tips.
12.30 PM LIVE **DP World Tour Golf** Day three of the Estrella Damm Catalunya Championship at Real Club de Golf El Prat, Barcelona.
5.00 LIVE **PGA Tour Golf** Coverage of day three of the Truist Championship at Quail Hollow Club in Charlotte, North Carolina.
11.00 LIVE **LPGA Tour Golf** Coverage of day three of the Mizuho Americas Open at Liberty National Golf Club in Jersey City.
12.30 AM **PGA Champs Official Film**
1.30 **How the 2002 Ryder Cup Was Won** From the Belfry.
4.30 **PGA Tour Golf** Highlights.
5.30 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of day five of the Italian Open, a clay-court tournament held at Foro Italico in Rome.
6.00 PM LIVE **WTA & ATP Tennis** Further coverage of day five of the Italian Open at Foro Italico, Rome.
10.00 **ATP Tennis** Monte-Carlo Masters.
11.00 **WTA Tennis** Linz Open final. **12.00** M'T Charleston Open final.
1.00 AM **ATP & WTA Tour Classics**
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM LIVE **AFL** **GWS Giants v Essendon Bombers.** Bounce-up **7.15am**.
10.00 **Premier League Preview**
10.30 **The Breakdown**
11.00 LIVE **Premier League** **Liverpool v Chelsea.** Coverage of the top-flight match staged at Anfield. Kick-off **12.30pm**.
3.00 PM LIVE **The Gallagher PREM** **Leicester Tigers v Northampton Saints.** Coverage of the match staged at Mattioli Woods Welford Road Stadium. Kick-off **3.05pm**.
5.15 LIVE **The Gallagher PREM** **Bristol Bears v Saracens.** The top-flight match from Ashton Gate. Kick-off **5.30pm**.
7.45 **TNT Sports Reload**
8.00 **MLB Highlights**
9.00 LIVE **MLB** **Boston Red Sox v Tampa Bay Rays.** Coverage of the American League match staged at Fenway Park. Start-time **9.10pm**.
12.00 M'T LIVE **UFC** Preliminary bouts.
2.00 **to 6.00** AM LIVE **UFC** **Khamzat Chimaev v Sean Strickland.** The middleweight title bout from Prudential Center.

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP Highlights**
7.30 LIVE **MotoGP** The Grand Prix of France Moto2 and Moto3 second practice sessions from Le Mans.
9.00 LIVE **MotoGP** The Grand Prix of France MotoGP second free practice and qualifying sessions.
11.45 LIVE **MotoGP** Coverage of the Grand Prix of France Moto3 and Moto2 qualifying sessions.
1.45 PM LIVE **MotoGP** The Grand Prix of France MotoGP sprint race.
2.45 **Xtra Time** Liverpool v Chelsea.
3.15 LIVE **World Rally Championship** Rally de Portugal.
5.45 **TNT Sports Reload**
6.00 LIVE **SailGP** From Bermuda.
7.30 LIVE **Serie A** **Lecce v Juventus.** The Italian top-flight match. Kick-off **7.45pm**.
9.45 **MotoGP** Grand Prix of France.
10.15 **Sign Up – Into Football**
11.00 **UFC Countdown**
12.00 M'T LIVE **MLB** **Arizona Diamondbacks v New York Mets.** Start-time **12.15am**.
3.00 AM **Fishing: On the Bank**
4.00 **to 7.00** AM LIVE **AFL** **Melbourne Demons v West Coast Eagles.** Bounce-up **4.10am**.

Sky Sports Action

412 410 510 426 446

6.00 AM **Super Bowl LX Highlights**
7.00 **NFL Highlights**
8.00 **Super League Highlights**
8.30 LIVE **NRL** **South Sydney Rabbitohs v Cronulla-Sutherland Sharks.** Coverage of the match from Accor Stadium. Kick-off **8.30am**.
10.30 **Darts Top 5 Moments**
10.35 LIVE **NRL** **Manly-Warringah Sea Eagles v Brisbane Broncos.** Coverage of the match staged at 4 Pines Park in Sydney. Kick-off **10.35am**.
12.35 PM **Super League Highlights**
12.50 **NFL Highlights**
2.50 **Super League Highlights**
3.20 LIVE **Netball Super League** **Dragons v Leeds Rhinos.** Coverage of the match from M&S Bank Arena. Centre-pass **3.30pm**.
5.00 **Super League Highlights**
5.45 **World Club Challenge**
6.00 **NFL Bitesize Highlights**
6.30 **NBA on Fire** The latest news.
7.00 LIVE **NBA Basketball** Coverage of a play-off match.
11.00 **Super League Highlights**
11.30 **NFL Highlights**
1.00 AM **Super League**
4.45 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

7.30 AM **Sky Sports Breakfast**
8.00 LIVE **Super Rugby** **Highlanders v NSW Waratahs.** Coverage of the match from the 13th round of fixtures at North Harbour Stadium iin Albany, New Zealand. Kick-off **8.05am**.
10.00 LIVE **WTA & ATP Tennis** Coverage of the fifth day of the Italian Open, a clay-court tournament staged at Foro Italico in Rome. The women's number one seed 12 months ago, Aryna Sabalenka, suffered an early scare in her third round contest.
6.00 PM LIVE **WTA & ATP Tennis** Further coverage of the fifth day of the Italian Open, a clay-court tournament staged at Foro Italico in Rome. British star Emma Raducanu fought back from a set down to secure victory in the third round last year, beating Veronika Kudermetova 5-7 6-0 6-1.
9.30 LIVE **LPGA Tour Golf** Coverage of day three of the Mizuho Americas Open staged at Liberty National Golf Club in Jersey City, New Jersey.
12.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **IPL** T20 highlights.
8.00 **PGA Tour Golf**
9.00 **PGA Tour Champions**
10.00 **WTA Tennis** Recent finals.
10.30 LIVE **Super Rugby** **Brumbies v Western Force.** Coverage of the match staged at GIO Stadium. Kick-off **10.35am**.
12.30 PM **Ladies European Tour Golf**
1.30 **Tennis** Madrid Open review.
3.00 **Darts** Archive action.
3.20 LIVE **Netball Super League** **Dragons v Leeds Rhinos.** Coverage of the match at M&S Bank Arena. Centre-pass **3.30pm**.
5.00 **WTA Tennis** Recent finals.
5.30 **My Icon** Sporting influences.
5.50 LIVE **Netball Super League** **Manchester Thunder v London Pulse.** Coverage from M&S Bank Arena. Centre-pass **6.00pm**.
7.30 **Premier League Darts**
11.30 **Super League Highlights**
12.00 M'T **IPL** T20 highlights.
3.00 **to 6.00** AM **Darts Features**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIV Golf** From Virginia.
7.30 **Women's Cycling**
8.30 **Giro d'Italia Men Highlights**
9.30 LIVE **Cycling: Giro d'Italia** Coverage from the second stage of the men's race, a 221km route from Burgas to Valiko Tarnovo.
3.45 PM **Playing for Our Future**
4.00 **LIV Golf** Action from Virginia.
5.30 LIVE **LIV Golf** Coverage from the third day of the seventh round of the season staged at Trump National Gold Club Washington in Potomac Falls, Virginia.
11.30 **World Rally Championship** Day two of the Rally de Portugal.
12.00 M'T **Premier League** Another chance to see Liverpool v Chelsea.
1.30 AM **The Gallagher PREM** Highlights from Leicester Tigers v Northampton Saints.
2.30 **The Gallagher PREM**
3.30 **The Breakdown**
4.30 **World Rally Championship**
5.00 **to 6.00** AM **Fencing Grand Prix**

TNT Sports 4

414 416 524 411 434

6.00 AM **The Gallagher PREM**
7.00 LIVE **World Rally Championship** The Rally de Portugal special stage 11.
7.45 **Kenny Allstar's Number 1's**
8.00 LIVE **World Rally Championship** The Rally de Portugal special stages 12 and 13.
10.45 **TNT Sports Reload**
11.00 LIVE **World Rally Championship** The Rally de Portugal special stage 14.
12.00 NOON **Discovery Golf**
12.30 PM LIVE **FIA World Endurance Championship** Coverage of the Six Hours of Spa-Francorchamps in Belgium.
7.30 **UEFA Champions League**
8.00 **Giro d'Italia Men Highlights**
9.00 **Cycling** La Vuelta Femenina.
10.00 **AFL** Three match replays.
2.30 AM **MotoGP** Grand Prix of France.
3.00 **World Rally Championship**
3.30 **Cycling** Event highlights.
5.30 **to 6.00** AM **TNT Sports Reload**

Premier Sports 1

419 551

6.00 AM **Highlights**
8.00 **Motorsport Highlights**
10.00 **Coppa Italia Show**
10.30 **United Rugby Championship**
12.15 PM LIVE **United Rugby Championship** **Bulls v Zebre Parma.** Kick-off **12.45pm**.
2.45 LIVE **United Rugby Championship** **Sharks v Benetton.** Kick-off **3.00pm**.
5.00 LIVE **United Rugby Championship** **Leinster v Lions.** Kick-off **5.30pm**.
7.30 LIVE **United Rugby Championship** **Connacht v Munster.** Kick-off **7.45pm**.
10.00 **Coppa Italia Show**
10.30 **Michelin Le Mans Cup**
11.00 **NHL Tonight** Top 10 goalies.
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **NHL: This is Hockey**
3.30 **to 6.00** AM **Highlights**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **United Rugby Championship**
8.30 **NHL Ice Hockey**
10.30 **Temples of Sport**
11.00 **LaLiga** Levante v Osasuna.
12.55 PM LIVE **LaLiga** **Elche v Alaves.** The Spanish top-flight match from Estadio Manuel Martinez Valero. Kick-off **1.00pm**.
3.00 **Football's Greatest**
3.30 **NHL Tonight** Play-offs.
4.30 **Temples of Sport**
5.00 LIVE **United Rugby Championship** **Ospreys v Scarlets.** At Swansea.com Stadium. Kick-off **5.30pm**.
7.30 LIVE **United Rugby Championship** **Dragons v Edinburgh.** From Rodney Parade. Kick-off **7.45pm**.
10.00 **Bike World** Motorcycling.
10.30 **Temples of Sport**
11.00 **LaLiga** Two match replays.
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
10.00 **Indycar** Grand Prix of Long Beach.
11.00 **Formula 1** Miami Grand Prix.
2.15 PM **Ted's Notebook**
2.45 **Oscar Piastri Drives a V8**
3.00 **Indycar** Sonsio Grand Prix.
4.30 LIVE **Indycar** The Sonsio Grand Prix warm-up session in Indiana.
5.30 **Formula 1** Miami Grand Prix.
7.30 LIVE **Indy NXT** The Grand Prix of Indianapolis race two.
8.30 **Formula 1** Miami Grand Prix.
9.30 LIVE **Indycar** Coverage of the Sonsio Grand Prix at Indianapolis Motor Speedway Road Course.
12.00 M'T **Indy NXT** From Indianapolis.
1.15 AM **Oscar Piastri Drives a V8**
1.30 **Brad Pitt x McLaren**
1.45 **Valtteri Bottas IV**
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

Sunday

10 May

Planner

BAFTA Television Awards

***AWARDS** BBC 1, 7pm*

Taskmaster's Greg Davies hosts the ceremony from the Royal Festival Hall in London, where *The Celebrity Traitors* is up for Best Reality Show and *Adolescence* leads the field with 11 nominations.

Believe Me

***DRAMA** ITV 1, 9pm (box set, ITVX)*

Starring Aimee-Ffion Edwards (*Slow Horses*), this fact-based drama tells the story of the victims of serial sex attacker John Worboys (played here by Daniel Mays) – and how they fought to bring the Black Cab Rapist to justice.

Premier League

***FOOTBALL** Sky Sports Main Event & Sky Sports Premier League*

The clock is against Arsenal with three games left, and today's trip to West Ham (k-o 4.30pm) will be make or break. The Hammers will also be pulling out all the stops in their fight for Premier League survival.

England v New Zealand: 1st ODI

***CRICKET** Sky Sports Cricket, play starts at11am*

England's women take on New Zealand in today's one-day international, the first of a six-game white-ball series that also serves as a warm-up for the Women's T20 World Cup, starting next month.

Sunday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 BAFTA Television Awards				9.00 The Cage		10.00 News	10.30 Match of the...
	102 BBC2	7.00 Antiques Roadshow: VE Day Special		8.00 The Elon Musk Show		9.00 Scandinavia with Simon Reeve		10.00 Film: The Iron Claw	
	103 ITV1	7.00 The Chase Celebrity Special		8.00 Who Wants to Be a Millionaire?		9.00 Believe Me		10.05 News	10.20 Film: London Has...
	104 CHANNEL 4	7.00 The Great Celebrity Bake Off for Stand...		8.00 Cruising to the Ends of the Earth		9.00 Your Song		10.05 Gogglebox	
	105 5	7.00 Snooker: World Seniors Championship		8.00 Rich Holiday, Poor Holiday		9.00 Trading Places			10.30 Tinder Killer...
	106 SKY ONE	7.05 The Simpsons		8.00 Rob & Romesh vs Hip Hop		9.00 Alan Carr: Regional Trinket		10.15 Saturday Night Live	
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 Film: 1917			
	116 BBC4	7.00 Planet Earth III: Wonders of Nature		8.00 David Attenborough: A Life on Air		9.00 Life on Earth		10.00 The Magic of Dance with Margot...	
	118 ITV2	◂ 6.45 Film: Tomb Raider	7.55 Film: Tomb Raider			9.00 The Only Way Is Essex		10.05 Family Guy	
	136 MORE4	◂ 6.50 Four in a Bed				9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	◂ 6.20 Film: Titanic						10.00 Film: Copshop	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Watson		10.00 The Rookie	
	108 SKY ATLANTIC	◂ 6.35 Dune: Prophecy				9.00 Prisoner		10.00 Euphoria	
	110 U&GOLD	◂ 6.05 Open All Hours: Inside Out		8.00 Still Open All Hours	8.35 Open All Hours		9.20 Harry Enfield and Chums		10.40 Still...
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Special Ops: Crime Squad UK		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	◂ 6.15 Midsomer Murders							
	120 ITV4	◂ 6.30 Ice Road...	7.25 Underwater Grand Fishing Adventure			9.00 Film: Coogan's Bluff			
	112 COMEDY CENTRAL	◂ 6.50 Friends				9.00 Film: Austin Powers: International Man of Mystery			
	145 SKY SCI-FI	7.00 Stargate Atlantis				9.00 Film: Escape from New York			
	143 U&DRAMA	◂ 6.50 Campion		8.00 Harry Wild		9.00 Silent Witness			
	109 U&ALIBI	7.00 Murdoch Mysteries		8.00 Hudson & Rex		9.00 Death in Paradise			
	122 SKY ARTS	◂ 6.45 Liza Minnelli: Hollywood's Golden...		8.00 Film: Chicago					10.10 Dolly Parton: Song by Song
	132 U&W	7.00 Inside the Ambulance: Coast and...		8.00 Inside the Operating Theatre				10.00 The Catherine Tate Show	
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners		8.00 Vantara: Sanctuary Stories		9.00 Barnwood Builders		10.00 Wheeler Dealers	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 Alaska Gold Diggers		10.00 Tanked	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Lost Treasures of the Bible		9.00 Inside the CIA: Secrets and Spies		10.00 Drain Alcatraz	
	123 SKY HISTORY	7.00 Greatest Prison Escapes with Billy Hayes				9.00 The Egyptian Book of the Dead			
	155 U&YESTERDAY	7.00 Asia		8.00 Canal Boat Diaries		9.00 One Foot in the Grave			
	114 SKY DOCS	7.00 My Mom Jayne				9.00 Tell Them You Love Me			

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
7.50 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Homes Under the Hammer** (S)(R)
11.30 **Bargain Hunt** (S)(R)
12.30 PM **Escape to the Country** (S)(R)
1.05 **BBC News** (S)
1.20 **Songs of Praise** New edition (S)
1.55 **Points of View** New edition (S)
2.10 FILM **Despicable Me 3** Animated comedy sequel with the voices of Steve Carell and Kristen Wiig. (S)(AD) (2017, U, 85min) ★★★
3.35 **Secret Garden** 5/5. A garden on Scotland's west coast. (S)(R)(AD)
4.35 **BBC News** (S)
4.50 **Local News** (S)
5.00 **Wild London** David Attenborough shares his intimate knowledge of the city's wildlife. (S)(R)(AD)

9.00 The Cage

6 PM

6.00 Countryfile
New edition Adam Henson and Charlotte Smith visit Oswestry Livestock Market, which provides a lifeline, not just for trade, but for farming communities to come together. (S)

7 PM

7.00 NEW BAFTA Television Awards
Greg Davies hosts this year's ceremony from the Southbank Centre's Royal Festival Hall. Dramas hoping to win include *Blue Lights, Code of Silence, This City Is Ours, What it Feels Like for a Girl* and *Adolescence*, while the acting categories see Aimee Lou Wood and Erin Doherty going up against each twice, in both the leading and supporting actress categories. *See feature, page 11.* (S)

8 PM

9 PM

9.00 The Cage
New episode 3/5. Matty flails as Ning continues to push him. Meanwhile, Leanne and Gary bond, until he pressures her to betray Matty. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day**
Highlights of the latest Premier League games, including West Ham United v Arsenal at the London Stadium and Burnley v Aston Villa at Turf Moor. (S)
11.40 **The Repair Shop** 5/6. The team revive a cherished rocking horse that was built 55 years ago, a spectacular set of conga drums, a badly damaged portrait of a woman's grandmother and a logbook that played a key role in British LGBTQ+ history. (S)(R)(AD)
12.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.25 AM **Take a Hike** (S)(R)
6.55 **Countryfile** The Chilterns. (S)(R)
7.50 **Breakfast** (S)
9.00 **Landward** New edition (S)
9.30 **Beechgrove Garden** (S)(R)
10.00 **Saturday Kitchen Best Bites** New edition With Iain Stirling. (S)
11.30 **Best Bakes Ever** (S)(R)(AD)
11.55 FILM **Tea with Mussolini** Period comedy drama starring Cher, Maggie Smith and Judi Dench. (S) (1998, PG, 110min) ★★★★
1.45 PM LIVE **Equestrian: Badminton Horse Trials** The final day of the prestigious event from Badminton House, south Gloucestershire. (S)
3.45 LIVE **Rugby League: Challenge Cup** Warrington Wolves v Hull Kingston Rovers: The second semi-final at Eco-Power Stadium, Doncaster. Kick-off is at 4.00. (S)

11.55 Tea with Mussolini

6 PM

6.15 Natural World: Badgers – Secrets of the Sett
Hidden cameras monitor a badger sett for more than a year, revealing previously unknown aspects of the creatures' everyday lives. (S)(R)

7 PM

7.00 Antiques Roadshow: VE Day Special
Fiona Bruce marks the 80th anniversary of VE Day in Berlin and Bletchley Park, featuring interviews with those who helped liberate Europe. (S)(R)

8 PM

8.00 The Elon Musk Show
1/3. Documentary analysing the key moments in the entrepreneur's career, from his first tech start-ups, through to Tesla and SpaceX. (S)(R)(AD)

9 PM

9.00 Scandinavia with Simon Reeve
1/3. The adventurer explores the countries of Scandinavia, marvelling at the Arctic landscapes and spectacular scenery along the way. (S)(R)

10 PM

10.00 FILM PREMIERE **The Iron Claw**
Biographical sports drama about the Von Erichs, a family of professional wrestlers beset by tragedy. Stars Zac Efron, Jeremy Allen White and Harris Dickinson. (S) (2023, 15, 125min) ★★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.05 AM FILM **Surge** Thriller starring Ben Whishaw. A man trapped in a soulless job is propelled on a reckless journey through London. (S) (2020, 15, 95min) ★★★
1.40 **Sign Zone: Question Time** (S)(R)
2.40 **Sign Zone: Half Man** (S)(R)(AD)
3.35 **Sign Zone: Do You Know Your Place?** From Whitby. (S)(R)
4.05 **to 6.20** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **James Martin's French Adventure** Exploring Jura. (S)(R)
7.00 **James Martin's Saturday Morning** With Guy Martin. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.25 **Josie's Taste of the Westcountry** New edition Jurassic Coast. (S)
12.30 PM **ITV News** (S)
12.40 **Love Your Garden** (S)(R)(AD)
1.10 **Britain's Got Talent** (S)(R)
3.10 FILM **Mamma Mia!** Musical starring Meryl Streep. (S)(AD) (2008, PG, 120min) ★★★★
5.10 **Celebrity Lingo** Cathy Newman, Gyles Brandreth, Kaye Adams and Dr Ranj Singh take part. (S)(R)
5.40 **Tipping Point: Lucky Stars** Jonathan Ross, Katie Piper and Antony Cotton compete. (S)(R)

8.00 Who Wants to Be a Millionaire?

6 PM

6.35 **ITV News** (S)
6.45 **Local News** (S)

7 PM

7.00 The Chase Celebrity Special
Bradley Walsh hosts as Adam Jones, Monica Dolan, Dom Wood and Dick McCourt work as a team to take on one of the ruthless Chasers and secure a cash prize for charity. (S)(R)

8 PM

8.00 Who Wants to Be a Millionaire?
New edition Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)

9 PM

9.00 NEW SERIES **Believe Me**
1/4. Fact-based drama starring Aimee-Ffion Edwards and Daniel Mays. Sarah Adams is given a drugged drink by a taxi driver and is certain she was raped. *See feature, page 8.* (S)(AD)
■ Continues tomorrow

10 PM

10.05 **ITV News** (S)
10.20 FILM **London Has Fallen**
Action thriller sequel to *Olympus Has Fallen*, starring Gerard Butler. The US president and the head of his Secret Service must foil a terrorist attack on the city of London. With Aaron Eckhart and Morgan Freeman. (S) (2016, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.10 AM **Teleshopping**
3.00 **Emergency Nurses: A&E Stories** Ben battles to shock a patient's heart electrically. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Josie's Taste of the Westcountry** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

5.50 AM **The King of Queens** (S)(R)(AD)
7.05 **Everybody Loves Raymond** (S)(R)
8.30 **Frasier** 10-12/24. (S2) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With Alex Iwobi, Kevin Olusola, Alex Fletcher, Nick Pickard and Ruel. (S)
12.00 NOON LIVE **Football: Women's FA Cup** Liverpool v Brighton & Hove Albion: Coverage of the semi-final from BrewDog Stadium in St Helens. Kick-off is at 12.15. (S)
2.30 PM **Location, Location, Location** Two couples looking to get onto the property ladder in Essex. (S)(R)
3.35 **George Clarke's Amazing Spaces** An actor moves up the four-wheel property ladder. (S)(R)(AD)
4.35 FILM **The Day the Earth Stood Still** Sci-fi thriller remake of the 1951 film, starring Keanu Reeves. (S)(AD) (2008, 12, 115min) ★★

9.00 Your Song

6 PM

6.30 **News** (S)

7 PM

7.00 The Great Celebrity Bake Off for Stand Up to Cancer
Rebecca Lucy Taylor, Tommy Tiernan, Meera Syal and Adam Buxton attempt to impress judges Caroline Waldegrave and Paul Hollywood. (S)(R)(AD)

8 PM

8.00 Cruising to the Ends of the Earth
New edition 3/8. A family visit the wildlife haven of Auke Bay in Alaska, while shipmates Millie and Jon discover the timeless beauty of Corfu. (S)(AD)

9 PM

9.00 Your Song
New edition 5/6. Sam Ryder and Paloma Faith take the chosen singers into the studio to rehearse for the final concert – but first they decide to also include a fifth singer. (S)(AD)

10 PM

10.05 Gogglebox
The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 FILM **Moon** Duncan Jones' sci-fi thriller starring Sam Rockwell. (S) (2009, 15, 115min) ★★★★
12.55 AM **Gordon Ramsay's Secret Service** (S)(SL)(R)(AD)
1.45 **Travel Man: 48 Hours in Washington, DC** (S)(SL)(R)(AD)
2.15 **The Simpsons** (S)(R)(AD)
3.55 **Couples Come Dine with Me** (R)
4.50 **Sarah Beeny's New Country Lives** Documentary. (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.05 **Happy Campers: The Caravan Park** Double bill. (S)(R)
11.00 **Holidaying with Jane McDonald & Friends** (S)(R)
12.30 PM LIVE **Snooker: World Seniors Championship** Coverage of the opening session of the final on day five at Sheffield's Crucible Theatre. *Continues at 7.00pm.* (S)
4.00 **Air Fryers: Sunday Lunch Made Easy** A look at how easy it can be to prepare decent meals in an air fryer. (S)(R)
5.00 **Wetherspoons vs Toby Carvery: Which Is Better?** Philippa Davis reviews some of Wetherspoons' and Toby's most popular meals. (S)(R)

9.00 Trading Places

6.00 **News** (S)
6.05 **Bradley Walsh: All My Best Bits** The TV star gives a personal and honest account of his life, joined by a selection of celebrity friends. (S)(R)
7.00 LIVE **Snooker: World Seniors Championship** Rachel Casey hosts coverage of the evening session of the final from the Crucible Theatre in Sheffield. (S)
■ Continues on 5Action
8.00 **Rich Holiday, Poor Holiday** New edition Successful DJ Bonnie and her husband Paul go on two contrasting holidays in French ski resort Alpe d'Huez with best friends Tegan and Maria. (S)
9.00 NEW SERIES **Trading Places** 1/4. Young people are plunged into an immersive week-long experience of ways of life that are very different from their own. (S)
■ Entire series on 5 streaming
10.30 **Tinder Killer: The Disappearance of Grace Millane** 1/2. The story of how the killer of the backpacker was brought to justice. (S)(R)
11.30 **Tinder Killer: The Disappearance of Grace Millane** 2/2. Conclusion. (S)(R)
12.30 AM **Car Pound Cops: Give Me My Car Back!** (S)(R)
12.55 **Entertainment News** (S)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
3.45 **Friends** (S6) (S)(R)(AD)
4.30 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Monkey Life** (S)(R)
7.00 FILM **The Amazing Maurice** Animated adventure with the voice of Hugh Laurie. (S)(AD) (2022, PG, 120min) ★★★★
9.00 **The Office (US)** (S7) (S)(R)
10.00 **Attenborough at 100: Behind the Lens** (S)(R)
11.00 **David Attenborough's Natural History Museum Alive** (S)(R)
12.30 PM **Great Barrier Reef with David Attenborough** (S)(R)
3.30 **The Simpsons** (S)(R)
5.00 FILM **Chicken Run** Animated comedy adventure with the voices of Mel Gibson and Julia Sawalha. Some plucky chickens attempt to escape from a farm in the north of England with the help of a cocky rooster. (S) (2000, U, 100min) ★★★★

5.00 Chicken Run

6.40 **The Simpsons** *The War of the Simpsons:* Grampa babysits Bart, Lisa and Maggie while Marge and Homer visit a rural retreat in a bid to save their ailing marriage. (S)(R)
7.05 **The Simpsons** *Three Men and a Comic Book:* Bart, Milhouse and Martin buy a rare comic book. (S)(R) **7.30** *Blood Feud:* Mr Burns receives a vital blood transfusion from Bart. (S)(R)
8.00 **Rob & Romesh vs Hip Hop** Rob Beckett and Romesh Ranganathan head to New York City to immerse themselves in the world of rap, meeting the Wu Tang Clan's Raekwon. (S)(R)(AD)
9.00 **Alan Carr: Regional Trinket** A stand-up show by the comedian that is all about finding happiness and joy in the small things in life. (S)(R)
10.15 **Saturday Night Live** New edition Matt Damon hosts the US sketch show that takes a satirical sideswipe at cultural and political issues. Plus, music by Noah Kahan.
11.45 **Brassic** 5/6. The lads decide to throw a music festival in Jim's field. (S2) (S)(R)(AD)
12.40 AM **Evil** 8/13. (S2) (S)(R)
1.35 **The Force: North East** (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Rooster** Series finale 10/10. Katie makes a decision about her marriage to Archie, who has his own talk with Sunny about the future. (S1)
3.40 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00am The Sunday Show (S) **11.00** Escape to the Country (S)(R) **11.35** Bargain Hunt (S)(R) **12.35-1.05pm** Landward (S)(R) **11.40** Sportscene: Premiership Highlights (S)(R) **12.40am** Debate Night (S)(R) **1.40** Weather (S) **1.45-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics Northern Ireland (S) **10.30pm** Bikes! North West 200 (S) **11.30pm-12.40am** Match of the Day (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00am Politics Wales (S) **11.00** Homes Under the Hammer (S)(R) **12.00noon** Bargain Hunt (S)(R) **1.00-1.05pm** The Best Dishes Ever (S)(R) **3.35** Weatherman Walking: The Welsh Coast (S)(R) **4.05-4.35pm** Iolo's River Valleys (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Inside Britain's National Parks (S)(R) **10.55** Sunday Politics Northern Ireland (S)(R) **11.25** FILM PREMIERE The Iron Claw (S) (2023, 15, 125min) ★★★★ **1.30-1.40am** Suzie Lee's Great Food Made Simple (S)(R)

WALES
Sky 968, Freesat 968
6.15pm Pointless New edition (S) **7.00** Great Korean Railway Journeys Series finale (S)(AD) **7.30-8.00pm** Richard Osman's House of Games (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Hen Dy Newydd (AD) **10.00** Clwb Rygbi Rhyngwladol **11.00** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Y Deis **12.30pm** Y Deis **1.00** Ffermio **1.30** Clwb Rygbi **3.15** Pobol y Cwm Omnibws (AD) **4.20** LIVE Clwb Rygbi **7.00** Newyddion a'r Tywydd **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Am Dro! New edition (AD) **9.00** Fy Ffrind ar Death Row **10.00** Alun, Chris a Kiri yn Seland Newydd **11.00-11.35pm** Sain Ffagan (AD)

TV&Streaming week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **EastEnders** Phil and Sam support a loved one. **7.30** Nicola is forced to come clean to George. **8.00** Ian instantly regrets his actions, while Grant steps in to help a friend. **8.30** It is election day, and Ian and Elaine anxiously await news of the results.
9.00 FILM **1917** Director Sam Mendes' war drama starring Dean-Charles Chapman, George MacKay and Daniel Mays. During World War One, two British soldiers attempt to cross enemy lines to deliver a message that could save hundreds of lives. (2019, 15, 119min) ★★★★★
10.50 **James Arthur: Out of Our Minds** The singer-songwriter opens up about his mental health struggles and the problems has had with antidepressants.
11.50 **Roman Kemp: The Fight for Young Lives**
12.50 AM **Charlie Cooper's Myth Country**
2.20 **to 3.55** AM **Doctor Who**

BBC4

116 119 107/108 9/24 106/108 108 11

7.00 PM **Planet Earth III: Wonders of Nature** Highlights from the series.
8.00 **David Attenborough: A Life on Air** The veteran broadcaster discusses his years at the BBC.
9.00 **Life on Earth** Exploring the wildlife and landscape that inspired Charles Darwin's theory of evolution.
9.55 **Natural World: Tiger Dynasty** Two tigers are released into the wild.
10.00 **The Magic of Dance with Margot Fonteyn** Margot explores the life of ballet impresario Sergei Diaghilev.
11.00 **Omnibus: Ginger Rogers and Fred Astaire**
11.50 **Puttin' on the Ritz: The Genius of Fred Astaire**
12.05 AM **Dance Passion Swansea** World-class dancers perform in Swansea.
1.05 **Planet Earth III: Wonders of Nature** As 7.00pm.
2.05 **Life on Earth** As 9.00pm.
3.00 **to 4.00** AM **David Attenborough: A Life...**

MORE4

136/137 127 147 18 124 15

8.55 AM **Come Dine with Me**
11.35 **A Place in the Sun**
4.10 PM **Kirstie and Phil's Love It or List It**
5.15 **George Clarke's Old House, New Home** Transforming Georgian and Victorian properties in Stroud and Wootton Bassett.
6.20 **Four in a Bed** The contest kicks off at Redmire Village Pub in North Yorkshire. **6.50** The second visit of the week is to The Yorkshire Hosts in Harrogate.
7.25 **Four in a Bed** The third visit is to Copper Beech Glamping in Staffordshire. **7.55** The final visit is to The Bull Inn in Berkshire. **8.25** Payment Day promises to be a spicy affair.
9.00 **The Emergency Ward** New edition Medics check a young motorcyclist for spinal damage after he was involved in a collision with a car, and a man is involved in a forklift accident.
10.00 **24 Hours in A&E** A man arrives in hospital after collapsing in the street whilst walking his dog.
11.05 **24 Hours in A&E**
12.05 AM **The Emergency Ward**
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Supermarkets Unwrapped: The Freezer Aisle**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Modern Family**
8.35 **Ramsay's Kitchen Nightmares USA**
10.35 **Married at First Sight Australia** Double bill.
1.55 PM **The Simpsons**
4.55 **The Amazing Race Australia** New edition The top five teams join the circus in Cambodia's second-largest city, Siem Reap. A fiddly final lotus flower challenge brings mud, sweat and tears.
6.20 FILM **Titanic** James Cameron's Oscar-winning drama starring Kate Winslet and Leonardo DiCaprio. A poor young artist and the rebellious daughter of a wealthy family meet and fall in love on board the doomed ocean liner as it makes its fateful maiden voyage. (1997, 12, 195min) ★★★★
10.00 FILM **Copshop** Thriller starring Gerard Butler. On the run from an assassin, a wily con artist devises a scheme to hide out inside a small-town police station. (2021, 15, 107min) ★★★
12.05 AM **Gogglebox**
2.15 **Naked Attraction**
3.10 **Don't Tell the Bride**
4.00 **Modern Family**
4.25 **to 6.00** AM **Hollyoaks Omnibus**

UK CRIME FILES: Justice For My Brother TONIGHT FROM 7PM
A vulnerable teenager seeking shelter in declining Blackpool falls victim to a sadistic drifter, leading to a brutal murder that exposes the town's darker underbelly.

Sunday
primetime

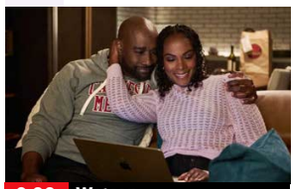
SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
8.00 **Brit Cops: Law & Disorder**
9.00 **Customs UK**
10.00 **Border Patrol**
12.00 NOON **Border Security USA**
1.00 PM **Nothing to Declare UK** Double bill following the work of customs officers in the south of England.
2.00 **Stop, Search, Seize** Documentary following the work of Ireland's border force.
3.00 **Nothing to Declare** Six editions following the work of customs officers in Australia.


9.00 Watson

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras

9 PM
9.00 **Watson** New episode *For a Limited Time Only:* 13/20. The team try to save a woman whose heart stops repeatedly. (S2)

10 PM
10.00 **The Rookie** *Spy Games:* 12/18. The FBI and LAPD join forces on a covert sting operation to protect Bailey. (S8)
11.00 **Fire Country** 17/22. (S1)
12.00 M'T **FBI** 6&7/15. (S3)
2.00 AM **Law & Order: Special Victims Unit** 20/22. (S26)
3.00 **Law & Order: Criminal Intent** 3/22. (S5)
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Deadwood** 5–8/12. (S1)
11.50 **The Penguin** 1&2/8. (S1)
2.00 PM **Dune: Prophecy** Five episodes, incluidng at: **4.20** 3/6. A sceptical Valya struggles with the decision to take the Sisterhood vow. **5.25** 4/6. Tula attempts to understand the origins of their disturbing dreams. **6.35** 5/6. Tula tries to keep her secret project from being discovered by the others. (S1)

9.00 Prisoner

7.35 **Dune: Prophecy** *The High-Handed Enemy:* 6/6. As Tula contends with the revelation of Desmond's true identity, the acolytes uncover a long-held secret. (S1)

9.00 **Prisoner** 2/6. Amber and Tibor narrowly escape execution by Nina before agreeing to a deal to help each other. (S1)

10.00 **Euphoria** *Kitty Likes to Dance:* 4/8. Drama following young people navigating the modern world. Stars Zendaya. (S3)
11.15 **Atomic** 2/5. Max receives evidence the cartel has kidnapped his girlfriend. (S1)
12.10 AM **Homicide: Life on the Street** 11&12/22. (S4)
2.00 **Euphoria** New episode (S3)
3.15 **Heated Rivalry** 2/6. (S1)
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Project Bakeover**
6.55 **Totally Bonkers Guinness World Records**
7.15 **Backyard Builds**
7.45 **Real Housewives of Cheshire**
8.40 **The Only Way Is Essex**
10.40 **Deal or No Deal: Banker's Best Battles**
11.15 **Britain's Got Talent**
1.15 PM **Celebrity Catchphrase**
2.20 **FILM Kung Fu Panda 2** Animation. (2011, PG) ★★★★
4.10 **FILM Indiana Jones and the Last Crusade** Adventure. (1989, PG, 127min) ★★★★★

6.45 Tomb Raider

6.45 **FILM Tomb Raider** Adventure starring Alicia Vikander and Dominic West. A kickboxing heiress risks her life to save her missing father when she discovers a clue to his location. (2018, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Only Way Is Essex** New edition Drama continues in Vietnam as Liv has doubts about her friendship with Elma.

10.05 **Family Guy** 16/22. Brian wins a boat. (S23) **10.30** 1/7. Peter loses his job at the Happy-Go-Lucky toy factory. (S1)
11.00 **Family Guy** 12/15. The guys share their dream jobs with each other. (S22)
11.30 **American Dad!** (S1&13)
12.35 AM **G'wed** 2/6. (S1)
1.05 **Plebs** 5/8. (S4)
1.35 **Deal or No Deal**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.30 **Inspector Morse**
10.55 **Rosemary & Thyme**
12.20 PM **Agatha Christie's Marple**
2.20 **Midsomer Murders** *The Dark Rider:* Barnaby and Jones investigate reports of a headless horseman. **4.20** *Murder of Innocence:* A convicted murderer is suspected of a new killing. **6.15** *Written in the Stars:* An astronomer is killed during a total eclipse of the sun. Guest stars Maureen Lipman.

8.10 Midsomer Murders

Midsomer Murders (started at 6.15pm)

8.10 **Midsomer Murders** *Death and the Divas:* Barnaby and Jones investigate a series of murders echoing the plots of horror films, giving the duo what looks like a disturbing case of life imitating art. Guest stars Harriet Walter.

10.05 **Midsomer Murders** *Written in Blood:* The secretary of a writers' group is battered to death on the eve of a visit by a famous novelist. With Una Stubbs and Anna Massey.

12.00 M'T **Secret Service** 1/5. Thriller with Gemma Arterton. **1.05** AM 2/5. Kate prepares to rescue her asset. (S1)
2.05 **to 2.30** AM **On the Buses**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.10 **The Car Years**
6.40 **Motorsport Mundial**
7.10 **Auto Mundial**
7.40 **The Big Match Revisited**
8.30 **The Adventures of Sherlock Holmes** Period drama.
9.40 **Plato Racing: All or Nothing**
10.45 **LIVE British Touring Car Championship** Coverage of the fourth, fifth and sixth races of the campaign, held at Brands Hatch Indy circuit.
6.15 PM **The Best of the 70s**
6.30 **Ice Road Truckers**

9.00 Coogan's Bluff

7.25 **Underwater Grand Fishing Adventure** Ali Hamidi is joined by Bobby Zamora and diver Luc Boerrigter at The Lake of Dreams, aka Grenville. This time, they target a huge carp of over 60lbs.

9.00 **FILM Coogan's Bluff** Crime thriller starring Clint Eastwood as an Arizona cop on the trail of an escaped killer in New York. With Susan Clark and Don Stroud. (1968, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Snatch** New episode 3/10. Albert seeks the help of his father's old accomplice. (S1)
12.00 M'T **Robson and Jim's Fly-Fishing Adventure**
1.50 AM **Minder**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

11.00 AM **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Extended action from Celtic v Rangers.
8.15 **Scotland's Home of the Year** 5/7. Examining three properties in the south of Scotland.
8.45 **Grand Tours of Scotland's Rivers** 1/6. Presenter Paul Murton explores the River Don.
9.00 **Debate Night** A special edition analysing the results of the Holyrood election.
10.00 **Still Game** 3/6. Part one of two. Winston receives bad news about his remaining leg. (S9)
10.30 **Scot Squad** 2/6. Singh and MacKirdy clash over issuing a ticket to a family member. (S2)
11.00 PM **to 12.00** M'T **Karen Dunbar Live from Ayr** Stand-up performance.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S1&2)
10.00 **Sort Of** (S3&1)
12.00 NOON **Community** (S6)
4.00 PM **Will & Grace** (S8)
6.30 **The Office (US)** 20/26. Guest stars Will Ferrell. **6.55** 21/26. Michael prepares to host his last-ever Dundie awards. **7.20** 22/26. Michael prepares to leave. **8.00** 23/26. Deangelo's unorthodox management style causes chaos. **8.30** 24/26. The Dunder Mifflin staff are horrified when Jo promotes Dwight to manager. (S7)
9.00 **Nikki Glaser: Good Clean Filth** Stand-up.
10.15 **Brett Goldstein: The Second Best Night of Your Life** Stand-up.
11.30 **Saturday Night Live UK**
12.45 AM **Saturday Night Live**
2.15 **Lil Rel Howery: I Said It. Y'all Thinking It**
3.30 **The Comeback** Series finale 8/8. (S3)
4.10 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Mozart: Le Nozze di Figaro**
9.10 **Tales of the Unexpected**
11.05 **Alfred Hitchcock Hour**
1.05 PM **Making a Maestro**
2.00 **42nd Street**
4.15 **The Highwaymen Live: American Outlaws**
6.45 **Liza Minnelli: Hollywood's Golden Child** A profile of the actor and singer.
8.00 **FILM Chicago** Musical with Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
10.10 **Dolly Parton: Song by Song** Dolly talks about *Coat of Many Colors*. **10.40** The country singer discusses *Jolene*.
11.10 **Opry Live**
12.10 AM **Greatest Basslines**
1.10 **Larry Graham & Graham Central Station**
3.10 **Record On**
4.45 **to 6.00** AM **Classic Albums**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **FILM Book of Love** Romantic comedy starring Sam Claflin. (2022, 12, 106min) ★★★
4.00 **Attenborough at 100: Behind the Lens**
5.00 **David Attenborough's Wild City** Triple bill.
8.15 **Caught Red Handed**
9.00 **Rob & Romesh vs UFC** Rob Beckett and Romesh Ranganathan enter the world of mixed martial arts.
10.00 **FILM Last Seen Alive** Action thriller starring Gerard Butler and Jaimie Alexander. (2022, 15, 95min) ★★★
12.00 M'T **World's Most Evil Killers** Documentary.
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A family team of five take part.
3.00 **Deal or No Deal: Celebrity Special** Motsi and Oti Mabuse compete for charity.
4.00 **Time Is Money** Quiz.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Yahya tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson hosts the big-prize quiz show.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Find It, Fix It, Flog It** Triple bill.
5.00 **A Place in the Sun**
8.00 **The Dog House** Dafne the sausage dog is not sold on plucky papillon cross Woody's moves to impress her.
9.00 **Gogglebox** The households' opinions on recent TV programmes.
10.00 **Love Cheats** Real-life cases of romance fraud.
11.05 **Super Surgeons: A Chance at Life** Following surgeons at Royal Marsden Hospital.
12.05 AM **FILM Good Boys** Comedy starring Jacob Tremblay. (2019, 15, 90min) ★★★
1.50 **FILM The Kid Who Would Be King** Fantasy adventure starring Louis Ashbourne Serkis. (2019, PG, 120min) ★★★
4.10 **Unreported World**
4.40 **to 5.00** AM **Sunday Brunch**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **Arctic Armageddon** Sci-fi thriller starring Patrick Labyorteaux and Joe Finfera. (2023, PG, 86min) ★★★
1.00 PM **Stargate SG-1** Four episodes, including at: **4.00** 5/22. The team's wormhole triggers an ecological disaster. (S5)
5.00 **Stargate Atlantis** 1/20. First episode of the sci-fi spin-off. **6.00** 2/20. The team look for an alternative fuel source. (S1)

9.00 Escape from New York

7.00 **Stargate Atlantis** *Hide and Seek:* 3/20. One of the Athosian children unleashes a seemingly harmless entity.

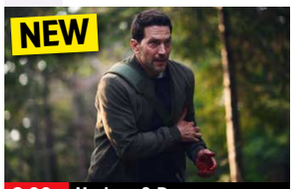
8.00 **Stargate Atlantis** *Thirty-Eight Minutes:* 4/20. The team become trapped while fleeing from the Wraith. (S1)

9.00 FILM **Escape from New York** Futuristic action adventure starring Kurt Russell. A war hero turned convict is sent on a mission to rescue the kidnapped US president from Manhattan, now a maximum security prison. (1981, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.50 **From** 7/10. Jade decides to follow a trail in the forest. **11.50** 8/10. Accusations fly in the aftermath of a tragedy. **12.50** AM 9/10. Tensions reach an all-time high. **1.55** 10/10. Boyd find himself pushed to his limit. (S3)
3.05 **The Walking Dead** (S3)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S13)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **Shakespeare & Hathaway: Private Investigators** 4/10. An American PI is arrested on suspicion of murder. **5.00** 5/10. Lu infiltrates a local slimming club to discover their secrets. (S4)
6.00 **Father Brown** *The Menace of Mephistopheles:* Goodfellow witnesses Mallory frame an innocent man for murder.



8.00 Hudson & Rex

7.00 **Murdoch Mysteries** New episode *Another Brick in the Wall:* 18/21. A skeleton is found in the wall of an old house. (S19)

8.00 NEW SERIES **Hudson & Rex** *Into the Wilds:* 1/8. Mark and Rex hunt down a key witness against a notorious crime boss. (S8)

9.00 **Death in Paradise** *La Murder Le Diable:* 1/8. A masked man stabs a woman in her own home on New Year's Eve. (S9)

10.00 **Death in Paradise** *Tour de Murder:* 3/8. A cyclist is murdered during the Tour des Antilles race. Guest stars Nina Wadia. (S9)
11.00 **Shakespeare & Hathaway: Private Investigators** (S4)
12.00 M'T **Father Brown** *The Sands of Time:* Brenda finds love with a clock collector – but she may have fallen for a killer.
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Only Fools and Horses**
12.35 PM **Only Fools and Horses** Six episodes, including at: **3.20** Del Boy pays a stripper to attend a party at the Nag's Head with Rodney. **4.00** Del Boy goes eco-friendly and launches his own bottled-water business. **5.25** Del Boy sees a chance to make a quick profit involving Denzil's redundancy money.
6.05 **Open All Hours: Inside Out** Diane Morgan narrates a documentary about the much-loved comedy.

8.35 Open All Hours

Open All Hours: Inside Out (started at 6.05pm)

8.00 **Still Open All Hours** Granville makes plans to open a new catering arm.
8.35 **Open All Hours** Arkwright is reluctant to buy himself a new suit.
9.20 **Harry Enfield and Chums** Kevin refuses to go to bed, while Stan and Pam flash their cash in Spain.

10.00 **Harry Enfield and Chums** Frank Doberman lectures Damon Hill.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Open All Hours** As 8.35pm.
12.00 M'T **Alma's Not Normal** Joan advises Alma to have some fun, so she finds herself a date.
12.40 AM **Harry Enfield and Chums**
2.00 **Alma's Not Normal**
3.35 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Storage Hunters UK**
9.00 **Top Gear** Double bill.
11.00 **Mediterranean with Simon Reeve** Double bill.
1.00 PM **Mortimer & Whitehouse: Gone Christmas Fishing**
2.20 **Mortimer & Whitehouse: Gone Fishing** Fishing for chub.
3.00 **The Hairy Bikers: Mums Know Best** Double bill.
5.00 **Mediterranean with Simon Reeve** Simon visits Malta. **6.00** Simon explores Cyprus, Lebanon, Israel and Gaza.

3.00 The Hairy Bikers

7.00 **Border Force: America's Gatekeepers** New edition Officers find a fuel tanker with cocaine bundles hidden in the cab.

8.00 **Special Ops: Crime Squad UK** Detectives trawl through hours of CCTV to stop a vaccine fraudster in London.

9.00 **Have I Got a Bit More News for You** Katherine Parkinson hosts the satirical quiz, with Julian Clary and Jemima Kelly.

10.00 **QI** With guests Stephen K Amos, Susan Calman and Lou Sanders.
10.40 **Mock the Week** With James Acaster, Tom Allen, Ari Eldjarn and Ellie Taylor.
11.20 **Mock the Week**
12.00 M'T **Live at the Apollo**
1.00 AM **QI XL**
2.00 **Schitt's Creek**
2.35 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **The Bill** Five episodes.
12.00 NOON **Call the Midwife**
2.20 PM **Catherine Cookson's The Man Who Cried** Period drama about an ordinary working man whose extramarital affair leads to murder. Stars Ciarán Hinds, Kate Buffery and Amanda Root.
5.35 **Campion** *Death of a Ghost – Part One:* 7/8. Albert visits old friend Belle Lafcadio, a wealthy art collector – but it is not long before he is forced to team up with Oates to solve a murder. (S1)

8.00 Harry Wild

6.50 **Campion** *Death of a Ghost – Part Two:* 8/8. A murderer strikes at an art gallery. (S1)

8.00 **Harry Wild** New episode *The Final Chapter:* 6/8. Harry investigates the killing of a heckler during a guided tour. (S4)

9.00 **Silent Witness** *Covenant:* A father and son are killed in an apparent car accident on their way home from work at Billingsgate Market, but Nikki and Jack arrive to discover the younger man's body is riddled with bullets.
11.30 **New Tricks** *Old Fossils:* The team investigate the murder of a palaeontologist at the Natural History Museum. Guest stars Trevor Bannister.
12.50 AM **Call the Midwife**
2.05 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

Sunday

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S9)
12.00 NOON **Columbo** Five episodes, including at: **4.00** PM *A Bird in the Hand:* A gambler with a mountain of debts plants a bomb under his wealthy uncle's car. **6.00** *The Conspirators:* A terrorist who killed an arms dealer for swindling him thinks he has got away with murder. **8.00** *Dagger of the Mind:* Columbo investigates an actor and her lover, who are suspected of murdering her husband.
10.00 **Law & Order: Special Victims Unit** *Class:* 17/22. A student's body is found dumped in a red-light district. (S7)
11.00 **Law & Order: Special Victims Unit** (S7)
1.50 AM **Law & Order: Criminal Intent** (S9)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S4)
10.00 **Filthy Britain SOS**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions of the series, including at: **8.00** Officers chase a car trying to escape the wrong way on the M62.
9.00 **Surgeons: A Matter of Life or Death** Surgeons operate on a woman with a tumour on the inside of her tear duct.
10.30 **Accused: Guilty or Innocent?** New edition A mother who killed a woman who had been threatening her online for months.
11.30 **Hidden in My House**
12.20 AM **My Lover, My Killer**
1.20 **Skin A&E**
2.15 **Casualty 24/7: Every Second Counts**
3.00 **Friends** 1&2/24. (S4)
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Walking Wartime Britain** From Liverpool.
9.25 **Outback Truckers**
1.25 PM FILM **The Alamo** Western starring John Wayne, Richard Widmark and Laurence Harvey. (1960, PG, 161min) ★★★
4.40 FILM **Two Mules for Sister Sara** Comedy Western starring Clint Eastwood and Shirley MacLaine. In the Mexican desert, a rugged drifter and the nun he's rescued from rape get into a series of adventures. (1969, 15, 114min) ★★★
7.00 LIVE **Snooker: World Seniors Championship** Rachel Casey presents coverage of the evening session of the final on day five at the Crucible Theatre in Sheffield.
10.30 **Cops** Documentary.
11.00 **Police Interceptors**
11.55 PM **to 4.00** AM **Scam City**

U&W

132/133 131/133 125 25 156 28

6.15 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet: Noel Fitzpatrick**
4.00 **The Supervet at Christmas** From 2020.
5.00 **The Supervet: Noel Fitzpatrick** Triple bill.
6.00 **Inside the Ambulance: Coast and Country**
8.00 **Inside the Operating Theatre** An ex-police officer has a grommet inserted in her ear. **9.00** A woman has an operation to repair the hernia she suffered while giving birth.
10.00 **The Catherine Tate Show** Triple bill of the comedy sketch show.
11.40 **Death at the Mansion: Rebecca Zahau**
12.40 AM **Sort Your Life Out with Stacey Solomon**
1.50 **to 3.00** AM **Louis Theroux Interviews... Dame Judi Dench**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **A Very British Murder with Lucy Worsley** Double bill.
8.00 **The World at War**
11.00 **Canal Boat Diaries**
2.00 PM **Caribbean with Simon Reeve** Triple bill.
5.00 **Bangers & Cash: Restoring Classics**
6.00 **Blue Planet II**
7.00 **Asia** Documentary focusing on the oceans that surround the continent's coastline.
8.00 **Canal Boat Diaries** Robbie navigates the scenic Oxford Canal.
9.00 **One Foot in the Grave** Victor discover the house has been burgled. **9.40** Margaret is haunted by a nightmare. **10.20** Victor's brother Alfred pays a visit.
11.00 **Whatever Happened to the Likely Lads?**
1.00 **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Derelict Rescue**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** A woman whose memory of a week with her younger brother 50 years ago is driving her to find him.
10.00 **Who Do You Think You Are?** Sarah Millican discovers her great-great-great-grandfather was a diving pioneer.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **Escape to the Country**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.10 AM **The Waltons** (S8)
1.20 PM **The Waltons** (S8)
4.30 Around the World in 80 Days 1/3. Adaptation of the classic novel by Jules Verne, starring Pierce Brosnan. (S1)
6.25 FILM **The Karate Kid** Martial arts adventure starring Ralph Macchio, Noriyuki 'Pat' Morita and Elisabeth Shue. (1984, 12, 127min) ★★★★
9.00 FILM **King Arthur** Action adventure exploring the historical origins behind the Arthurian legend, starring Clive Owen, Keira Knightley, Ioan Gruffudd, Ray Winstone and Stephen Dillane. (2004, 12, 126min) ★★★
11.35 M*A*S*H 6-9/20. (S9)
1.35 AM **Rising Damp** (S2)
2.05 Rumpole of the Bailey
3.00 to 5.00 AM **Highway to Heaven**

+1 hour 257

Great! Action

318 317 426 42 33

9.10 AM **Hitler's Art Dealer**
10.10 FILM **When the Daltons Rode** Western. (1940, b/w, PG, 80min) ★★
12.00 NOON FILM **A Man Called Sledge** Western. (1970, PG, 93min) ★★
2.00 PM FILM **Between Heaven and Hell** Drama. (1956, PG, 94min) ★★
4.05 FILM **Hell in Normandy** World War Two drama. (1968, PG, 89min) ★★
6.15 FILM **The Exception** World War Two drama. (2016, 15, 107min) ★★★
8.20 FILM **The Coldest Game** Espionage thriller. (2019, 15, 102min) ★★
10.40 FILM **The Trust** Thriller. (2016, 15, 90min) ★★★
12.40 AM FILM **Acts of Violence** Crime drama. (2018, 15, 86min) ★★
2.40 FILM **Wrangler** Western. (1989, 12, 92min) ★★
4.10 to 5.50 AM **Coast Guard Alaska**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **Diagnosis Murder**
9.10 FILM **Martha's Vineyard Mysteries: A Beautiful Place to Die** Drama with Jesse Metcalfe and Sarah Lind. (2020, PG, 84min) ★★
11.00 Murder, She Wrote Ten episodes of the drama.
9.00 PM FILM **Morning Show Mysteries: Countdown to Murder** Crime drama starring Holly Robinson Peete. (2019, PG, 83min) ★★
10.55 FILM **Garage Sale Mysteries: The Deadly Room** Crime drama. (2015, PG, 83min) ★★
12.50 AM FILM **Dangerous Bestie** Crime thriller. (2018, PG, 89min) ★★
2.35 FILM **Nightmare Neighbourhood Moms** Thriller with Gina Simms. (2022, 12, 90min) ★★
4.00 to 5.00 AM **Sue Thomas: F.B.Eye**

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM FILM **Rip in Time** Drama. (2022, PG) ★★
10.00 FILM **The Boyfriend Trap** Comedy drama. (2022, PG, 90min) ★★
12.00 NOON FILM **The Movie Star and the Cowboy** Drama. (2023, PG) ★★
2.00 PM FILM **Love, Fall & Order** Romantic drama. (2019, U, 84min) ★★
3.55 FILM **Sealed with a Kiss** Romantic drama. (2015, PG, 85min) ★★
5.50 FILM **North to Home** Drama. (2022, PG) ★★
7.45 FILM **Vote One for Love** Romantic drama. (2023, PG, 90min) ★★
9.45 FILM **Technically Yours** Romantic drama. (2025, PG, 95min) ★★
11.50 FILM **My Boss's Wedding** Romance. (2021, PG, 85min) ★★
1.50 AM **Highway to Heaven**
3.00 to 5.00 AM FILM **Vote One for Love** (2023)

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Becoming Jazzy Whipps** Documentary.
1.15 New Home DIY
1.45 Country House Auction
5.45 FILM **The McKenzie Break** Drama with Brian Keith and Helmut Griem. (1970, 12, 106min) ★★★
8.00 Garden Rescue The team come to the aid of a couple in Wokingham. **9.00** Transforming a garden in Biggleswade.
10.00 FILM **Fanny Hill** Period drama starring Oliver Reed and Lisa Foster. (1983, 18, 98min) ★★
12.00 M'T FILM **Sex Clinic** Adult drama starring Georgina Ward and Alexander Davion. (1972, 18, 91min) ★★
1.45 AM **Musketeer**
2.00 FILM **The McKenzie Break** As 5.45pm.
4.15 Queer Lives Today
4.45 to 5.00 AM **Real Thick Glasses**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 Hank the Cowboy
7.30 The Fenn Street Gang
8.30 Press Gang 4/12. (S1)
9.00 Hallelujah 4&5/7. (S1)
10.00 Bubblegum & Cheese
11.00 Boon 3&8/13. (S5)
1.00 PM FILM **Not Now, Darling** (1972, PG) ★★
2.50 Rewind Time Machine
3.00 The Champions
4.00 Rewind Time Machine
4.05 Father Brown
5.05 The Gaffer 1-3/6. (S1)
6.35 Hallelujah 4&5/7. (S1)
7.35 Second Thoughts (S3)
9.05 McCallum Drama.
10.10 FILM **Sex with the Stars** Comedy. (1980, 18) ★
12.00 M'T FILM **Flesh for Frankenstein** Horror. (1973, 18, 90min) ★★★
1.55 AM FILM **Not Now, Darling** (1972, PG) ★★
3.45 Hank the Cowboy
4.00 Bubblegum & Cheese
5.00 to 6.00 AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 Garage Rehab
2.00 PM **Kindig Customs**
5.00 Chasing Classic Cars
7.00 Giro D'Italia Highlights Action from the third stage of the race.
8.00 Expedition Bigfoot Bryce tries to elicit a response and an encounter with the mysterious creature.
9.00 Alaskan Killer Bigfoot After bidding their loved ones farewell, the team arrive in Portlock by boat, and they immediately feel a sense of foreboding in the deserted fishing village. **10.00** The team are left unsettled as they find evidence of Nantinaq's hunting habits.
11.00 Expedition X
2.00 AM **Teleshopping**
5.00 to 6.00 AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 Man v Food: Best Of
1.00 PM **James Martin: Sweet**
3.00 Great British Bake Off Six editions, including at: **7.00** The bakers tackle Bread Week. **8.00** Prue Leith and Paul Hollywood set three sticky challenges for Dessert Week.
9.00 Adam Richman Eats Football Adam heads to West London to watch Chelsea. **9.30** Adam is in Birmingham for an Aston Villa home game.
10.00 Man v Food Adam Richman tries to finish a 13lb 'carnivore' pizza. **10.30** Adam's culinary tour arrives in Boston.
11.00 James Martin's Great British Adventure
1.00 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **T.J. Hooker** (S3)
12.00 NOON FILM **Gunsmoke: To the Last Man** Western adventure. (1992, PG, 91min) ★★
2.00 PM FILM **King Kong** Fantasy adventure. (1976, PG, 130min) ★★★
4.35 Jules Verne's Mysterious Island
8.00 The Twilight Zone (S2)
9.00 FILM **Oldboy** Thriller remake with Josh Brolin and Elizabeth Olsen. (2013, 18, 104min) ★★
11.10 FILM **Riddick** Sci-fi thriller sequel with Vin Diesel and Jordi Mollà. (2013, 15, 122min) ★★★
1.30 AM FILM **Fortress** Action thriller starring Bruce Willis and Chad Michael Murray. (2021, 15, 99min) ★★
3.25 to 5.15 AM FILM **Interview with a Hitman** Action thriller starring Luke Goss. (2012, 18, 95min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 The Fall Guy (S4)
3.00 PM FILM **Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
5.00 FILM **The Pledge** Western adventure with Luke Perry. (2008, PG, 79min) ★★★
7.00 FILM **2021: War of the Worlds** Sci-fi thriller starring Tom Sizemore. (2021, 12, 78min) ★★
9.00 FILM **Shalako** Western starring Sean Connery. (1968, PG, 118min) ★★
11.20 FILM **Escape from New York** Adventure. (1981, 15, 99min) ★★★★
1.25 AM FILM **The Internecine Project** Espionage thriller. (1974, 15, 89min) ★
3.15 FILM **Weather Wars** Sci-fi disaster thriller. (2011, 15, 82min) ★★
5.00 to 6.00 AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **WWE's Greatest Moments** Double bill.
6.45 Hardcore Pawn
9.15 Junk & Disorderly
11.10 Pawn Stars Do America Double bill.
1.05 PM **Container Wars**
4.05 Storage Wars
7.00 History's Greatest Mysteries Exploring the legend of Bigfoot.
8.00 Curse of Skinwalker Ranch New clues are revealed about the Bubble and what may be inside the Mesa.
9.00 Hazardous History with Henry Winkler Exploring the world of vintage daredevils.
10.00 The Witches of Salem A look at how the Salem witch trials rapidly found women guilty.
11.00 What on Earth?
1.00 AM **The Proof Is Out There** Triple bill.
4.00 to 6.00 AM **Britain's Most Historic Towns**

5SELECT

153 166 138 46 133 30

9.00 AM **Winter Road Rescue**
9.35 Digging Up Britain's Past Four editions.
1.45 PM FILM **My Nightmare Office Affair** Thriller starring Marc Herrmann. (2022, PG, 90min) ★★
3.30 FILM **My Secret Stalker** Suspense thriller starring Andrea Bowen. (2022, PG, 90min) ★★
5.15 FILM **Revenge for My Mother** Thriller starring Sami Nye and Taylor Joree Scorse. (2022, PG, 87min) ★★
7.00 The High Street Shops We Loved & Lost Double bill. A look back at the high street of yesteryear.
9.00 Tommy Cooper: 30 Funniest Moments
11.00 Taggart *Hellfire.*
1.05 AM **The River Thames: Then & Now**
2.10 Secrets of the River Clyde Documentary.
3.10 to 4.00 AM **Tales from the Riverbank**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 Dickinson's Real Deal
11.00 Blockbusters
12.00 NOON **Celebrity Catchphrase** With Joel Dommett, Dean Gaffney and Rosemary Shrager.
1.00 PM **Tenable**
2.00 Bridge of Lies
3.00 The Family Chase
4.00 The Chase Quiz show.
5.00 The Chase Celebrity Special David Grant, Jonnie Peacock, Pixie McKenna and Andy Hamilton take part. **6.00** With Donna Air, Amanda Lamb, Sarah Greene and Dan Snow.
7.00 The Chase Double bill.
9.00 The Chase Celebrity Special With Kian Egan, Matt Johnson, Sharron Davies and Larry Lamb.
10.00 The Chase Quiz show.
11.00 Bullseye Six editions.
2.00 AM **The Chase**
4.00 The Chase Celebrity...
5.00 to 6.00 AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 The Big Bang Theory
7.00 PM **Zero Stars**
8.00 Georgie and Mandy's First Marriage New episodes 10/22. Georgie and Mandy struggle to balance work, family and the holidays. **8.30** 11/22. Audrey and Mandy urge Jim to find a new hobby. (S2)
9.00 Zero Stars New edition Roisin and Sara walk over hot coals and arm-wrestle locals in Bulgaria.
10.00 FILM **Anchorman: The Legend of Ron Burgundy** Comedy with Will Ferrell. (2004, 12, 94min) ★★★★
12.00 M'T **Zero Stars**
1.00 AM **Young Sheldon**
1.30 Dr Pimple Popper
2.30 Say Yes to the Dress
3.00 My 600lb Life
4.00 to 6.00 AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** Game show.
9.00 Friends (S8&9)
2.00 PM FILM **Dr Dolittle** Family comedy remake starring Eddie Murphy. (1998, PG, 82min) ★★★
3.35 Michael McIntyre's The Wheel Game show.
4.35 Friends 5-12/24. (S9)
9.00 FILM **Austin Powers: International Man of Mystery** Spy spoof written by and starring Mike Myers. (1997, 15, 95min) ★★★★
11.00 8 Out of 10 Cats
12.40 AM **Impractical Jokers**
1.10 Whose Line Is It Anyway? USA
1.40 Jack Whitehall Gets Around Stand-up show.
3.35 Modern Horror Stories
3.40 The Culture Capsule
3.50 Utopia 2/8. (S3)
4.15 to 5.00 AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 3&4/25. (S7)
7.00 Teleshopping
9.00 Utopia 3&4/8. (S2)
10.00 Friends 15/25. (S6)
10.30 Utopia 6&7/8. (S2)
11.30 Criminally Funny
2.30 PM **Friends** (S9)
4.40 Criminally Funny
9.00 Friends 10/18. Rachel and Phoebe spot Chandler with a beautiful blonde. **9.30** 11/18. Joey appears on a quiz show. **10.05** 12/18. The day of Mike and Phoebe's wedding arrives. **10.45** 14/18. Monica and Chandler go house-hunting. (S10)
11.15 Friends (S10&5)
1.45 AM **New Girl** (S4)
2.45 The Daily Show
4.45 South Park (S23)
5.10 Rosie Jones Tries to Help With Ed Gamble.
5.15 to 6.00 AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s: Best Music Live!**
8.05 On the Buses (S1)
9.40 You Rang, M'Lord?
11.45 Birds of a Feather
5.25 PM **Steptoe and Son**
7.55 Minder *Rembrandt Doesn't Live Here Any More:* 3/13. Terry takes a job at a strip club. (S3)
9.00 Benidorm 6/7. Mick discovers a secret. (S5)
10.00 Shameless 1/11. The estate faces dark times as half the residents are evicted. (S9)
11.10 Man About the House
11.40 Mind Your Language
12.15 AM **Benidorm** (S5)
1.15 Minder 1/13. (S8)
2.15 Duty Free 7/7. (S1)
2.40 Man About the House
3.00 Duty Free
3.55 That's 60s: Best Music Live!
4.00 Nearest and Dearest
4.50 to 6.00 AM **Irish Railways**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 16 and Pregnant
7.10 Teen Mom OG
8.00 Teen Mom 2 Uncut
9.00 FriendZone
9.30 Beauty and the Geek Australia Double bill.
1.00 PM **Catfish: Wannabees**
2.00 Catfish: The TV Show
4.00 Catfish: Love Triangles
5.00 Catfish: The TV Show Four editions, including at: **7.00** Nev and Max receive appeals for help from opposite sides of the same romance. **8.00** A girl struggles to get over the fact her relationship was a sham.
9.00 Bar Rescue Jon Taffer attempts to rescue a bar in the Palm Desert. **10.00** Phil Will tries to rescue a bar in Downey.
11.00 Tattoo Fixers
1.00 AM **Ink Master**
2.00 Dating Naked UK
2.45 All Star Shore
3.35 to 4.00 AM **Jackass**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The Raneys share their family's journey.
1.00 PM Helping a Colorado family whose dream is under siege by their bison.
3.00 Marty races back to the Adams homestead in Alaska to fix quake damage and build a bear-proof shelter.
5.00 Under threat from wild hogs and a lack of water, a single mother in Hawaii watches her family's dream of a Big Island coffee farm fade.

7.00 Moonshiners

7.00 Moonshiners New edition Tim and Tickle plot revenge on shiners who destroyed $20,000 worth of their liquor.

8.00 Vantara: Sanctuary Stories New edition Forrest marvels at an orangutan enjoying his birthday with cake.

9.00 Barnwood Builders Mark and the guys take down a struggling church in West Virginia.

10.00 Wheeler Dealers The boys fix up a BMW 335i estate with the styling and performance usually expected from an M3.

11.00 Supercar Showroom Dean aims to impress a customer with a flight over the airport.
12.00 M'T **Energy Frontline: Japan** A look at the front lines of Japan's energy overhaul.
1.00 AM **Extreme RVs**
3.00 to 5.00 AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 Crikey! It's the Irwins
10.00 Lone Star Law
11.00 Dr Jeff: Rocky Mountain Vet
1.00 PM **Pit Bulls & Parolees**
3.00 My Cat from Hell
5.00 Treehouse Masters Alain Laurens joins Pete on his travels through France.
6.00 Meet the Orangutans Orphaned orangutan Peanut is one of the newest arrivals at the sanctuary.
6.30 The orphans learn how to build relationships.

8.00 Little Giants

7.00 How Do Animals Do That? How sea turtles navigate their way home.
7.30 How snakes hear when they have no ears.

8.00 Little Giants A profile of the giant horned lizard.
8.30 The team search for North America's grasshopper mouse.

9.00 Alaska Gold Diggers The team are on a roll at Gold Run, but everyone evacuates the camp when winter storms approach.

10.00 Tanked Brett and Wayde team up with a company to build a one-of-a-kind table tank for a Las Vegas trade show.

11.00 Tanked The brothers-in-law build their largest tank to date.
12.00 M'T **Fish or Die** In Mexico, the crew navigate waterways.
1.00 AM **Shark Bait**
2.00 The Haunted
3.00 Shark Lockdown
4.00 to 5.00 AM **How Do Animals Do That?**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Hitler's Last Stand**
10.00 World War II: Secrets from Above Double bill of editions.
12.00 NOON **Defending Europe: WWII Battlegrounds**
1.00 PM **Vikings: The Rise and Fall** Triple bill of editions.
4.00 NEW SERIES **Shipwrecked: Ghost Ships of the Great Lakes** Uncovering recent shipwreck discoveries.
5.00 Air Crash Investigation A Boeing 737 that crashed just moments after taking off.
6.00 The case of West Caribbean Airways Flight 708.

9.00 Inside the CIA

7.00 Air Crash Investigation The US Air Force investigate the most expensive aviation accident of all time.

8.00 Lost Treasures of the Bible New edition The story of the apocalyptic battle of good versus evil at the end of the world.

9.00 Inside the CIA: Secrets and Spies New edition A rescue operation during the 2021 US withdrawal from Afghanistan.

10.00 Drain Alcatraz Cutting-edge visuals drain the water around Alcatraz to reveal why the infamous prison was so inescapable.

11.00 Construction Fails Investigators try to work out why the only Bangkok building to collapse in an earthquake was the newest one.
12.00 M'T **Trafficked with Mariana Van Zeller** Double bill.
1.00 AM **Car S.O.S** Double bill.
3.00 to 5.00 AM **Megafactories**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **What on Earth?**
8.00 Storage Wars Six editions.
11.00 Storage Hunters
1.00 PM **Pawn Stars** Rick and Corey check out a 1968 convertible.
2.00 Rick prepares for battle over a pair of vintage posters.
3.00 Rick sets his sights on a musket rifle from the 1800s.
4.00 Discovered by Disaster Unexpected things revealed by catastrophic disasters.
5.00 Seahenge's timber circle.
6.00 A mythical sculpture unearthed by a tsunami.

4.00 Discovered by Disaster

7.00 Greatest Prison Escapes with Billy Hayes Toby Dorr, who helped killer John Manard break out of a Kansas prison in 2006.

8.00 Greatest Prison Escapes with Billy Hayes Hans Jochaim-Horn, who smashed through three sets of gates at a prison.

9.00 The Egyptian Book of the Dead A version of the ancient text once buried with an Egyptian scribe, now preserved in the British Museum and thought to be the oldest surviving document in human history.

11.00 Britain's Murder Map with Vicky McClure and Jonny Owen The Dr Crippen case.
12.00 M'T **Mysteries Unearthed with Danny Trejo** Deadly discoveries that were located beneath the earth, frozen in the tundra, or hidden in the depths of the sea.
1.00 AM **Pawn Stars** Triple bill.
4.00 to 6.00 AM **Storage Hunters**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Claudia Cardinale** Profile of the actor.
7.00 Discovering: Walter Matthau
8.00 The Directors
9.00 FILM **The Fog of War** Oscar-winning documentary. (2003, PG, 107min) ★★★
11.00 EFL: The Play-Offs at 40
12.30 PM FILM **The Armstrong Lie** Documentary about Lance Armstrong's fall from grace. (2013, 15, 124min) ★★★★
3.00 Queen of Speed
5.00 Pauline Black: A 2-Tone Story Documentary.

7.00 My Mom Jayne

7.00 My Mom Jayne Actor Mariska Hargitay explores the life of her mother Jayne Mansfield, who died in a car accident at the age of 34 when Mariska was only three years old.

9.00 Tell Them You Love Me Documentary exploring the story of esteemed university professor Anna Stubblefield's controversial affair with Derrick Johnson, a non-verbal man with cerebral palsy.

11.00 FILM **Bowling for Columbine** Satirist Michael Moore's offbeat documentary. (2002, 15, 114min) ★★★★
1.20 AM **Right to Fight** Documentary about the pioneers of women's boxing.
3.10 Bruno v Tyson The story of the boxing rivalry between Frank Bruno and Mike Tyson.
5.00 to 6.00 AM **The Directors**

Sunday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Find It, Fix It, Flog It**
9.00 Antiques Road Trip
2.00 PM **The Repair Shop**
5.00 The Yorkshire Auction House Triple bill.
8.00 The Repair Shop The team restore a 1970s electric go-kart.
9.00 The experts are entranced by a three-dimensional portrait of a Hindu goddess.
10.00 A bracelet and a pair of red ballet shoes are restored.
11.00 The team breathe life into two bespoke cherished rings.
12.00 M'T The team restore a fire helmet, an electric guitar and a push-along toy dog.
1.00 AM **Ant Anstead: Born Mechanic** Double bill.
3.00 Wheeler Dealers World Tour In Italy.
4.00 to 5.00 AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 Say Yes to the Dress
10.00 Forensic Detectives
11.00 A Killer's Mistake
12.00 NOON **FBI Files**
3.00 PM **Evil Online**
6.00 Caught in the Net Detectives turn to digital forensics when two young men are shot.
7.00 Family man Ricky Saxton is found dead.
8.00 When a single father goes missing, clues lead detectives into the desert.
9.00 A Killer's Mistake How Kevin Lewis's refusal to let go of his ex-wife ended in tragedy.
10.00 Evil Lives Here: My Child the Killer
11.00 Faking It: Tears of a Crime Ben Butler.
12.00 M'T **Forensic Detectives**
2.00 to 4.00 AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 UK Crime Files: Justice For My Brother
8.00 UK Crime Files: Mystery of the Man in the Woods Exploring how Tyrone France met a disastrous end.
9.00 UK Crime Files: The Cliff Top Killer The story of John Cooper, who murdered four people.
10.00 UK Crime Files: Railway Murders The murder of William Saunderson-Smith.
11.00 UK Crime Files: The Head on the Beach
12.00 M'T **UK Crime Files: Murder at the Gate**
1.00 AM **Britain's Almost Perfect Murders**
2.00 Killers: Caught on Camera Collin Turner.
3.00 Fatal Fall: Murder or Accident? Toni Henthorn.
4.00 to 6.00 AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
2.00 PM **UK Crime Files: Newport Revenge Murder** How an assault investigation jeopardised Robert Henry Davies' life.
3.00 UK Crime Files: Saturday Night Strangler The crimes of Joseph Kappen, who murdered three women.
4.00 UK Crime Files: Merseyside Wheelchair Murderer The case of Linda Anders, who was found dead at her home.
5.00 UK Crime Files: The Party Killer How Charlotte Pinkney vanished from Ilfracombe.
6.00 UK Crime Files: Brides in the Bath Murders The story of George Smith.
7.00 Judge Judy Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 to 6.00 AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Send in the Dogs**
7.00 A1 Britain's Longest Road Documentary.
8.00 Road Wars
9.00 Caught on Dashcam
11.00 How I Caught the Killer
12.00 NOON **Forensics: Catching the Killer**
2.00 PM **World's Most Evil Killers** Jorge Avila-Torrez.
3.00 How I Caught the Killer
5.00 Britain's Most Evil Killers Double bill.
7.00 Forensics: Catching the Killer Double bill.
9.00 Murder in the Valleys
11.00 Murder Uncut
12.00 M'T **Murdered at First Sight** Michael Hoolickin.
1.00 AM **What the Killer Did Next** Megan Newton.
2.00 Britain's Most Evil Killers Mick Philpott.
3.00 The Real Manhunter
4.00 Highway Cops
5.00 to 6.00 AM **Brit Cops: Law & Disorder**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 Pearl Harbor: The Heroes Who Fought...
9.35 Ambassadors in Berlin: The Whistleblowers...
10.45 WWII: Operation Barbarossa 1&2/2.
1.00 PM **Weathered: Earth's Extremes**
1.35 Playing to Survive: Von Cramm vs Hitler
3.50 Fight to the Finish
5.15 Pearl Harbor: The Heroes Who Fought Back The events of the attack on Pearl Harbor.
6.20 Ambassadors in Berlin: The Whistleblowers of WWII Documentary.
7.30 WWII: Operation Barbarossa 1&2/2.
9.50 Pearl Harbor: The Heroes Who Fought...
10.50 Ambassadors in Berlin: The Whistleblowers...
12.00 M'T **Fight to the Finish**
1.30 to 2.00 AM **Weathered: Earth's Extremes**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **David Attenborough's Kingdom of Plants** 1-3/3.
9.00 **David Attenborough's Galapagos** 1-3/3. Triple bill.
12.00 NOON **David Attenborough's Conquest of the Skies** 1-3/3.
3.00 PM **Secret World of Sound with David Attenborough**
6.00 **Attenborough and the Giant Elephant** Examining the life of a famous Victorian elephant.
7.10 **David Attenborough's Natural History Museum Alive** A unique tour of the institution.
8.30 **The Bachelor King** Exploring the lives of king penguins.
10.00 **Great Barrier Reef with David Attenborough** Unlocking the secrets of the natural wonder. **11.00** Exploring the shark-infested waters of Osprey Reef. **12.00** M'T Examining the future of the reef.
1.00 AM **David Attenborough's First Life** Double bill.
3.30 **Attenborough at 100: Behind the Lens** Documentary.
4.30 **to 6.00** AM **Micro Monsters with David Attenborough**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.55 **The Lost Women Spies**
10.05 **U-Boat Wargamers**
11.10 **Digging for Britain**
1.05 PM **Britain's Secret Islands**
2.05 **Ancient Aliens** Double bill.
4.00 **Secrets in the Jungle**
6.00 **Battle 360**
7.00 **Bone Detectives: Britain's Buried Secrets** The remains of children and teenagers found beneath a shopping arcade.
8.00 **Alien Corridors** A strange formation is seen in the sky over the sleepy suburbs of Tinley Park, Illinois.
9.00 **World War II: Witness to War** The Allies continued to push from the west to Berlin. **10.00** The war in the Pacific nears its violent end.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Hitler's Coup 1923**
2.00 **The Abyss: Rise & Fall of the Nazis** Documentary.
3.00 **Craig Charles: UFO Conspiracies**
4.00 **Conspiracy Files: Unsealed**
5.00 **to 6.00** AM **Blown Away**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How It's Made: Dream Cars** Four editions.
2.00 PM **Incredible Engineering Blunders: Fixed**
4.00 **How the Universe Works**
6.00 **How It's Made** Four editions of the documentary, including at: **7.30** How custom shoe trees and clay targets are made.
8.00 **Mysteries of the Deep** Jeremy Wade explores the sinking of the mighty SS *Fitzgerald*. **9.00** When a mummified body is discovered on an abandoned boat, investigators struggle to explain where it came from.
10.00 **Valley of the Kings: The Lost Tombs** A team of leading experts dig for major discoveries in Egypt's entire Eastern and Western Valley of the Kings.
12.00 M'T **How the Universe Works**
2.00 AM **NASA's Unexplained Files**
4.00 **to 6.00** AM **How It's Made: Dream Cars**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Killer Britain with Dermot Murnaghan** Double bill.
8.00 **Nightmare in Suburbia**
10.00 **Robbie Coltrane's Critical Evidence** Double bill.
12.00 NOON **Murder Detective**
2.00 PM **Crimes That Shook Britain**
4.00 **Spring Break Murders**
7.00 **Spring Break Murders** A teenager goes to a neighbour's house and never returns, and a photo guides the police to four suspects.
8.00 **Cold Case Files: Murder in the Bayou** A young mother is found murdered in her car.
9.00 **Cold Case Files** The murder of Jody Loomis in 1972. **10.00** Detectives try to figure out who is behind a series of murders of women.
11.00 **Crime in Progress**
12.00 M'T **Tell Me How I Died**
1.00 AM **Cold Case Files: DNA Speaks** Documentary.
2.00 **Accident, Suicide or Murder?**
4.00 **to 6.00** AM **Killer in Plain Sight**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
10.00 **Killer Whale Chronicles**
12.00 NOON **Orca Killing School**
1.00 PM **Perfect Predator**
2.00 **Jaws Vs Boats**
3.00 **Mega Hammerhead**
4.00 **Secrets of the Zoo: Tampa**
6.00 **Critter Fixers: Country Vets Compilation** New editions The team hae trouble with critters. **7.00** Featuring a wild rescue.
8.00 **Mashatu: Land of Leopards** Documentary following the fate of a leopard family impacted by climate change.
9.00 **Diary of a Teen Leopard** A leopard struggles to become independent of his mother.
10.00 **Ten Deadliest Snakes with Nigel Marven** Exploring Brazil's dangerous serpents, including an endangered species.
11.00 **Snakes in the City** Simon and Siouxsie try to secure a black mamba escape artist.
12.00 M'T **Lawless Island**
2.00 AM **In Shallow Water**
3.00 **When Sharks Attack**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **The Dino Hunters**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** Experts use drone technology to explore the tunnels hidden below an Egyptian pyramid for the very first time. **7.00** Experts use innovative geophysical analysis to solve the mysteries of the towering Mount Nemrut in Türkiye as they try to uncover the reason for its destruction. **8.00** Using forensic analysis, experts discover how the Persians rose to power.
9.00 **Salvage Hunters: The Restorers** Restoring a football table from the 1950s. **10.00** A 1930s kitchen cabinet gets a sleek transformation. **11.00** Ted attempts to revive an antique suit of armour.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Great Canal Journeys**
1.00 PM **Great Canal Journeys**
3.00 **Thailand: Earth's Tropical Paradise** Triple bill of editions.
6.00 **Patagonia: Earth's Secret Paradise** As 10.00pm.
7.00 **Thailand: Earth's Tropical Paradise** Examining the south of the country and the role of spirituality in daily life. **8.00** Exploring the forests and cities of central Thailand, and revealing how the nation's people find fulfilment in their relationships with animals. **9.00** The mountains and forests of northern Thailand, where partnerships develop between animals and people.
10.00 **Patagonia: Earth's Secret Paradise** Creatures native to the South American wilderness.
11.00 **Thailand: Earth's Tropical Paradise** Triple bill of editions.
2.00 **Patagonia: Earth's Secret Paradise** As 10.00pm.
3.00 **Great Canal Journeys**
5.25 **to 6.00** AM **River Walks**

+1hour 266 376

ID

154 140 166

8.00 AM **The Big Swindle**
10.00 **Swamp Murders**
12.00 NOON **Real Time Crime**
2.00 PM **Evil Lives Here**
4.00 **People Magazine Investigates**
6.00 **Forbidden: Dying for Love** The murder of a young woman. **7.00** An illicit affair between a prison nurse and an inmate.
8.00 **Someone You Thought You Knew** After Lisa Stukey wasn't seen or heard from for weeks, police found her decomposing body inside her home.
9.00 **Mother, May I Murder?** Shooters target a 32-year-old man, and police follow a trail of family secrets, teen suspects and a manipulative mother.
10.00 **999 Murderer Calling** The story of how science trapped a man who thought he had carried out the perfect murder.
11.00 **American Monster**
12.00 M'T **A Body in the Basement**
2.00 AM **Signs of a Psychopath**
4.00 **to 6.00** AM **Home Sweet Homicide**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Lucky!**
8.00 **Outback Truckers**
10.00 **Extreme RVs**
11.00 **Garage Rehab**
12.00 NOON **Kindig Customs: Road to the Ridler** Five editions.
5.00 PM **Shed and Buried** Four editions, including at: **6.00** Henry and Guy find sheds full of tractors in Wiltshire. **6.30** Henry and Fuzz visit a collector of vintage cars.
7.00 **Wheeler Dealers World Tour** Mike and Elvis hunt for Australia's favourite pick up – the Hilux. **8.00** Mike and Elvis hit the beach for a surf wagon. **9.00** Mike and Elvis find a 1970s classic VW camper. **10.00** Mike and Elvis offer their expertise to a Youtuber. **11.00** Mike and Elvis engage in the ultimate Aussie showdown. **12.00** M'T A tribute to Paddy Hopkirk's Monte Carlo Rally-winning 1964 Mini Cooper.
1.00 AM **Lucky!** Motoring series.
2.00 **to 4.00** AM **Outback Truckers**

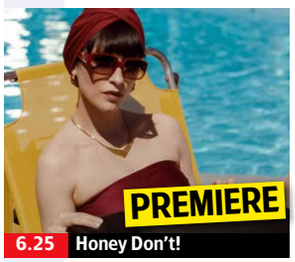
+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.35 AM **PREMIERE Honey Don't!**
9.10 **The Conjuring: Last Rites** Supernatural horror thriller. (2025, 15, 135min) ★★★
11.25 **Downton Abbey: The Grand Finale** As shown at 8.00pm.
1.35 PM **Wuthering Heights**
4.00 **The Shadow's Edge** Action thriller. (2025, 15, 141min)
6.25 **PREMIERE Honey Don't!** Comedy thriller with Margaret Qualley. (2025, 15, 89min) ★★★ *See review, page 23.*



6.25 Honey Don't!

8.00 **Downton Abbey: The Grand Finale** Drama starring Hugh Bonneville and Michelle Dockery. The Crawleys grapple with the threat of social disgrace when Mary finds herself at the centre of a public scandal. (2025, PG, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Wuthering Heights** Drama based on Emily Brontë's romance, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
2.50 **Eddington** Modern-day Western with Joaquin Phoenix. (2025, 15, 148min) ★★★★
5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Fast

303 303 403 503 517

8.05 AM **Fast & Furious 7** (2015)
10.25 **Fast & Furious 8** As 3.00am.
12.45 PM **The Fast and the Furious** Thriller starring Vin Diesel. (2001, 15, 107min) ★★★
2.35 **2 Fast 2 Furious** Thriller sequel starring Paul Walker. (2003, 12, 108min) ★★★
4.25 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★
6.10 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★

6.10 Fast & Furious

8.00 **Fast & Furious 5** Action thriller sequel starring Vin Diesel, Paul Walker and Jordana Brewster. A trio of car thieves assemble a crack team to steal a Rio de Janeiro drug lord's money. With Tyrese Gibson and Dwayne Johnson. (2011, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Fast & Furious 6** Action thriller sequel starring Vin Diesel, Paul Walker and Dwayne Johnson. The gang of carjackers come out of retirement to stop a criminal mastermind. (2013, 12, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Fast & Furious 7** Thriller sequel starring Vin Diesel. (2015, 12, 132min) ★★★★
3.00 **Fast & Furious 8** Thriller sequel starring Vin Diesel. (2017, 12, 136min) ★★★
5.25 **to 7.25** AM **The Fast and the Furious** As 12.45pm.

Sky Cinema Drama

310 310 410 510 524

7.35 AM **I Used to Be Funny** (2023)
9.35 **Miss You Already** As 1.15am.
11.40 **Moneyball** Sports drama. (2011, 12, 133min) ★★★★
1.55 PM **Materialists** Comedy. (2025, 15, 116min) ★★★★
4.00 **I, Tonya** Biopic starring Margot Robbie. (2017, 15, 119min) ★★★★
6.05 **I Used to Be Funny** Comedy drama starring Rachel Sennott. (2023, 15, 105min) ★★★

8.00 **Empire of the Sun** Steven Spielberg's drama with Christian Bale. A young English boy learns to survive in a Japanese internment camp in occupied China during World War Two. (1987, PG, 152min) ★★★★
10.40 **Nuremberg** Thriller starring Russell Crowe and Rami Malek. A US Army psychiatrist is sent to assess high-ranking Nazi prisoners to decide if they are fit for trial. With Michael Shannon. (2025, 15, 148min) ★★★★★

1.15 AM **Miss You Already** Comedy drama starring Drew Barrymore. (2015, 12, 112min) ★★★
3.20 **Cookster: The Darkest Days** Drama with Craige Middleburg. (2024, 15, 119min) ★★★
5.30 **to 7.40** AM **Touch** Icelandic drama. (2024, 15, 121min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.40 AM **Cinema List: Fear Seekers**
6.55 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
8.35 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
10.55 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
12.45 PM **Tremors** Monster chiller. (1990, 15, 96min) ★★★★
2.30 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★

4.35 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
6.25 **Men in Black II** Sci-fi comedy sequel with Tommy Lee Jones. (2002, PG, 88min) ★★★
8.00 **Men in Black 3** Sci-fi action comedy sequel with Will Smith. (2012, PG, 105min) ★★★★
9.50 **Men in Black: International** Fantasy comedy sequel starring Chris Hemsworth. (2019, 12, 110min) ★★★
11.50 **Smile 2** Mystery horror sequel. (2024, 18, 127min) ★★★★

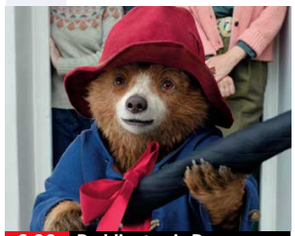
2.00 AM **MaXXXine** Thriller with Mia Goth. (2024, 18, 110min) ★★★
3.45 **The Crazies** Horror thriller. (2010, 15, 101min) ★★★★
5.30 **Sky Cinema Preview**
5.55 **to 7.30** AM **If You Were the Last** Sci-fi romantic comedy. (2023, 15, 92min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.20 AM **Into the Wonderwoods**
7.50 **Peter Pan** (2003, PG) ★★★★
9.50 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
11.20 **Scooby-Doo 2: Monsters Unleashed** (2004, PG) ★★★
1.00 PM **The Wild Robot** (2024)
2.45 **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
4.20 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
6.00 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★



6.00 Paddington in Peru

7.55 Shrek 2 Animated comedy adventure sequel with the voices of Mike Myers, Eddie Murphy and Cameron Diaz. (2004, U, 93min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 Monster Trucks Fantasy adventure starring Lucas Till and Jane Levy. A teenager befriends a monster which feeds on oil, which bonds with the monster truck he is building from scrap. (2016, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 Pokemon: Detective Pikachu Fantasy adventure starring Justice Smith. (2019, PG, 100min) ★★★★
1.10 AM **Sketch** Fantasy starring Tony Hale and D'Arcy Carden. (2025, 12, 93min) ★★★★
2.50 **MouseHunt** Comedy starring Nathan Lane and Lee Evans. (1997, PG, 98min) ★★★★
4.30 **to 6.00** AM **Into the Wonderwoods** Animation. (2024, U, 81min) ★★★

Sky Cinema Action

306 306 407 507 521

6.45 AM **The Cinema List: Fast Cars**
7.00 **Novocaine** Action comedy. (2024, 15, 80min) ★★★
8.55 **S.W.A.T.** Action thriller. (2003, 12, 115min) ★★★
11.00 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
1.00 PM **Spider-Man 2** Fantasy. (2004, PG, 127min) ★★★★
3.15 **Bad Boys II** Action comedy. (2003, 15, 147min) ★★★
5.45 **Bullet Train** Comedy thriller. (2022, 15, 127min) ★★★★

5.45 Bullet Train

8.00 Spider-Man 3 Fantasy sequel starring Tobey Maguire and Kirsten Dunst. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality. He must conquer his inner demons before he can defeat two new adversaries. (2007, 12, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 The Mummy Returns Adventure sequel starring Brendan Fraser and Rachel Weisz. A dashing ex-legionnaire and his Egyptologist wife confront old and new adversaries. (2001, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Twisters** Disaster drama. (2024, 12, 122min) ★★★★
2.55 **Love Hurts** Action comedy. (2025, 15, 83min) ★★
4.30 **to 6.35** AM **Prisoner of War** Thriller starring Scott Adkins. (2025, 15, 112min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Billy Madison** (1995) ★★
8.45 **Anchorman 2: The Legend Continues** (2013, 15) ★★
10.45 **Bridget Jones: The Edge of Reason** (2004, 15) ★★★
12.35 PM **Bridget Jones's Baby** Comedy. (2016, 15) ★★★
2.40 **The Man with Two Brains** Comedy. (1983, 15) ★★★★
4.15 **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
6.05 **Mamma Mia! Here We Go Again** (2018, PG) ★★★★

9.35 Dumb and Dumberer

8.00 Liar Liar Comedy starring Jim Carrey as a lawyer who is forced to tell the truth for one day after his neglected son is granted his birthday wish. (1997, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

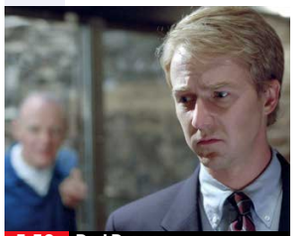
9.35 Dumb and Dumberer: When Harry Met Lloyd Comedy prequel starring Eric Christian Olsen and Derek Richardson. During high school in the 1980s a pair of teenagers try to progress from their special needs class to mainstream school. (2003, 12, 85min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 Two Weeks Notice Romantic comedy with Sandra Bullock. (2002, 12, 101min) ★★★
12.55 AM **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
2.35 **Weird Science** Teen comedy. (1985, 12, 94min) ★★★
4.20 **to 6.00** AM **Hostages** Comedy thriller. (2025, 15, 90min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.15 AM **Ocean's Twelve** Thriller. (2004, 12, 125min) ★★★★
9.30 **The Fugitive** Action thriller. (1993, 15, 128min) ★★★★★
11.40 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★
1.50 PM **RocknRolla** Comedy thriller. (2008, 15, 110min) ★★
3.50 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
5.50 **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★



5.50 Red Dragon

8.00 The Accountant Thriller starring Ben Affleck and Anna Kendrick. A man with autism moonlights as a money launderer for the Mob, but the Treasury Department soon closes in. With JK Simmons, John Lithgow and Jon Bernthal. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Lethal Weapon 2 Action comedy thriller sequel starring Mel Gibson and Danny Glover as hard-hitting LA cops on the trail of a murderous South African drug trafficker. (1989, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **True Romance** Crime thriller starring Christian Slater and Patricia Arquette. (1993, 18, 118min) ★★★★
2.35 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
5.05 **to 7.05** AM **Speak No Evil** Horror starring James McAvoy. (2024, 15, 110min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Jingle All the Way** Action comedy. (1996, PG) ★★★
12.45 PM **Tooth Fairy** Comedy. (2010, PG, 101min) ★★★
2.50 **The Art of Racing in the Rain** Comedy drama. (2019, PG, 110min) ★★★
4.55 **Sink the Bismarck!** War drama. (1959, b/w, U, 97min) ★★★
6.55 **Central Intelligence** Action comedy with Dwayne Johnson. (2016, 12, 107min) ★★★

9.00 Peppermint

Central Intelligence (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 Peppermint Revenge thriller starring Jennifer Garner. An LA banker sets out on a one-woman vengeance mission after her husband and daughter are killed. With John Gallagher Jr, John Ortiz and Juan Pablo Raba. (2018, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 The 355 Action thriller starring Jessica Chastain. When a top-secret weapon falls into mercenary hands, a CIA agent joins forces with three international agents to retrieve it. (2022, 12, 122min) ★★★
1.30 **to 3.45** AM **Rodeo** French drama starring Julie Ledru and Yannis Lafki. Subtitled. (2022, 15, 105min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Decades

302 302 402 502 516

6.20 AM **The Breakfast Club** John Hughes' comedy drama. (1984, 15, 97min) ★★★★
8.00 **E.T. The Extra Terrestrial**
10.00 **Back to the Future** As 8.00pm.
12.00 NOON **Back to the Future Part II** As shown at 10.00pm.
1.50 PM **Blade Runner** Thriller. (1982, 15, 130min) ★★★★★
3.50 **Batman** Tim Burton's adventure. (1989, 15, 121min) ★★★★

6.00 E.T. The Extra Terrestrial Steven Spielberg's sci-fi fantasy starring Henry Thomas. (1982, U, 114min) ★★★★★
8.00 Back to the Future Time-travel comedy fantasy starring Michael J Fox and Christopher Lloyd. (1985, PG, 115min) ★★★★★
10.00 Back to the Future Part II Time-travel comedy adventure sequel starring Michael J Fox. Marty McFly is whisked into the future where he has to save his son. (1989, PG, 107min) ★★★

12.00 M'T **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
1.45 AM **Fanny and Alexander** Swedish epic directed by Ingmar Bergman. Subtitled. (1982, 15, 301min) ★★★★★
5.00 **to 7.20** AM **The Natural** Sports drama. (1984, PG, 137min) ★★★

Sky Cinema Greats

307 307 404 504 518

6.30 AM **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
8.05 **The Towering Inferno** (1974)
10.50 **The Firm** As 10.00pm.
1.25 PM **Bad Boys** Action comedy thriller. (1995, 15, 118min) ★★★
3.25 **Jaws** Steven Spielberg's thriller. (1975, 12, 125min) ★★★★★
5.35 **The Day of the Jackal** Crime thriller starring Edward Fox. (1973, 15, 142min) ★★★★★

8.00 Jaws 2 Thriller sequel starring Roy Scheider. The chief of police in the Long Island resort of Amity fears that a shark is once more in the vicinity when a mutilated whale is washed ashore. (1978, PG, 115min) ★★★
10.00 The Firm Legal thriller based on the John Grisham bestseller, starring Tom Cruise. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★

12.45 AM **GoodFellas** Martin Scorsese's gangster drama with Robert De Niro and Ray Liotta. (1990, 18, 143min) ★★★★★
3.20 **The Day of the Jackal** (1973)
5.45 **to 8.35** AM **The Towering Inferno** Epic disaster movie. (1974, 12, 165min) ★★★★

Disney+ Cinema

305

6.00 AM **Mufasa: The Lion King**
8.00 **Big Hero 6** Animated adventure. (2014, PG, 102min) ★★★★
9.45 **Flubber** Fantasy comedy. (1997, U, 94min) ★★★
11.20 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
1.05 PM **The Tigger Movie** Animation. (2000, U, 77min) ★★★
2.25 **A Goofy Movie** Animated comedy. (1995, U, 78min) ★★

3.50 The Haunted Mansion Comedy. (2003, PG, 87min) ★★
5.20 WALL•E Animated adventure. (2008, U, 98min) ★★★★★
7.05 Mufasa: The Lion King Animated musical prequel with the voice of Aaron Pierre. (2024, PG, 118min) ★★★
9.00 A Real Pain Drama with Kieran Culkin and Jesse Eisenberg. (2024, 15, 90min) ★★★★★
10.30 The Maze Runner Sci-fi adventure with Dylan O'Brien. (2014, 12, 110min) ★★★

12.30 AM **The East** Political thriller starring Brit Marling and Ellen Page. (2013, 15, 111min) ★★★★
2.30 **Alien: Romulus** Horror starring Cailee Spaeny and David Jonsson. (2024, 15, 119min) ★★★★
4.30 **to 6.00** AM **The Haunted Mansion** As shown at 3.50pm.

Movies 24

312 313 419

7.00 AM **Falling Together** Drama. (2024, U, 90min) ★★
9.00 **Married By Mistake** Romantic comedy. (2023, PG, 88min) ★★
11.00 **Mystery Island: House Rules** Drama. (2024, PG, 84min) ★★
1.00 PM **Betty's Bad Luck In Love** Comedy. (2024, PG, 84min) ★★
3.00 **Romance at Hope Ranch** Romantic drama starring Alison Sweeney. (2026, PG, 84min) ★★

5.00 Love in Whitbrooke Romantic drama starring Brittany Bristow. (2021, PG, 88min) ★★
7.00 Journey to You Romantic drama starring Erin Cahill and Erik Valdez. A nurse takes her first holiday in years, walking the Camino de Santiago pilgrimage where her parents first met. (2025, PG, 84min) ★★
9.00 Love Under the Lemon Tree Romantic comedy,starring Maddison Bullock and Anthony Coons. (2022, PG, 88min) ★★

11.00 Love in Wolf Creek Romantic drama. (2022, PG, 85min) ★★
1.00 AM **Just in Time** Drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Harmony From the Heart** Comedy. (2022, PG) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **It's a Wonderful World** Comedy. (1956, U, 89min) ★★
7.45 **Spaceways** (1953, b/w, PG) ★
9.20 **The Four Feathers** Adventure. (1939, U, 130min) ★★★★★
11.35 **The Beverly Hillbillies** (S2)
12.05 PM **Biggles: Adventure in Time** Adventure. (1986, PG) ★
1.55 **Batman** 3/26. (S3)
2.25 **Scotland Yard** 30/39. (S1)
3.00 **The Adventures of Robin Hood**

3.30 Give Us a Clue
4.00 The Man from UNCLE (S1)
5.00 The Footage Detectives
6.00 The Directors
7.00 That's My Boy 8/9. (S2)
7.30 The Vise 13/26. (S2)
8.00 Sergeant Cork 2/6. (S4)
9.05 Who Do You Do?
9.40 Confessions of a Driving Instructor Comedy with Robin Askwith. (1976, 18, 86min) ★
11.25 The Heritage Chart Show
12.30 AM **Let's Spend the Night Together** The Rolling Stones .

2.15 The Roof Murder mystery. (1933, b/w, PG, 58min) ★★
3.25 Cinebox Memories
3.30 The Rogues 15/30. (S1)
4.30 The Adventures of Robin Hood
5.00 The Buccaneers 19/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

Sunday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Goals on Sunday**
9.00 **The Sunday Supplement**
11.00 LIVE **SPFL** **Celtic v Rangers.** The Old Firm derby in the Scottish Premiership staged at Celtic Park. Kick-off **12.00noon**. *See feature, page 28.*
2.00 PM LIVE **Super Sunday** **Nottingham Forest v Newcastle United.** Coverage of the Premier League match staged at the City Ground. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday** **West Ham United v Arsenal.** The Premier League match at the London Stadium. Kick-off **4.30pm**.
8.00 LIVE **PGA Tour Golf** Coverage of the fourth day of the Truist Championship at Quail Hollow Club in Charlotte, North Carolina.
11.00 LIVE **Boxing** Coverage of the preliminary bouts for Zuffa Boxing 6 at Meta Apex in Las Vegas.
2.00 AM LIVE **Boxing** **Shane Mosley Jr v Serhii Bohachuk.** Coverage of the middleweight bout from Meta Apex in Las Vegas, Nevada.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Stories**
6.30 **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
1.00 PM LIVE **Super Sunday** **Nottingham Forest v Newcastle United.** Coverage of the Premier League match staged at the City Ground. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday** **West Ham United v Arsenal.** The Premier League match from the London Stadium. Arsenal claimed a 2-0 win in the reverse fixture thanks to Declan Rice's goal against his former club and a Bukayo Saka penalty, and they will be desperate for another three points to boost their chances of winning the title. Kick-off **4.30pm**.
8.00 **The Big Interview**
8.30 **Premier League Highlights** Fulham v Bournemouth. **9.00** Sunderland v Man United.
9.30 **SNF** Manchester City v Brentford.
10.00 **Premier League Highlights**
2.00 AM **Premier League Stories**
2.30 **The Big Interview**
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** Championship play-offs.
8.00 **SPFL Highlights**
8.15 **EFL Greatest Games**
8.45 **EFL Highlights**
10.45 **SPFL Highlights**
11.00 LIVE **SPFL** **Celtic v Rangers.** The Old Firm derby in the Scottish Premiership at Celtic Park. Rangers won 3-1 here in the league in January, two months after the Bhoys had won by the same scoreline there in the League Cup semi-finals. Kick-off **12.00noon**. *See feature, page 28.*
2.45 PM LIVE **EFL** Coverage of the first leg of a League Two play-off semi-final. Kick-off **3.00pm**.
5.30 LIVE **EFL** Coverage of the first leg of a League Two play-off semi-final. Kick-off **6.00pm**.
8.30 **EFL Greatest Games**
9.00 **EFL Highlights** League One.
9.30 **SPFL Highlights**
10.00 **EFL Highlights** Play-offs.
11.30 **SPFL Highlights**
12.00 M'T **EFL Highlights**
12.30 AM **Championship Retro**
2.30 **EFL Greatest Games**
4.00 **EFL Cup** The 2021 final.
5.00 **Best Goals: EFL Cup 2020/21**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 highlights.
9.00 **ICC Women's World Cup**
10.30 LIVE **Women's One-Day International Cricket** **England v New Zealand.** Coverage of the opening ODI in the three-match series staged at Banks Homes Riverside, Chester-le-Street as England play their first fixture of the summer. The two sides last met in the league stage of the ODI World Cup back in October when England won by eight wickets to progress to the semi-finals.
6.30 PM **Nepal Climbing Cricket's Mountain**
7.00 **Best of ICC WT20**
7.30 **ICC Men's T20 World Cup** South Africa v Afghanistan.
8.00 **IPL** Highlights of Chennai Super Kings v Lucknow Super Giants.
9.00 **Women's One-Day International Cricket** Action from England v New Zealand.
10.00 **IPL** Recent T20 highlights.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Lucknow Super Giants v Royal Challengers Bengaluru held at Ekana Cricket Stadium.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Champions Learning Centre** Expert tips.
6.30 **PGA Tour Golf**
11.30 **Scotland's Greatest Golf Holes**
12.00 NOON LIVE **DP World Tour Golf** Coverage of day four of the inaugural staging of the Estrella Damm Catalunya Championship held at Real Club de Golf El Prat.
5.00 PM LIVE **PGA Tour Golf** Coverage of day four of the Truist Championship at Quail Hollow Club in Charlotte, North Carolina.
11.00 **PGA Champs Official Film 2014**
12.00 M'T **Ryder Cup 2023**
2.00 AM **PGA Tour Golf**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of the sixth day of the Italian Open staged at Foro Italico in Rome. Jannik Sinner was in dominant form in the third round last year, illustrating why he was the number one seed as he beat Jesper de Jong 6-4 6-2 to move into the fourth round.
6.00 PM LIVE **WTA & ATP Tennis** Further coverage of day six of the Italian Open at Foro Italico, Rome.
10.00 **WTA Tennis** Madrid Open final.
11.00 **ATP Tennis** Miami Open final.
12.00 M'T **WTA Tennis** Bogota Open.
1.00 AM **ATP & WTA Tour Classics**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League**
8.00 LIVE **World Rally Championship** The Rally de Portugal special stage 20.
9.00 **UEFA Champions League**
9.30 LIVE **World Rally Championship** The Rally de Portugal special stages 21 and 22.
11.30 **Training Day** Tottenham Hotspur.
11.45 LIVE **Women's FA Cup** **Liverpool v Brighton & Hove Albion.** Coverage of the semi-final from BrewDog Stadium in St. Helens. Kick-off **12.15pm**.
2.45 PM LIVE **Women's FA Cup** **Chelsea v Manchester City.** Coverage of the semi-final from Stamford Bridge. Kick-off **3.30pm**.
6.00 LIVE **SailGP** From Bermuda.
7.30 LIVE **Serie A** **AC Milan v Atalanta.** Coverage of the Italian top-flight match held at San Siro. Kick-off **7.45pm**.
9.45 **Women's FA Cup**
11.45 **Reframe the Game**
12.00 M'T LIVE **MLB** **Kansas City Royals v Detroit Tigers.** The American League match. Start-time **12.20am**.
3.00 **to 6.00** AM **AFL**

TNT Sports 2

411 414 522 409 431

7.00 AM **TNT Sports Reload**
7.30 LIVE **MotoGP Rookies Cup** The Grand Prix of France.
8.30 LIVE **MotoGP** The Grand Prix of France MotoGP warm-up session.
9.00 LIVE **MotoGP** The Grand Prix of France Moto3 race in Le Mans.
11.00 LIVE **MotoGP** The Grand Prix of France Moto2 race in Le Mans.
12.15 PM LIVE **MotoGP** Grand Prix of France MotoGP race at Le Mans Bugatti Grand Prix Race Circuit.
3.00 LIVE **The Gallagher PREM** **Exeter Chiefs v Bath.** Coverage of the top-flight match staged at Sandy Park. Kick-off **3.30pm**.
6.00 **MLB Highlights**
7.00 LIVE **MLB** **Milwaukee Brewers v New York Yankees.** Coverage of the inter-league match at American Family Field. Start-time **7.10pm**.
10.00 **UFC** Chimaev v Strickland.
1.00 AM **UFC Connected**
1.30 **UFC Fight Flashback**
2.00 **UEFA Champions League**
4.00 **UEFA Europa League & Conference League Highlights**
5.00 **World Rally Championship**
5.30 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

412 410 510 426 446

6.00 AM **NFL Highlights**
7.00 **Darts Top 5 Moments**
7.05 LIVE **NRL** **Canberra Raiders v Penrith Panthers.** Coverage of the match from the 10th round of fixtures at GIO Stadium. Kick-off **7.05am**.
9.15 **Super League Highlights**
9.30 **Super Bowl LX Highlights**
10.30 **NFL Highlights**
12.30 PM **Super League Highlights**
12.45 **World Club Challenge**
1.00 **Super Bowl LX Highlights**
2.00 **NFL Highlights**
4.00 **NFL Bitesize Highlights**
5.00 **NFL Highlights**
8.00 **NFL Bitesize Highlights** Seattle Seahawks v San Francisco 49ers. **8.15** Action from New England Patriots v Houston Texans.
8.30 LIVE **NBA Basketball** Coverage of a play-off match.
11.00 LIVE **Boxing** Coverage of the preliminary bouts at Meta Apex.
2.00 AM LIVE **Boxing** **Shane Mosley Jr v Serhii Bohachuk.** Coverage of the middleweight bout from Meta Apex in Las Vegas, Nevada, plus the undercard for Zuffa Boxing 6.
5.30 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.05 LIVE **NRL** **Canberra Raiders v Penrith Panthers.** Coverage of the match from the 10th round of fixtures at GIO Stadium. Kick-off **7.05am**.
9.15 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
1.00 PM LIVE **Premier League** **Burnley v Aston Villa.** Coverage of the top-flight match at Turf Moor. The Villans have recorded 3-1 victories on each of their last two visits here, most recently in the 2023/24 season when a brace from Matty Cash and a goal from Moussa Diaby helped them claim all three points in a Premier League contest. Kick-off **2.00pm**.
4.00 **Sports Sunday**
5.00 LIVE **LPGA Tour Golf** Coverage of day four of the Mizuho Americas Open at Liberty National Golf Club in Jersey City.
8.00 **Sky Sports Catch Up**
8.30 LIVE **NBA Basketball** Coverage of a play-off match.
11.00 **Sky Sports News**
12.00 M'T LIVE **NBA Basketball** Coverage of a play-off match.
4.00 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **IPL** Recent T20 highlights.
8.00 **Tennis** Madrid Open finals.
9.55 **IPL** Recent T20 highlights.
10.50 LIVE **IPL** **Chennai Super Kings v Lucknow Super Giants.** Coverage of the T20 match from MA Chidambaram Stadium.
2.50 PM LIVE **IPL** **Royal Challengers Bengaluru v Mumbai Indians.** The T20 game from Nava Raipur Cricket Stadium.
7.00 **IPL** Recent T20 highlights.
8.00 **British GT Championship**
9.00 **PGA Tour Champions**
10.00 **NFL Bitesize Highlights**
10.30 LIVE **WNBA** **Los Angeles Sparks v Las Vegas Aces.** Coverage of the Western Conference match held at Crypto.com Arena. Tip-off **11.00pm**.
1.30 AM **NFL Bitesize Highlights**
2.00 **IPL** Recent T20 highlights.
3.00 **to 6.00** AM **Darts Features**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **AFL** **Richmond Tigers v Adelaide Crows.** Coverage of the match staged at Melbourne Cricket Ground. Bounce-up **6.15am**.
9.00 **TNT Sports Reload**
9.30 **Giro d'Italia Men Highlights**
10.30 LIVE **Cycling: Giro d'Italia** Coverage from the third stage of the men's race, a 175km route from Plovdiv to Sofia.
3.45 PM LIVE **Men's Cycling Pro Series** Tro Bro Leon in France.
4.30 LIVE **LIV Golf** Coverage from the fourth and final day of the seventh round of the season held at Trump National Gold Club Washington in Potomac Falls.
10.30 **MotoGP** Grand Prix of France.
11.30 **World Rally Championship**
12.00 M'T **The Gallagher PREM**
2.00 AM **TNT Sports Reload**
2.30 **World Rally Championship**
3.00 **Giro d'Italia Men Highlights**
4.00 **to 6.00** AM **Men's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **LIV Golf** From Virginia.
7.30 **UEFA Champions League**
8.00 **Giro d'Italia Men Highlights**
9.00 LIVE **Men's Cycling Pro Series** Stage one of the Baku-Khankendi Azerbaijan race.
10.30 LIVE **UCI Gravel World Series** Coverage of the first round of the season in Valkenburg.
12.45 PM **TNT Sports Reload**
1.00 LIVE **World Rally Championship** The Rally de Portugal special stage 23.
3.30 **MLB Highlights**
4.30 **She Who Dares**
5.30 LIVE **NWSL** **Kansas City Current v Chicago Stars.** Coverage of the match at CPKC Stadium. Kick-off **5.30pm**.
7.45 **TNT Sports Reload**
8.00 **Men's Cycling** Highlights.
11.00 **UCI Gravel World Series**
12.00 M'T **AFL** Two match replays.
3.00 AM **Women's FA Cup**
5.00 **to 6.00** AM **World Superbikes**

Premier Sports 1

419 551

6.00 AM **Michelin Le Mans Cup**
6.30 **United Rugby Championship**
8.30 **Football** Highlights and features.
12.55 PM LIVE **LaLiga** Mallorca v Villarreal. Kick-off **1.00pm**.
3.00 **LaLiga Match Highlights**
3.10 LIVE **LaLiga** Athletic Bilbao v Valencia. Kick-off **3.15pm**.
5.15 **LaLiga Match Highlights**
5.25 LIVE **LaLiga** Real Oviedo v Getafe. The Spanish top-flight encounter. Kick-off **5.30pm**.
7.30 **LaLiga Match Highlights**
7.55 LIVE **LaLiga** Barcelona v Real Madrid. From Camp Nou. Kick-off **8.00pm**.
10.00 **LaLiga Match Highlights**
10.25 LIVE **Brasileiro Serie A** Corinthians v Sao Paulo.
12.30 AM LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 **NHL: This is Hockey**
3.30 **Sporting Greats**
4.00 **to 6.00** AM **Brasileiro Serie A**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **NASCAR Trucks** Recent action from Watkins Glen.
9.30 **Bike World** Magazine.
10.00 **United Rugby Championship**
2.00 PM **NHL Tonight**
3.00 **Temples of Sport**
3.30 **United Rugby Championship** A replay of Dragons v Edinburgh.
5.30 **Bike World** Magazine.
6.00 **NASCAR Highlights**
7.00 LIVE **NASCAR** The Go Bowling at The Glen, the latest round of the season, held at Watkins Glen International in New York.
11.30 LIVE **Brasileiro Serie A** **Gremio v Flamengo.** Coverage of the top-flight match ar Arena do Gremio. Kick-off **11.30pm**.
1.30 AM **Temples of Sport**
2.00 **Bike World**
2.30 **NHL Specials**
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** Coverage of a match in the end-of-season play-offs.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
8.00 **Ted's Notebook**
8.30 **Indy NXT** From Indianapolis.
9.45 **Oscar Piastri Drives a V8**
10.00 **Indycar** Sonsio Grand Prix.
12.30 PM **Oscar Piastri Drives a V8**
12.45 **Brad Pitt x McLaren**
1.00 LIVE **Premier League** **Crystal Palace v Everton.** Coverage of the top-flight match at Selhurst Park. Kick-off **2.00pm**.
4.00 **Formula 1** Miami Grand Prix.
6.15 **Ted's Notebook**
6.45 **Oscar Piastri Drives a V8**
7.00 **Formula 1** Australian Grand Prix. **8.00** The Chinese Grand Prix.
10.00 **Formula 1** Japanese Grand Prix. **11.00** The Miami Grand Prix.
1.00 AM **Best of Australia & China**
2.00 **F1 Explained**
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

11 May

Planner

England 2006: The Golden Generation

DOCUMENTARY BBC iPlayer

Twenty years ago, the Three Lions arrived in Germany intent on making it a World Cup to remember – which it definitely was...

Children of the Blitz

DOCUMENTARY

BBC2, 9pm

Eighty-five years after bombs rained down on London in World War Two, this feature-length documentary brings together testimony from surviving witnesses who experienced the Blitz as youngsters.

Great Central Asian Railway Journeys

TRAVELOGUE

BBC2, 6.30pm

Continuing on from his adventures in South Korea, Michael Portillo follows the route of the ancient Silk Road through Central Asia – beginning in Uzbekistan. Continues to Friday.

Major Crimes Unit

DOCUMENTARY 5, 9pm

This new fly-on-the-wall series follows detectives working at West Midlands Major Crime Unit. In tonight's series opener, detectives suspect an after-dark ambush on five men is the work of an organised crime group.

Monday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 MasterChef †		9.00 Mint †		10.00 News; Local News	10.40 Have... †
	102 BBC2	7.00 This Farming Life		8.00 The Elon Musk Show		9.00 Children of the Blitz			10.30 Newsnight
	103 ITV1	‹ 6.30 News...	7.30 How to Clean...	8.00 Emmerdale	8.30 Coronation...	9.00 Believe Me		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 Virgin Island		10.00 Love Cheats	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Police Interceptors		9.00 Major Crimes Unit			10.30 Police: Night...
	106 SKY ONE	7.00 The Simpsons		8.00 David Attenborough's Kingdom of...		9.00 Andor		10.00 Rooster	10.40 Last...
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 EastEnders					
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Lost Cities of the Ancients		9.00 Art of Scandinavia		10.00 The Sky at...	10.30 British Art at...
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 The Only Way Is Essex		10.05 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Our Tiny Islands		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia				9.25 Celebs Go Dating		10.35 Made in...
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Law & Order: Criminal Intent		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.45 The Penguin				9.00 Euphoria			10.15 Heated Rivalry
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours	8.40 Open All Hours		9.20 Not Going Out		10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 DCI Banks	
	120 ITV4	7.00 American Pickers		8.00 The Motorbike Show		9.00 Film: Terminator 2: Judgment Day			
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Police Squad!		10.00 Impractical...	10.30 Russell...
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Brokenwood Mysteries				10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise				10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Welcome to My World		9.00 Jean-Michel Jarre Live in Sevilla			
	132 U&W	7.00 DIY SOS: Homes for Veterans		8.00 Tipping Point				10.00 The Supervet	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Filthy Fortunes		9.00 Maine Cabin Masters		10.00 Expedition X	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Shark Bait		9.00 Alaska: The Last Frontier		10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Construction Fails		9.00 Air Crash Investigation: Special Report		10.00 Inside the CIA: Secrets and Spies	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 History's Greatest Picks with Mike Wolfe		9.00 Knut: The Viking Emperor			10.10 Viking Dead
	155 U&YESTERDAY	7.00 Asia		8.00 Great Australian Railway Journeys				10.00 Seven Worlds, One Planet	
	114 SKY DOCS	7.00 The Man Who Played with Fire		8.00 Bibaa & Nicole: Murder in the Park					

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition Rav and Nick try to stop a remote-access broadband scam. (S)
■ Entire series on BBC iPlayer
2.30 **Celebrity Escape to the Country** With Neil Ruddock. (S)(R)(AD)
3.00 **Escape to the Country** New edition From Somerset. (S)
3.45 **The Repair Shop on the Road** (R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

4.30 Bridge of Lies

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Ian makes a worrying discovery, Nicola decides to take matters into her own hands, and Grant tries to help a friend. (S)(AD)

8 PM

8.00 **MasterChef** New edition 10/21. Grace Dent and Anna Haugh present the last round of heats, with six more chefs serving up a dinner party menu that will have guests begging for the recipe. (S)(AD)
■ Continues on Thursday on BBC2

9 PM

9.00 **Mint** New episode 7/8. Dylan hopes to mend his relationship with Shannon. (S)(AD)
9.30 Series finale 8/8. Shannon is ready to take control of her life. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got News for You** Steph McGovern hosts the satirical current affairs quiz, with comedian Jon Richardson and actor Sheila Hancock joining team captains Paul Merton and Ian Hislop. (S)(R)
11.10 FILM **What's Love Got to Do with It?** Romantic comedy starring Lily James. As her childhood friend prepares for an arranged marriage, film-maker Zoe decides to document his journey from London to Lahore. With Shazad Latif and Emma Thompson. (S)(AD) (2022, 12, 105min) ★★★
12.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.20 AM **Great Korean Railway Journeys** Jeju Island. (S)(R)(AD)
6.50 **Sign Zone: Secret Garden** (S)(R)
7.50 **Match of the Day** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **Big Cats 24/7** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** (R)
5.05 **Flog It!** From Dartmoor. (S)(R)
6.00 **Richard Osman's House of Games** Deirdre O'Kane, Jay Rayner, Tessa Sanderson and Iwan Thomas take part. (S)(R)
6.30 NEW SERIES **Great Central Asian Railway Journeys** 1/5. Michael Portillo follows the Silk Road through Uzbekistan. (S)(AD)

9.00 Children of the Blitz

7.00 **This Farming Life** 10/12. Andrew and Gayle's baby arrives during the busy summer season, the dairy shed build takes its toll on Adam's leg, while Ally and his crofting pals shear sheep on the volcanic Shiant islands. (S)(R)

8.00 **The Elon Musk Show** 2/3. A look at how Elon Musk tried to revolutionise the car market with the all-electric Tesla, while his rocket enterprise SpaceX was awarded a NASA contract and started to enjoy success. (S)(R)

9.00 NEW **Children of the Blitz** The stories of some of the two million British children who were not evacuated during World War Two, staying at home in towns and cities at risk of being bombed. This documentary features some of the last people who were witness to the reality of the Blitz, with their testimonies offering an intimate, enlightening and moving portrait of wartime Britain through children's eyes. *See feature, page 20.* (S)(AD)
10.30 **Newsnight** (S)
11.00 FILM **A Bigger Splash** Drama starring Tilda Swinton, Ralph Fiennes and Dakota Johnson. (S) (2015, 15, 120min) ★★★★
1.00 AM **Sign Zone: Iolo's River Valleys** The River Usk. (S)(R)
1.30 **Sign Zone: Countryfile** (S)(R)
2.25 **Sign Zone: Race Across the World** 6/9. The pairs race towards Almaty in Kazakhstan. (S)(R)(AD)
3.25 **Sign Zone: Twenty Twenty Six** *Balls:* 5/6. (S1) (S)(R)(AD)
3.55 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Wolverhampton, where Henry Nicholls picks up two paintings with very different price tags and Karen Dalmeny ends up with a very fancy clock. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Believe Me

7.30 **How to Clean Up for Cash** New edition 5/6. Josie Gibson and the team are in Glasgow to help Caitlan clear out a lifetime of car-boot finds that have been accumulated by her grandmother Susan. (S)

8.00 **Emmerdale** It is the morning of Cain's operation and Cain and Moira are each trying to be strong for each other. (S)(AD)
8.30 **Coronation Street** Will keeps his family in the dark as he prepares to leave. (S)(AD)

9.00 **Believe Me** New episode 2/4. Student Laila Mahmood is drugged and assaulted by John Worboys, but her claims are dismissed by police, despite the evidence of CCTV footage. (S1) (S)(AD)
■ Entire series on ITVX

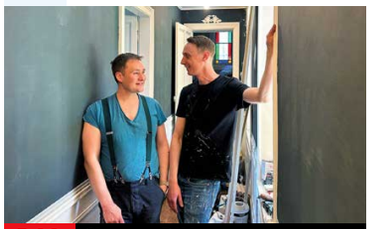
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **TikTok: Murder Gone Viral** The case of influencer Mahek Bukhari and her mother Ansreen, who killed two people in February 2022. (S)(R)(AD)
11.35 **Sorry, I Didn't Know** (S)(R)
12.00 M'T **Teleshopping**
3.00 AM **DMV: Department of Motor Vehicles** New episodes 5/20. Ceci accuses Colette of being kind solely for recognition. (S)(SL)
3.25 6/20. Barb tries to find out who is defacing DMV property with childish drawings. (S1) (S)(SL)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 2-4/26. (S5)(S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 13-16/24. (S2) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Boston. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to Florida** New edition David and Gina consider retirement after hurricanes wreck their holiday apartment business. (S)(AD)
5.00 **Chateau DIY** New edition Ben and Billie plan to transform their orangerie into a health spa. (S)(AD)
6.00 **Sun, Sea and Selling Houses** On the northern Costa Blanca, returning clients need to move to a more accessible home. (S)(R)


5.00 Chateau DIY

7.00 **News** (S)

8.00 **The Dog House** Jittery retriever Pipet, who has been spooked by fireworks, arrives at Woodgreen, while it's a clash of the titans when nine-year-old Helena meets Zeus the Shih Tzu. (S)(R)(AD)

9.00 **Virgin Island** New edition 5/8. The group explore their sexual fantasies, experimenting with each other and writing erotic stories – and for some, this opens up new desires and confidence. (S)(AD)
■ Continues tomorrow

10.00 **Love Cheats** Coleen shares her story of getting scammed by her fiancé James, who went into business with her sister Karen after claiming that he was expecting a £2million inheritance. (S)(R)
11.05 **Super Surgeons: A Chance at Life** Documentary. (S)(R)(AD)
12.05 AM NEW **Walter Presents: Ammo** 1/6. Norwegian drama about the arms trade. Subtitled. (S1)
■ Entire series on C4 streaming
12.55 **Salisbury Poisonings: The Untold Story** (S)(SL)(R)(AD)
1.55 **Ramsay's Kitchen Nightmares USA** From Colorado. (S)(SL)(R)
2.45 **Couples Come Dine with Me** (R)
3.40 **George Clarke's Amazing Spaces**
4.35 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Boom!* 18/24. Agent Shaw is taken hostage. Guest stars Dana Delany. (S)(R)
3.55 **Castle** *Wrapped Up in Death:* 19/24. The author believes that he could be the next victim of a curse. (S2) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition A team tracking storm petrels off the island of North Rona. (S)
6.05 **Susan Calman's Grand Day Out** The Firth of Clyde. (S)(R)
6.55 **News** (S)

8.00 Police Interceptors

7.00 **Motorway Cops: Catching Britain's Speeders** PC Martain Anderson and his colleagues attempt to locate a BMW fitted with cloned plates. (S)(R)(AD)
7.55 **News** (S)
8.00 **Police Interceptors** New edition Officers take part in a high-speed pursuit of a suspected drink driver who tries to ram the interceptors off the road, while Callum and Chris chase after a gang from London. (S)
9.00 NEW SERIES **Major Crimes Unit** Documentary series following investigators from West Midland police's elite crime-fighting unit as they track down suspects and deliver justice for victims and their families. (S)
10.30 **Police: Night Shift 999** Officers are called to an incident where a member of the public has been assaulted after he asked a man to stop vandalising a park. (S)(R)
11.30 **Traffic Cops** A suspected disqualified driver fails to stop for officers. (S)(R)
12.30 AM **Police Interceptors** (S)(R)
1.30 **Teleshopping** (S)(R)
2.30 **When Buildings Collapse: World's Worst Disasters** (S)(R)
3.05 **Police Interceptors** (S)(R)
3.55 **Friends** 7/25. (S6) (S)(R)
4.25 **Entertainment News** (S)
4.30 **The Highland Vet** (S)(SL)(R)
5.20 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S5) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Islands** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 6/21. (S3) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *Bart the Murderer:* Bart becomes Fat Tony's errand boy. (S)(R) **5.30** *Three Men and a Comic Book:* With Daniel Stern. (S)(R)
6.00 **The Office (US)** 24/26. Dwight is promoted to manager. (S)(R) **6.30** 25/26. Part one of two. Jim leads a committee to recruit the next manager. (S7) (S)(R)

9.00 Andor

7.00 **The Simpsons** *Homer Defined:* Homer saves Springfield from a nuclear meltdown. (S)(R) **7.30** *Like Father, Like Clown:* Lisa and Bart help Krusty find his father. With the guest voice of Jackie Mason. (S)(R)
8.00 **David Attenborough's Kingdom of Plants** 1/3. David explores the varieties of plant life housed at London's Royal Botanic Gardens in Kew, and explains what they reveal about the natural world. (S)(R)(AD)
9.00 **Andor** New episode *Narkina 5:* 8/10. Cassian is taken to the Narkina 5 island prison, a hard labour camp where inmates manufacture Imperial machinery. (S1) (S)
10.00 **Rooster** Series finale *Songs for Raisa:* 10/10. Katie makes a decision about her marriage to Archie. (S1)
10.40 **Last Week Tonight with John Oliver** New edition Talk show in which the comedian takes a satirical look at a range of news and pop culture topics.
11.25 **Saturday Night Live UK** (R)
12.40 AM **Grimm** 11/22. (S3) (S)(R)
1.30 **Road Wars** (S)(R)
2.00 **Bear Grylls Is Running Wild** New edition 2/8. Bear takes actor Tiffany Haddish on a trek through the desert. (S)(AD)
3.00 **Hawaii Five-0** 4/24. (S3) (S)(R)
4.00 **S.W.A.T.** 6/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Border Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.00pm Scotland's Home of the Year New edition (S) **8.30** MasterChef New edition (S)(AD) **9.30-10.00** Mint New episode (S)(AD) **10.40** Mint Series finale (S)(AD) **11.10** Have I Got News for You (S)(R) **11.40** Sportscene: SWPL Highlights (S)(R) **12.10am** Scotcast (S)(R) **12.40** FILM What's Love Got to Do with It? (S)(AD) (2022, 12, 105min) ★★★ **2.25** Weather for the Week Ahead (S) **2.30-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Peelers: The PSNI for Real New edition (S) **11.10** Bikes! North West 200 (S) **12.10am** Have I Got News for You (S)(R) **12.40-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm Scrum V Highlights (S)(R) **11.10** Have I Got News for You (S)(R) **11.40** FILM What's Love Got to Do with It?: As Scotland. **1.25-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
7.00pm Scrum V Highlights (S) **7.30-8.00pm** The Hairy Bikers' Bakeation (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno Aur **1.00** Dylan ar Daith **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cymry ar Gynfas **6.30** Rownd a Rownd (AD) **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Sgwrs Dan y Lloer **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Ffermio New edition **9.33** Y Tywydd **9.35** Ralïo+ **10.05** Adeiladu'r Freuddwyd: Camp Out West **10.35** Arfordir Cymru: Bae Ceredigion **11.05-11.40pm** Pysgod i Bawb

TV&Streaming week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall heads to a marine reserve on a Mexican island. **7.35** Steve meets the wild dogs of southern Africa.
8.00 **EastEnders** Darren tries to convince Jodie that he wants a relationship with her. **8.30** Phil and Sharon trace Lola to the house where her friend Alexa is staying. **9.00** On the day of the wedding, Sharon tries to mask her guilt, and Keanu fears his secret isn't safe. **10.00** Martin and Stacey take a heartwarming trip down memory lane. **10.30** An incident at Walford High sparks a heated debate among the Albert Square locals.
11.00 **EastEnders Investigates: The Manosphere** A look into the issues of misogyny and toxic masculinity.
11.30 **Sin City: The Real Las Vegas** 1&2/2. Documentary.
1.00 **to 4.00** AM **Charlotte in Sunderland**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** Cranfield University compete against Royal Holloway, University of London.
7.30 **Only Connect** Victoria Coren Mitchell hosts as the County Councillors take on the Ombudsmen.
8.00 **Lost Cities of the Ancients** 3/3. A look at Hattusha, capital of the ancient Hittite civilisation.
9.00 **Art of Scandinavia** 1/3. A look at the history of the region through its art.
10.00 **The Sky at Night** New edition The team explore the story of Jodrell Bank Observatory and its towering Lovell telescope.
10.30 **British Art at War: Bomberg, Sickert and Nash** 3/3. A look at the work of David Bomberg.
11.30 **Art That Made Us**
12.30 AM **Lisbon: An Art Lovers' Guide** A cultural break.
1.30 **Omnibus: Ginger Rogers and Fred Astaire**
2.20 **to 3.20** AM **Art That Made Us**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The competition kicks off at the Park Hotel in Gloucestershire. **4.50** The second visit is to Sue's B&B in Wiltshire. **5.20** The third visit of the week is to The Talbot in Iwerne Minster, Dorset. **5.50** The fourth and final visit is to The Old Rectory in Llangattock, south Wales. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help house-hunters in Leeds.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help Emily and Kris in the village of Somersham, Cambridgeshire.
9.00 **Our Tiny Islands** New edition The custodians of Station Island, on County Donegal's Lough Derg, welcome over 10,000 people each year for a gruelling three-day pilgrimage without food or shoes.
10.00 **24 Hours in A&E** An unknown patient arrives after collapsing in the street.
11.05 **24 Hours in A&E**
12.05 AM **Our Tiny Islands**
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Supermarkets Unwrapped: Fruit & Veg Aisle**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.50 **Rude(ish) Tube Shorts**
12.10 PM **Ramsay's Kitchen Nightmares USA**
1.10 **The Simpsons**
2.10 **Modern Family**
3.10 **Married at First Sight...**
5.00 **First Dates** Dating show.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Frankie wants to come clean to Caleb.
7.30 **Married at First Sight Australia** New edition The couples face Final Vows and the ultimate choice.
9.25 **Celebs Go Dating** New edition The agents plan a big barbecue for the celebrities, and Lucinda Light has high hopes for her date at the seaside.
10.35 **Made in Chelsea** Series finale 10/10. Jack has a warning for Jazz when Inga reaches out to her, and Chuggs and Zeyno's romance comes at the expense of their friendships with Tristan and Jules.
11.40 **Gogglebox**
12.40 AM **Married at First Sight Australia** As 7.30pm.
2.35 **Celebs Go Dating**
3.30 **Made in Chelsea**
4.30 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

Monday primetime primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol** Double bill.
8.00 **Border Security USA**
9.00 **Brit Cops: Law & Disorder**
10.00 **A1: Britain's Longest Road**
11.00 **Blue Bloods** 1/20. (S12)
12.00 NOON **FBI** 11/15. (S3)
1.00 PM **The Rookie** 15/18. Filmmakers interview the LAPD. **2.00** 16/18. A familiar face makes a return. (S7)
3.00 **Law & Order: Criminal Intent** 4/22. A police officer's son is murdered. (S5)
4.00 **Nothing to Declare**

10.00 Blue Bloods

7 PM
7.00 **Police 24/7** A 21-year-old with a crashed car tells police a dubious story, and a brawl breaks out between bikers and locals.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Law & Order: Criminal Intent** *The Pardoner's Tale:* 8/22. A reporter and his fiancée are shot outside a restaurant. (S1)

10 PM
10.00 **Blue Bloods** *Guilt:* 16/20. Frank, Baker, Garrett and Gormley experience guilt when an officer they worked with is shot. (S12)
11.00 **The Rookie** 1/20. (S2)
12.00 M'T **FBI** 9&8/15. (S3)
2.00 AM **The Rookie** New episode 13/18. Crime drama. (S8)
3.00 **Brit Cops: Rapid Response**
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 10&11/12. (S1)
12.10 PM **Billions** 11&12/12. (S4)
2.25 **My Brilliant Friend** 7/8. (S3)
3.25 **The New Pope** 1/9. (S1)
4.35 **Billions** 11/12. Wendy weighs her options, and Senior makes a shocking discovery. **5.40** 12/12. Connerty gets closer to the truth. (S4)
6.45 **The Penguin** 3/8. Victor is torn between his new life and what remains of his old. (S1)

9.00 Euphoria

7.55 **The Penguin** *Cent'anni:* 4/8. Sofia confronts the events that turned her into the Hangman and led to a decade-long fight to survive in Arkham State Hospital. (S1)

9.00 **Euphoria** New episode 5/8. Drama offering a look at the complexities of life in a social-media obsessed world. (S3)

10.15 **Heated Rivalry** *Hunter:* 3/6. Golden boy Scott Hunter finally breaks a scoring slump. (S1)
11.15 **The Penguin** 3/8. Victor finds himself torn between his new life and his old one. **12.25** AM 4/8. (S1)
1.35 **Homicide: Life on the Street**
3.35 **Urban Secrets** (S1)
4.35 **Sort Of** 7/8. (S2)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.20 **Dress to Impress**
8.20 **Olivia and Alex: Parenthood**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of New...**
12.05 PM **Ant & Dec's Limitless Win**
1.05 **Celebrity Catchphrase**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 The Only Way Is Essex

7.00 **Wheel of Fortune** Graham Norton hosts the game show as contestants get the chance to spin the wheel and win prizes.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **The Only Way Is Essex** New edition The Vietnam trip may be over, but the fall-out is just beginning.

10.05 **Family Guy** 2/7. Peter has a car accident. (S1) **10.35** 13/15. Meg gets a new job as a lifeguard at an ocean park. (S22)
11.05 **Family Guy** 14/15. Peter protests about Brad Pitt playing a fat man in a biopic. (S22)
11.35 **American Dad!** (S1&13)
12.35 AM **Bob's Burgers** (S12)
1.30 **G'wed** 3/6. (S1)
2.00 **Plebs** 6/8. (S4)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse** *The Wolvercote Tongue:* A US tourist's body is discovered.
11.15 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Secrets and Spies:* Barnaby's past as a spy is revealed.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *The Championship:* Nick gets a cold reception when he meets Jo's parents.

10.00 DCI Banks

6.55 **Heartbeat** *Who Needs Enemies?* Blaketon is threatened with demotion and ponders a perfect job with a security firm.

8.00 **Midsomer Murders** *The Blacktrees Prophecy:* A survivalist is murdered in his bombproof shelter and Barnaby investigates, unravelling a conspiracy to reveal how far people will really go to escape the end of the world.

10.00 **DCI Banks** *A Little Bit of Heart – Part One:* The search for a missing husband soon escalates into a kidnap case.
11.00 **DCI Banks** *A Little Bit of Heart – Part Two:* The team are thrown when a rescued kidnap victim is found murdered.
11.50 **Lewis** *Entry Wounds – Part One:* The detective comes out of retirement.
1.50 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.00 **Kojak**
8.00 **The Saint**
9.05 **Boon**
10.10 **The Sweeney**
11.20 **BattleBots**
12.30 PM **Magnum, PI**
1.30 **Kojak**
2.35 **The Saint**
3.45 **Boon**
4.50 **The Sweeney** *Loving Arms:* Regan cracks down on guns.
5.55 **Minder** *Him Indoors:* Arthur becomes concerned about security at the lock-up.

9.00 Terminator 2: Judgment Day

7.00 **American Pickers** A visit to the Alabama Museum of Wonder. **7.30** The duo gamble on a huge pottery collection.

8.00 **The Motorbike Show** Henry Cole takes a ride through the Cotswolds, and meets the designers reviving Royal Enfield.

9.00 **FILM Terminator 2: Judgment Day** Sci-fi thriller sequel starring Arnold Schwarzenegger as a cyborg from the future that has been programmed to protect humanity's saviour. With Linda Hamilton. (1991, 15, 146min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
1.45 AM **Lost** 21/25. (S1)
2.35 **Auto Mundial**
3.00 **Teleshopping**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Landward**
3.30 **Sign Zone: Beechgrove Garden**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland:**
7.30 **Sportscene: SWPL Highlights** Action from the latest matches.
8.00 **The Harbour** Double bill.
9.00 **Surgeons: At the Edge of Life** A patient's rare penis cancer requires a partial amputation.
10.00 **Only Child** New episode 2/6. A depressed Richard searches for a real job. (S2)
10.30 **Two Doors Down** 1/6. Ian and Gordon throw Beth and Eric a surprise 30th wedding anniversary party. (S4)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Stevens & McCarthy**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S8)
9.00 **Sort Of** (S3)
9.30 **Upright** 4&5/8. (S1)
10.40 **Will & Grace** (S2)
11.40 **The Rehearsal** (S2)
12.40 PM **The Franchise** (S1)
1.15 **Upright** 4&5/8. (S1)
2.25 **Will & Grace** (S1)
3.25 **The Rehearsal** (S2)
4.25 **The Franchise** (S1)
5.00 **Community** (S1)
6.00 **Will & Grace** (S2)
7.00 **The Office (US)** (S7)
8.00 **Resident Alien** (S1)
9.00 **Real Time with Bill Maher** New edition Satirical talk show.
10.10 **Ricky Gervais Live: Animals** The comedian's first stand-up tour.
11.30 **The Comeback** Series finale *Valerie Cherish:* 8/8. Valerie considers her future. (S3)
12.10 AM **Community** (S1)
1.10 **Resident Alien** (S1)
2.10 **The Franchise** 1/8. (S1)
2.50 **Upright** 3&4/8. (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Classic FM Live**
8.00 **Artist of the Year**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu...**
1.00 PM **Tales of the...**
2.00 **Musical Masterpieces**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2017**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: Welcome to My World**
9.00 **NEW Jean-Michel Jarre Live in Sevilla**
11.00 **Len Phillips Swing Orchestra's 100 Years of Big Bands**
12.15 AM **National Theatre Live: Much Ado About Nothing** From 2022.
2.45 **Comedy Legends**
3.45 **Mary Cassatt: Painting the Modern Woman**
5.00 **to 6.00** AM **André Rieu: Wedding Special**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 15/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: The Next Generation** *Samaritan Snare:* 17/22. Geordi is taken hostage. (S2)
8.00 **Star Trek: Voyager** (S1)
9.00 **FBI** 10/13. (S6)
10.00 **FBI: Most Wanted** (S1)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S2)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
4.00 **Time Is Money** Quiz.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Helen tries to open the 22 red boxes in the right order, taking on the Banker for the chance to win life-changing cash.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Country Lives**
10.00 **Escape to Florida**
11.00 **Sun, Sea and Selling Houses** From Almería.
12.00 NOON **A Place in the Sun** From Tenerife.
3.00 PM **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Jamie's Ultimate BBQ** Jamie Oliver presents tips on improving people's grilling skills.
8.00 **Location, Location, Location** Helping a couple who have put off their wedding until they find a home in Surrey.
9.00 **Celebrity Gogglebox**
10.00 **Gogglebox**
11.05 **First Dates**
12.05 AM **Gordon Ramsay's Secret Service**
2.05 **Taskmaster**
3.05 **Emergency Helicopter Medics** Documentary.
4.00 **to 5.00** AM **24 Hours in A&E**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S1)
2.00 **SurrealEstate** 1/10. (S2)
3.00 **Fantasy Island** 9/10. (S1)
4.00 **Stargate SG-1** 6/22. (S5)
5.00 **Star Trek: Voyager** 8/26. Part one of two. Annorax vows to avenge his colony. (S4)
6.00 **Star Trek: Enterprise** 5/26. Tucker falls pregnant after sharing an intimate moment with a female engineer. (S1)

10.00 The Walking Dead

7.00 **Stargate Atlantis** *Suspicion:* 5/20. Dr Weir is driven to the conclusion that one of the team is a traitor. (S1)

8.00 **Stargate SG-1** *Rite of Passage:* 6/22. Cassandra suddenly develops uncontrollable telekinetic powers. (S5)

9.00 **Grimm** *El Cucuy:* 5/22. Nick and Hank battle a powerful Wesen who has become a vigilante. (S3)

10.00 **The Walking Dead** *Prey:* 14/16. Andrea realises that peace between Woodbury and the prison gang is impossible. (S3)
11.00 **Intergalactic** 1/8. Sci-fi drama starring Savannah Steyn. (S1)
12.00 M'T **SurrealEstate** 1/10. Paranormal drama about a real-estate agency that sells haunted houses. (S2)
1.00 AM **Fantasy Island** 9/10. (S1)
2.00 **The Walking Dead** (S3)
3.00 **Intergalactic** As 11.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 22/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Mentalist** 22/23. (S2)
5.00 **Hudson & Rex** 2/16. A prison van crash frees convicted killer Danny Winters. (S3)
6.00 **Father Brown** *The Face of the Enemy:* The Roman Catholic priest spies trouble when Lady Felicia returns to Kembleford.

10.00 Father Brown

7.00 **Unforgettable** *With Honour:* 5/22. Al tries to find the killer of his former mentor and partner Jim Kelly. (S1)

8.00 **Death in Paradise** *Until Death Do You Part:* 4/8. A hen party ends in tragedy when the bride-to-be is found dead. (S4)

9.00 **Death in Paradise** *Tour de Murder:* 3/8. A cyclist is found dead halfway round the Tour des Antilles race. (S9)

10.00 **Father Brown** *The Sands of Time:* Brenda finds love at the home of a clock collector – but she may just have fallen for a killer.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S4)
1.00 AM **Hudson & Rex** (S3)
2.00 **Murdoch Mysteries** 8/22. Decomposing bodies are discovered in a field. (S18)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.20 **Open All Hours**
10.00 **Are You Being Served?**
10.40 **Porridge**
11.20 **Keeping Up Appearances**
12.00 NOON **Last of the Summer...**
1.20 PM **The Green Green Grass**
2.00 **Hi-de-Hi!**
2.35 **Are You Being Served?**
3.15 **Still Open All Hours**
3.55 **Open All Hours**
4.35 **Hi-de-Hi!**
5.15 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

5.15 Last of the Summer Wine

7.20 **Dad's Army** Frazer is asked to look after the platoon's Lewis gun, but finds himself in hot water when he loses the spring.

8.00 **Still Open All Hours** Gastric decides to enter an art competition.
8.40 **Open All Hours** Arkwright finds he has a rival for Nurse Gladys Emmanuel's attention.
9.20 **Not Going Out** Lucy has her handbag stolen by a gang of muggers.

10.00 **Not Going Out** Lucy announces that she plans to marry a mechanic.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Not Going Out**
1.20 AM **Alma's Not Normal** Alma tracks down her father.
2.00 Lin is in a legal tangle.
2.30 **Not Going Out**
3.35 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Taste of Shanghai**
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** Quiz show.
2.00 **Mega Metro**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** The nation's fishing industry.
6.00 **Rick Stein's Taste of Shanghai** Rick finds out if the city has hung on to its culinary roots.

6.00 Taste of Shanghai

7.00 **Would I Lie to You?** With guests Danny Dyer, Jon Richardson, Moira Stuart and Joe Lycett. **7.40** With Mark Bonnar, Sheila Hancock, Stephen Mangan and Anita Rani.
8.20 **Richard Osman's House of Games** With Stephen Bailey and Charlie Brooks.

9.00 **Have I Got a Bit More News for You** Angela Rippon hosts the satirical quiz, with guests Jo Brand and Richard Osman.

10.00 **QI XL** Guests Lulu, Gyles Brandreth and Emmanuel Sonubi join regular panellist Alan Davies and host Sandi Toksvig.
11.00 **Frankie Boyle's New World Order** Topical comedy show.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **QI XL** With Neil Delamere.
2.45 **Frankie Boyle's New World Order** Topical comedy show.
3.20 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.15 **Harry Wild**
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** Robert begins a career as a journalist, and Geoffrey joins a gym.
5.20 **Birds of a Feather** Sharon goes looking for love.
6.00 **Last of the Summer Wine**

8.00 The Brokenwood Mysteries

7.20 **Last of the Summer Wine** Howard and Marina go bird watching, while Foggy tries to make hiking up hills more exciting.

8.00 **The Brokenwood Mysteries** *Catch of the Day:* 3/4. When a severed human hand is discovered in a crayfish pot, Mike and his team need to discover whose it is and whether its owner is still alive. (S2)

10.00 **New Tricks** *Old Fossils:* The team reopen the case of a murdered palaeontologist. Guest stars Trevor Bannister.
11.00 **Dalziel & Pascoe** *Secrets of the Dead:* The mismatched detectives investigate a murder in a sleepy Yorkshire village.
1.00 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.00 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

Monday

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 9-11/24. (S12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Neverland:* 24/24. Dorneget's CIA officer mother Joanna Teague joins the fight against The Calling. (S12) **7.00** *Stop the Bleeding:* 1/24. Gibbs fights for his life after being shot. **8.00** *Personal Day:* 2/24. Gibbs asks the team to work on a case. (S13) **9.00** New episode *Killer Instinct:* 17/20. After NCIS capture the hitman known as 'The Poet', the team race to uncover who ordered the assassination of a Navy chief. (S22)
10.00 **Law & Order: Special Victims Unit** (S7)
1.45 AM **Blue Bloods** (S11)
2.40 **Criminal Minds: Evolution** 5/10. (S17)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition A cycling accident leaves a bus company facing a potentially huge fare.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** A child was hit by a car.
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Skin A&E**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Police Interceptors**
11.35 FILM **The Far Country** Western. (1954, U, 97min) ★★★★
1.40 PM FILM **The Man Who Shot Liberty Valance** John Ford Western with James Stewart. (1962, b/w, U, 122min) ★★★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** The team deal with a knife-wielding man on New Year's Eve. **7.00** Officers raid a pirate radio station.
8.00 **Motorway Cops: Catching Britain's Speeders** Chasing an uninsured vehicle.
9.00 **Highway Thru Hell**
10.00 **Motorway: Hell on the Highway** Documentary.
11.00 **The X-Files** 22/25. (S2)
12.00 M'T **Scam City**
1.05 AM **Outback Truckers**
2.05 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
11.00 **DIY SOS: Homes for Veterans** In Manchester.
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
7.00 **DIY SOS: Homes for Veterans** In Manchester.
8.00 **Tipping Point** Double bill of the game show hosted by Ben Shephard.
10.00 **The Supervet** Noel Fitzpatrick treats a puppy that is suffering with walking difficulties.
11.00 **Killer Women with Piers Morgan** Piers meets Amber Wright. **12.00** M'T Piers speaks to Jennifer Mee.
1.00 AM **Sort Your Life Out with Stacey Solomon**
2.05 **to 3.00** AM **Louis Theroux Interviews... Yungblud**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **A Very British Murder with Lucy Worsley** Documentary.
7.10 **Agatha Christie: Lucy Worsley on the Mystery Queen**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **Great War in Numbers**
11.00 **The Buildings That Fought Hitler**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Great War in Numbers**
5.00 **The Buildings That Fought Hitler**
6.00 **Asia** The wildlife of Asia's mountains. **7.00** The frozen north.
8.00 **Great Australian Railway Journeys**
10.00 **Seven Worlds, One Planet** Double bill.
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen: Hunting the Catch**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Sussex.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters: The Restorers**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop at Christmas**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family: Born Without Trace**
7.00 **The Yorkshire Auction House** Angus sells some Wild West costumes. **8.00** A cancer survivor wants to sell his beloved whisky collection. **9.00** Clearing a home of classic books. **10.00** Featuring weird and wonderful items.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters: The Restorers**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** 4/7. (S1)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 4&5/24. (S6)
1.00 PM **The Waltons** (S8)
3.00 **Ballykissangel** (S2)
4.10 **Down to Earth** (S3)
5.20 **Bramwell** 5/7. (S1)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 2/22. The touring vaudeville troupe bids farewell. **8.00** 3/22. Father Mulcahy counsels a GI plagued by guilt. **8.30** 4/22. The 4077th medics are headhunted. **9.00** 5/22. Hawkeye finds time to pen a letter to President Truman. **9.30** 6/22. Potter gets a speeding ticket. (S10)
10.00 **M*A*S*H** (S10)
12.30 AM **The Avengers** (S5)
1.30 **Rising Damp** 2/7. (S3)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

318 317 426 42 33

9.10 AM **FILM Two Rode Together** Western. (1961, PG, 109min) ★★★
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **FILM Super Eruption** Disaster movie. (2011, 15, 89min) ★★
3.55 **The Persuaders!**
4.55 **The Avengers** (S6)
6.55 **FILM Redemption Day** Action thriller starring Gary Dourdan, Serinda Swan and Andy Garcia. (2021, 15, 99min) ★★
9.00 **FILM Redemption** Drama starring Jason Statham, Agata Buzek and Vicky McClure. (2013, 15, 100min) ★★
11.15 **Coast Guard Alaska**
1.15 AM **The Avengers** (S6)
3.10 **FILM The Last Days of Frank and Jesse James** Western. (1985, PG, 99min) ★★★★
4.50 **to 5.50** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **FILM Garage Sale Mysteries: The Novel Murders** (2016, PG) ★★
10.05 **In Plain Sight** 5/13. (S4)
11.05 **Castle** 1/24. (S2)
12.05 PM **FILM An Emma Fielding Mystery: Site Unseen** (2017, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 2/24. (S2)
8.00 **Unforgettable** (S4)
9.00 **In Plain Sight** 6/13. (S4)
10.00 **FILM Picture Perfect Mysteries: Exit Stage Death** Crime drama. (2020, PG, 89min) ★★
11.55 **FILM Lost Letter Mysteries: Second Chances** Crime drama. (2014, PG, 85min) ★★
1.50 AM **FILM The Wrong Daughter** Crime thriller. (2018, 12, 89min) ★★
3.25 **to 5.00** AM **FILM The House on the Hill** Thriller. (2019, 12, 95min) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.15 AM **FILM Written in the Stars** Romantic drama. (2021, U, 89min) ★★
10.25 **FILM Tell Me I Love You** Comedy. (2020, PG) ★★
12.15 PM **A Fine Romance**
12.45 **FILM Summer of Dreams** Comedy. (2016, PG, 90min) ★★
2.40 **FILM The Engagement Dress** Romantic drama. (2023, PG, 90min) ★★
4.35 **FILM Bridal Wave** Drama. (2015, PG) ★★
6.30 **A Fine Romance**
7.00 **FILM Team Bride** Drama. (2023, U, 91min) ★★
9.00 **FILM The Clue to Love** Drama with Rachel Bles. (2021, U, 89min) ★★
11.00 **FILM Love Is On The Air** Romantic drama. (2021, PG, 80min) ★★
12.50 AM **FILM Picture Perfect Romance** Drama. (2022, U, 89min) ★★
3.00 **to 5.00** AM **FILM The Clue to Love** (2021)

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Richard Wilson's Highland Fling**
3.00 **The Greatest Auction**
4.00 **New Home DIY**
5.00 **My Floating Home**
6.00 **Celebrity Coach Trip**
7.00 **Open Your Eyes**
7.30 **Queer Lives Today**
8.00 **Garden Rescue** Charlie Dimmock and Lee Burkhill create an Australian-inspired space. **9.00** Transforming a bland Leeds garden into a floral paradise.
10.00 **Open Your Eyes**
10.30 **New Home DIY**
11.00 **Me and My Affair**
12.00 M'T **FILM Adventures of a Plumber's Mate** Comedy with Christopher Neil and Elaine Paige. (1978, 18, 88min) ★
2.00 AM **Celebrity Coach Trip**
3.00 **Love Your Garden**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
8.30 **The Fenn Street Gang**
9.00 **Bubblegum & Cheese**
10.00 **The Gaffer** 4/6. (S1)
10.30 **Hallelujah** 6/7. (S1)
11.00 **Second Thoughts** (S3)
11.30 **The Fenn Street Gang**
12.00 NOON **Boon** 7/13. (S2)
1.00 PM **Danger Man** (S1)
2.00 **Rewind Time Machine**
2.05 **Wish Me Luck** (S2)
3.05 **Rewind Time Machine**
3.10 **Hank the Cowboy**
3.25 **Rewind Time Machine**
3.30 **Boon** 6/13. (S5)
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Space 1999** 7/24. (S2)
7.00 **Danger Man** (S1)
8.00 **Hallelujah** 6/7. (S1)
8.30 **Second Thoughts** (S3)
9.00 **Drop the Dead Donkey**
10.00 **FILM CB Hustlers** Thriller. (1976, 18, 85min) ★★
11.35 **The Kenny Everett Naughty Joke Box**
1.10 AM **Stereo Underground**
2.10 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters**
10.00 **Deadliest Catch**
12.00 NOON **Mysteries of the Missing**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** As winter hits the fleet, the Coast Guard responds to a Mayday call.
9.00 **Crikey! It's the Irwins** The zoo welcome two baby echidnas, and a jabiru goes missing.
10.00 **The Zoo** Max the Camel faces new challenges as he grows older.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Man v Food**
7.00 **Nigel Slater's Dish of the Day** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Great Britain**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry Cooks**
1.00 **James Martin's Islands to Highlands**
3.00 **Nigel Slater's Dish of the Day** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Great Britain**
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
8.30 **Mary Berry Cooks** Mary prepares afternoon tea.
9.00 **Adam Richman Eats Football** Double bill.
10.00 **Roux Down the River**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 19/25. (S7)
9.00 **T.J. Hooker** 9/22. (S3)
10.00 **Six Million Dollar Man**
11.00 **FILM Geo-Disaster** Sci-fi action drama. (2017, 12, 110min) ★
1.00 PM **FILM Dakota Incident** Western. (1956, PG, 88min) ★★
2.55 **FILM Jory** Western. (1972, 12, 97min) ★★
5.00 **Star Trek** 27/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 10/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Mechanic: Resurrection** Action thriller sequel starring Jason Statham. (2016, 15, 98min) ★★
11.05 **FILM Machete** Thriller. (2010, 18, 104min) ★★★
1.15 AM **FILM Machete Kills** Action thriller sequel. (2013, 15, 105min) ★★
3.20 **to 5.00** AM **FILM Standoff** Action thriller. (2015, 15, 92min) ★★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **FILM Weather Wars** Sci-fi disaster thriller. (2011, 15, 82min) ★★
11.00 **Andromeda** 16/22. (S1)
12.00 NOON **The Gambler Returns: The Luck of the Draw** Western.
2.00 PM **FILM Slipstream** Sci-fi action adventure. (1989, PG, 101min) ★
4.00 **Walker, Texas Ranger**
5.00 **FILM Shark Lake** Thriller. (2015, 15, 89min) ★★
7.00 **Andromeda** 17/22. (S1)
8.00 **The Fall Guy** (S4)
9.00 **FILM Nowhere to Run** Thriller starring Jean-Claude Van Damme and Rosanna Arquette. (1993, 15, 95min) ★★
11.00 **FILM Code Name: Geronimo** Action drama starring Cam Gigandet. (2012, 15, 96min) ★★
1.05 AM **FILM Nowhere to Run** As 9.00pm.
3.00 **FILM Shark Lake** (2015)
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars**
9.20 **Storage Wars: Texas**
10.15 **What on Earth?**
12.10 PM **Egypt's Unexplained Files**
1.05 **Pawn Stars**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **Close Encounters Down Under**
6.00 **Storage Wars: Texas**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **History's Greatest Mysteries** El Dorado.
11.00 **Hazardous History**
12.00 M'T **Legends of the Pharaohs** Tutankhamun.
1.00 AM **Close Encounters...**
2.00 **Ancient Aliens**
3.00 **World's Most Unexplained**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Susan Calman** The Canaries.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Scenic Railway Journeys**
6.00 **Digging Up Britain's Past** Sudeley Castle.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Spain with Michael Portillo** The presenter visits Barcelona.
10.00 **Inside the Tower of London** Staff prepare to host an event marking the anniversary of Victory in Europe Day.
11.00 **Nazi Megastructures**
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald** The Thames.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** Fern Britton, Matthew Hoggard, Michelle Mone and Neil Morrissey take part.
8.00 **The Chase** Double bill of the quiz show.
10.00 **The Chase Celebrity Special** With guests Katherine Ryan, George Shelley, Faye Brookes and Bobby Davro.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 9/24. The group spend the Thanksgiving holiday at Mrs Wolowitz's house. **8.30** 10/24. Sheldon is bothered by the attention following his scientific discovery. (S7)
9.00 **Mock the Week** With guests Rhys James, Glenn Moore, Ed Byrne, Sara Pascoe and Emmanuel Sonubi.
10.00 **Zero Stars** Sara and Roisin arm wrestle some locals in Bulgaria.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S7)
12.55 PM **Impractical Jokers**
1.25 **Friends** 7-19/24. (S9)
7.55 **Friends** 20/24. Joey throws a party for the cast of *Days of Our Lives*. **8.25** 21/24. Chandler and Monica visit a fertility clinic. (S9)
9.00 **Police Squad!** (S1)
10.00 **Impractical Jokers** New edition The guys scout the next child star.
10.30 **Russell Howard: Right Here Right Now**
11.45 **Iain Stirling's Roast the Internet**
12.45 AM **Whose Line Is It Anyway? USA**
1.45 **South Park** 2/4. (S24)
2.45 **South Park: The Streaming Wars** (S25)
3.30 **Kevin Bridges: The Story Continues**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S7)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 5.00pm.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 2-5/24. (S5)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 8/8. (S2)
4.00 **Impractical Jokers**
5.00 **Michael McIntyre's Big Show** With Niall Horan, Jason Manford and Miranda Hart.
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S7)
10.00 **Friends** 7-14/24. (S9)
2.05 AM **Michael McIntyre's Big Show** As 5.00pm.
3.05 **Utopia** 6/8. (S2)
3.25 **Teachers** 10/20. (S2)
3.50 **Broad City** (S1)
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.15 **Bread** 4/10. (S8)
10.55 **Steptoe and Son** (S1)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 13/15. Drama. (S3)
2.45 **Minder** 4/13. (S9)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 4/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 3/7. (S1)
6.45 **Steptoe and Son** (S1)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 4/13. (S3)
9.00 **Benidorm** 7/7. (S5)
10.00 **Shameless** 2/11. (S9)
11.15 **Man About the House**
11.45 **Mind Your Language**
12.15 AM **Benidorm** 7/7. (S5)
1.15 **Minder** 2/13. (S8)
2.15 **Duty Free** 1/7. (S2)
2.40 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Beauty and the Geek Australia** Reality series.
11.00 **Catfish: The TV Show**
2.00 PM **Bar Rescue**
4.00 **Judge Judy**
6.00 **Beauty and the Geek Australia** New edition A surprise double elimination decides which couples will make it into the Grand Final.
7.30 **FriendZone**
8.00 **Just Tattoo of Us**
9.00 **Bar Rescue** New edition Jon Taffer rescues a bar in Boca Raton, Florida.
10.00 **Tattoo Fixers**
11.00 **Ink Master**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** An aquarium.
8.00 **Treehouse Masters**
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** New editions Dr Jeff makes a shocking discovery. **2.00** Khaleesi the golden retriever pup undergoes a life-saving procedure.
3.00 **How Do They Do It?**
5.00 **Alaska: Homestead Rescue** Two couples in Alaska face disaster near the Arctic Circle.

8.00 Filthy Fortunes

7.00 **Wheeler Dealers** Mike surprises Elvis with a Caterham Seven, but the size of the restoration job is bigger than expected.

8.00 **Filthy Fortunes** New edition In a house packed with oddities, Matt finds megalodon teeth and Civil War bullets.

9.00 **Maine Cabin Masters** Chase Morrill decides to split his team to revamp two A-frame cabins in Maine's Sugarloaf Valley.

10.00 **Expedition X** In Savannah, America's most haunted city, Heather and Phil's quest takes them deep into the wilderness.

11.00 **Expedition Bigfoot** Mireya and Biko must navigate rapids to track a possible hunting party in Washington.
12.00 M'T **Border Control: Spain**
1.00 AM **Maine Cabin Masters**
2.00 **Expedition X** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **The Gamechangers: Inventing the World**
10.00 **Tanked** A koi fish pond.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** In Calhoun County, Ben and Chelsea Bailey patrol shrimp boats.
6.00 **Dr Jeff: Rocky Mountain Vet** The vet treats a puppy suffering from a deadly virus.

5.00 Lone Star Law

7.00 **Treehouse Masters** Pete builds an adventure-themed treehouse for a family of explorers in the Pocono mountains.

8.00 **Shark Bait** The team head to Cape Cod to examine the territorial struggle between seals and great white sharks.

9.00 **Alaska: The Last Frontier** Atz Lee makes progress with the cabin alone as tensions continue to mount with Jane.

10.00 **Alaska: Surviving the Last Frontier** Greg Pierson sets out on a goat hunt despite never having fired a gun before.

11.00 **Alaska Monsters** Investigating a creature that has been attacking grizzly bears.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **100 Days Wild**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **America's Last Slave Ship: Drain the Oceans**
11.00 **Lost Treasures of the Bible**
12.00 NOON **World War II: Secrets from Above** Documentary.
1.00 PM **Planes That Changed History** The story of Concorde.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster**
5.00 **Toronto Airport Uncovered**
6.00 **Hitler's Last Stand**

7.00 Air Crash Investigation

7.00 **Air Crash Investigation** A reconstruction of XL Airways Germany Flight 888T, which spiralled into the Mediterranean.

8.00 **Construction Fails** New edition An oversized billboard falls in Mumbai, and heavy snow collapses roofs in Minnesota.

9.00 **Air Crash Investigation: Special Report** Focusing on aviation disasters and near-misses during severe storms.

10.00 **Inside the CIA: Secrets and Spies** A former CIA officer rescues people during the US withdrawal from Afghanistan in 2021.

11.00 **Air Crash Investigation**
12.00 M'T **Car S.O.S** A Rover P4 100.
1.00 AM **Border Protection Spain**
2.00 **Trafficked** Human organs.
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **When Sharks Attack and Why**
4.35 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Dirty Old Cars**
6.30 **Hardcore Pawn**
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars** Four editions.
12.00 NOON **History's Greatest Picks with Mike Wolfe**
1.00 PM **Britain's Most Historic Towns** Double bill of editions.
3.00 **Bomber: Terror of WWII** The bombing of German cities. **4.00** How the bombing of Tokyo demonstrated the power of the B-29 bomber. **5.00** The V1 cruise missile.
6.00 **American Pickers**

9.00 Knut: The Viking Emperor

7.00 **Forged in Fire** Smiths are challenged with forging a canister Damascus knife using only steel wool and 1095 powder.

8.00 **History's Greatest Picks with Mike Wolfe** New edition The stories and values behind legendary treasures.

9.00 **Knut: The Viking Emperor** New edition The exploits of Knut the Great, who claimed the crowns of England, Norway and Denmark.

10.10 **Viking Dead** How a Viking ship discovered in 1904 continues to present archaeologists with new mysteries to unravel.

11.05 **Viking Dead** A look at the discovery of sites where Vikings had buried treasure.
12.05 AM **American Pickers**
1.05 **Forged in Fire**
2.05 **Knut: The Viking Emperor**
3.15 **History's Greatest Picks with Mike Wolfe**
4.10 **Storage Wars** Triple bill.
5.15 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: Shirley MacLaine**
8.00 **The Directors**
9.00 **Janet Jackson**
10.00 **The Man Who Played with Fire** As shown at 7.00pm.
11.00 **The 2000s**
12.00 NOON **The Crime of the Century** 1/2. Documentary.
2.00 PM **Seve** The story of golfer Severiano Ballesteros.
4.00 **The Directors**
5.00 **Discovering: Shirley MacLaine**
6.00 **Janet Jackson** 1/4. The life and career of the singer.

6.00 Janet Jackson

7.00 **The Man Who Played with Fire** 1/4. Investigating the assassination of Swedish prime minister Olof Palme in 1986.

8.00 **Bibaa & Nicole: Murder in the Park** 1/3. Documentary about the murder of two sisters in a London park in 2020.

9.00 **Bibaa & Nicole: Murder in the Park** 2/3. A look at senior investigating officer Simon Harding's handling of the murders.

10.00 **Bibaa & Nicole: Murder in the Park** 3/3. Police search Danyal Hussein's room after his arrest and find an incriminating note.

11.00 **Hijacked: Flight 73** Documentary exploring the hijacking of Pan Am Flight 73 in Karachi in 1986, during which an airline employee on the ground risked his life negotiating with the hijackers.
1.00 AM **George Carlin's American Dream** 1&2/2.
5.00 **to 6.00** AM **Discovering: Shirley MacLaine**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Gem Hunters Down Under** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Shed and Buried: Classic Cars** New edition Henry Cole and Fuzz Townshend uncover a rare Armstrong Siddeley Hurricane convertible.
10.00 **MotoGP Highlights** The Grand Prix of France.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories** The murder of Pearl Black.
8.00 **Murder on CCTV** The disappearance of college student Samantha Josephson.
9.00 **The Killer in My Family**
10.00 **Britain's Deadliest Kids**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Murder of a Showgirl**
8.00 **UK Crime Files: Murder of Innocents**
9.00 **Secrets of a Murder Detective** In 2014, Miltiades 'Milton' Papadopoulos was found dead in his home.
10.00 **Donal MacIntyre's UK Killer Evidence** New edition The story of a disappearance in Wrexham, which led to a murder conviction.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Murder of a Showgirl**
1.00 AM **UK Crime Files: Murder of Innocents**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Brides in the Bath Murders** George Smith.
9.55 **UK Crime Files: Serial Killer in the Making?**
11.00 **48 Hours** Dee Warner.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: The Hotelier and the Hitman**
3.00 **UK Crime Files: Skeleton in the Carpet**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** Investigating fatalities in a Texan hospital. **5.30** Investigators use technology to lift a fingerprint from a pillow. **6.00** Investigating two potentially related cases. **6.30** Investigators look into the disappearance of a six-year-old girl.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Murder Uncut**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **The Real CSI: Miami**
10.00 **Murder in the Valleys**
12.00 M'T **World's Most Evil Killers** Bobby Joe Long.
1.00 AM **How I Caught the Killer** Mark Jensen.
2.00 **Killing Mum and Dad**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Secrets of the Royal Palaces** Sandringham.
9.35 **The Normans**
10.50 **The Wheelchair President** Documentary.
11.50 **The Rosenbergs: Atomic Spies**
1.00 PM **Weathered: Earth's Extremes**
1.35 **Secrets of the Royal Palaces** Sandringham.
2.35 **The Normans**
3.55 **The Wheelchair President** Documentary.
4.55 **The Rosenbergs: Atomic Spies**
6.05 **Secrets of the Royal Palaces** Sandringham.
7.10 **The Normans**
8.25 **The Wheelchair President** Documentary.
9.30 **The Rosenbergs: Atomic Spies**
10.40 **The Normans**
12.00 M'T **The Wheelchair...**
1.05 **to 2.00** AM **Weathered: Earth's Extremes**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **Amazing Animal Friends**
9.00 **Guardians of the Wild**
10.00 **Volcanic Odysseys**
11.00 **Secrets of the Enchanted Forests** Diverse woodlands.
12.00 NOON **Surviving the Amazon**
1.00 PM **Monkey Life**
2.00 **Amazing Animal Friends**
3.00 **Guardians of the Wild**
4.00 **Volcanic Odysseys**
5.00 **Secrets of the Enchanted Forests** Diverse woodlands.
6.00 **Surviving the Amazon**
7.00 **Monkey Life** Double bill.
8.00 **Dawn to Dusk** Documentary.
9.00 **After the Wildfires**
10.00 **Surviving the Amazon**
11.00 **Secrets of the Enchanted Forests** Diverse woodlands.
12.00 M'T **Reef Wrecks**
1.00 AM **Africa's Wild Horizons**
2.00 **Dawn to Dusk** Documentary.
3.00 **After the Wildfires**
4.00 **Amazing Animal Friends**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.55 **The Abyss: Rise & Fall of the Nazis** Hitler's invasion of Poland.
8.55 **U-Boat Wargamers**
10.00 **The Lost Women Spies**
11.05 **Ancient Aliens** Double bill.
1.00 PM **Digging for Britain**
6.00 **The Proof Is Out There**
6.55 **U-Boat Wargamers**
8.00 **Life After People** How the global retail machine would collapse if humans vanished.
9.00 **The Proof Is Out There** A claim that a family in Las Vegas encountered aliens.
10.00 **History's Most Shocking** A paraglider using his skills and fast-thinking to survive a drop.
11.00 **Ancient Aliens** The *Apollo 11* mission to the Moon. **12.00** M'T Giorgio Tsoukalos studies India's Sanskrit texts.
1.00 AM **Ancient Aliens: The Ultimate Evidence**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Arctic Rescue** Double bill.
1.00 PM **Blowing Up History**
3.00 **NASA's Unexplained Files**
6.00 **How Do They Do It?** Manufacturing techniques behind the groovy vinyl LP. **6.30** How the axe was forged. **7.00** Wensleydale cheese, paintbrushes and aromatic oils. **7.30** The Tesla Model S, horses' tails and swimming pools. **8.00** A look at how France's appetite for snails is sated. **8.30** An insight into how bridges that can take the weight of a tank are built.
9.00 **Truth Behind the Moon Landing** Experts investigate American espionage during the Apollo programme. **10.00** A crash that nearly killed astronaut Neil Armstrong.
11.00 **NASA's Unexplained Files**
1.00 AM **Through the Wormhole with Morgan Freeman**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam** Documentary.
11.00 **Judge Rinder** Triple bill.
2.00 PM **Hometown Tragedy**
3.00 **Green Eyed Killers**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48** A young mother's demise in New Orleans.
8.00 **Hometown Tragedy** Two siblings hear unsettling stories about their family's history. **8.30** A doctor is murdered.
9.00 **#Dead2Me** How a bride was killed before her honeymoon.
10.00 **Cold Case UK** A look into the Steel Town murders.
11.00 **Houses of Horror: Secrets of College Life**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet Compilations**
9.00 **Bizarre Animal Friends**
10.00 **Monster Fish**
11.00 **Hostile Planet**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets Compilation** Series highlights.
3.00 **Swamp Men**
4.00 **Secrets of the Zoo: Tampa**
5.00 **Northwoods Survival**
6.00 **Yukon Vet**
7.00 **NEW SERIES American Amazon** Exploring the deepest forests of Southern swamps.
8.00 **America's Deadliest** The most dangerous animals in the USA.
9.00 **Mystery Gorilla** The social behaviour of the animal.
10.00 **Lawless Island** Oliver sets out on the water with Carl, Matt and a new set of slinky pots.
11.00 **Ice Road Rescue**
12.00 M'T **When Sharks Attack**
1.00 AM **Something Bit Me**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Lost Mines: Restored**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Scientists and experts explain the importance of NASA's Juno probe.
1.00 PM **Mysteries at the Castle**
2.00 **Hunting Atlantis**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Lost Mines: Restored**
9.00 **Legendary Locations** Josh explores a lake in India with connections to alien life.
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Metal worker Ted works on a pair of theatre lights.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Train Truckers**
1.00 PM **Train Truckers** A Great Western Railway steam engine needs a safety inspection. **2.00** A wartime iron workhorse needs to be hauled from Staffordshire to Oxfordshire. **3.00** The A4 LNER Pacific Locomotive, *Sir Nigel Gresley*, must be hauled to Bridgnorth. **4.00** The 100-ton Royal Highland Fusilier must be hauled from Leicestershire to Cheshire.
5.00 **The Two Ronnies** Double bill.
7.00 **The Two Ronnies** Vintage comedy sketches from Messrs Barker and Corbett. **8.00** Featuring music from Manhattan Transfer. **9.00** Vintage comedy sketches, including more from Sid and Lil. **10.00** Featuring another instalment of spoof crime drama *Stop, You're Killing Me*. **11.00** Featuring an Appeal on Behalf of the Indecisive.
12.00 M'T **The Two Ronnies**
5.20 **to 6.00** AM **River Walks**

+1hour 266 376

ID

154 140 166

8.00 AM **The Big Swindle**
9.00 **Evil Lives Here**
11.00 **People Magazine Investigates**
12.00 NOON **Forbidden: Dying for Love** Documentary.
1.00 PM **Evil Lives Here**
2.30 **Signs of a Psychopath**
3.00 **People Magazine Investigates**
4.00 **Forbidden: Dying for Love**
5.00 **Til Death Do Us Part**
7.00 **Death by Fame** A former runway model is found dead at the bottom of her pool. **8.00** Police sift through hours of surveillance to catch a killer.
9.00 **Faking It: Tears of a Crime** Ian Stewart, who killed his wife, and years later, murdered his millionairess fiancée.
10.00 **American Monster** A husband turns violent when his wife tries to end their marriage.
11.00 **A Body in the Basement**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **Til Death Do Us Part**
4.00 **to 6.00** AM **Death by Fame**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** A Rover collection.
2.00 **Ant Anstead: Born Mechanic**
3.00 **Massive Engineering Mistakes**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Kindig Customs: Road to...**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Kindig Customs: Road to the Ridler** The Ridler car's engine and transmission are married.
9.00 **Street Outlaws: Locals Only** Racers compete in Kentucky.
10.00 **Massive Engineering Mistakes**
11.00 **Wheeler Dealers**
12.00 M'T **Kindig Customs: Road...**
1.00 AM **Richard Hammond's Workshop** Richard restores a 1947 Delahaye sports car.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Don't Let's Go to the Dogs Tonight** Drama. (2024, 15, 99min) ★★★★
7.45 **The Shadow's Edge** (2025)
10.10 **Downton Abbey: The Grand...**
12.20 PM **Spinal Tap II: The End Continues** Comedy sequel. (2025, 15, 83min) ★★★
1.50 **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
4.00 **Honey Don't!** As 3.20am.
5.35 **Wuthering Heights** Drama. (2026, 15, 136min) ★★★★

5.35 Wuthering Heights

8.00 **Downton Abbey: The Grand Finale** Drama starring Hugh Bonneville and Michelle Dockery. In the summer of 1930, the Crawleys grapple with the threat of social disgrace when Mary finds herself at the centre of a public scandal. (2025, PG, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Shadow's Edge** Chinese-Hong Kong thriller starring Jackie Chan. A retired tracking expert is hired to bring down a brilliant cyber-criminal gang. Subtitled. (2025, 15, 141min)

12.40 AM **Eddington** Western with Joaquin Phoenix, Emma Stone and Pedro Pascal. (2025, 15, 148min) ★★★★
3.20 **Honey Don't!** Comedy thriller starring Margaret Qualley. (2025, 15, 89min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Fast

303 303 403 503 517

7.25 AM **2 Fast 2 Furious** (2003)
9.25 **The Fast and the Furious: Tokyo Drift** As 2.00am.
11.20 **Fast & Furious** As 3.45am.
1.10 PM **Fast & Furious 5** Thriller sequel starring Vin Diesel. (2011, 12, 130min) ★★★
3.25 **Fast & Furious 6** Thriller sequel starring Paul Walker. (2013, 12, 125min) ★★★
5.40 **Fast & Furious 7** Thriller sequel starring Vin Diesel. (2015, 12, 132min) ★★★★

5.40 Fast & Furious 7

8.00 **Fast & Furious 8** Action thriller sequel starring Vin Diesel and Charlize Theron. Street racing criminal Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. With Dwayne Johnson and Kurt Russell. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Fast and the Furious** Thriller starring Vin Diesel. An undercover cop joins a gang of illegal road racers he believes are responsible for a series of truck hijackings. (2001, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **2 Fast 2 Furious** Thriller sequel starring Paul Walker. (2003, 12, 108min) ★★★
2.00 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★
3.45 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★
5.35 **to 7.45** AM **Fast & Furious 5**

Sky Cinema Drama

310 310 410 510 524

7.40 AM **Night Call** As 4.25am.
9.25 **Drift** Drama starring Cynthia Erivo. (2023, 15, 93min) ★★★★
11.10 **An Officer and a Gentleman** Romantic drama with Richard Gere. (1981, 15, 125min) ★★★★
1.20 PM **Touch** Icelandic drama. (2024, 15, 121min) ★★★★
3.30 **Empire of the Sun** Steven Spielberg's epic drama. (1987, PG, 152min) ★★★★
6.05 **About a Boy** Comedy drama based on the novel by Nick Hornby, starring Hugh Grant. (2002, 12, 101min) ★★★★
8.00 **Molly's Game** Fact-based drama about Molly Bloom, a skier who ran the world's most exclusive high-stakes poker game and became an FBI target. Stars Jessica Chastain. (2017, 15, 137min) ★★★★
10.25 **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
12.40 AM **May December** Drama starring Natalie Portman. (2023, 15, 117min) ★★★★
2.40 **Plainclothes** Romantic thriller. (2025, 15, 95min) ★★★
4.25 **to 6.10** AM **Night Call** French-Belgian crime thriller. Subtitled. (2024, 15, 97min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

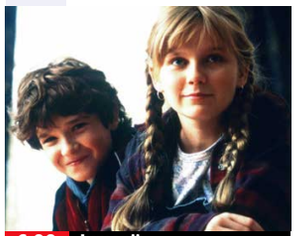
7.30 AM **Chappie** Sci-fi thriller. (2015, 15, 120min) ★★
9.35 **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
11.10 **Zombieland: Double Tap** (2019)
12.50 PM **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
2.30 **Men in Black II** Comedy sequel. (2002, PG, 88min) ★★★
4.10 **Men in Black 3** Comedy sequel. (2012, PG, 105min) ★★★★
6.00 **Men in Black: International** Fantasy comedy sequel starring Chris Hemsworth. (2019, 12, 110min) ★★★
8.00 **Cloverfield** Offbeat disaster movie starring Lizzy Caplan. (2007, 15, 81min) ★★★
9.40 **10 Cloverfield Lane** Thriller starring Mary Elizabeth Winstead and John Goodman. (2016, 12, 103min) ★★★★
11.30 **Zombieland: Double Tap** Horror comedy sequel. (2019, 15, 99min) ★★★
1.15 AM **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
2.55 **Mr. Vampire** Horror comedy. (1985, 15, 96min) ★★★
4.40 **to 6.05** AM **Friendship's Death** Sci-fi drama starring Tilda Swinton. (1987, 15, 78min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **Penguins of Madagascar** Animation. (2014, U) ★★★★
7.35 **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12, 101min) ★★
9.20 **Scooby-Doo** (2002, PG) ★★★
10.50 **Despicable Me 4** (2024) ★★★
12.30 PM **Paddington in Peru** Comedy. (2024, PG) ★★★★
2.30 **DC League of Super-Pets** Animation. (2022, PG) ★★★
4.25 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
6.00 **Jumanji** (1995, PG) ★★★★


6.00 Jumanji

7.50 **Shrek the Third** Animated comedy sequel featuring the voices of Mike Myers, Cameron Diaz and Eddie Murphy. (2007, U, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Ghostbusters: Afterlife** Supernatural comedy sequel starring Paul Rudd and Carrie Coon. A single mother and her children discover their link to the original Ghostbusters and the legacy their grandfather left behind. (2021, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Peter Pan** Fantasy adventure starring Jeremy Sumpter. (2003, PG, 113min) ★★★★
1.50 AM **DC League of Super-Pets** As 2.30pm.
3.45 **Super Charlie** Animation. (2025, PG, 82min) ★★★
5.20 **to 7.20** AM **Bookworm** Comedy adventure starring Elijah Wood and Nell Fisher. (2024, 12, 103min) ★★★★

Sky Cinema Action

306 306 407 507 521

6.35 AM **William Tell** As 3.05am.
9.00 **Clash of the Titans** As 1.15am.
10.55 **Bullet Train** Comedy thriller. (2022, 15, 127min) ★★★★
1.15 PM **Spider-Man 3** Fantasy. (2007, 12, 139min) ★★★
3.45 **The Mummy Returns** Adventure sequel with Rachel Weisz and Brendan Fraser. (2001, 12, 129min) ★★★★
6.05 **Morbius** Comic-book adventure starring Jared Leto. (2022, 12, 104min) ★★

8.00 Troy

8.00 **Troy** Epic drama starring Brad Pitt, Eric Bana and Orlando Bloom. When Trojan prince Paris elopes with Greek royal consort Helen, Greek king Agamemnon conspires to retrieve her as a pretext for invading and conquering Troy. With Brian Cox and Sean Bean. (2004, 15, 163min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

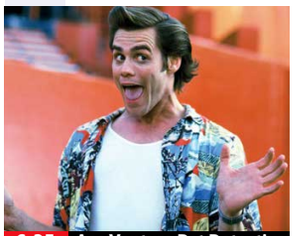
10.50 **Wonder Woman** Fantasy adventure with Gal Gadot. An Amazon princess leaves her isolated island during World War One, aiming to end the conflict. (2017, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.15 AM **Clash of the Titans** Fantasy with Sam Worthington. (2010, 12, 106min) ★★
3.05 **William Tell** Historical drama starring Claes Bang. (2025, 15, 133min) ★★★
5.25 **to 7.15** AM **Rampage** Fantasy. (2018, 12, 107min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **Zoolander** (2001) ★★★★
7.40 **Adulthood** (2025, 15) ★★★
9.25 **Mamma Mia!** Musical comedy. (2008, PG, 108min) ★★★★
11.25 **Mamma Mia! Here We Go Again** (2018, PG) ★★★★
1.25 PM **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
3.15 **Liar Liar** (1997, 12) ★★★★
4.50 **Hostages** Comedy thriller. (2025, 15, 90min) ★★★
6.25 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★


6.25 Ace Ventura Pet Detective

8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey as pet detective Ace Ventura, here searching for a sacred white bat in Africa. With Ian McNeice. (1995, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Little Fockers** Comedy sequel starring Robert De Niro and Ben Stiller. A male nurse must prove to his tough father-in-law that he is worthy of one day taking his place as the family patriarch. (2010, 12, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Sausage Party** Animation with the voice of Seth Rogen. (2016, 15, 89min) ★★★
1.05 AM **Am I OK?** Comedy drama. (2022, 15, 86min) ★★★
2.35 **Ace Ventura Pet Detective**
4.10 **Ace Ventura: When Nature Calls** As shown at 8.00pm.
5.50 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Thriller

309 309 409 509 523

7.05 AM **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
9.05 **The Perfect Storm** Drama. (2000, 12, 129min) ★★★★
11.20 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
1.30 PM **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★
3.40 **The Accountant** Thriller. (2016, 15, 123min) ★★★
5.55 **Ocean's Thirteen** Thriller sequel with George Clooney. (2007, PG, 122min) ★★★

8.00 Eye in the Sky

8.00 **Eye in the Sky** Thriller starring Helen Mirren and Alan Rickman. A mission to wipe out a terrorist cell is complicated when a girl enters the blast radius of a planned drone strike. With Barkhad Abdi. (2015, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Lethal Weapon 3** Action comedy thriller sequel starring Mel Gibson and Danny Glover. The mismatched LA cop partners pursue a violent gunrunner. With Joe Pesci. (1992, 15, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Equalizer** Action thriller with Denzel Washington. (2014, 15, 132min) ★★★
2.20 AM **Drop** Thriller with Meghann Fahy and Brandon Sklenar. (2025, 15, 95min) ★★★★
4.05 **to 6.35** AM **The Day of the Jackal** Thriller starring Edward Fox and Michael Lonsdale. (1973, 15, 142min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Anastasia** Historical drama. (1956, U, 105min) ★★★
1.10 PM **Canyon Passage** Western. (1946, PG, 92min) ★★★
3.00 **The Comancheros** Western. (1961, PG, 102min) ★★★
5.10 **Destroyer** War drama. (1943, b/w, U, 99min) ★★
7.15 **The Monuments Men** World War Two drama directed by and starring George Clooney. (2014, 12, 118min) ★★★

9.30 Sisu

The Monuments Men (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.30 **Sisu** Action thriller starring Jorma Tommila. In 1944, an ex-soldier is confronted by Nazis when trying to take gold from the Lapland wilderness into the city. With Aksel Hennie, Onni Tommila and Jack Doolan. (2022, 15, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 **Terminator: Dark Fate** Sci-fi adventure, starring Arnold Schwarzenegger and Linda Hamilton. Sarah Connor must stop an advanced liquid Terminator from hunting down a young girl, whose fate is critical to the human race. (2019, 15, 123min) ★★★★
1.50 **to 3.45** AM **Enys Men** Horror. (2022, 15, 90min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Decades

302 302 402 502 516

7.20 AM **So I Married an Axe Murderer** Comedy thriller. (1993, 15, 92min) ★★★
9.05 **Back to the Future Part III**
11.10 **The Naked Gun 2½: The Smell of Fear** As 12.55am.
12.40 PM **The Naked Gun 33⅓: The Final Insult** As 2.25am.
2.10 **Gremlins 2: The New Batch** Horror comedy fantasy sequel. (1990, 12, 107min) ★★★

4.10 **Mars Attacks!** Sci-fi comedy. (1996, 12, 106min) ★★★★
6.00 **Back to the Future Part III** Adventure. (1990, PG) ★★★★
8.00 **American Pie** Teen comedy. (1999, 15, 96min) ★★★★
9.40 **Billy Madison** Comedy starring Adam Sandler and Bridgette Wilson. (1995, PG, 90min) ★★
11.15 **Big Daddy** Comedy drama. (1999, 12, 95min) ★★★
12.55 AM **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★

2.25 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel. (1994, 12, 83min) ★★★
3.55 **The Brady Bunch Movie** Comedy. (1995, 12, 89min) ★★★
5.30 **to 7.05** AM **Rumble in the Bronx** Comedy starring Jackie Chan. (1996, 15, 89min) ★★★

Sky Cinema Greats

307 307 404 504 518

8.35 AM **Breakdown** As 4.15pm.
10.15 **Gloria** As shown at 3.50am.
12.25 PM **Psycho** Alfred Hitchcock's notorious horror chiller. (1960, b/w, 15, 109min) ★★★★★
2.15 **Jaws 2** Adventure thriller sequel starring Roy Scheider. (1978, PG, 115min) ★★★
4.15 **Breakdown** Thriller with Kurt Russell and Kathleen Quinlan. (1997, 15, 94min) ★★★★

6.00 **...And Justice for All** Satirical black comedy starring Al Pacino. (1979, 15, 119min) ★★★
8.00 **Jaws 3** Adventure sequel starring Dennis Quaid and Bess Armstrong. A great white shark makes its way to a marine theme park. (1983, 12, 99min) ★★
9.45 **Enter the Dragon** Action thriller starring Bruce Lee as an undercover agent who infiltrates a martial arts competition on an island fortress. With John Saxon. (1973, 18, 97min) ★★★★

11.30 **A Clockwork Orange** Futuristic satire with Malcolm McDowell. (1971, 18, 136min) ★★★★
1.50 AM **High Plains Drifter** Western starring Clint Eastwood. (1972, 18, 105min) ★★★★
3.50 **to 6.00** AM **Gloria** Drama. (1980, 15, 121min) ★★★★

Disney+ Cinema

305

6.00 AM **The Tigger Movie** (2000)
7.25 **Bambi** Feature-length cartoon. (1942, U, 69min) ★★★★★
8.35 **The Many Adventures of Winnie the Pooh** Animation. (1977, U, 71min) ★★★
9.50 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
11.45 **Pocahontas** Animated adventure featuring the voice of Irene Bedard. (1995, U, 81min) ★★★

1.10 PM **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
3.35 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
5.05 **Mufasa: The Lion King** Musical prequel. (2024, PG) ★★★
7.05 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
9.00 **A Complete Unknown** Biopic. (2024, 15, 140min) ★★★★
11.20 **Nightbitch** Dark comedy. (2024, 15, 99min) ★★★

1.00 AM **Confessions of a Shopaholic** Comedy. (2008, PG) ★★★
2.50 **Black Swan** Psychological thriller. (2010, 15, 108min) ★★★
4.40 **The Tigger Movie** Animation. (2000, U, 77min) ★★★
5.55 **to 6.00** AM **Forky Asks a Question** Animated short.

Movies 24

312 313 419

7.00 AM **Something's Brewing** Drama. (2023, PG, 89min) ★★
9.00 **A Harvest Homecoming** Drama. (2023, PG, 85min) ★★
11.00 **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
1.00 PM **A Safari Romance** Comedy. (2023, PG, 84min) ★★
3.00 **Love at the Christmas Market** Drama starring Ginna Claire Mason. (2023, PG, 88min) ★★

5.00 **The Real West** Romantic comedy starring Kimberley Sustad. (2024, PG, 84min) ★★
7.00 **A Missed Connection** Romantic drama with Meggan Kaiser and Alex Trumble. (2023, PG, 90min) ★★
9.00 **An Easter Bloom** Drama with Aimee Teegarden and Benjamin Hollingsworth. A woman suffering a crisis of faith enters a flower-arranging contest in the hope of saving her late father's farm. (2024, PG, 84min) ★★

11.00 **The Date Whisperer** Romantic drama. (2023, PG, 87min) ★★
1.00 AM **Falling Together** Drama. (2024, U, 90min) ★★
3.00 **to 5.00** AM **Royal-Ish** Drama. (2025, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **The Vise** 2/39. (S1)
6.30 **The Large Rope** Crime thriller. (1953, b/w, PG, 72min) ★★
7.55 **Ferranti Masters of Power**
8.00 **Glencannon** Sitcom.
8.30 **Take A Letter Mr Jones** (S1)
9.00 **Park Ranger** 5/6. (S1)
9.30 **Look at Life** Documentary.
9.40 **Live It Up** Musical comedy. (1963, U, 78min) ★★★
11.05 **Radio Caroline 1965** Short film.

11.20 **Four Star Theatre** 25/41. (S4)
11.50 **Look at Life** Documentary.
12.00 NOON **Sergeant Cork** (S1)
1.05 PM **Richard the Lionheart**
1.35 **Hell Drivers** Action drama. (1957, b/w, PG, 104min) ★★★
3.45 **First Comes Courage** Drama. (1943, b/w, PG, 88min) ★★
5.30 **The Directors** 1/10. (S1)
6.30 **The Veil** 3/12. (S1)
7.00 **The Footage Detectives**
8.00 **Bat Out of Hell** 4/5. (S1)
8.30 **Miracle on 34th Street** Festive drama. (1959, PG, 60min) ★★

9.45 **The Proposition** Western. (2005, 18, 104min) ★★★★
11.50 **Pearl of the South Pacific** Adventure. (1955, U, 80min) ★
1.35 AM **The Big Lift** Drama. (1950, b/w, PG, 119min) ★★★
4.00 **Four Star Theatre** 25/38. (S3)
4.30 **to 5.00** AM **Honey West**

Monday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Analysing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk** Sports news.
3.00 LIVE **IPL** **Punjab Kings v Delhi Capitals.** Coverage of the T20 match held at Himachal Pradesh Cricket Association Stadium, Dharamsala. This meeting last season was a high-scoring affair with over 400 runs scored across the two innings. Punjab made 206-8 from their overs, before the Capitals chased their target down with three balls to spare to win by six wickets.
6.30 LIVE **MNF** **Tottenham Hotspur v Leeds United.** The Premier League game at Tottenham Hotspur Stadium. Spurs claimed a 2-1 victory in October's reverse fixture and are in need of another result tonight as they continue their bid to avoid relegation. Kick-off **8.00pm**.
11.00 **Sky Sports News**
12.00 M'T LIVE **NBA Basketball** Coverage of a play-off match.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **The Big Interview**
6.30 **Premier League Highlights**
9.00 **Ref Watch** Analysing decisions.
10.00 **Sky Sports FC**
12.00 NOON **PL Highlights** Nottingham Forest v Newcastle United.
12.30 PM West Ham United v Arsenal at London Stadium.
1.00 Brighton v Wolves.
1.30 Fulham v Bournemouth.
2.00 Sunderland v Man United.
2.30 Burnley v Aston Villa.
3.00 Crystal Palace v Everton.
3.30 Man City v Brentford.
4.00 Action from Nottingham Forest v Newcastle United.
4.30 West Ham United v Arsenal.
5.00 **The Premier League Show**
6.00 **Ref Watch** Analysing decisions.
6.30 LIVE **MNF** **Tottenham Hotspur v Leeds United.** The Premier League match at Tottenham Hotspur Stadium. Kick-off **8.00pm**.
11.00 **Ref Watch** Analysing decisions.
11.30 **Premier League Stories**
12.00 M'T **MNF** Tottenham v Leeds.
12.30 AM **The Big Interview**
1.00 **PL Retro** Chelsea v Tottenham.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Best PL Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Greatest Games**
7.00 **EFL Highlights** Play-offs.
9.00 **SPFL Round-Up**
9.15 **SPFL Highlights** Celtic v Rangers.
9.45 **EFL Highlights**
10.45 **EFL Greatest Games**
12.00 NOON **EFL Highlights**
2.00 PM **SPFL Round-Up**
2.15 **SPFL Highlights**
3.00 **EFL Greatest Games**
4.00 **EFL Highlights** Action from both of the League Two play-off semi-final first-leg fixtures.
5.00 Action from the League One semi-final first-leg fixtures.
6.00 The key moments from both of the Championship play-off semi-final first-leg matches.
7.00 LIVE **EFL** The second leg of a Championship play-off semi-final, as the team that finished third in the table hosts the sixth-placed side. Kick-off **8.00pm**.
10.30 **EFL Greatest Games**
11.00 **Bundesliga Highlights Show**
12.00 M'T **EFL Highlights**
12.30 AM **SPFL Greatest Games**
2.30 **EFL Greatest Games**
4.00 **EFL Cup** The 2021/22 final.
5.00 **Best Goals: EFL Cup 2021/22**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 action.
11.15 **Best of ICC WT20**
12.00 NOON **Women's One-Day International Cricket** Highlights from England v New Zealand.
1.00 PM **IPL** Royal Challengers Bengaluru v Mumbai Indians.
1.55 Action from Chennai Super Kings v Lucknow Super Giants.
2.50 LIVE **IPL** **Punjab Kings v Delhi Capitals.** Coverage of the T20 match from Himachal Pradesh Cricket Association Stadium, Dharamsala. This meeting last season was a high-scoring affair with over 400 runs scored across the two innings.
7.00 **Best of ICC WT20**
8.00 **Women's One-Day International Cricket** Highlights from England v New Zealand held at Banks Homes Riverside.
9.00 **IPL** Punjab Kings v Delhi Capitals.
10.00 Royal Challengers Bengaluru v Mumbai Indians.
11.00 Highlights from Punjab Kings v Delhi Capitals.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Another chance to see Punjab Kings v Delhi Capitals.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Championship Official Films** Event review.
7.00 **DP World Tour Golf** A chance to see day four of the Estrella Damm Catalunya Championship.
12.00 NOON **PGA Tour Golf** Another chance to see the fourth day of the Truist Championship.
6.00 PM **Scotland's Greatest Golf Holes** A look at famous courses.
6.30 **PGA Tour Golf** Action from day four of the Truist Championship.
7.30 **DP World Tour Golf** Estrella Damm Catalunya Championship.
8.00 **PGA Tour Golf** Action from day four of the Myrtle Beach Classic.
9.00 **Scotland's Greatest Golf Holes**
10.00 **Legends Tour Golf**
11.00 **PGA Tour Champions**
12.00 M'T **PGA Tour Golf**
2.00 AM **PGA Champs Official Films**
4.00 **School of Golf** Expert tips.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of day seven of the Italian Open, a clay-court tournament at Foro Italico. Great Britain's Emma Raducanu saw her run at last year's event come to an end in the fourth round, as American Coco Gauff produced a dominant display in a 6-1 6-2 victory. Elsewhere, top seed Aryna Sabalenka also booked her place in the quarter-finals by beating Marta Kostyuk 6-1 7-6.
10.00 PM **ATP Tennis** Madrid Open.
11.00 **WTA Tennis** Miami Open final.
12.00 M'T **ATP Tennis** The U.S. Men's Clay Court Championships final.
1.00 AM **ATP & WTA Tour Classics**
2.00 **ATP Tennis** Madrid Open final.
2.15 **Bitesize Tennis** Brief highlights.
2.30 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Cycling** Race highlights.
9.00 LIVE **Men's Cycling Pro Series** Coverage of the second stage of the Baku-Khankendi Azerbaijan race, a 193.2km route from Baku to Ismayilli.
11.00 **Premier League: Big Interview**
11.30 **Premier League** Another chance to see Liverpool v Chelsea.
1.00 PM **Women's FA Cup** Highlights from the semi-finals.
3.00 **Serie A** Lecce v Juventus.
4.00 AC Milan v Atalanta.
5.00 **IFSC Climbing World Series** Latest action from Wujiang, China.
6.00 LIVE **Ultimate Pool** Coverage of Group Eight of the Pairs Cup, as leading eightball players battle it out for places in the next stage.
9.30 **Fight Week** UFC 328 review.
10.00 **Premier League: Big Interview**
10.30 **Champions League Magazine**
11.00 **Europa League & Conference League Highlights Show**
11.30 **The Breakdown** Bristol Bears.
12.00 M'T **MLB Highlights**
1.00 AM LIVE **MLB** **Houston Astros v Seattle Mariners.** Coverage of the match at Daikin Park. Start-time **1.10am**.
4.00 **to 6.00** AM **NWSL**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** Highlights of races from the Grand Prix of France.
9.30 **Serie A** Lecce v Juventus.
10.30 AC Milan v Atalanta.
11.30 **Champions League Magazine**
12.00 NOON **UEFA Europa League & Conference League Highlights**
12.30 PM **Champions League Classics**
1.00 **MLB Highlights** Baseball action.
2.00 **Men's Cycling Pro Series** Highlights from the Tro Bro Leon.
3.00 **Giro d'Italia Men Highlights** The third stage of the race.
4.00 **MLB Highlights** Baseball action.
5.00 **A-League Women Highlights** The semi-final second-leg ties.
5.30 **A-League Highlights** The latest semi-final first-leg matches.
6.00 **LIV Golf** The fourth and final day of the seventh round of the season in Potomac Falls, Virginia.
7.30 **Gallagher PREM: The Wrap Up**
7.45 **The Gruppetto** Cycling news.
8.00 **WRC Review** Rally Portugal.
9.00 **Fishing: On the Bank**
10.00 **NWSL** Recent highlights.
12.00 M'T **UFC** A replay of Khamzat Chimaev v Sean Strickland.
3.00 AM **Fight Week** UFC 328.
3.30 **UFC Reloaded**
5.15 **Kenny Allstar's Number 1's**
5.30 **to 6.00** AM **The Breakdown**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Leigh Leopards v Wakefield Trinity in the first Eliminator match from 2025.
9.00 **NFL Highlights** Action from Atlanta Falcons v Buffalo Bills.
10.00 **Zuffa Boxing** Highlights of Shane Mosley Jr v Serhii Bohachuk.
11.00 **NFL Highlights** New England Patriots v Houston Texans.
12.00 NOON Action from Chicago Bears v Los Angeles Rams.
1.00 PM **Good Morning Football**
3.00 **Zuffa Boxing** Highlights of Shane Mosley Jr v Serhii Bohachuk.
4.00 **Super League Highlights**
4.45 **World Club Challenge** Archive highlights from 2024.
5.00 **NFL Highlights** Action from Detroit Lions v Dallas Cowboys.
6.00 **NBC's Pro-Football Talk**
8.00 **Zuffa Boxing** Highlights of Shane Mosley Jr v Serhii Bohachuk at Meta Apex in Las Vegas, Nevada.
9.00 **NBA Basketball** Cleveland Cavaliers v Milwaukee Bucks.
11.00 **NBA on Fire** Basketball action.
11.30 **NFL Bitesize Highlights**
12.00 M'T LIVE **NBA Basketball** Coverage of a play-off match.
4.00 AM **Super League Highlights**
4.45 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Analysing decisions.
10.00 LIVE **WTA & ATP Tennis** Coverage of day seven of the Italian Open, a WTA 1000 and ATP 1000 clay-court tournament held at Foro Italico in Rome. Great Britain's Emma Raducanu saw her run at last year's event come to an end in the fourth round, as American Coco Gauff produced a dominant display in a 6-1 6-2 victory. Elsewhere, top seed Aryna Sabalenka also booked her place in the quarter-finals by beating Marta Kostyuk 6-1 7-6.
5.00 PM LIVE **Baller League** Coverage from the UK-based version of the six-a-side football league at Copper Box Arena in London. Each match will consist of two halves that are 15 minutes long, and the last three minutes of each half will be played under 'gamechanger rules' such as 'threeplay', which will see the teams reduced to three-a-side.
11.00 **Sky Sports News**
12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **PGA Tour Champions**
8.00 **NBA Basketball**
10.00 **Ladies European Tour Golf**
11.00 **PGA Tour Golf** Highlights.
12.00 NOON **IPL** Recent T20 action.
2.00 PM **PL Greatest Games**
3.00 **ATP Tennis** Madrid Open review.
4.00 **Zuffa Boxing** Highlights of Shane Mosley Jr v Serhii Bohachuk.
5.00 LIVE **Baller League** Coverage from six-a-side football league at Copper Box Arena in London.
11.00 **IPL** Highlights from Rajasthan Royals v Mumbai Indians.
12.00 M'T **The Insiders** NFL news.
1.00 AM **NBA Basketball**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **IPL**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIV Golf** From Virginia.
7.30 **Champions League Classics**
11.00 **LIV Golf** Action from Virginia.
12.30 PM **The Gallagher PREM** Action from Gloucester v Sale Sharks.
1.30 Highlights from Leicester Tigers v Northampton Saints.
2.30 Bristol Bears v Saracens.
3.30 Exeter Chiefs v Bath.
4.30 Key moments from Newcastle Red Bulls v Harlequins.
5.30 **MotoGP** Highlights of races from the Grand Prix of France.
9.00 **The Gallagher PREM – The Wrap Up** Recent highlights.
9.15 **The Gruppetto** Cycling news.
9.30 **Men's Cycling Pro Series** Highlights from stage two of the Baku-Khankendi Azerbaijan race.
10.30 **Giro d'Italia Men Highlights**
11.30 **UCI Gravel World Series**
12.30 AM **Serie A** Italian football.
2.30 **LIV Golf** Action from Virginia.
4.00 **Men's Cycling Pro Series**
5.00 **to 6.00** AM **IFSC Climbing**

TNT Sports 4

414 416 524 411 434

6.00 AM **The Gallagher PREM**
11.00 **AFL** A replay of Fremantle Dockers v Hawthorn Hawks.
12.30 PM Another chance to see Brisbane Lions v Carlton Blues.
2.00 A replay of Port Adelaide Power v Western Bulldogs.
3.30 Replay of North Melbourne Kangaroos v Sydney Swans.
5.00 **MLB Highlights** Baseball action.
6.00 **Champions League Highlights**
7.00 **Women's FA Cup** Liverpool v Brighton & Hove Albion.
8.00 Chelsea v Manchester City.
9.00 **A-League Women Highlights** The semi-final second-leg ties.
9.30 **A-League Highlights** Action from the semi-final first-leg ties.
10.00 **MLB Highlights** Baseball action.
11.00 **AFL** A replay of Fremantle Dockers v Hawthorn Hawks.
12.30 AM A chance to see Brisbane Lions v Carlton Blues.
2.00 **AFL** Replays of two matches.
5.00 **to 6.00** AM **WRC Review**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
6.30 **FIM Sidecarcross Championship**
7.30 **LaLiga** Mallorca v Villarreal.
9.30 **United Rugby Championship** Glasgow Warriors v Cardiff.
11.30 **NHL Ice Hockey** A play-off.
1.30 PM **Sporting Countdowns**
2.00 **NHL Tonight** Play-off highlights.
3.00 **United Rugby Championship** A replay of Dragons v Edinburgh.
5.00 **LaLiga** Barcelona v Real Madrid.
6.55 **URC in 60** Recent action.
7.55 LIVE **LaLiga** **Rayo Vallecano v Girona.** Coverage of the Spanish top-flight match from Campo de Fútbol de Vallecas. Kick-off **8.00pm**.
10.00 **Coppa Italia Show**
10.30 **URC in 60** Recent action.
11.30 **Sporting Greats**
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Sporting Greats**
3.30 **Top 14 Rugby Union**
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
6.30 **NASCAR** Another chance to see the Go Bowling at The Glen.
10.30 **Bike World** Magazine.
11.00 **NASCAR O'Reilly Series** Action from Watkins Glen.
2.00 PM **Motorsport** A look back at the career of Valentino Rossi.
2.30 **Football's Greatest** The finest players discuss their careers.
3.00 **Brasileiro Serie A** Another chance to see Gremio v Flamengo.
5.00 **Football's Greatest** The finest players discuss their careers.
5.30 **United Rugby Championship** A replay of Ospreys v Scarlets.
7.30 **United Rugby Championship** Glasgow Warriors v Cardiff.
9.30 **Football's Greatest**
10.00 **LaLiga** Another chance to see Levante v Osasuna in full.
12.00 M'T **LaLiga** Elche v Alaves.
2.00 AM **Temples of Sport**
3.00 **to 6.00** AM LIVE **NHL Hockey** Coverage of a play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Races from 2018.
9.00 **British Kart Championships**
10.00 **British GT Championship**
11.00 **GB3 Championship Highlights**
12.00 NOON **Ted's Notebook**
12.30 PM **Formula 1** Miami Grand Prix.
2.45 **Ted's Notebook**
3.15 **Oscar Piastri Drives a V8**
3.30 **Formula 1** Australian Grand Prix.
4.30 The Chinese Grand Prix.
6.30 The Japanese Grand Prix.
7.30 The Miami Grand Prix.
9.30 **Indycar** The Sonsio Grand Prix.
12.00 M'T **Formula 1** Miami Grand Prix.
1.00 AM **F1 Explained**
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

12 May

Planner

The Way Out

***ENTERTAINMENT** U&Dave, 9pm (box set, U)*

Following on from comedians being locked in a *Big Brother*-esque set in *Last One Laughing*, U&Dave have gone a step further to trap comics in escape rooms for our own entertainment.

Tucci in Italy

***TRAVELOGUE** National Geographic, 8pm (box set, Disney+)*

Actor and writer Stanley Tucci returns to continue his gastronomic tour of Italy in five new episodes, taking in the sights, smells and tastes of Naples and Campania, Sicily, Le Marche, Sardinia and Veneto.

Ian Fleming – The Curse of Bond: The Spy Who Killed Me

***DOCUMENTARY** Sky Arts, 9pm*

One-off documentary examining how the real-life military experiences of writer Ian Fleming shaped his creation of James Bond.

Marty, Life Is Short

***DOCUMENTARY** Netflix*

The star of *Only Murders in the Building* reflects on his 50-year-long career, which started with *Saturday Night Live* and took him to Hollywood with films including *Three Amigos* and *Father of the Bride* – both with Steve Martin.

Tuesday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Eurovision Song Contest Semi-Final				10.15 News; Local News	
	102 BBC2	7.00 Marcus Wareing Simply Provence		8.00 Interior Design Masters with Alan Carr		9.00 QI XL	9.45 This Is a Bomb: Nevada...		10.30 Newsnight
	103 ITV1		7.15 The Martin Lewis Money...	8.00 Emmerdale	8.30 Coronation...	9.00 A Deadly Betrayal: True Crime... †		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Jamie's Ultimate BBQ		9.00 Virgin Island		10.00 Wrestling with Trump	
	105 5	7.00 Britain's Most Scenic Counties: Cheshire		8.00 Reuben Owen: Life in the Dales		9.00 999: Critical Condition		10.00 HMP Frankland: Evil Behind Bars	
	106 SKY ONE	7.00 The Simpsons		8.00 The Dyers' Caravan Park		9.00 Bear Grylls Is Running Wild		10.00 Never Mind the Buzzcocks	
ENTERTAINMENT	115 BBC3		7.05 Deadly 60	8.00 Race Across the World		9.00 A Good Girl's Guide to Murder			
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Keeping Up...	8.30 Sorry!	9.00 A History of Britain by Simon Schama		10.00 Berlusconi: Condemned to Win	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 The Real Housewives of Cheshire		10.00 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Bill Bailey's Australian Adventure		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia				9.20 Celebs Go Dating		10.25 Gogglebox
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 The Rookie		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	‹ 6.50 The Penguin				9.00 Prisoner		10.00 Atomic	
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours	8.40 Open All Hours		9.20 Not Going Out		10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 The Way Out		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 DCI Banks	
	120 ITV4	7.00 King of the Roads		8.00 World Rally Championship Highlights		9.00 The Motorbike Show		10.00 Wrestling: AEW Collision	
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Film: The Longest Yard			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 'Allo 'Allo!				10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise				10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Julie Andrews Forever		9.00 Ian Fleming – The Curse of Bond: The Spy Who Killed Me			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 999 Rescue Squad		10.00 Crashed: $800m Festival Fail	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Wheeler Dealers: Dream Car		9.00 Gold Rush: Mine Rescue with Freddy & Juan			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Blonde vs Bear		9.00 Alaska: The Last Frontier		10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Tucci in Italy		9.00 Draining the Bermuda Triangle		10.00 Shipwrecked: Ghost Ships of the...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Field of Vampires		9.00 History's Greatest Mysteries			
	155 U&YESTERDAY	7.00 Asia		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics		10.00 Seven Worlds, One Planet	
	114 SKY DOCS	7.00 The Man Who Played with Fire		8.00 Libby, Are You Home Yet?					

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition The team investigate a scammer pretending to be from Amazon. (S)
2.30 **Celebrity Escape to the Country** Choirmaster Gareth Malone looks to relocate to Hampshire. (S)(R)(AD)
3.00 **Escape to the Country** New edition South-west Wales. (S)
3.45 **The Repair Shop on the Road** (R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

5.15 Pointless

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** George and Nicola face questions from their family, Bea finds herself in hot water, while Mark tries to get help. (S)(AD)

8 PM

8.00 NEW **Eurovision Song Contest Semi-Final** Victoria Swarovski and Michael Ostrowski host live coverage from Vienna, featuring the opening semi-final of the contest, with 15 countries competing for 10 places in Saturday's final. Highlights include early favourites Finnish duo Linda and Pete, and British superstar Boy George, who makes his Eurovision debut as he joins San Marino singer Senhit on stage. (S)(AD)
■ The second semi-final is on Thursday

9 PM

10 PM

10.15 **BBC News** (S)
10.45 **Local News** (S)
10.55 **Half Man** New episode 3/6. In 1993, Niall is conflicted when asked by his mother to lie in court about Ruben's violence. He seems to have changed for the better, so the decision weighs heavily on him. (S1) (S)(AD)
11.50 **Celebrity Bridge of Lies** Ross Kemp presents the high-stakes celebrity quiz with Charlie Brooks, Dr Amir Khan, Sara Damergi and Tim Vine playing to win money for their chosen charities. (S)(R)
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Bargain Hunt** (S)(R)
7.00 **Great Central Asian Railway Journeys** Uzbekistan. (S)(R)(AD)
7.30 **Sign Zone: Farm 999** (S)(R)
8.00 **Sign Zone: Lost and Found in the Lakes** A bracelet. (S)(R)(AD)
8.30 **Sign Zone: See Hear – AI and Us** New edition (S)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Mastermind** Game show. (S)(R)
2.15 **Lightning** Quiz show. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **Big Cats 24/7** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** (R)
5.15 **Flog It!** From Blackburn. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Central Asian Railway Journeys** New edition (S)(AD)

8.00 Interior Design Masters

7.00 **Marcus Wareing Simply Provence** 1/7. Compilation edition. Chef Marcus Wareing is taking a deep dive into how the French produce and cook two of his favourite ingredients – beef and tomatoes. (S)

8.00 **Interior Design Masters with Alan Carr** New edition 4/8. The designers travel to the Royal Navy Air Station in Somerset, where they are challenged to transform the communal spaces used by the new recruits. (S)(AD)

9.00 **QI XL** *Veggies:* Host Sandi Toksvig is joined by panellists Alan Davies, Jason Manford, Ahir Shah and Holly Walsh. (S)(R)
9.45 **This Is a Bomb: The Nevada Casino Heist** New edition *The Ransom:* 2/3. Continuing the documentary looking at how, in 1980, a bomb accompanied by a $3million ransom note terrorised a casino in Lake Tahoe, Nevada. (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)

11.00 **Growing Up Jewish** (S)(R)(AD)
11.50 FILM **The Theory of Everything** Biopic of Stephen Hawking, starring Eddie Redmayne, Felicity Jones and David Thewlis. (S)(AD) (2014, 12, 120min) ★★★★
1.50 AM **Sign Zone: See Hear: AI and Us** As shown at 8.30am. (S)(R)
2.20 **Sign Zone: This Is a Bomb: The Nevada Casino Heist** (S)(R)(AD)
3.00 **Sign Zone: Surgeons: At the Edge of Life** (S)(R)(AD)
4.00 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team head to Blackpool, where items include a piece of possessed wood, a knight on horseback and some Lalique. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Emmerdale

7.15 **The Martin Lewis Money Show: Live** New edition The cash expert is joined by investment specialists, offering a run-through on all the need-to-knows about stocks and shares Isas. (S)

8.00 **Emmerdale** Cain pretends he is in pain to avoid being discharged. (S)(AD)
8.30 **Coronation Street** Tim attempts to get through to Will, Todd's attitude attracts suspicion, and Hope's teasing causes Sam to snap. (S)(AD)

9.00 **A Deadly Betrayal: True Crime Presents** New edition A woman believes she has the man of her dreams until signs of abuse emerge, with her family discovering bruises and a dark reality that led to a tragedy. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **It'll Be Alright on the Night** Featuring clips of Ant and Dec, Ralf Little, Jill Scott, Prue Leith, Ricky Tomlinson, Warwick Davis and Bradley Walsh. (S)(R)(AD)

11.40 **The Assembly** 3/5. Lenny Henry faces a panel of autistic, neurodivergent and learning-disabled interviewers. (S)(R)
12.00 M'T **Teleshopping**
3.00 AM **Emergency Nurses: A&E Stories** Becca and Charlotte help a patient through ankle manipulations. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Celebrity Sabotage** With Harry Redknapp. (S)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 5-7/26. (S5) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 17-20/24. (S2) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Connecticut. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to Florida** New edition Sidhbh and Neasa hope their elderly parents will fall in love with the Miami lifestyle. (S)(AD)
5.00 **Chateau DIY** New edition At Château Domaine de la Barde, Tim and Krys makes preparations for their first dog show. (S)(AD)
6.00 **Sun, Sea and Selling Houses** A Norfolk couple search for a forever home in Almería. (S)(R)

4.00 Escape to Florida

7.00 **News** (S)

8.00 **Jamie's Ultimate BBQ** New edition 2/3. Jamie Oliver shares barbecue ideas, cooking a butterflied leg of lamb, spiced chicken kebabs and creamy butter sauce, grilled fish tacos and his own tear-and-share vegetable pancake. (S)(AD)

9.00 **Virgin Island** New edition 6/8. A kissing workshop helps the group understand how basic skills can transform intimacy. Ellen and Kat become more intimate, while Alex and Joy aim to finally conquer their issues. (S)(AD)

10.00 NEW **Wrestling with Trump** Actor-comedian Munya Chawawa travels to the US and immerses himself in wrestling and MAGA politics to explore the unlikely link between Donald Trump and the world of body slams and spandex. (S)(AD)

11.05 **24 Hours in A&E** (S)(R)(AD)
12.05 AM **Emergency Helicopter Medics** Documentary. (S)(R)(AD)
1.00 **Wonders of the World I Can't See**
1.55 **Extraordinary Escapes with Sandi Toksvig** (S)(SL)(R)(AD)
2.50 **Ramsay's Kitchen Nightmares USA** From Colorado. (S)(SL)(R)
3.40 **Couples Come Dine with Me** (R)
4.30 **Find It, Fix It, Flog It** (S)(R)
4.50 **Sarah Beeny's New Country Lives**
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *The Late Shaft:* 20/24. Castle suspects foul play when a chat show host dies. (S)(R)
3.55 **Castle** *Den of Thieves:* 21/24. Beckett is attracted to a detective assigned to help out in a murder case. (S2) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition A look at the work of charity Birmingham Tree People. (S)
6.05 **Susan Calman's Grand Day Out** The Midlands. (S)(R)
6.55 **News** (S)

9.00 999: Critical Condition

7.00 **Britain's Most Scenic Counties: Cheshire** Cameras follow sheepdog handler husband-and-wife team Jane and James as they enter sheepdog trials. (S)(R)
7.55 **News** (S)
8.00 **Reuben Owen: Life in the Dales** New edition Reuben, Sonny and Jess are hard at work installing underground pipework for a Cumbrian country house that was once a historic pub. (S)(AD)
9.00 **NEW SERIES 999: Critical Condition** Cameras follow a man who fell from a scaffold, impaling himself upon a flagpole, and a 73-year-old faces life-changing injuries after an accident at home. (S)
10.00 **HMP Frankland: Evil Behind Bars** Exploring life inside HMP Frankland, the maximum security prison in Co Durham, which has housed some of the country's most notorious criminals. (S)(R)
11.35 **Police: Suspect No 1** Detectives try to bring down a Norfolk-based drugs gang. (S)(R)
1.05 AM **Teleshopping** (S)(R)
2.05 **Traffic Cops** Sgt Mick Roffe leads a raid on a club to catch some drug dealers. (S)(R)
2.55 **A Yorkshire Farm** (S)(R)
3.45 **Friends** (S6) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S5) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Islands** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 7/21. (S3) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *Lisa's Pony:* Homer buys Lisa a pony. (S)(R) **5.30** *Blood Feud:* Mr Burns receives a vital blood transfusion from Bart. (S)(R)
6.00 **The Office (US)** 26/26. Part two of two. The search for the next boss continues. (S7) (S)(R) **6.30** 1/24. The staff are hit with a double whammy. (S8) (S)(R)

9.00 Bear Grylls Is Running Wild

7.00 **The Simpsons** *Saturdays of Thunder:* Homer tries to be a better father by helping Bart to build a go-kart. (S)(R) **7.30** *Flaming Moe's:* Homer invents a new drink. With the voices of Aerosmith. (S)(R)
8.00 **The Dyers' Caravan Park** *That's Entertainment:* 4/6. Danny and Dani face pushback from the locals after they try to freshen up the bar's beer and plan a new playground. (S)(R)
9.00 **Bear Grylls Is Running Wild** New edition 2/8. Bear takes comedian, author and actor Tiffany Haddish on a trek through the desert, starting at the Colorado River. (S)(AD)
10.00 **Never Mind the Buzzcocks** Comedy music quiz hosted by Greg Davies, with Mel Blatt, Betty Boo, Tom Davis, Shane Lynch and Keith Duffy joining regulars Noel Fielding and Jamali Maddix. (S)(R)(AD)
11.00 **The 'Burbs** 7/8. A dangerous threat lands on the cul-de-sac crew's doorstep. (S)(R)(AD) **11.45** 8/8. Samira uncovers a conspiracy that could ruin Hinkley Hills' image as America's safest town. (S1) (S)(R)(AD)
12.30 AM **Grimm** 12/22. A Wesen goes on a killing spree. (S3) (S)(R)
1.30 **Road Wars** Double bill. (R)
3.00 **Hawaii Five-0** 5/24. (S3) (S)(R)
4.00 **S.W.A.T.** 7/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Border Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.50pm Scotcast (S)(R) **12.20am** Celebrity Bridge of Lies (S)(R) **1.05** Weather for the Week Ahead (S) **1.10-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.55pm Peelers: The PSNI for Real Series finale (S) **11.25** Half Man New episode (S)(AD) **12.20am** Celebrity Bridge of Lies (S)(R) **1.05-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
10.45-11.40pm Sharp End: Political discussion. (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sgwrs Dan y Lloer **12.30** Heno **1.00** Bwyd Epic Chris **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Am Dro! (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ffasiwn Drefn (AD) **6.30** Cartrefi Cymru **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Llinell Las (AD) **10.00** Nol o'r Dibyn gyda Iolo Williams (AD) **10.30-11.35pm** Nôl i'r Gwersyll

TV&Streaming week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Naturalist Steve Backshall encounters a humpback whale in Mexico. **7.30** Steve tracks the world's fastest land animal, the cheetah, by motorbike.
8.00 **Race Across the World** 6/9. With the leaderboard closer than ever, the pairs leave Zaamin National Park and race towards the next checkpoint – Kazakhstan's largest city, Almaty.
9.00 **A Good Girl's Guide to Murder** 1/6. Crime drama starring Emma Myers. **9.40** 2/6. Now a team, Pip and Ravi turn their attention to Andie's best friends. **10.25** 3/6. Pip follows new leads on the case. (S1)
11.05 FILM **What's Love Got to Do with It?** Romantic comedy starring Lily James. (2022, 12, 108min) ★★★
12.50 AM **P Diddy: The Rise and Fall** Documentary.
1.50 **The Instagram Effect**
2.50 **to 3.50** AM **Tommy: The Good. The Bad. The Fury**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** Queen's University Belfast take on the University of Glasgow in the first round.
7.30 **Only Connect** The Urban Cyclists face the Country Walkers in the quiz.
8.00 **Keeping Up Appearances** Hyacinth dreads the idea of attending Onslow's birthday celebrations.
8.30 **Sorry!** Timothy's rich aunt pays him a visit.
9.00 **A History of Britain by Simon Schama** Exploring the Jacobite rebellion.
10.00 **Berlusconi: Condemned to Win** New edition 2/3. How Fabio Capello led AC Milan to a new era of glory.
10.45 **Florence Nightingale: Nursing Pioneer** A profile of the woman who revolutionised nursing.
12.00 M'T **The Sky at Night**
12.30 AM **Dam Busters Declassified** Documentary.
1.30 **Berlusconi: Condemned to Win** As 10.00pm.
2.15 **to 3.15** AM **Lost Cities of the Ancients**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest gets under way at Shiralee Bed & Breakfast in Salisbury. **4.50** The rivals visit woodland B&B, the Bluebell Woods in Northampton. **5.20** The third visit is to The Lion Hotel, Pontypool. **5.50** The fourth and final guest house of the week is the New Inn, Talgarth. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer come to the aid of house-hunters in the Home Counties.
7.55 **Kirstie and Phil's Love It or List It** Phil Spencer returns to Cullercoats on North Tyneside to catch up with Mark and Suze.
9.00 **Bill Bailey's Australian Adventure** 4/4. Bill visits Port Hedland, one of the biggest ports in the southern hemisphere, and a 'Space Gandalf' expands his mind with a whole new universe.
10.00 **24 Hours in A&E** A 48-year-old cyclist has severely damaged his ankle after coming off his bike.
11.05 **999: On the Front Line**
1.10 AM **24 Hours in A&E**
3.20 **to 3.50** AM **Supermarkets Unwrapped: The Snacks Aisle**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.55 **Ramsay's Kitchen Nightmares USA**
12.55 PM **The Simpsons**
1.55 **Modern Family**
2.50 **Rude(ish) Tube Shorts**
2.55 **Married at First Sight...**
5.00 **First Dates** Dating show.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Charlie crumbles under the weight of his lies.
7.30 **Married at First Sight Australia** New edition The marriage experiment is over, and the couples reunite for one last meeting.
9.20 **Celebs Go Dating** New edition DJ James Haskell gets a date with pageant queen Zara, *MAFS* star Lucinda Light may finally have met her match, and *Loose Women*'s Coleen Nolan has dinner with Andy.
10.25 **Gogglebox** *Peaky Blinders, Starstruck* and *Celebrity Hunted* are appraised.
11.25 **First Dates**
12.25 AM **Married at First Sight Australia** As 7.30pm.
2.20 **Celebs Go Dating**
3.10 **Gogglebox**
4.10 **The Goldbergs**
5.00 **to 6.00** AM **Don't Spook the Bride**

+1 hr 235/236 306 30 123 256

Tuesday primetime

Tuesday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

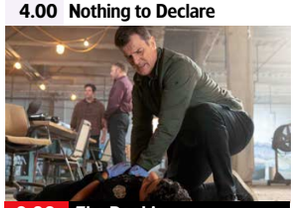
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **Border Security USA**
9.00 **Brit Cops: Law & Disorder**
10.00 **A1: Britain's Longest Road**
11.00 **Blue Bloods** 2/20. (S12)
12.00 NOON **FBI** 12/15. (S3)
1.00 PM **The Rookie** 17/18. Angela and Nyla enlist their mothers. **2.00** 18/18. John and Harper team up to catch Oscar. (S7)
3.00 **Law & Order: Criminal Intent** 5/22. A respected nun is found murdered. (S5)
4.00 **Nothing to Declare**


9.00 The Rookie

7 PM
7.00 **Police 24/7** A man swallows drugs right before his arrest, and rowdy teenagers cause problems at a liquor store.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **The Rookie** *The Thinker:* 13/18. Bailey gets a new role, while a ride-along with Nolan goes awry. (S8)

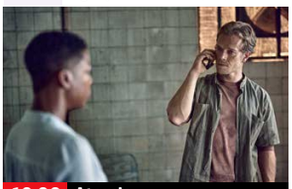
10 PM
10.00 **Law & Order: Special Victims Unit** *Rorschach:* 6/22. A woman is found gravely injured in a remote campsite. (S26)
11.00 **The Rookie** 2/20. (S2)
12.00 M'T **FBI** 10&11/15. (S3)
2.00 AM **Matlock** New episode 10/16. Detective drama. (S2)
3.00 **Doc** New episode 15/22. (S2)
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** (S1&2)
12.05 PM **Billions** 1&2/12. (S5)
2.15 **My Brilliant Friend** 8/8. (S3)
3.35 **The New Pope** 2/9. (S1)
4.35 **Billions** 1/12. Chuck and Wendy navigate a new normal. **5.40** 2/12. Chuck wrestles with his demons and chooses a new path. (S5)
6.50 **The Penguin** 5/8. Sofia strives to build a new legacy for herself. (S1)


10.00 Atomic

7.55 **The Penguin** *Gold Summit:* 6/8. Despite his enemies' attempts to smoke him out, Oz seeks to expand his reach, while Victor crosses paths with a former adversary. (S1)

9.00 **Prisoner** 2/6. Amber and Tibor narrowly escape execution by Nina before agreeing to a deal to help each other. (S1)

10.00 **Atomic** *The End of Days:* 3/5. Max and JJ are forced to try to secure safe passage to Marrakech through Syria. (S1)
11.00 **The Penguin** 5/8. Sofia strives to build a new legacy for herself. (S1)
12.05 AM **The White Lotus** 1/7. (S2)
1.15 **Homicide: Life on the Street**
3.30 **The Guest Wing** (S1)
4.30 **Sort Of** 8/8. (S2)
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.20 **Dress to Impress**
8.20 **Olivia and Alex: Parenthood**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.10 **Real Housewives of New...**
12.05 PM **Ant & Dec's Limitless Win**
1.05 **Celebrity Catchphrase**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Real Housewives of Cheshire

7.00 **Wheel of Fortune** Graham Norton hosts the game show as contestants get the chance to spin the wheel and win prizes.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **The Real Housewives of Cheshire** New edition Paige fights for her marriage, while Lauren brings holiday vibes.

10.00 **Family Guy** 3/7. Stewie's first birthday does not go according to plan. **10.35** 4/7. Lois becomes a sultry singer. (S1)
11.05 **Family Guy** 15/15. Brian uses Stewie's time machine to change religious history. (S22)
11.35 **American Dad!** (S1&13)
12.35 AM **Bob's Burgers** (S12)
1.30 **G'wed** 4/6. (S1)
2.00 **Plebs** 7/8. (S4)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse** *Last Seen Wearing:* The detective looks into the case of a schoolgirl.
11.20 **Heartbeat** Double bill.
1.35 PM **Midsomer Murders** *The Black Book:* Barnaby investigates art forgery.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Thanks to Alfred:* A man admits to killing his wife after her body is found.

5.50 Heartbeat

6.55 **Heartbeat** *Obsessions:* Nick discovers an act of courage can have sinister consequences after he rescues a woman.

8.00 **Vera** *Fast Love:* DCI Vera Stanhope investigates when a market trader is found dead following a collision with a car, and it soon becomes clear it was not an accident.

10.00 **DCI Banks** *Undertow – Part One:* The team try to find out who was responsible for the brutal stabbing of an officer.
11.00 **DCI Banks** *Undertow – Part Two:* A suspended Banks confronts Steve Richards.
11.50 **Lewis** *The Lions of Nemea:* A professor is suspected in his student lover's murder.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.00 **Kojak**
8.05 **The Saint**
9.05 **Boon**
10.10 **The Sweeney**
11.20 **BattleBots**
12.25 PM **Magnum, PI**
1.30 **Kojak**
2.30 **The Saint**
3.40 **Boon**
4.50 **The Sweeney** *Lady Luck:* Regan gets a tip-off about the identity of a notorious robber.
5.55 **World Cup Preview Show** Double bill of editions.

4.50 The Sweeney

7.00 **King of the Roads** Action from Northern Ireland's oldest road race – the Cookstown 100.

8.00 **World Rally Championship Highlights** Action from the Rally of Portugal, the sixth round of the campaign.

9.00 **The Motorbike Show** Henry Cole rides a BMW super-bike through Wiltshire, and tells the story of the Honda 400-4.

10.00 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa and Jon Moxley.
12.00 M'T **English Football League Play-Off Highlights** A round-up of action from the play-off semi-finals.
12.30 AM **Auf Wiedersehen, Pet**
1.30 **Minder**
2.30 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 LIVE **Sportscene Premiership Play-Off** Coverage of the first leg of the semi-final, as the winners of the quarter-final host the team that finished second in the Championship. Kick-off is at 7.45.
10.00 **Sportscene: Premiership Highlights** Action from the penultimate round of fixtures in the Bottom Six, featuring Aberdeen v St Mirren, Dundee United v Livingston and Kilmarnock v Dundee.
10.45 **Scotcast** Topical debate.
11.15 **Jules and Greg's Wild Swim** 6/6. The couple explore Mull and Iona.
11.45 PM **to 12.00** M'T **Growing Up Scottish** Comedians share their memories of weddings.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S8)
9.00 **Sort Of** (S3)
10.00 **Upright** 6&7/8. (S1)
11.15 **Will & Grace** (S2)
12.15 PM **The Franchise** (S1)
1.25 **Upright** 6&7/8. (S1)
2.45 **Will & Grace** (S1)
3.45 **The Franchise** (S1)
5.00 **Community** (S1)
6.00 **Will & Grace** (S2)
7.00 **The Office (US)** 25/26. Part one of two. Jim leads a committee to recruit the new manager. **7.30** 26/26. Part two of two. The committee continue to search for the next boss. (S7)
8.00 **Resident Alien** *Old Friends:* 1/16. Harry struggles to hold on to his alien identity. (S2)
9.00 **Saturday Night Live UK**
10.15 **Saturday Night Live**
11.45 **Community** (S1)
12.45 AM **Resident Alien** (S2)
1.45 **The Franchise** (S1)
2.45 **Upright** 5&6/8. (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Cirque du Soleil: Quidam** Circus show.
8.00 **Artist of the Year**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu...**
1.00 PM **Tales of the...**
2.00 **The Brontës by Anita Rani** Documentary.
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2017**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Julie Andrews Forever**
9.00 NEW **Ian Fleming: The Curse of Bond – The Spy Who Killed Me** *See feature, page 21.*
10.45 **Sean Connery vs James Bond**
12.00 M'T **Nothing Compares**
1.55 AM **Up Late with Nicola Benedetti**
3.30 **Classic Quadrophenia**
5.05 **to 6.00** AM **André Rieu: Making the Magic**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 16/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: The Next Generation** 18/22. (S2)
8.00 **Star Trek: Voyager** *The 37s:* 1/26. The crew find an ancient aircraft. (S2)
9.00 **Fire Country** (S1)
10.00 **FBI: International** (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S2)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **Tenable** Warwick Davis hosts as the Wright's Young Things team take part in the quiz show.
3.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
4.00 **Time Is Money** Quick-fire quiz show hosted by Sara Davies.
5.00 **Deal or No Deal** Ty tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Wheel of Fortune** Game show hosted by Graham Norton.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Country Lives**
10.00 **Escape to Florida**
11.00 **Sun, Sea and Selling Houses** From Alicante.
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Paul Merton: Driving Amazing Trains**
8.00 **Steam Train Diaries**
9.00 **24 Hours in A&E**
10.00 **Salisbury Poisonings: The Untold Story** 2/3. The immediate fallout of the Novichok attack.
11.05 FILM **The Day the Earth Stood Still** Sci-fi action thriller remake starring Keanu Reeves. (2008, 12, 104min) ★★
1.05 AM **Celebrity Gogglebox**
2.05 **Gogglebox**
3.10 **Taskmaster**
4.05 **to 5.05** AM **Jamie's Ultimate BBQ**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S1)
2.00 **SurrealEstate** 2/10. (S2)
3.00 **Fantasy Island** 10/10. (S1)
4.00 **Stargate SG-1** 7/22. (S5)
5.00 **Star Trek: Voyager** 9/26. Part two of two. Chaos reigns as Annorax continues his mission to change history. (S4)
6.00 **Star Trek: Enterprise** 6/26. The crew investigate a mysterious human colony. (S1)

11.00 Intergalactic

7.00 **Stargate Atlantis** *Childhood's End:* 6/20. Major Sheppard encounters members of a youthful race. (S1)

8.00 **Stargate SG-1** *Beast of Burden:* 7/22. Daniel's friend Chaka gets abducted and imprisoned by slave traders. (S5)

9.00 **Grimm** *Stories We Tell Our Young:* 6/22. A priest is murdered by a boy he is performing an exorcism on. (S3)

10.00 **The Walking Dead** *This Sorrowful Life:* 15/16. Rick and the group contemplate a truce with the Governor. (S3)
11.00 **Intergalactic** 2/8. The fugitives set about salvaging their crash-landed ship. (S1)
12.00 M'T **SurrealEstate** 2/10. Luke deals with a film crew at a client's property. (S2)
1.00 AM **Fantasy Island** 10/10. (S1)
2.00 **The Walking Dead** (S3)
3.00 **Intergalactic** As 11.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown**
10.00 **The Mentalist** 23/23. (S2)
11.00 **Hudson & Rex** 3/16. (S3)
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Mentalist** 23/23. (S2)
5.00 **Hudson & Rex** 3/16. Charlie and Rex search of a reclusive survivalist community. (S3)
6.00 **Father Brown** *The Devil You Know:* Mallory asks for help when a senior police officer is murdered at a bowls match.

8.00 Death in Paradise

7.00 **Unforgettable** *Friended:* 6/22. The investigation into an oil heiress' murder exposes a PR agent's ruthless ambition. (S1)

8.00 **Death in Paradise** *Swimming in Murder:* 5/8. A rock singer is found electrocuted in a swimming pool. (S4)

9.00 **Death in Paradise** *Pirates of the Murder Scene:* 4/8. A man's body is discovered on a boat out at sea. (S9)

10.00 **Father Brown** *The Wheels of Wrath:* Rock 'n' roll reaches Kembleford when the arrival of a group of bikers causes outrage and excitement in equal measure.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S4)
1.00 AM **Hudson & Rex** (S3)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Porridge**
12.00 NOON **Keeping Up...**
12.40 PM **The Green Green Grass**
1.20 **Hi-de-Hi!**
2.00 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.00 **Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

9.20 Not Going Out

7.20 **Dad's Army** Captain Mainwaring's men acquire a boat, planning to use it for coastal patrols, but they get lost in fog.

8.00 **Still Open All Hours** Leroy finds himself involved in a love triangle.
8.40 **Open All Hours** Arkwright comes up with a cunning plan and invents a Saint's day.
9.20 **Not Going Out** Tim picks up a coat containing a pocket full of drugs.

10.00 **Not Going Out** Lucy and Lee aim to answer an age-old question.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Not Going Out** Double bill.
1.20 AM **Alma's Not Normal**
2.00 **Hi-de-Hi!**
2.30 **Don't Wait Up**
3.05 **Avoidance**
3.35 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Spanish Christmas** As 6.00pm.
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** Quiz show.
2.00 **Mega Metro**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**.
6.00 **Rick Stein's Spanish Christmas** A selection of festive dishes inspired by Spain.

2.00 Mega Metro

7.00 **Would I Lie to You?** With Katherine Parkinson, Steve Backshall, Gabby Logan and Bob Mortimer. **7.40** With James Acaster, Gabby Logan, Melvin Odoom and Fay Ripley.
8.20 **Richard Osman's House of Games** With Ria Lina and John Thomson.

9.00 NEW SERIES **The Way Out** Two teams race to complete escape rooms. *See feature, page12.*
■ Entire series on Box Sets

10.00 **QI XL** Neil Delamere, Cariad Lloyd and Chris McCausland join regular panellist Alan Davies and host Sandi Toksvig.
11.05 **Frankie Boyle's New World Order** Topical comedy show.
11.45 **Mock the Week**
12.25 AM **Would I Lie to You?**
1.45 **QI XL** With Susan Calman.
2.45 **Frankie Boyle's New World Order** Topical comedy show.
3.20 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.25 AM **The Bill**
8.20 **Doctors**
9.30 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Harry Wild**
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** The sleuth meets her long-lost cousin in North Yorkshire.
5.20 **Birds of a Feather** Sharon and Tracey face upheaval.
6.00 **Last of the Summer Wine**

10.00 New Tricks

7 PM **7.20** **Last of the Summer Wine** Howard finds incriminating evidence on his person and unwittingly turns to Clegg for help.

8 PM **8.00** **'Allo 'Allo!** René reluctantly assists the Resistance as they blow up a railway line. **8.35** While on a sabotage mission, René is captured by General Von Klinkerhoffen.

9 PM **9.15** René, in disguise as his twin brother, must arrange his own funeral.

10 PM **10.00** **New Tricks** *End of the Line:* The investigators reopen the 15-year-old case of a vagrant who was strangled on a train.
11.20 **Dalziel & Pascoe** *Truth and Consequences:* The duo are sent to investigate the discovery of a skeleton in an old Yorkshire mining town.
1.20 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.20 **to 4.00** AM **Monsieur Spade**

+1 hour 243 316 60 260

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 12-14/24. (S12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Incognito:* 3/24. Bishop and McGee pose as a married couple to investigate a US Marine's murder. **7.00** *Double Trouble:* 4/24. Vance investigates a murder that seems to be connected to his past. **8.00** *Lockdown:* 5/24. Armed men storm a pharmaceutical lab and hold everyone hostage, including Abby. (S13)
9.00 **Law & Order** New episode *A Price to Pay:* 14/24. An actor's foray into experimental drug therapy leads to his murder. (S24)
10.00 **Law & Order: Special Victims Unit** (S7)
1.50 AM **Law & Order: Criminal Intent** (S9)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition A driver exploits icy conditions to try and get a motorist to crash into his car.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 FILM **Hulk** Sci-fi fantasy starring Eric Bana and Jennifer Connelly. (2003, 12, 138min) ★★★
11.45 **Britain's Worst Weather Disasters**
1.20 AM **999: Criminals Caught on Camera**
2.10 **GPs: Behind Closed Doors** Medical series.
3.00 **Skin A&E**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.20 **Traffic Cops**
10.20 **Police Interceptors**
12.15 PM FILM **Belle Starr** Western adventure starring Gene Tierney. (1941, PG, 87min) ★★★
2.10 FILM **Red Mountain** Western with Alan Ladd. (1951, PG, 84min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** PCs Matt Turner and Ian Cosgrove head to the scene of a collision in Middlewich. **9.00** Officers respond to a call about an HGV that is all over the road.
10.00 **999: Police Hour of Duty** Documentary.
11.00 **The X-Files** 23/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete meets Flower, the first dog ever to take a dislike to him.
9.00 **999 Rescue Squad** There's a serious crash in the fog and the team battle to free a trucker trapped in his cab.
10.00 **Crashed: $800m Festival Fail** The spectacular rise and fall of British music and festival company Pollen.
11.20 **Killer Women with Piers Morgan**
1.20 AM **Amanda & Alan's Italian Job**
1.50 **to 3.00** AM **Louis Theroux Interviews... Bear Grylls**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Agatha Christie: Lucy Worsley on the Mystery Queen**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **Great War in Numbers**
11.00 **The Buildings That Fought Hitler**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Great War in Numbers**
5.00 **The Buildings That Fought Hitler**
6.00 **Asia** Double bill.
8.00 **Bangers & Cash** Derek picks up a rare 1972 Citroën SM.
9.00 **Bangers & Cash: Restoring Classics** The team get creative with a 1996 Fiat 126.
10.00 **Seven Worlds, One Planet** Double bill.
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen: Hunting the Catch**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Norfolk.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters: The Restorers** Triple bill.
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family: Born Without Trace**
7.00 **The Yorkshire Auction House** Double bill.
9.00 **Who Do You Think You Are?** Singer and actor Marianne Faithfull investigates her half-Jewish mother's wartime experiences. **10.00** Broadcaster and writer Richard Osman traces his ancestry.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters: The Restorers**

+1 hour 242 365

TUESDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** 5/7. (S1)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 6&7/24. (S6)
1.00 PM **The Waltons** (S8)
3.00 **Ballykissangel** (S2)
4.10 **Down to Earth** (S3)
5.20 **Bramwell** 6/7. (S1)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 9/22. Klinger is accused of stealing. **8.00** 10/22. Klinger becomes a commander. **8.30** 11/22. Klinger develops a fever. (S10)
9.00 **Brush Strokes** 3/6. Elmo's wine bar opens. **9.40** 4/6. Veronica has a surprise date. **10.20** 5/6. Lesley finds a new job. (S4)
11.00 **Robin's Nest** (S3)
12.00 M'T **M*A*S*H** (S10)
1.30 AM **Rising Damp** (S3)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

318 317 426 42 33

9.10 AM **FILM A Man Called Sledge** Western drama. (1970, PG, 93min) ★★
11.05 **Tombstone Territory**
11.35 **Wanted: Dead or Alive**
12.05 PM **The High Chaparral**
2.05 **FILM The Forger** Thriller starring John Travolta. (2014, 15, 92min) ★★
3.55 **The Persuaders!** (S1)
4.55 **The Avengers** (S6)
6.55 **FILM The Exception** World War Two drama starring Lily James and Jai Courtney. (2016, 15, 107min) ★★★
9.00 **FILM The Thin Red Line** Epic war drama starring Sean Penn, Jim Caviezel and Ben Chaplin. (1998, 15, 170min) ★★★★
12.30 AM **Coast Guard Alaska**
1.30 **The Avengers** (S6)
3.20 **FILM Hellgate** Western adventure. (1952, b/w, PG, 87min) ★★
4.55 **to 5.50** AM **Coast Guard Alaska**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **FILM Garage Sale Mysteries: The Art of Murder** (2017, PG) ★★
10.05 **In Plain Sight** (S4)
11.05 **Castle** 2/24. (S2)
12.05 PM **FILM Picture Perfect Mysteries: Newlywed and Dead** Drama. (2019, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 3/24. (S2)
8.00 **Unforgettable** (S4)
9.00 **In Plain Sight** (S4)
10.00 **FILM Garage Sale Mysteries: The Wedding Dress** Drama. (2015, PG, 83min) ★★
11.55 **FILM Garage Sale Mysteries: Guilty Until Proven Innocent** Thriller. (2016, PG, 85min) ★★
1.50 AM **FILM Secrets in the Snow** (2020, PG) ★
3.20 **to 5.00** AM **FILM Burning Lies** Thriller. (2021, PG, 88min) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM **FILM Stepping into Love** Romantic drama. (2023, PG, 82min) ★★
10.15 **FILM Just My Type** Comedy. (2020, PG) ★★
12.05 PM **A Fine Romance**
12.35 **FILM Love Upstream** Comedy. (2021, PG) ★★
2.35 **FILM The Wedding Rule** Romantic comedy. (2023, U, 90min) ★★
4.35 **FILM Wedding Cake Dreams** Romantic drama. (2021, U, 85min) ★★
6.30 **A Fine Romance**
7.00 **FILM One Perfect Wedding** Romance. (2021, PG, 84min) ★★
8.55 **FILM 14 Love Letters** Drama. (2022, U) ★★
10.45 **FILM Valentine's Again** Romantic fantasy. (2017, PG, 70min) ★★
12.45 AM **FILM The Way to the Heart** Romance. (2022, PG, 86min) ★★
3.00 **to 5.00** AM **FILM 14 Love Letters** (2022)

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Celebrity Coach Trip**
3.00 **The Greatest Auction**
4.00 **New Home DIY**
5.00 **My Floating Home**
6.00 **Celebrity Coach Trip**
7.00 **Love Your Garden** Alan Titchmarsh creates a garden for charity founder Icolyn Smith.
8.00 **Garden Rescue** Lee Burkhill and Chris Hull create a relaxing haven for a retired couple. **9.00** Charlie Dimmock and Lee Burkhill create a seaside-inspired garden.
10.00 **FILM Can You Keep It Up for a Week?** Comedy starring Jeremy Bulloch. (1974, 18, 94min) ★
12.00 M'T **FILM Adventures of a Private Eye** Comedy. (1977, 18, 92min) ★
2.00 AM **Celebrity Coach Trip**
3.00 **Love Your Garden**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
8.30 **The Fenn Street Gang**
9.00 **Bubblegum & Cheese**
10.00 **The Gaffer** 5/6. (S1)
10.30 **Hallelujah** 7/7. (S1)
11.00 **Second Thoughts** (S3)
11.30 **The Fenn Street Gang**
12.00 NOON **Boon** 8/13. (S2)
1.00 PM **Danger Man** (S1)
2.00 **Rewind Time Machine**
2.03 **Wish Me Luck** (S3)
3.08 **Hank the Cowboy**
3.23 **Rewind Time Machine**
3.30 **Boon** 4/13. (S5)
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Space 1999** 8/24. (S2)
7.00 **Danger Man** (S1)
8.00 **Hallelujah** 7/7. (S1)
8.30 **Second Thoughts** (S3)
9.00 **Drop the Dead Donkey**
10.00 **FILM Massage Parlour Murders** (1973, 18) ★★
11.40 **The Kenny Everett New Naughty Video**
1.15 AM **Stereo Underground**
2.15 **Rewind Time Machine**
2.30 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters** A monster fish.
10.00 **Deadliest Catch**
12.00 NOON **Mysteries of the Missing** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Giro D'Italia Highlights** Action from stage four.
8.00 **Deadliest Catch** Jake's new deckhand suffers a serious injury.
9.00 **Harpoon Hunters** Joe relies on instinct, Tyler turns to science, and Niko relies on tradition.
10.00 **Deadliest Catch** Keith fights for his life.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Roux Down the River** In Richmond.
7.00 **Nigel Slater's Dish of the Day** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Great Britain**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry Cooks**
1.00 **James Martin's Islands to Highlands** Double bill.
3.00 **Nigel Slater's Dish of the Day** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Great Britain**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
8.30 **Mary Berry Cooks**
9.00 **Prue Leith's Cotswold Kitchen** Ellie Simmonds.
10.00 **24 in 24: Last Chef Standing** New edition
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of** Double bill.
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 20/25. (S7)
9.00 **T.J. Hooker** 10/22. (S3)
10.00 **Six Million Dollar Man**
11.00 **FILM Airtight** Thriller. (1999, 12, 89min) ★
1.00 PM **FILM Airport 1975** Disaster movie. (1974, PG, 106min) ★★★
3.05 **FILM Memoirs of an Invisible Man** Comedy. (1992, PG, 99min) ★★
5.00 **Star Trek** 28/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 11/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Inside Man** Crime drama starring Denzel Washington. (2006, 15, 129min) ★★★★★
11.40 **FILM The Beguiled** Period drama. (1970, 15, 109min) ★★★★
1.50 AM **FILM Blind Fury** Comedy adventure. (1989, 18, 87min) ★★
3.35 **to 5.15** AM **FILM Acceleration** Adventure. (2019, 15, 85min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **FILM Slipstream** Sci-fi action adventure. (1989, PG, 101min) ★
11.00 **Andromeda** 17/22. (S1)
12.00 NOON **FILM Shark Lake** Disaster thriller. (2015, 15, 89min) ★★
2.00 PM **FILM MegaFault** Sci-fi action adventure. (2009, 12, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Asteroid v Earth** Sci-fi disaster movie starring Tia Carrere. (2014, 15, 91min) ★★
7.00 **Andromeda** 18/22. (S1)
8.00 **The Fall Guy** 2/22. (S5)
9.00 **FILM Best of the Best 2** Martial arts adventure sequel with Eric Roberts. (1992, 18, 100min) ★★
11.05 **FILM Primal** Thriller starring Nicolas Cage. (2019, 15, 97min) ★★★
1.05 AM **FILM Best of the Best 2** As 9.00pm.
3.05 **FILM Asteroid v Earth**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars Do America**
7.35 **Storage Wars**
9.20 **Storage Wars: Texas**
10.15 **What on Earth?**
12.10 PM **Egypt's Unexplained Files**
1.05 **Pawn Stars Do America**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **Close Encounters Down Under**
6.00 **Storage Wars: Texas**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Gold Wars Downunder**
11.00 **Swamp People: Serpent Invasion**
12.00 M'T **WWE's Greatest Moments** Double bill.
1.00 AM **Close Encounters Down Under**
2.00 **Ancient Aliens**
3.00 **World's Most Unexplained**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Susan Calman** Madeira.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Tomb Hunters**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Jane McDonald in Nashville** The singer visits the Bluebird Café for open mic night.
10.00 **Jane McDonald's Highland Fling** The singer enjoys a festive time in Scotland.
11.00 **The Frontier**
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Susan Calman** The Canaries.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** Meera Syal, David Emanuel, Kyran Bracken and Johnny Vegas take part.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Michelle Hardwick, Nigel Havers, Melinda Messenger and Dave Gorman.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 17/24. Amy tries to find a date for Raj. **8.30** 18/24. Sheldon receives a nasty surprise when he visits his mother in Houston. (S7)
9.00 **Sister Wives** New editions Janelle meets up with Meri to discuss her spiritual release, while Kody asks Robyn for forgiveness. **10.00** The Brown family sit down and discuss their last meeting at Coyote Pass.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Police Squad!**
8.35 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S7)
12.55 PM **Impractical Jokers**
1.50 **Friends** (S9&10)
8.00 **Friends** 3/18. Ross treats himself to a spray tan. **8.30** 4/18. Emma's first birthday arrives. Guest stars Elliott Gould. (S10)
9.00 **FILM The Longest Yard** Comedy remake starring Adam Sandler, Chris Rock and Burt Reynolds. (2005, 12, 113min) ★★
11.15 **Jack Whitehall Gets Around** Stand-up.
1.15 AM **Whose Line Is It Anyway? USA**
2.15 **Police Squad!**
2.45 **Modern Horror Stories**
2.50 **Kevin Bridges: The Story Continues**
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S7)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Christmas Show**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 4-7/24. (S5)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 1/8. (S3)
4.00 **Impractical Jokers**
5.00 **Michael McIntyre's Big Christmas Show**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S7)
10.00 **Friends** (S9)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Michael McIntyre's Big...**
3.00 **Utopia** 7/8. (S2)
3.20 **Teachers** 11/20. (S2)
3.45 **Jimmy Carr's Am I the A**hole?**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.20 **Bread** 5/10. (S8)
10.55 **Steptoe and Son** (S1)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 14/15. Drama. (S3)
2.45 **Minder** 5/13. (S9)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 5/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 4/7. (S1)
6.40 **Steptoe and Son** (S1)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 5/13. (S3)
9.00 **Benidorm** 1/7. (S6)
9.55 **Shameless** 3/11. (S9)
10.55 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 1/7. (S6)
1.00 AM **Minder** 3/13. (S8)
2.05 **Duty Free** 2/7. (S2)
2.25 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **16 and Pregnant**
6.45 **Teen Mom OG**
7.35 **Judge Judy**
9.30 **Beauty and the Geek Australia** Reality series.
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Firsts**
1.00 PM **Catfish: The Dramatic** Reality series.
2.00 **Bar Rescue** Double bill.
4.00 **Judge Judy**
6.00 **Beauty and the Geek Australia** Series finale The couples vote on who should be the winner.
7.30 **FriendZone**
8.00 **Catfish: The TV Show**
9.00 **Bar Rescue** New edition
10.00 **Dating Naked UK** New edition Reality show.
11.00 **Tattoo Fixers**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** New editions Dr Jeff is thrown by a medical mystery when Gordo the Chihuahua comes in with a fever. **2.00** Dr Jeff tries to diagnose a dog's mystery illness.
3.00 **How Do They Do It?**
5.00 **Alaska: Homestead Rescue** A Colorado family's dream is under siege by their bison.

9.00 Gold Rush: Mine Rescue

7.00 **Wheeler Dealers** Mike tracks down a 33-year-old Peugeot 405 while in Portugal, but finding parts isn't going to be easy.

8.00 **Wheeler Dealers: Dream Car** Mike and Elvis trade up to an iconic off roader, a Series 2A Land Rover, for ex-soldier Tony.

9.00 **Gold Rush: Mine Rescue with Freddy & Juan** New edition Freddy and Juan race to fix a miner's Franken-built wash plant.

10.00 **Gold Rush: Mine Rescue with Freddy & Juan** New edition Freddy and Juan check on the miners they once rescued.

11.00 **Expedition Bigfoot** Tree structures lead Mireya and Biko to a water source.
12.00 M'T **Border Control: Spain**
1.00 AM **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **Gold Divers** Vernon and his rookie diver clash.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** Outrageous pools.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** Game Warden Boone responds to reports of a venomous rattlesnake.
6.00 **Dr Jeff: Rocky Mountain Vet** The vet treats a dog with a mysterious injury, while a neglected turtle needs a home.

8.00 Blonde vs Bear

7.00 **Treehouse Masters** Pete and his team build an Alpine-style treehouse that is a perfect fit to the Christmas season.

8.00 NEW SERIES **Blonde vs Bear** Documentary following Ann Bryant as she protects bears from tourists in Lake Tahoe.

9.00 **Alaska: The Last Frontier** The Kilchers use their ingenuity to make Christmas gifts.

10.00 **Alaska: Surviving the Last Frontier** Carolyn Wise go on a moose hunt, and the Flower Lake group stalk squirrels.

11.00 **Alaska Monsters** A Bigfoot reported to be responsible for unsolved murders.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Shark Bait**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Viking Seas: Drain the Oceans**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Planes That Changed History** The F117 Nighthawk.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Car S.O.S** A Rover P4 100.
5.00 **Toronto Airport Uncovered**
6.00 **Hitler's Last Stand** A scout separates from his regiment during the Battle of the Bulge.

8.00 Tucci in Italy

7.00 **Air Crash Investigation** A 2010 disaster in which the pilots of Qantas Flight 32 were forced to deal with a series of failures.

8.00 NEW SERIES **Tucci in Italy** Stanley Tucci explores the region of Naples and Campania. ■ Entire series on Disney+

9.00 **Draining the Bermuda Triangle** Investigating the infamous disappearances of ships and aircraft.

10.00 **Shipwrecked: Ghost Ships of the Great Lakes** Uncovering recent shipwreck discoveries.

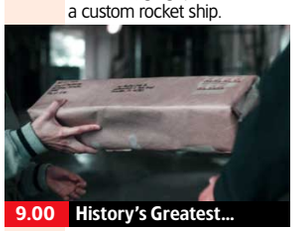
11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Border Protection Spain**
2.00 **Trafficked with Mariana Van Zeller** Black market oil.
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Bomber: Terror of WWII**
8.45 **Dirty Old Cars**
9.15 **Pawn Stars** Historic coins.
10.10 **Storage Wars** Four editions.
12.00 NOON **Secrets of the Lost Liners** MS *Achille Lauro*.
1.00 PM **History's Greatest Mysteries** The missing mummy of Alexander the Great.
2.00 **Britain's Lost Battlefields with Rob Bell** Four editions.
6.00 **American Pickers** Mike views a collection that includes monsters, gargoyles and a custom rocket ship.



9.00 History's Greatest...

7.00 **Forged in Fire** Four smiths must forge Ben Abbott's favourite blade, the Celtic Ring Knife, using the San Mai technique.

8.00 **Field of Vampires** A plot in Poland containing 30 'deviant burials', including a woman buried with a sickle across her neck.

9.00 **History's Greatest Mysteries** New edition Exploring the case of Ted Kaczynski, known as the Unabomber.

10.00 **History's Greatest Mysteries** New edition Laurence Fishburne investigates the case of the Boston Strangler.

11.00 **Mission Unexplained** The story of a US Navy officer who witnessed a green fog in the Bermuda Triangle.
12.00 M'T **American Pickers** Mike views a collection that includes monsters and gargoyles.
12.55 AM **Forged in Fire**
1.50 **Field of Vampires**
2.50 **History's Greatest Mysteries**
4.25 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: Charles Bronson**
8.00 **The Directors**
9.00 **Janet Jackson**
10.00 **The Man Who Played with Fire** As shown at 7.00pm.
11.00 **The 2000s**
12.00 NOON **The Crime of the Century** 2/2. Documentary.
2.15 PM **I Am Alfred Hitchcock**
4.00 **The Directors**
5.00 **Discovering: Charles Bronson**
6.00 **Janet Jackson** 2/4. Janet comes to realise that she has to take control of her life.

8.00 Libby, Are You Home Yet?

7.00 **The Man Who Played with Fire** 2/4. Stieg Larsson's files lead to three people who may have been involved.

8.00 **Libby, Are You Home Yet?** 1/3. An investigation of the 2019 murder of student Libby Squire.

9.00 **Libby, Are You Home Yet?** 2/3. The police find evidence of Libby Squire entering an unknown vehicle.

10.00 **Libby, Are You Home Yet?** 3/3. A body is discovered seven weeks after Libby Squire's disappearance.

11.00 **2000 Meters to Andriivka** Following a Ukrainian platoon as they attempt to liberate a village from Russian forces.
1.10 AM **King of Lies: Football's Greatest Con** The story of fraudster Russell King.
3.00 **Dear Ms: A Revolution in Print** Documentary.
5.00 **to 6.00** AM **Discovering: Charles Bronson**

Tuesday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Gem Hunters Down Under** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Francis Bourgeois & Chris Harris: We Saved a Train** New edition Chris and Francis install a 2.5 tonne traction motor.
10.00 **Shed and Buried: Classic Cars**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories** Pearl Black.
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories** Helen McCourt.
8.00 **Murder on CCTV**
9.00 **Body Cam** New editions A shooter's family beg him to give himself in. **10.00** In Ohio, a hostage situation turns into a deadly firefight.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Tenant From Hell**
8.00 **UK Crime Files: Secret Life and Public Death**
9.00 **Secrets of a Murder Detective** The story of how taxi driver Mohammed Ashad picked up a fatal fare in Birmingham in 2009.
10.00 **Killers: Caught on Camera** New edition A look at how CCTV exposed Megan Newton's murderer.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: The Tenant From Hell**
1.00 AM **UK Crime Files: Secret Life and Public Death** Danny Denbury.
2.00 **Killers: Caught on Camera** Documentary.
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: The Hotelier and the Hitman**
9.55 **UK Crime Files: Skeleton in the Carpet**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Acid Bath Murders**
3.00 **UK Crime Files: Seaside Lady Macbeth**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** The wife of a reputable doctor goes missing. **5.30** Investigators track down a photographer after a model disappears. **6.00** A postcard could incriminate a religious figure who took part in war crimes. **6.30** A real death at a murder mystery event.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation** Josef Fritzl.
4.00 **Murder Uncut**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Killer in My Village**
10.00 **Catching the Killer**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil Killers** Danny Rolling.
1.00 AM **How I Caught the Killer** Anna Wilson.
2.00 **Killing Mum and Dad**
3.00 **Britain's Most Evil Killers**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Secrets of the Royal...**
9.35 **The Normans**
10.50 **The Wheelchair President** As 8.25pm.
11.50 **Higgins Ridge**
1.00 PM **Weathered: Earth's Extremes**
1.35 **Secrets of the Royal Palaces** As 6.05pm.
2.35 **The Normans**
3.55 **The Wheelchair President** As 8.25pm.
4.55 **Higgins Ridge**
6.05 **Secrets of the Royal Palaces** A network of tunnels underneath Brighton's Royal Pavilion.
7.10 **The Normans**
8.25 **The Wheelchair President** Franklin Roosevelt's leadership during World War Two.
9.30 **Higgins Ridge**
10.40 **The Normans**
12.00 M'T **The Wheelchair...**
1.05 **to 2.00** AM **Weathered: Earth's Extremes**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Africa's Wild Horizons**
7.00 **Monkey Life**
8.00 **Amazing Animal Friends**
9.00 **Guardians of the Wild**
10.00 **Volcanic Odysseys**
11.00 **Secrets of the Enchanted Forests** Documentary.
12.00 NOON **Surviving the Amazon**
1.00 PM **Monkey Life**
2.00 **Amazing Animal Friends**
3.00 **Guardians of the Wild**
4.00 **Volcanic Odysseys**
5.00 **Secrets of the Enchanted Forests** Documentary.
6.00 **Surviving the Amazon**
7.00 **Monkey Life** Double bill.
8.00 **Whale with Steve Backshall**
9.00 **Island of the Monsoon**
10.00 **Surviving the Amazon**
11.00 **Secrets of the Enchanted Forests** Documentary.
12.00 M'T **Reef Wrecks**
1.00 AM **Africa's Wild Horizons**
2.00 **Whale with Steve Backshall**
3.00 **Island of the Monsoon**
4.00 **Amazing Animal Friends**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.00 **Ancient Aliens: Secret Science**
7.55 **The Abyss: Rise & Fall of the Nazis** The story of Hitler's 1941 invasion of the Soviet Union.
8.55 **U-Boat Wargamers**
10.00 **Cracking the Code**
11.00 **Ancient Aliens**
12.00 NOON **Ancient Aliens: Secret Science** The suggestion that aliens may have planted some animals on Earth.
1.00 PM **How to Lose a War**
6.00 **The Proof Is Out There**
6.55 **U-Boat Wargamers**
8.00 **Cracking the Code**
10.00 **Secrets in the Dark** Mexico City's 15th-century tower of 600 skulls.
11.00 **Ancient Aliens**
12.00 M'T **Ancient Aliens: Secret Science** As 12.00noon.
1.00 AM **Ancient Aliens: The Ultimate Evidence**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
10.00 **Alien Highway**
11.00 **Codes and Conspiracies**
1.00 PM **Blowing Up History**
3.00 **NASA's Unexplained Files**
6.00 **How Do They Do It?**
9.00 **Incredible Engineering Blunders: Fixed** Justin Cunningham goes inside an offshore wind turbine to find out how a fault that could cause the structures to fall into the North Sea is being fixed by engineers. **10.00** Justin heads to Louisiana to investigate some gigantic potholes.
11.00 **The Explosion Show** Tory Belleci and Streetbike Tommy check out one of the world's largest fireworks companies. **12.00** M'T Experts use explosives to turn entire mountains into gravel-sized bits essential for construction.
1.00 AM **NASA's Unexplained Files**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Murder at My Door with Kym Marsh** Triple bill of editions.
2.00 PM **Hometown Tragedy**
3.00 **Buried in the Backyard**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Hometown Tragedy**
9.00 **Buried in the Backyard** New edition Construction workers uncover a man buried beneath a septic tank.
10.00 **Spring Break Murders** New edition After returning from spring break, 19-year-old Shannon Melendi goes missing.
11.00 **Very Scary People**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Crime in Progress** New edition
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet Compilations**
9.00 **Bizarre Animal Friends**
10.00 **Monster Fish**
11.00 **Hostile Planet**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **American Amazon**
3.00 **Swamp Men**
4.00 **Secrets of the Zoo: Tampa**
5.00 **Northwoods Survival**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa Compilation** New edition Highlights from the series.
8.00 **Wild Hunters** The struggles of predatory fish, who often find themselves the prey of larger animals while hunting for food. **9.00** The methods spiders and scorpions use to catch their prey.
10.00 **Lawless Island** Carl and Matt try to haul a 3,000-gallon barrel up a treacherous cliff.
11.00 **Ice Road Rescue**
12.00 M'T **When Sharks Attack**
1.00 AM **Something Bit Me**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Lost Mines: Restored**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** NASA's plans to have manned missions to Mars.
1.00 PM **Mysteries at the Castle**
2.00 **Hunting Atlantis**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Lost Mines: Restored** Alex Charvat and Kevin Gilman transform dormant gold mines claims into thriving operations.
9.00 **Ancient Unexplained Files**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Blacksmith Nev works on a wartime aircraft propeller.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Inside the Ambulance**
1.00 PM **Inside the Ambulance**
5.00 **Forbidden History** The mystery of complex crystal skulls. **6.00** Exploring the secrets of the Great Pyramid at Giza. **7.00** How the Nazi party was involved in occult beliefs. **8.00** Cutting-edge investigations aim to find out what really goes on in the Bermuda Triangle.
9.00 **Charles I: Killing a King** 1/3. Docu-drama about the execution of Charles I, beginning by following the events of Christmas 1648, when plans were made to try the king for treason. **10.20** 2/3. The country prepares itself for the unprecedented trial of the King. **11.40** 3/3. The King faces the executioner's block and the country becomes a republic.
1.00 AM **Charles I: Killing a King**
3.30 **Forbidden History**
5.10 **to 6.00** AM **River Walks**

+1hour 266 376

ID

154 140 166

8.00 AM **Til Death Do Us Part**
9.00 **Evil Lives Here**
10.30 **Signs of a Psychopath**
11.00 **People Magazine Investigates**
12.00 NOON **Forbidden: Dying for Love** Documentary.
1.00 PM **Evil Lives Here**
2.30 **Signs of a Psychopath**
3.00 **Faking It: Tears of a Crime**
4.00 **Forbidden: Dying for Love**
5.00 **The Killer in My Family**
7.00 **Who the (Bleep) Did I Marry?** The crimes of Valerie Cincinelli. **8.00** The case of a woman who stole her new husband's retirement savings.
9.00 **Signs of a Psychopath** A couple in rural Virginia are brutally murdered. **9.30** A mother, two children and a close friend disappear.
10.00 **Mother, May I Murder?**
11.00 **Evil Lives Here**
1.00 AM **Blood Relatives**
2.00 **The Killer in My Family**
4.00 **to 6.00** AM **Who the (Bleep) Did I Marry?**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** A vintage Oldsmobile.
2.00 **Ant Anstead: Born Mechanic**
3.00 **Massive Engineering Mistakes**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Bitchin' Rides: Road to the...**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Bitchin' Rides: Road to the Ridler** The team fire the Ridler build for the first time.
9.00 **Street Outlaws: Locals Only** Locals compete in Pennsylvania.
10.00 **Massive Engineering Mistakes**
11.00 **Wheeler Dealers**
12.00 M'T **Bitchin' Rides: Road to...**
1.00 AM **Richard Hammond's Workshop** Anthony has to go to a mechanics boot camp.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Don't Let's Go to the Dogs Tonight** Drama. (2024, 15, 99min) ★★★★
7.45 **Spinal Tap II: The End Continues** (2025, 15) ★★★
9.15 **Regretting You** Drama. (2025, 12, 116min) ★★★
11.15 **Downton Abbey: The Grand...**
1.25 PM **Honey Don't!** Comedy thriller. (2025, 15, 89min) ★★★
3.00 **The Shadow's Edge** (2025)
5.30 **Wuthering Heights** Drama. (2026, 15, 136min) ★★★★

8.00 Downton Abbey

8.00 **Downton Abbey: The Grand Finale** Drama starring Hugh Bonneville and Michelle Dockery. In the summer of 1930, the Crawleys grapple with the threat of social disgrace when Mary finds herself at the centre of a public scandal. (2025, PG, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Conjuring: Last Rites** Supernatural horror starring Vera Farmiga and Patrick Wilson. Paranormal investigators Ed and Lorraine Warren take on one last case involving mysterious entities they must confront. (2025, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Pillion** Dark comedy. (2025, 18, 107min) ★★★
2.30 **The Shadow's Edge** Action thriller. (2025, 15, 141 min)
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Fast

303 303 403 503 517

7.45 AM **Fast & Furious 6** (2013)
9.55 **Fast & Furious 7** As 2.30am.
12.15 PM **Fast & Furious 8** (2017)
2.35 **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★
4.25 **2 Fast 2 Furious** Action thriller sequel starring Paul Walker. (2003, 12, 108min) ★★★
6.15 **The Fast and the Furious: Tokyo Drift** Action thriller starring Lucas Black and Bow Wow. (2006, 12, 104min) ★★

9.50 Fast & Furious 5

8.00 **Fast & Furious** Action thriller sequel, starring Vin Diesel and Paul Walker. A wanted man reunites with an old FBI agent pal to seek revenge on a drugs baron. With Michelle Rodriguez. (2009, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Fast & Furious 5** Action thriller sequel starring Vin Diesel, Paul Walker and Jordana Brewster. A trio of car thieves assemble a crack team to steal a Rio de Janeiro drug lord's money. (2011, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Fast & Furious 6** Action thriller sequel with Vin Diesel. (2013, 12, 125min) ★★★
2.30 **Fast & Furious 7** Action thriller sequel with Vin Diesel. (2015, 12, 132min) ★★★★
4.55 **to 7.15** AM **Fast & Furious 8** Action thriller sequel. (2017, 12, 136min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.10 AM **Drift** Drama starring Cynthia Erivo. (2023, 15, 93min) ★★★★
7.50 **Turtles All the Way Down**
9.40 **The Shamrock Spitfire**
11.30 **Plainclothes** Romantic thriller. (2025, 15, 95min) ★★★
1.10 PM **Molly's Game** Fact-based drama. (2017, 15, 137min) ★★★★
3.35 **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
5.50 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
8.00 **Dunkirk** Christopher Nolan's wartime drama starring Kenneth Branagh, Tom Hardy, Mark Rylance and Fionn Whitehead. (2017, 12, 106min) ★★★★★
10.00 **About a Boy** Comedy drama based on the novel by Nick Hornby, starring Hugh Grant, Nicholas Hoult and Toni Collette. (2002, 12, 101 min) ★★★★
11.50 **Turtles All the Way Down** Drama. (2024, 12, 111 min) ★★★
1.55 AM **Oslo** Drama starring Ruth Wilson. (2021, 15, 118min) ★★★
4.05 **Poison** Drama starring Tim Roth. (2024, PG, 86min) ★★★★
5.50 **to 7.50** AM **The Shamrock Spitfire** Biopic. (2024, 12) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

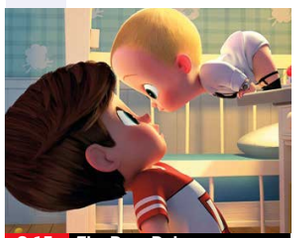
6.05 AM **Slingshot** Sci-fi thriller. (2024, 15, 108min) ★★★
8.00 **Timestalker** As 3.25am.
9.35 **Ick** As shown at 5.05am.
11.15 **Opus** Offbeat mystery thriller. (2025, 15, 104min) ★★★★
1.00 PM **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
2.40 **Chappie** Sci-fi thriller starring Dev Patel and Hugh Jackman. (2015, 15, 120min) ★★
4.45 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
6.25 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91 min) ★★★★★
8.00 **Blade Runner** Ridley Scott's futuristic thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants'. With Rutger Hauer. (1982, 15, 130min) ★★★★★
10.00 **Blade** Action adventure chiller starring Wesley Snipes. (1998, 18, 121 min) ★★★
12.05 AM **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
1.55 **Cloverfield** Offbeat disaster movie. (2007, 15, 81 min) ★★★
3.25 **Timestalker** Fantasy comedy. (2024, 15, 89min) ★★★★
5.05 **to 6.45** AM **Ick** Sci-fi comedy drama. (2024, 15, 93min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.20 AM **Rebellious** Animation. (2024, PG, 94min) ★★★
9.00 **Monster Trucks** Fantasy. (2016, PG, 104min) ★★★
10.50 **The Emoji Movie** (2017, U) ★
12.20 PM **Ghostbusters: Afterlife** Comedy. (2021, 12) ★★★★
2.25 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
4.25 **Shrek the Third** Animation. (2007, U, 88min) ★★★★
6.00 **Jumanji: The Next Level** Fantasy. (2019, 12) ★★★★



8.15 The Boss Baby

8.15 **The Boss Baby** Animated comedy featuring the voices of Alec Baldwin, Steve Buscemi, Jimmy Kimmel and Lisa Kudrow. A youngster believes his baby brother is a tycoon sent to destroy his perfect family life. (2017, U, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

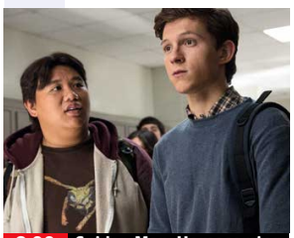
10.00 **The Last Airbender** Fantasy adventure from M Night Shyamalan based on the children's TV cartoon series, starring Noah Ringer, Dev Patel and Nicola Peltz. (2010, PG, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **MouseHunt** Slapstick comedy. (1997, PG, 98min) ★★★★
1.35 AM **Harriet the Spy** Adventure. (1996, PG, 97min) ★★★★
3.20 **The Tiger Rising** Drama. (2022, PG, 102min) ★★★
5.05 **to 6.35** AM **The Ogglies** Animated family adventure. (2021, PG, 85min) ★★★

Sky Cinema Action

306 306 407 507 521

7.15 AM **Nobody 2** As 12.40am.
8.55 **The Meg** Action thriller. (2018, 12, 113min) ★★★
10.50 **Morbius** Fantasy adventure. (2022, 12, 104min) ★★
12.40 PM **Troy** Epic historical drama. (2004, 15, 163min) ★★★
3.30 **Wonder Woman** Fantasy adventure starring Gal Gadot. (2017, 12, 121min) ★★★★
5.55 **Green Lantern** Superhero adventure with Ryan Reynolds. (2011, 12, 114min) ★★



8.00 Spider-Man: Homecoming

8.00 **Spider-Man: Homecoming** Adventure starring Tom Holland and Michael Keaton. Teen superhero Peter Parker tries to prove his worth by battling a winged criminal with a trade in stolen hi-tech weaponry. (2017, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Superman** Fantasy adventure starring David Corenswet. One of the last survivors of the planet Krypton attempts to protect Earth from evil genius Lex Luthor. (2025, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Nobody 2** Comedy thriller sequel starring Bob Odenkirk. (2025, 15, 89min) ★★★
2.20 **Jackie Chan's Armour of God** Martial arts thriller. (1986, 15, 95min) ★★★
4.10 **to 6.00** AM **Long Gone Heroes** Action thriller. (2024, 15, 101min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **Role Models** Comedy. (2008, 15, 99min) ★★★★
8.20 **Gremlins** (1984, 12) ★★★★
10.15 **Spanglish** (2004, 12) ★★★
12.35 PM **The Ballad of Wallis Island** Comedy drama. (2025, 12, 100min) ★★★★
2.20 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★
4.20 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★
6.05 **Eddie the Eagle** Biopic. (2016, PG, 103min) ★★★

10.00 The Hangover

8.00 **How to Lose a Guy in 10 Days** Romantic comedy starring Kate Hudson and Matthew McConaughey. A journalist sets out to seduce and then alienate an advertising executive, but her target has his own agenda. (2003, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Hangover** Dark comedy starring Bradley Cooper. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. (2009, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
1.30 AM **The Hangover Part III** Comedy sequel. (2013, 15) ★★
3.15 **Anchorman: The Legend of Ron Burgundy** Comedy. (2004, 12, 94min) ★★★★
5.05 **to 7.00** AM **Ferris Bueller's Day Off** Teen comedy. (1986, 12, 103min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.35 AM **Jaws 2** As 5.30am.
8.40 **King Ivory** Crime thriller. (2024, 15, 130min) ★★★
11.00 **Neighborhood Watch** Thriller. (2025, 15, 92min) ★★★★
12.40 PM **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★
2.25 **Lethal Weapon 3** Action comedy. (1992, 15, 118min) ★★
4.25 **Speak No Evil** Horror. (2024, 15, 110min) ★★★★
6.20 **Black Bag** Espionage thriller. (2024, 15, 94min) ★★★★

6.20 Black Bag

8.00 **Vanilla Sky** Romantic fantasy drama, a remake of the Spanish film *Open Your Eyes*, starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Lethal Weapon 4** Action comedy sequel with Mel Gibson and Danny Glover. The LA cop duo tangle with a gangster from the Hong Kong underworld. (1998, 15, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **American Gangster** Ridley Scott's crime drama. (2007, 18, 157min) ★★★★
3.25 **The Krays** Crime drama. (1990, 18, 119min) ★★★
5.30 **to 7.35** AM **Jaws 2** Adventure thriller sequel. (1978, PG, 115min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Virginian** Western. (1946, PG, 90min) ★★
12.45 PM **The Black Shield of Falworth** (1954, U) ★★
2.45 **Criss Cross** Crime thriller. (1948, b/w, PG, 87min) ★★★
4.30 **Twelve O'Clock High** Classic World War Two drama. (1949, b/w, U, 132min) ★★★★★
7.10 **Jerry & Marge Go Large** Fact-based comedy drama. (2022, 12, 92min) ★★★★

7.10 Jerry & Marge Go Large

8 PM **Jerry & Marge Go Large** (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Venom** Fantasy adventure starring Tom Hardy and Riz Ahmed. A journalist gains superhuman strength and power when his body merges with an alien organism. With Michelle Williams and Scott Haze. (2018, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.10** **T2 Trainspotting** Danny Boyle's drama sequel starring Ewan McGregor and Robert Carlyle. Mark Renton hopes to make peace with the friends he betrayed 20 years previously. (2016, 18, 117min) ★★★★
1.30 **to 3.35** AM **Ravenous** Dark horror comedy starring Guy Pearce and Robert Carlyle. (1998, 18, 101min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Decades

302 302 402 502 516

7.05 AM **Paulie** As 5.35am.
8.40 **MouseHunt** Slapstick comedy. (1997, PG, 98min) ★★★★
10.25 **Billy Madison** Comedy. (1995, PG, 90min) ★★
12.00 NOON **Big Daddy** Comedy. (1999, 12, 95min) ★★★
1.40 PM **American Pie** Teen comedy. (1999, 15, 96min) ★★★★
3.20 **The Cable Guy** Black comedy. (1996, 12, 96min) ★★★★
5.00 **Liar Liar** Comedy starring Jim Carrey. (1997, 12, 86min) ★★★★
6.30 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey. Pet detective Ace Ventura searches for a sacred white bat in Africa. (1995, PG, 89min) ★★★
9.40 **Dumb and Dumber** Comedy with Jim Carrey and Jeff Daniels. (1994, 12, 107min) ★★★
11.30 **Streetfighter** Action drama. (1994, 12, 102min) ★★
1.15 AM **Sudden Death** Action thriller. (1995, 18, 110min) ★★★
3.10 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
5.35 **to 7.15** AM **Paulie** Comedy. (1998, U, 92min) ★★★

Sky Cinema Greats

307 307 404 504 518

6.00 AM **...And Justice for All** Satirical black comedy. (1979, 15, 119min) ★★★
8.00 **Psycho** Alfred Hitchcock's notorious horror chiller. (1960, b/w, 15, 109min) ★★★★★
9.50 **Anatomy of a Murder** (1959)
12.30 PM **Enter the Dragon** Thriller. (1973, 18, 97min) ★★★★
2.15 **Jaws 3** Adventure thriller sequel. (1983, 12, 99min) ★★
3.55 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
6.00 **Escape to Victory** Wartime drama. (1981, PG, 111min) ★★★
8.00 **Lethal Weapon** Action comedy thriller starring Mel Gibson and Danny Glover. A volatile undercover cop and his unwilling new partner take on a drugs gang. (1987, 15, 110min) ★★★★
10.00 **Scarface** Brian De Palma's thriller starring Al Pacino, Robert Loggia and Michelle Pfeiffer. (1983, 18, 163min) ★★★★★
12.50 AM **Against All Odds** Thriller. (1984, 18, 116min) ★★
2.55 **True Romance** Crime thriller scripted by Quentin Tarantino. (1993, 18, 118min) ★★★★
5.05 **to 7.45** AM **Anatomy of a Murder** Courtroom drama. (1959, b/w, 12, 160min) ★★★★★

Disney+ Cinema

305

6.00 AM **Piglet's Big Movie** Animated adventure. (2003, U, 75min) ★★
7.20 **Big Hero 6** Animated adventure. (2014, PG, 102min) ★★★★
9.05 **Bambi** Feature-length cartoon. (1942, U, 69min) ★★★★★
10.15 **Inspector Gadget** Live-action screen adaptation of the cartoon series. (1999, U, 77min) ★★★
11.40 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
1.15 PM **Bedtime Stories** Comedy. (2008, PG, 99min) ★★★
2.55 **Monsters, Inc** Animated comedy. (2001, U, 95min) ★★★★★
4.30 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
6.55 **Beauty and the Beast** Musical. (2017, PG, 129min) ★★★★
9.00 **Veronica Guerin** Biopic. (2003, 18, 98min) ★★★
10.40 **28 Weeks Later** Horror sequel. (2007, 18, 99min) ★★★★
12.25 AM **Aliens Vs Predator – Requiem** Sci-fi action sequel. (2007, 15, 89min) ★★
2.05 **Alien: Romulus** Horror thriller. (2024, 15, 119min) ★★★★
4.05 **to 6.00** AM **The Princess Diaries** Family comedy. (2001, U, 115min) ★★★

Movies 24

312 313 419

7.00 AM **Betty's Bad Luck in Love** Comedy. (2024, PG, 84min) ★★
9.00 **Love's Playlist** Romantic comedy. (2023, PG, 85min) ★★
11.00 **Something New: A Teagarden Mystery** Crime drama with Skyler Samuels. (2023, U, 87min) ★★
1.00 PM **Journey to You** Romantic drama. (2025, PG, 84min) ★★
3.00 **The Marry Me Pact** Romantic comedy. (2023, PG, 88min) ★★
5.00 **Modeled with Love** Romantic drama. (2023, PG, 90min) ★★
7.00 **Love in the Maldives** Romantic drama starring Jocelyn Hudon. (2023, PG, 84min) ★★
9.00 **Love On Your Doorstep** Romantic drama starring Stephanie Bennett and Darien Martin. Love starts to bloom between a TV host and a florist with a groundbreaking delivery app. (2023, PG, 86min) ★★
11.00 **Catch of the Day** Romantic drama. (2025, PG, 84min) ★★
1.00 AM **Mountain Rescue Romance** Romantic comedy. (2023, PG, 84min) ★★
3.00 **to 5.00** AM **Mystery Island: House Rules** Crime drama. (2024, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Adventures of Jim Bowie**
6.35 **Lena Rivers** (1932, b/w, 12) ★★★
7.50 **Look at Life**
8.00 **Douglas Fairbanks Presents**
8.30 **Having a Wonderful Time**
9.00 **Park Ranger** 6/6. (S1)
9.30 **You're Only Young Twice!** Comedy. (1952, b/w, U) ★★
11.10 **Look at Life**
11.20 **Star Performance**
11.50 **Clothes Maketh Man**
12.00 NOON **Sergeant Cork** (S1)
1.05 PM **Adventures of William Tell**
1.35 **Green for Danger** Comedy thriller. (1946, b/w, PG) ★★★★
3.25 **Cinebox Memories**
3.30 **That Beryl Marston!**
4.00 **The Actor Behind the Door**
5.05 **Lunch Hour** (1962, b/w, PG) ★★
6.20 **Cinebox Memories**
6.25 **Whiplash** 14/34. (S1)
6.55 **The Man from UNCLE** (S1)
8.00 **The Mind of Mr JG Reeder**
9.00 PREMIERE **Murders in Hossegor** French drama. (2017, 15) ★★★
11.00 **I Am a Camera** Drama. (1955, b/w, 15, 98min) ★★★
1.00 AM **Bad Blood** Fact-based thriller. (1981, PG, 109min) ★★★
3.10 **Travellers Yarn**
3.30 **Target: The Corruptors**
4.30 **to 5.00** AM **The Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk** Sports news with live analysis and comments.
3.00 LIVE **IPL** **Gujarat Titans v Sunrisers Hyderabad.** Coverage of the T20 match at Narendra Modi Stadium, Ahmedabad. The Titans won this meeting last year thanks to an impressive 38-run victory after they made 224-6 in their innings, mainly thanks to Shubman Gill's 76 from 38 balls. They then restricted the Sunrisers to 186-6 from their 20 overs to earn themselves an important victory.
7.00 LIVE **EFL** Coverage of the second leg of a Championship play-off semi-final, as the team that finished fourth hosts the fifth-placed side. Kick-off **8.00pm**.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News** Round-up of the sports news, with live analysis, comment and extended interviews.
12.00 M'T LIVE **NBA Basketball** Coverage of a play-off match.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Highlights**
10.00 **Sky Sports FC**
12.00 NOON **FNF** Liverpool v Bournemouth held at Anfield. **12.30** PM West Ham United v Chelsea from London Stadium.
1.00 **SNF** Action from Arsenal v Leeds United at Emirates Stadium.
1.30 **MNF Hlts** Newcastle United v Liverpool from St. James' Park.
2.00 **Premier League Highlights** Manchester United v Burnley. **2.30** Highlights of Manchester City v Manchester United. **3.00** Arsenal v Manchester City. **3.30** Crystal Palace v Liverpool.
4.00 **Premier League Stories**
4.30 **MNF** Highlights from Tottenham Hotspur v Leeds United.
5.00 **The Premier League Show**
7.00 **Match Officials Mic'd Up**
7.30 **Premier League Review**
8.30 **Netbusters** Recent action.
9.00 **Match Officials Mic'd Up**
9.30 **The Big Interview**
10.00 **Premier League Review**
11.00 **Premier League Years**
1.00 AM **PL Retro** West Ham United v Tottenham Hotspur in 2006/07.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.00 **EFL Greatest Games**
10.00 **SPFL Round-Up**
10.15 **SPFL Highlights**
11.00 **Bundesliga Highlights Show**
12.00 NOON **EFL** Championship.
2.00 PM **EFL Greatest Games**
2.30 **SPFL Round-Up**
2.45 **EFL Highlights**
3.45 **EFL Greatest Games**
4.15 **SPFL Round-Up**
4.30 **SPFL Highlights**
5.00 **Bundesliga Highlights Show**
6.00 **EFL Highlights** Championship.
7.00 LIVE **EFL** Coverage of the second leg of a Championship play-off semi-final, as the team that finished fourth hosts the fifth-placed side. Kick-off **8.00pm**.
10.30 **EFL Greatest Games**
11.00 **SPFL Round-Up**
11.15 **EFL Greatest Games**
11.30 **EFL Highlights** Championship.
12.30 AM **Edinburgh Derby Goals**
1.00 **Craig Brown: My Scotland**
1.30 **There's Only One Sauzee**
2.00 **Old Firm Derby Best Goals**
2.30 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Best Goals: EFL Cup 2022/23**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 action.
11.15 **Best of ICC WT20**
12.00 NOON **Women's One-Day International Cricket**
1.00 PM **IPL** Recent T20 action.
2.50 LIVE **IPL** **Gujarat Titans v Sunrisers Hyderabad.** Coverage of the T20 match at Narendra Modi Stadium, Ahmedabad. The Titans won this meeting last year thanks to an impressive 38-run victory after they made 224-6 in their innings, mainly thanks to Shubman Gill's 76 from 38 balls. They then restricted the Sunrisers to 186-6 from their 20 overs to earn themselves an important victory.
7.00 **Best of ICC WT20**
8.00 **IPL** Punjab Kings v Delhi Capitals. **9.00** Gujarat Titans v Sunrisers Hyderabad staged at Narendra Modi Stadium, Ahmedabad.
10.00 **Women's One-Day International Cricket** Highlights of England v New Zealand.
11.00 **IPL** Recent T20 action.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A chance to see Gujarat Titans v Sunrisers Hyderabad.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Champs Official Film 1999** At Medinah Country Club.
7.00 **PGA Champs Official Film 2000**
8.00 **PGA Champs Official Film 2006**
9.00 **PGA Champs Official Film 2007**
10.00 **McGinley & Chamblee at the PGA Championship**
11.30 **PGA Tour Golf**
12.30 PM **McGinley & Chamblee at the PGA Championship**
2.00 **Golf Channel Live from the PGA Championship** Build-up to the second Major of the year at Aronimink Golf Club, Pennsylvania.
10.00 **PGA Tour Golf** Action from day four of the Truist Championship. **11.00** Action from day four of the ONEflight Myrtle Beach Classic.
12.00 M'T **DP World Tour Golf**
12.30 AM **Scotland's Greatest Golf Holes** The Renaissance Club.
1.00 **PGA Champs Official Film 2010**
2.00 **PGA Champs Official Film 2011**
3.00 **PGA Champs Official Film 2022**
4.00 **School of Golf** Expert tips.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of the eighth day of the Italian Open at Foro Italico, Rome.
6.00 PM LIVE **WTA & ATP Tennis** Continued coverage of day eight of the Italian Open at Foro Italico. British star Jack Draper looked to be heading out of the competition at this stage 12 months ago after losing the first set 1-6 in his match against Corentin Moutet, but he secured a place in the last eight after taking the second and third sets 6-4 6-3. Meanwhile, the 2024 champion Alexander Zverev claimed a third successive straight sets victory as he defeated Arthur Fils 7-6 6-1.
10.00 **ATP Tour This Week**
10.30 **Tennis** Madrid Open review.
12.00 M'T **ATP Tennis** Bucharest Open.
1.00 AM **ATP & WTA Tour Classics**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **ATP Tour This Week**
4.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 **Giro d'Italia Men Highlights**
8.00 **Men's Cycling Pro Series**
9.00 LIVE **Men's Cycling Pro Series** Stage three of the Baku-Khankendi Azerbaijan race.
11.00 **Giro d'Italia Men Highlights**
12.00 NOON LIVE **Cycling: Giro d'Italia** Coverage from the fourth stage of the men's race, a 138km route from Catanzaro to Cosenza.
5.00 PM **UEFA Europa League & Conference League Highlights**
5.30 **UEFA Champions League**
6.00 **Premier League Netbusters**
6.30 **Premier League Stories**
7.00 **Women's FA Cup** Highlights from the semi-finals.
9.00 **Beacon of Hope – The Grenfell Athletic Story**
10.00 **Premier League Reload**
10.15 **MotoGP Rewind**
10.30 **MLB Highlights**
11.30 **MLB Lead Off** A look ahead.
12.00 M'T LIVE **MLB** **Atlanta Braves v Chicago Cubs.** The National League match from Truist Park. Start-time **12.15am**.
3.00 AM **MLB Closer** Match review.
3.30 **MLB Classic** Archive action.
4.00 **to 6.00** AM **Serie A**

TNT Sports 2

411 414 522 409 431

6.00 AM **Serie A** Action from Italy.
8.00 **MotoGP** Grand Prix of France.
11.30 **Premier League Review**
12.30 PM **UEFA Champions League Magazine** News and action.
1.00 **MLB Highlights**
2.00 **Premier League Review** A look back at matchday 36 of the top flight, including Liverpool v Chelsea, West Ham United v Arsenal and Manchester City v Brentford.
3.00 **Serie A** Lecce v Juventus. **4.00** AC Milan v Atalanta.
5.00 **Sign Up – Into Football** With Fulham head coach Marco Silva and captain Tom Cairney.
5.45 **The Gruppetto** Cycling news.
6.00 **LIV Golf** A review of the seventh round of the season in Virginia.
7.00 **Rolex SailGP Championship** Highlights from the fifth round of the season in Bermuda.
8.00 **The Gallagher PREM** Recent highlights, featuring Gloucester v Sale Sharks and Leicester Tigers v Northampton Saints.
1.00 AM **The Gallagher PREM – The Wrap Up** A look back at all of the biggest stories and best action from the 15th round of fixtures.
1.15 **The Gruppetto** Cycling news.
1.30 **to 6.00** AM **MotoGP**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Salford Red Devils v Leigh Leopards.
9.00 **Super League** Castleford Tigers v Wakefield Trinity from 2025.
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Action from Buffalo Bills v Miami Dolphins.
4.00 **Super League Highlights**
4.45 **World Club Challenge** Bitesize highlights of Wigan Warriors v Penrith Panthers from 2024.
5.00 **Zuffa Boxing** Shane Mosley Jr v Serhii Bohachuk at Meta Apex.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA Basketball** Los Angeles Lakers v Los Angeles Clippers.
10.00 **NBA on Fire** The latest news.
10.30 **NFL Bitesize Highlights** Action from Seattle Seahawks v San Francisco 49ers at Lumen Field. **10.45** New England Patriots v Houston Texans held at Gillette Stadium in Massachusetts.
11.00 **Super Bowl LX Highlights**
12.00 M'T LIVE **NBA Basketball** Coverage of a play-off match.
4.00 AM **NFL Bitesize Highlights**
4.30 **Super League Highlights**
4.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **WTA & ATP Tennis** Coverage of the eighth day of the Italian Open staged at Foro Italico in Rome. Jannik Sinner produced another impressive display in the fourth round 12 months ago, and booked his place in the quarter-finals with a 7-6 6-3 win over Francisco Cerúndolo.
6.00 PM LIVE **WTA & ATP Tennis** Continued coverage of day eight of the Italian Open at Foro Italico. British star Jack Draper looked to be heading out of the competition at this stage 12 months ago after losing the first set 1-6 in his match against Corentin Moutet, but he secured a place in the last eight after taking the second and third sets 6-4 6-3. Meanwhile, the 2024 champion Alexander Zverev claimed a third successive straight sets victory as he defeated Arthur Fils 7-6 6-1.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **PGA Tour Golf**
9.00 **PGA Tour Champions**
10.00 **Tennis** Madrid Open finals.
12.00 NOON **IPL** Recent highlights.
2.00 PM **PL Greatest Games**
3.00 **PGA Tour Golf**
5.00 **Premier League Darts** Another chance to see night 14 in Leeds.
9.00 **Zuffa Boxing** Shane Mosley Jr v Serhii Bohachuk from Meta Apex.
10.00 **IPL** Recent T20 highlights.
12.00 M'T **The Insiders** NFL news.
1.00 AM **NBA Basketball** Minnesota Timberwolves v Phoenix Suns.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **IPL**

TNT Sports 3

413 415 523 410 432

6.00 AM **Fishing: On the Bank**
7.00 **The Gallagher PREM**
12.00 NOON LIVE **Cycling: Giro d'Italia** Coverage from the fourth stage of the men's race, a 138km route from Catanzaro to Cosenza. This stage last year saw a 189km route from Alberobello to Lecce that was won by Dutch cyclist Casper van Uden, as he picked up his only victory of the race.
5.00 PM **NWSL** Recent highlights.
7.00 **Men's Cycling Pro Series** Action from the third stage of the Baku-Khankendi Azerbaijan race.
8.00 **Giro d'Italia Men Highlights**
9.00 **Serie A** Lecce v Juventus. **10.00** AC Milan v Atalanta.
11.00 **NWSL** Recent highlights.
1.00 AM **Giro d'Italia Men Highlights** The fourth stage.
2.00 **Men's Cycling Pro Series**
3.00 **Formula E Flashback**
3.30 **Fight Week** UFC 328 review.
4.00 **to 6.00** AM **Women's FA Cup**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Four match replays.
12.00 NOON **AFL** A replay of Richmond Tigers v Adelaide Crows.
1.30 PM **The Breakdown**
2.00 **Fishing: On the Bank**
3.00 **WRC Review** Rally Portugal.
4.00 **MotoGP** Highlights from the Grand Prix of France races.
7.30 **MLB Highlights**
8.30 **WRC Review** Rally Portugal.
9.30 **Ninja A-League Women Highlights** Action from the latest semi-final second-leg matches.
10.00 **Isuzu UTE A-League Highlights** Action from the latest semi-final first-leg games.
10.30 **AFL** Another chance to see GWS Giants v Essendon Bombers. **12.00** M'T A chance to see Gold Coast Suns v St Kilda Saints. **1.30** AM A replay of Geelong Cats v Collingwood Magpies. **3.00** A replay of Melbourne Demons v West Coast Eagles.
4.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
7.00 **LaLiga** Rayo Vallecano v Girona.
9.00 **NASCAR Highlights**
10.00 **Eredivisie Highlights**
11.00 **Scottish Football Social Club**
12.00 NOON **LaLiga Match Highlights**
1.30 PM **Top 14 Rugby Union**
2.00 **NHL Ice Hockey**
4.55 **LaLiga Match Highlights**
5.55 LIVE **LaLiga** **Celta Vigo v Levante.** Coverage of the match at Estadio Abanca-Balaídos. Kick-off **6.00pm**.
8.00 **LaLiga Match Highlights**
8.25 LIVE **LaLiga** **Osasuna v Atletico Madrid.** The Spanish top-flight match from Estadio El Sadar. Kick-off **8.30pm**.
10.30 **LaLiga Match Highlights**
11.00 **Eredivisie Highlights**
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Sporting Greats**
3.30 **Swedish Speedway**
5.30 **to 6.00** AM **Bike World**

Premier Sports 2

420 552

6.00 AM **Motorsport** Valentino Rossi.
6.30 **NASCAR Trucks**
9.30 **Bike World** Magazine.
10.00 **NHL Ice Hockey**
12.00 NOON **Brasileiro Serie A** A replay of Gremio v Flamengo.
2.00 PM **Football's Greatest**
3.00 **United Rugby Championship** Glasgow Warriors v Cardiff.
4.55 **Football's Greatest**
5.25 **Bike World** Magazine.
5.55 LIVE **Swedish Speedway** Coverage of an Elitserien meeting.
8.00 **MotorSport** A look back at the career of Valentino Rossi.
8.30 **European Le Mans Series**
9.30 **United Rugby Championship** A replay of Ospreys v Scarlets.
11.30 **Football's Greatest**
12.00 M'T **NHL Ice Hockey** Another chance to see a play-off match.
2.00 AM **Temples of Sport**
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** Coverage of a match in the end-of-season play-offs.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
11.00 **Indycar** Recent action.
5.00 PM LIVE **Indycar** Indianapolis 500 first practice session at Indianapolis Motor Speedway.
9.00 LIVE **Indycar** The Indianapolis 500 second practice session at Indianapolis Motor Speedway.
11.00 **Indycar** The Sonsio Grand Prix.
12.00 M'T **Formula 1** Miami Grand Prix.
1.00 AM **Best of Australia & China**
2.00 **F1 Explained**
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

Wednesday

13 May

Planner

The Future with Hannah Fry

***DOCUMENTARY** BBC2, 7.30pm (box set, BBC iPlayer)*

The mathematician and author takes an educated guess as to what the future holds for us, with life spans looking to stretch to 150 years.

Good Omens

***FANTASY DRAMA** Prime Video*

The fates of angel Aziraphale (Michael Sheen, right) and demon Crowley (David Tennant) are decided in this feature-length conclusion to the fantasy comedy, based on the novel by Terry Pratchett and Neil Gaiman.

Kevin McCloud's Listed Britain

***FACTUAL** More4, 9pm*

The *Grand Designs* presenter visits remarkable buildings and structures around the country, including London's Tower Bridge, to discover why they have been awarded Grade I listed status – the highest level of protection.

Off Campus

***DRAMA** Prime Video*

College romance based on the popular books by Ella Kennedy. A dedicated student (*Malory Towers*' Ella Bright) agrees to tutor the captain of the ice hockey team and, in return, he agrees to act as her boyfriend to try to gain the attention of someone else.

Wednesday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Race Across the World		9.00 Amandaland	9.30 Only Child	10.00 News; Local News	
	102 BBC2	7.00 Iolo's River...	7.30 The Future...	8.00 The Elon Musk Show		9.00 Surgeons: At the Edge of Life		10.00 Twenty...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 For the Love...	8.00 Emmerdale	8.30 Coronation...	9.00 A Taste for Murder		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Salisbury Poisonings: The Untold Story		10.00 Do You Know This Man?	
	105 5	7.00 Inside the Tower of London: Building...		8.00 Warship: Life in the Royal Navy		9.00 The Murder of Muriel McKay: A Killer Makes A Call			10.30 Trauma Room...
	106 SKY ONE	7.00 The Simpsons		8.00 Sport's Funniest Moments		9.00 Rob & Romesh vs Hip Hop		10.00 Film: William Tell	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Interior Design Masters with Alan Carr		9.00 Kidnapped by My Mum			10.40 Chloe...
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 From Ice to Fire: The Incredible...		9.00 The Ruth Ellis Files: A Very British Crime Story		10.15 A Foreign Field	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 Family Guy			
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Kevin McCloud's Listed Britain		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Married at First Sight Australia		9.05 Celebs Go Dating		10.05 Gogglebox	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Matlock		10.00 Doc	
	108 SKY ATLANTIC	‹ 6.45 The Penguin				9.00 The White Lotus		10.15 Euphoria	
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours	8.40 Open All Hours: Inside Out				10.40 Not...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Grace				10.00 Grantchester	
	120 ITV4		7.20 Film: GoldenEye					10.00 Up the Jammers	
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Michael McIntyre's Big Show		10.00 Jimmy Carr's Am I the A**hole?	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 This Is Not a Murder Mystery			9.20 The Chelsea Detective		10.20 New Tricks
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise		9.00 Saint-Pierre		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Tea with Judi Dench		9.00 Backstage with the London...		10.00 The Seventies	
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 Annika		10.00 Stacey Dooley Sleeps Over	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car				9.00 Wheeler Dealers		10.00 Supercar Showroom	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation: Special Report		8.00 Apocalypse: Hitler Takes on the West				10.00 Secret Nazi Science	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Wars		9.00 The Curse of Oak Island		10.00 Mysteries Unearthed with Danny Trejo	
	155 U&YESTERDAY	7.00 Asia		8.00 Train Truckers		9.00 Trawlermen: Hunting the Catch		10.00 Seven Worlds, One Planet	
	114 SKY DOCS	7.00 The Man Who Played with Fire		8.00 The Truth vs Alex Jones				10.15 The Sleepwalker	

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.30 **LIVE State Opening of Parliament** Coverage from the Palace of Westminster as the King outlines the Government's plans. (S)
12.30 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition Investigating a scam group operating out of Albania. (S)
2.30 **Celebrity Escape to the Country** With Janet Street-Porter. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop on the Road** (R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Amandaland

7 PM

7.00 **The One Show** Clara Amfo and Vernon Kay present the topical show. (S)
7.30 **EastEnders** Grant makes a situation worse, Bea panics about her actions, while Nicola realises she is finally out of options. (S)(AD)

8 PM

8.00 **Race Across the World** New edition 7/9. In the penultimate leg, the race shifts up a gear as the teams enter Mongolia, their eighth and final country, where they face freezing temperatures and rugged off-road travel. (S)(AD)

9 PM

9.00 **Amandaland** New episode 2/6. A hipster coffee shop opens. (S2) (S)(AD) ■ Entire series on BBC iPlayer
9.30 **Only Child** New episode 2/6. Richard searches for a job. (S2) (S)(AD) ■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **NEW TO BBC1** **Kidnapped by My Mum** 1/2. The story of Alex Batty, who went missing when he was 11 on what was supposed to be a short family holiday with his mother and grandfather. Now aged 20, he tells the full story about his abduction and his life on the run, retracing the route of his disappearance across Spain and France. *Previously on BBC3.* (S)(AD)
12.20 AM **Blankety Blank** 4/9. With guests Julian Clary, Sophie Willan, Harry Pinero, Liza Tarbuck, Judi Love and Tom Allen. (S)(R)
12.55 **Weather for the Week Ahead** (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **Bargain Hunt** (S)(R)
7.30 **Great Central Asian Railway Journeys** Uzbekistan. (S)(R)(AD)
8.00 **Sign Zone: Great Japanese Railway Journeys** (S)(R)(AD)
8.30 **Sign Zone: Great Korean Railway Journeys** (S)(R)(AD)
9.00 **BBC News** (S)
10.30 **Wanted Down Under** (S)(R)
11.30 **Homes Under the Hammer** (S)(R)
12.30 PM **BBC News** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Mastermind** Game show. (S)(R)
2.15 **Lightning** Quiz show. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **Big Cats 24/7** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** (R)
5.15 **Flog It!** Unseen finds. (S)(R)
6.00 **House of Games** Quiz. (S)(R)
6.30 **Great Central Asian Railway Journeys** New edition (S)(AD)

9.00 Surgeons: At the Edge of Life

7 PM

7.00 **Iolo's River Valleys** New edition 2/4. Iolo Williams heads up the Tywi river valley. (S)
7.30 **NEW SERIES The Future with Hannah Fry** Age-defying techniques. (S)(AD) ■ Entire series on BBC iPlayer
7.55 **The Secret Genius of Modern Life: The Best Bits** (S)(R)

8 PM

8.00 **The Elon Musk Show** 3/3. As Elon Musk's businesses reach unprecedented levels of success, his public profile begins to grow – but his behaviour comes under ever greater scrutiny. (S)(R)(AD)

9 PM

9.00 **Surgeons: At the Edge of Life** New edition 2/8. Surgeons face a difficult dilemma in the middle of a life-saving bile duct cancer operation, and a patient has a tumour that has invaded their chest wall. (S)(AD)

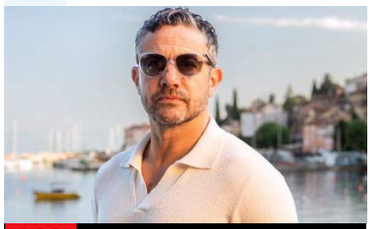
10 PM

10.00 **Twenty Twenty Six** Series finale *Opening Ceremony:* 6/6. A boycott and politics threaten the opening ceremony. (S1) (S)(AD) ■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** A look at the week's major global news stories. (S)
11.30 **Children of the Blitz** (S)(R)(AD)
1.00 AM **Sign Zone: Greatest Gardens with Diarmuid Gavin and Carol Klein** With Patrick Grant. (S)(R)
1.30 **Sign Zone: MasterChef** (S)(R)(AD)
2.30 **Sign Zone: LS Lowry: The Unheard Tapes** (S)(R)(AD)
3.30 **Sign Zone: Do You Know Your Place?** From Cardiff. (S)(R)
4.00 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** Current affairs and lifestyle features. (S)
9.30 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** Celebrity chat, lifestyle features and advice. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.50 **Local News** (S)
2.00 **LIVE Racing** Francesca Cumani and Ed Chamberlin present coverage of day one of the Dante meeting from York, where the feature races are the Musidora Stakes and the Minster Stakes. Plus, racing from Yarmouth. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)



9.00 A Taste for Murder

7 PM

7.30 **For the Love of Dogs with Alison Hammond** New edition Alison meets an excitable husky-cross with a fear of cars, and helps find a furry friend who will hopefully bring an ex-racing greyhound out of her shell. (S)(AD)

8 PM

8.00 **Emmerdale** Todd tries to blackmail Charity, while Sarah confronts Cain about his self-pity. (S)(AD)
8.30 **Coronation Street** Tim confronts Trisha with his revised view of their relationship. (S)(AD)

9 PM

9.00 **A Taste for Murder** New episode *La Colazione Perfetta! (The Best Breakfast Ever!)* 3/6. Joe becomes a key witness at a murder mystery event when its host suddenly turns up dead. (S1) (S)(AD) ■ Entire series on ITVX

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.30 **The Assembly** 4/5. Actor Anna Maxwell Martin faces autistic, neurodivergent and learning-disabled interviewers. (S)(R)
12.00 M'T **Gallagher PREM Unleashed** The 15th round of fixtures. (S)(R)
12.30 AM **Teleshopping**
3.00 **Tonight: Cashing in on the Elderly – Who to Trust?** (S)(R)
3.25 **The Neighbourhood** (S)(SL)(R)
4.15 **How to Clean Up for Cash** (S)(R)
4.40 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 8-10/26. (S5) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21-24/24. (S2) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New Orleans. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to Florida** New edition Laura and Lindsay steel themselves for the eyewatering cost of childbirth in Florida. (S)(AD)
5.00 **Chateau DIY** New edition Donna and Paul install a rear balcony at their château in Brittany. (S)(AD)
6.00 **Sun, Sea and Selling Houses** Sharon and Shaun Garner help a family of three search for a holiday home in Almería. (S)(R)

8.00 Location, Location, Location

7 PM

7.00 **News** (S)

8 PM

8.00 **Location, Location, Location** New edition Kirstie Allsopp and Phil Spencer help two couples in Leeds, including paramedic Emily and nurse Lucy, who find themselves spoilt for choice with the multiple options Kirstie delivers. (S)

9 PM

9.00 **Salisbury Poisonings: The Untold Story** Series finale 3/3. As further Novichok casualties caused more panic, questions began to be asked about how the UK reacted to such unprecedented Russian aggression. (S)(AD)

10 PM

10.00 **NEW Do You Know This Man?** The story of three women's fight for justice against the man who abused them as teenagers, after the initial case against him collapsed in court due to a procedural error. (S)(AD)
11.05 **Celebrity Gogglebox** (S)(R)(AD)
12.05 AM **First Dates** (S)(R)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
1.50 **FILM Plan B** Comedy with Kuhoo Verma and Victoria Moroles. (S)(SL) (2021, 18, 110min) ★★★
3.40 **Sunday Brunch** (S)(R)
3.55 **Couples Come Dine with Me** (R)
4.50 **Sarah Beeny's New Country Lives** Documentary. (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Food to Die For:* 22/24. A celebrity chef is killed by being dipped in a vat of liquid nitrogen in the kitchen of a New York restaurant. (S)(R)
3.55 **Castle** *Overkill:* 23/24. Castle competes with Demming to solve a murder. (S2) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition A visit to Limekiln Docks. (S)
6.05 **Susan Calman's Grand Day Out** From Yorkshire. (S)(R)
6.55 **News** (S)

8.00 Warship

7.00 **Inside the Tower of London: Building the World's Greatest Castle** Exploring how the tower was transformed from a single keep to an epic fortress. (S)(R)
7.55 **News** (S)

8.00 **Warship: Life in the Royal Navy** Series finale 7/7. JJ Chalmers heads to HMS *Raleigh* in Cornwall, the home of Royal Navy training, to see how recruits are prepared for the harsh realities of war. (S)(AD)

9.00 **The Murder of Muriel McKay: A Killer Makes A Call** New edition The case of 55-year-old Muriel McKay, who was kidnapped and held for ransom after being mistaken for Anna Murdoch, the wife of family friend Rupert Murdoch. (S)

10.30 **Trauma Room One** A woman arrives in a critical condition after a stroke, and surgeons remove a tumour from a 42-year-old's man neck – and without surgery he could face paralysis. (S)(R)

11.30 **Cause of Death** Emergency service workers wrestle to keep a young man alive on a Lancashire road, but his injuries prove too extreme. (S)(R)
12.35 AM **A&E After Dark** (S)(R)
1.30 **Teleshopping** (S)(R)
2.30 **A Yorkshire Farm** (S)(R)
4.10 **Friends** (S6) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S5) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Islands** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 8/21. (S3) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *Burns Verkaufen der Kraftwerk:* The nuclear power plant is sold. (S)(R) **5.30** *Mr Lisa Goes to Washington:* Lisa wins a trip to Washington. (S)(R)
6.00 **The Office (US)** 2/24. Pam and Angela become friends. (S)(R) **6.30** 3/24. The warehouse crew win the lotto jackpot. (S8) (S)(R)

10.00 William Tell

7.00 **The Simpsons** *I Married Marge:* Homer reflects on the ups and down of life with Marge. (S)(R) **7.30** *Radio Bart:* Bart uses a radio transmitter to trick the townsfolk. Featuring the guest voice of Sting. (S)(R)

8.00 **Sport's Funniest Moments** From football to F1 and cricket to golf, enjoy some of the funniest and most farcical moments from the sporting world, in the company of the likes of James Haskell and Chris Kamara. (S)(R)(AD)

9.00 **Rob & Romesh vs Hip Hop** Comedians Rob Beckett and Romesh Ranganathan head to New York City to immerse themselves in the world of rap, meeting the Wu Tang Clan's Raekwon, one of Romesh's heroes. (S)(R)(AD)

10.00 FILM **William Tell** Historical drama with Claes Bang and Connor Swindells. During the 14th century, a man defends his family and his homeland of Switzerland after the Austrian king invades. With Ben Kingsley. (2025, 15, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Grimm** 13/22. (S3) (S)(R)
1.30 **Road Wars** (S)(R)
2.00 NEW SERIES **From** 1/10. Return of the sci-fi horror starring Harold Perrineau. A new arrival throws the town into chaos. (S)(AD) **3.00** New episode 2/10. Jade and Tabitha struggle with the weight of their revelation. (S4)
4.05 **S.W.A.T.** 8/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Border Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.40pm Sportscene: Premiership Highlights (S) **11.40** Debate Night (S)(R) **12.40am** Scotcast (S)(R) **1.10** Kidnapped by My Mum (S)(R)(AD) **2.50** Weather for the Week Ahead (S) **2.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm FILM PREMIERE The Spin (S) (2025, 15, 95min) ★★★ **12.15am** Kidnapped by My Mum (S)(R)(AD) **1.55-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.00-7.30pm Iolo's River Valleys New edition (S) **10.40** Walescast (S) **11.10** Kidnapped by My Mum (S)(R)(AD) **12.50-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Peelers: The PSNI for Real (S)(R) **11.00** Twenty Twenty Six Series finale (S)(AD) **11.30** Unspun World with John Simpson (S) **12.00m't** This Is a Bomb: The Nevada Casino Heist (S)(R) **12.40-1.00am** BBC News (S)

WALES
Sky 968, Freesat 968
7.00-7.30pm The One Show (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Camau Bach **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Ciao! Colleen Ag Owain (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Dwr Du: Trychineb y Sea Empress **4.00** Awr Fawr **5.00** Stwnsh **6.00** Caeau Cymru **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Cartrefi Cymru New edition **8.55** Newyddion a'r Tywydd **9.00** NEW SERIES 3Cân **9.30** Priodas Pum Mil **10.30-11.35pm** Stori'r Iaith

TV&Streaming week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve dives with 100 grey nurse sharks. **7.30** Steve is underwater in Indonesia with various fish.
8.00 **Interior Design Masters with Alan Carr** 4/8. The designers transform common rooms at the Royal Navy Air Station, Somerset.
9.00 NEW SERIES **Kidnapped by My Mum** 1/2. The story of Alex Batty, who went missing when he was 11 on what was supposed to be a short family holiday with his mother and grandfather.
10.40 **Chloe Ayling: My Unbelievable Kidnapping** 1/3. The model shares the story of her 2017 abduction. **11.25** 2/3. Chloe reveals a turning point in her captivity. **12.15** AM 3/3. A look at how, after escaping captivity, Chloe faced a new ordeal – media scrutiny.
1.05 **The Big Proud Party Agency** Double bill.
2.05 **Kidnapped by My Mum**
3.45 **to 3.55** AM **Mobility**

BBC4

116 119 107/108 9/24 106/108 108 11

7.00 PM **University Challenge** Gonville and Caius College, Cambridge, take on the University of St Andrews.
7.30 **Only Connect** The Bankers face the Bookkeepers.
8.00 **From Ice to Fire: The Incredible Science of Temperature** 1/3. Helen Czerski explores the temperature scale.
9.00 **The Ruth Ellis Files: A Very British Crime Story** 2/3. Gillian Pachter focuses on the murder trial.
10.00 **Roy Clarke Remembers... A Foreign Field** The writer reflects on the creation of his comedy drama.
10.15 **A Foreign Field** One-off comedy drama starring Alec Guinness and Leo McKern.
11.45 **How to Get Ahead at Versailles** Documentary.
12.45 AM **Florence Nightingale: Nursing Pioneer**
1.55 **From Ice to Fire: The Incredible Science of Temperature** As 8.00pm.
2.55 **to 3.55** AM **The Ruth Ellis Files: A Very British...**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The competition gets under way at Alston House in Cumbria. **4.50** The second visit of the week is to Scotia House in the heart of Harrogate. **5.20** From Canberra Guest House, Blackpool. **5.50** The fourth and final visit is to Crown and Kitchen in East Linton, East Lothian. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer search Glasgow with two couples.
7.55 **Kirstie and Phil's Love It or List It** Helping Ruth and Ken in Caterham, Surrey.
9.00 NEW SERIES **Kevin McCloud's Listed Britain** 1/5. The presenter travels the country to uncover the stories of the buildings Britain has chosen to protect at the highest level.
10.00 **24 Hours in A&E** An 18-year-old woman is brought into A&E after being knocked off her motorbike.
11.05 **24 Hours in A&E**
12.10 AM **Kevin McCloud's Listed Britain**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
12.00 NOON **Rude(ish) Tube...**
12.05 PM **Ramsay's Kitchen Nightmares USA**
1.05 **The Simpsons**
2.05 **Modern Family**
3.05 **Married at First Sight...**
5.00 **First Dates: Be My Valentine** Dating show.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** The Osbornes and Keanes feud in the Dog.
7.30 **The Simpsons** *Homer the Heretic:* Homer skips church to watch TV and eat waffles.
8.00 **Married at First Sight Australia** New edition The experts seek some clarity.
9.05 **Celebs Go Dating** New edition Professor Green makes an admission on his date with Claira.
10.05 **Gogglebox** Opinions on *This Is Going to Hurt* and *Formula 1: Drive to Survive.*
11.05 **First Dates**
12.10 AM **Naked Attraction**
1.10 **Married at First Sight...**
2.15 **Celebs Go Dating**
3.10 **Gogglebox**
4.05 **The Goldbergs**
4.55 **to 6.00** AM **Don't Tell the Bride**

Wednesday primetime

UK CRIME FILES: Murderous Carer TONIGHT FROM 8PM
Donal MacIntyre meets former Detective Inspector Simon Shuttleworth to discover how he solved the murder of ex-boxer Shaun Cummins in Leicester.

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **Border Security USA**
9.00 **Brit Cops: Law & Disorder**
10.00 **A1: Britain's Longest Road**
11.00 **Blue Bloods** 3/20. (S12)
12.00 NOON **FBI** 13&14/15. (S3)
2.00 PM **The Rookie** 1/20. Officer Bradford fights for his life after the attack in Los Angeles. (S2)
3.00 **Law & Order: Criminal Intent** 9/22. Goren and Eames look into the murder of a computer company employee. (S5)
4.00 **Nothing to Declare**

10.00 Doc

7 PM
7.00 **Police 24/7** A young man has instant regrets after getting stopped for stealing his grandma's car.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Matlock** New episode *The Greater Good:* 10/16. Julian joins Matty on the surveillance of a Wellbrexa executive's ex-wife. (S2)

10 PM
10.00 **Doc** New episode *Trust:* 15/22. While processing Katie's news, Amy treats a critically ill patient who has a dark secret. (S2)
11.00 **The Rookie** 3/20. (S2)
12.00 M'T **FBI** 12/15. (S3)
1.00 AM **Law & Order: SVU** (S26)
2.00 **FBI** New episode 15/22. (S8)
3.00 **Law & Order: Criminal Intent**
4.00 **Border Security: America's Front Line** Double bill.
5.00 to 6.00 AM **Air Ambulance ER**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 2&3/12. (S2)
12.10 PM **Billions** 3&4/12. (S5)
2.25 **My Brilliant Friend** 1/10. (S4)
3.30 **The New Pope** 3/9. (S1)
4.35 **Billions** 3/12. Axe has to deal with a family crisis. **5.40** 4/12. Axe's latest move puts him right in Mike Prince's line of fire. (S5)
6.45 **The Penguin** 7/8. Oz fights to preserve his family, while Sofia makes a discovery. (S1)

9.00 The White Lotus

7.45 **The Penguin** *A Great or Little Thing:* 8/8. Truths are laid bare as Oz nears the end of his journey and his power struggle with Sofia comes to a head. Colin Farrell stars. (S1)

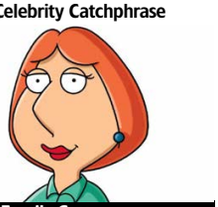
9.00 **The White Lotus** *Special Treatments:* 2/8. Kate and Jaclyn discuss Laurie's divorce, while Timothy gets bad business news. (S3)
10.15 **Euphoria** 5/8. Drama starring Zendaya, Jacob Elordi and Sydney Sweeney. (S3)
11.30 **The Penguin** 6/8. Oz continues to expand his reach within the city. (S1)
12.35 AM **The White Lotus** 2/7. (S2)
1.40 **Homicide: Life on the Street**
3.40 **The Guest Wing** (S1)
4.35 **Sort Of** (S3)
5.05 to 6.00 AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.20 **Dress to Impress**
8.20 **Olivia and Alex: Parenthood**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of New...**
12.05 PM **Ant & Dec's Limitless Win**
1.05 **Celebrity Catchphrase**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**



9.00 Family Guy

7.00 **Wheel of Fortune** Graham Norton invites three new contestants to spin the wheel to try to win a possible £50,000.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Family Guy** New episode 17/22. Brian leads protests against Lois. (S23) **9.30** 1/21. Lois inherits a fortune from her aunt.

10.00 **Family Guy** 2/21. Peter's father moves in. (S2) **10.30** 4/22. The Drunken Clam is turned into an English pub. (S3)
11.00 **Family Guy** 14/20. Quagmire becomes obsessed with dating apps, but it leads to him losing his sexual prowess. (S15)
11.30 **American Dad!** 5&1/23. (S1)
12.35 AM **Bob's Burgers** (S12)
1.30 **Deal or No Deal**
2.20 to 3.00 AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse** *The Settling of the Sun:* Murder shatters the peace of an Oxford college.
11.20 **Heartbeat** Double bill.
1.35 PM **Midsomer Murders** *The Glitch:* A schoolteacher is killed in a hit-and-run.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *The Best Laid Plans:* A woman released from prison finds herself in danger.

10.00 Grantchester

6.55 **Heartbeat** *Bygones Be Bygones:* Nick investigates when Maggie, George and Ventress are victims of poison pen letters.

8.00 **Grace** *Dead Man's Game:* Roy and Bella investigate a murder on a council estate after a teenager is stabbed to death, while Branson's investigation into a masked armed robbery leads to tensions.

10.00 **Grantchester** 1/6. The dead body of Lord Edmund Fitzgerald is found in the grounds of Fitzgerald Estate. (S7)
11.00 **Grantchester** 2/6. Will and Geordie investigate the death of a company boss. (S7)
11.50 **Lewis** *Beyond Good and Evil:* A killer strikes as a convict appeals against his sentence.
1.50 AM **On the Buses**
2.15 to 2.30 AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.25 **Kojak**
7.25 **The Saint**
8.30 **Boon**
9.35 **The Sweeney**
10.40 **BattleBots**
11.45 **Magnum, PI**
12.50 PM **Kojak**
1.55 **The Saint**
3.05 **Boon**
4.10 **The Sweeney**
5.10 **Minder**
6.20 **Rugby Union: Gallagher PREM Unleashed** Action from the 15th round of fixtures.

7.20 GoldenEye

7.20 **FILM GoldenEye** James Bond adventure thriller starring Pierce Brosnan as 007. Bond encounters an old enemy when a duplicitous Russian general steals a deadly satellite weapon. With Sean Bean and Izabella Scorupco. (1995, 15, 131 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **NEW SERIES Up the Jammers** 1/6. Football documentary series. **10.30** New edition 2/6. Following the owner of Maldon & Tiptree FC.
11.00 **Wrestling: AEW Collision**
12.55 AM **Minder**
1.50 **The Sweeney**
2.45 **Unwind with ITV**
3.30 to 4.00 AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** 6/7. The judges examine three properties in the north-east and Northern Isles.
8.00 **This Farming Life** Series finale 12/12. As milk-production deadline day looms, Lucy and Adam try to finish the shed.
9.00 **Debate Night** Topical debate on the big issues affecting Scotland.
10.00 **Showpeople: Licensed to Thrill** 1/6. The lives of Scotland's show people. **10.30** 2/6. The Hiscoes juggle family matters with a busy summer season in Ardrossan.
11.00 **Scotcast** Topical debate.
11.30 PM to 12.00 M'T **Serie A Scots: Return to Napoli** With Billy Gilmour and Scott McTominay.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S8)
9.00 **Sort Of** (S3)
10.00 **Upright** (S1&2)
11.15 **Will & Grace** (S2)
12.15 PM **The Franchise** (S1)
1.25 **Upright** (S1&2)
2.45 **Will & Grace** (S1)
3.45 **The Franchise** (S1)
5.00 **Community** (S1)
6.00 **Will & Grace** (S2)
7.00 **The Office (US)** 1/24. Robert California becomes Dunder Mifflin Sabre's CEO. **7.30** 2/24. Andy creates an incentive programme, and Pam becomes friends with Angela. (S8)
8.00 **Resident Alien** (S2)
9.00 **The Comeback** (S3)
9.40 **Last Week Tonight with John Oliver** Talk show.
10.25 **Ricky Gervais Live: Animals** Stand-up.
11.50 **Community** (S1)
12.50 AM **Resident Alien** (S2)
1.50 **The Franchise** (S1)
2.50 **Upright** 7&8/8. (S1)
4.00 to 5.00 AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Highlights**
11.00 **Discovering**
12.00 NOON **André Rieu...**
1.00 PM **Tales of the...**
2.00 **Painting Birds**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2017**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Tea with Judi Dench**
9.00 **Backstage with the London Philharmonic**
10.00 **The Seventies**
11.00 **Ian Fleming: The Curse of Bond – The Spy Who Killed Me** Documentary.
12.45 AM **Rolling Stone: Stories from the Edge**
1.45 **Elvis Presley: The Early Years** Documentary.
2.45 **The Brontës by Anita Rani** Documentary.
3.45 **Sky Arts Book Club**
4.45 **Opera North's Resonance** *Somewhere.*
5.00 to 6.00 AM **André Rieu: European Dream**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 17/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: The Next Generation** *Manhunt:* 19/22. Troi's mother visits, and makes a beeline for Picard. (S2)
8.00 **Star Trek: Voyager** (S2)
9.00 **The Rookie** (S3)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S2)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 to 6.00 AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Warwick Davis hosts as a team of family and friends take part in the quiz show.
3.00 **Wheel of Fortune** Game show hosted by Graham Norton.
4.00 **Time Is Money** Quick-fire quiz show hosted by Sara Davies.
5.00 **Deal or No Deal** Rachel tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Beat the Chasers** Bradley Walsh hosts as people from across the country compete against the most formidable quiz team on TV.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz.
1.50 to 2.00 AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Country Lives**
10.00 **Escape to Florida**
11.00 **Sun, Sea and Selling Houses** From Almería.
12.00 NOON **A Place in the Sun** From Lanzarote.
3.00 PM **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Jamie's Ultimate BBQ** Jamie Oliver cooks spiced chicken kebabs.
8.00 **The Dog House** A jittery retriever who has been spooked by fireworks arrives at Woodgreen.
9.00 **Gogglebox**
10.00 **Love Cheats** How Coleen got scammed by her fiancé James.
11.00 **Virgin Island**
1.05 AM **Gogglebox**
2.05 **Super Surgeons: A Chance at Life**
3.05 **Emergency Helicopter Medics** Documentary.
4.05 to 5.05 AM **24 Hours in A&E**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S1)
2.00 **SurrealEstate** 3/10. (S2)
3.00 **Fantasy Island** 1/13. (S2)
4.00 **Stargate SG-1** 8/22. (S5)
5.00 **Star Trek: Voyager** 10/26. Janeway and the crew encounter a race capable of reading people's thoughts. (S4)
6.00 **Star Trek: Enterprise** 7/26. T'Pol joins the crew on a visit to a Vulcan monastery. (S1)

9.00 Grimm

7.00 **Stargate Atlantis** *Poisoning the Well:* 7/20. Sheppard and the team investigate a strange drug. (S1)

8.00 **Stargate SG-1** *The Tomb:* 8/22. The team search for missing soldiers in a Babylonian temple. (S5)

9.00 **Grimm** *Cold Blooded:* 7/22. Nick encounters an urban legend in the Portland sewers. (S3)

10.00 **The Walking Dead** *Welcome to the Tombs:* 16/16. Rick and the group must consider whether the prison is worth defending as the Governor's impending attack looms large. (S3)

11.00 **Intergalactic** 3/8. (S1)
12.00 M'T **SurrealEstate** 3/10. (S2)
1.00 AM **Fantasy Island** 1/13. (S2)
2.00 **The Walking Dead** As 10pm.
3.00 **Intergalactic** 3/8. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 1/24. (S3)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Mentalist** 1/24. (S3)
5.00 **Hudson & Rex** 4/16. Charlie and Rex wade into a mystery deeper than the sea itself. (S3)
6.00 **Father Brown** *The Dance of Death:* A contestant is murdered at a ballroom dancing competition.

9.00 Saint-Pierre

7.00 **Unforgettable** *Road Block:* 7/22. The team investigate when a man is found stabbed and his daughter is missing. (S1)

8.00 **Death in Paradise** *The Perfect Murder:* 6/8. A volleyball player is found murdered. Guest stars Joe Absolom. (S4)

9.00 **Saint-Pierre** New episode *Island Getaway:* 4/10. Fitz and Arch work with a Newfoundland officer from Fitz's past. (S1)

10.00 **Father Brown** *The Serpent Within:* Sullivan's dream of leaving town is ruined when he is arrested for receiving stolen goods.

11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S4)
1.00 AM **Hudson & Rex** (S3)
2.00 **Murdoch Mysteries** 12/22. Murdoch must protect the world's largest ruby. (S18)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Porridge**
12.00 NOON **Keeping Up...**
12.40 PM **The Green Green Grass**
1.20 **Hi-de-Hi!**
2.00 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.00 **Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

6.40 Keeping Up Appearances

7.20 **Dad's Army** Captain Mainwaring decides that the platoon need a mascot for a big parade – and plumps for a ram.

8.00 **Still Open All Hours** Granville tries to sell a huge wheel of cheese.

8.40 **Open All Hours: Inside Out** Diane Morgan narrates a documentary about the much-loved comedy, featuring contributions from David Jason, Johnny Vegas, Tim Healy and Ronnie Barker's daughter Charlotte.

10.40 **Not Going Out** Lee imagines having the perfect life with Lucy.

11.20 **Not Going Out** A 20-year-old woman turns up and claims Lee may be her father.
11.55 **Still Open All Hours**
12.30 AM **Avoidance**
1.10 **Not Going Out**
2.30 **Hi-de-Hi!**
3.00 **Don't Wait Up**
3.30 **to 4.00** AM **Avoidance**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Cornish Christmas** As 6.00pm.
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** Quiz show.
2.00 **Mega Metro**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Cornish Christmas** 1/2. Rick joins in the ancient tradition of wassailing.

8.20 House of Games

7.00 **Would I Lie to You?** With Greg Davies, Alex Jones, John Cooper Clarke and Rick Edwards. **7.40** With Bob Mortimer, Susie Dent, Ore Oduba and Stacey Solomon.

8.20 **Richard Osman's House of Games** With Stephen Bailey and Charlie Brooks.

9.00 **QI XL** Rosie Jones, Josh Widdicombe and Susan Calman join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Have I Got a Bit More News for You** Sue Perkins hosts the satirical quiz, with guests Michelle Wolf and Tom Peck.

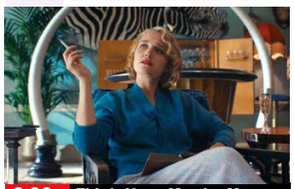
11.00 **Frankie Boyle's New World Order** Topical comedy show.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **QI XL** With Eshaan Akbar.
2.45 **Frankie Boyle's New World Order** Topical comedy show.
3.20 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.25 AM **The Bill**
8.20 **Doctors**
9.30 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.15 **Harry Wild**
3.15 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** Final episode of the detective drama. Robert's brother Frank comes to stay.
5.20 **Birds of a Feather** Sharon gets behind the wheel.
6.00 **Last of the Summer Wine**



8.00 This Is Not a Murder Mystery

7.20 **Last of the Summer Wine** Compo overhears Nora Batty discussing the effect Errol Flynn's riding outfit used to have on her.

8.00 **This Is Not a Murder Mystery** New episode *The Lobster Telephone:* 3/6. Detectives discover who will receive a surprising inheritance. (S1) ■ Entire series on U

9.20 **The Chelsea Detective** *The Wages of Sin – Part Two:* 2/8. Max and Priya build a picture of a lonely and troubled man. (S1)

10.20 **New Tricks** *Lost in Translation:* Fresh DNA testing helps identify a body found in 1996.

11.40 **Dalziel & Pascoe** *The Unwanted:* Pascoe attends a friend's wedding – but is soon embroiled in a murder case.
1.40 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.35 **to 4.00** AM **This Is Not a Murder Mystery**

+1 hour 243 316 60 260

Wednesday

7 PM · 8 PM · 9 PM · 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 15-17/24. (S12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Viral:* 6/24. A petty officer appears to have become the latest victim of a serial killer. **7.00** *16 Years:* 7/24. Ducky is forced to reveal he has been helping to solve crimes in his time. **8.00** *Saviours:* 8/24. DiNozzo must help old flame Jeanne Benoit rescue her kidnapped husband. (S13)
9.00 **Criminal Minds: Evolution** New episode *Message in a Bottle:* 6/10. The team probe the mind of diabolical serial killer Elias Voit aka Sicarius. (S17)
10.10 **Law & Order: Special Victims Unit** (S8,7&12)
1.55 AM **NCIS** 17/20. (S22)
2.45 **Law & Order** (S24)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition One fraudster is left bankrupt when his scam backfires.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Paramedics bring in a 78-year-old former miner who is suffering with chest pain.
9.00 **999: Emergency Call Out** A man narrowly escapes death when his car smashes into a wall.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **Police Interceptors**
2.50 AM **Friends** (S4)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
12.00 NOON **FILM Young Guns of Texas** Western. (1962, U, 84min) ★★
1.45 PM **FILM Beyond the Law** Italian Western with Antonio Sabato and Lee Van Cleef. Subtitled. (1968, 12, 90min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Officers track down the people responsible for robbing a supermarket. **7.00** The police helicopter team pursue an armed robber.
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police Interceptors**
10.00 **Police: Night Shift 999**
11.00 **The X-Files** 24/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete helps rescue six Chihuahuas from the home of a hoarder.
9.00 **Annika** 4/6. The detective reflects on *1984* while investigating a man's death. (S2)
10.00 **Stacey Dooley Sleeps Over** The presenter spends the weekend with 23-year-old Lily Phillips, a high-profile adult content creator.
11.00 **Women Behind Bars with Trevor McDonald**
1.00 AM **Sort Your Life Out with Stacey Solomon**
2.05 **to 3.00** AM **Louis Theroux Interviews... Katherine Ryan**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Landmark Fixers**
8.00 **Bangers & Cash: Restoring Classics**
9.00 **Bangers & Cash**
10.00 **Great War in Numbers**
11.00 **Churchill's Bid to Abolish Britain**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Great War in Numbers**
5.00 **Churchill's Bid to Abolish Britain**
6.00 **Asia** Double bill.
8.00 **Train Truckers** A fully restored Class 47 diesel engine is transported to Derbyshire.
9.00 **Trawlermen: Hunting the Catch** A crew hunt for hake off Cornwall.
10.00 **Seven Worlds, One Planet** Double bill.
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen: Hunting the Catch**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** The Isle of Man.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters: The Restorers**
10.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family: Born Without Trace**
7.00 **The Yorkshire Auction House** A widow returns from Italy, bringing with her Soviet propaganda. **8.00** A couple ask Angus to visit their 16th-century Suffolk home.
9.00 **Long Lost Family**
10.00 **Who Do You Think You Are?** Marianne Faithfull.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Wednesday

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** 6/7. (S1)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 8&9/24. (S6)
1.00 PM **The Waltons** (S8)
3.00 **Ballykissangel** (S2)
4.10 **Down to Earth** (S4)
5.20 **Bramwell** 7/7. (S1)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 12/22. Charles gives a lecture. **8.00** 13/22. A war correspondent does a follow-up story on how donated blood is used. **8.30** 14/22. A soldier goes AWOL. (S10)
9.00 FILM **The Karate Kid** Adventure starring Ralph Macchio. (1984, 12, 127min) ★★★★
11.35 **M*A*S*H** 2-14/22. (S10)
1.05 AM **Rising Damp** (S3)
1.35 **Man About the House**
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

318 317 426 42 33

9.00 AM FILM **A Time for Killing** Western starring Glenn Ford. (1968, 15, 83min) ★★
10.55 **Tombstone Territory**
11.25 **Wanted: Dead or Alive**
11.55 **The High Chaparral**
1.55 PM FILM **Beyond the Law** Thriller starring DMX and Steven Seagal. (2019, 15, 89min) ★
3.45 **The Persuaders!** (S1)
4.45 **The Avengers** (S6)
6.45 FILM **The Duel** Western, with Liam Hemsworth. (2016, 15, 110min) ★★
9.00 FILM **King Arthur** Action adventure starring Clive Owen and Keira Knightley. (2004, 12, 126min) ★★★
11.35 **Coast Guard Alaska**
1.35 AM **The Avengers** (S6)
3.25 FILM **Four Fast Guns** Western adventure with James Craig. (1960, b/w, U, 72min) ★★
4.35 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **Garage Sale Mysteries: The Beach Murders** Crime drama. (2017, PG, 90min) ★★
10.05 **In Plain Sight** (S4)
11.05 **Castle** 3/24. (S2)
12.05 PM FILM **Morning Show Mysteries: Countdown to Murder** Drama. (2019, PG, 83min) ★★
2.00 **Diagnosis Murder** (S8)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 4/24. (S2)
8.00 **Unforgettable** (S4)
9.00 **In Plain Sight** (S4)
10.00 FILM **Mystery 101: Pilot** Drama with Jill Wagner. (2019, PG, 89min) ★★
11.55 FILM **Garage Sale Mysteries: The Novel Murders** Whodunit. (2016, PG, 84min) ★★
1.50 AM FILM **Cheer Squad Secrets** Drama. (2021, 15, 89min) ★★
3.25 **to 5.00** AM FILM **Cruel Fixation** (2019, 12) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.15 AM FILM **Two for the Win** (2021, PG) ★★
10.10 FILM **Love, Game, Match** (2022, U) ★★
12.10 PM **A Fine Romance**
12.40 FILM **Love's Match** Drama. (2021, PG) ★★
2.40 FILM **Dream Wedding** Romantic drama. (2023, U, 89min) ★★
4.35 FILM **Wedding Do Over** Romantic drama. (2018, PG, 90min) ★★
6.30 **A Fine Romance**
7.00 FILM **Wedding Season** Romantic comedy. (2023, U, 84min) ★★
8.50 FILM **Love By Accident** Romantic drama. (2020, PG, 84min) ★★
10.50 FILM **Right in Front of Me** Romantic comedy. (2021, PG, 84min) ★★
12.55 AM FILM **Love, Fall & Order** Romantic drama. (2019, U, 84min) ★★
3.00 **to 5.00** AM FILM **Love By Accident** (2020)

+1 hour 323

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Celebrity Coach Trip**
3.00 **The Greatest Auction**
4.00 **New Home DIY**
5.00 **My Floating Home**
6.00 **Celebrity Coach Trip**
7.00 **Love Your Garden** Alan Titchmarsh creates a garden for a girl with a rare form of epilepsy. **8.00** **Garden Rescue** Charlie Dimmock and Chris Hull set out to design a cat friendly garden. **9.00** Flo Headlam and Lee Burkhill compete to design a Majorca-inspired garden.
10.00 FILM **Come Play with Me** British comedy. (1977, 18, 90min) ★
12.00 M'T FILM **Adventures of a Taxi Driver** Comedy. (1976, 18, 86min) ★
2.00 AM **Celebrity Coach Trip**
3.00 **Love Your Garden**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **The Gaffer** 6/6. (S1)
10.30 **Hallelujah** 1/8. (S2)
11.00 **Second Thoughts** (S3)
11.30 **The Fenn Street Gang**
12.00 NOON **Boon** 9/13. (S2)
1.00 PM **Danger Man** (S1)
2.00 **Rewind Time Machine**
2.05 **Wish Me Luck** (S3)
3.10 **Rewind Time Machine**
3.15 **Hank the Cowboy**
3.30 **Boon** 9/13. (S5)
4.30 **Jack Hargreaves' Old Country** 11/20. (S2)
5.00 **Stereo Underground**
6.00 **Space 1999** 9/24. (S2)
7.00 **Danger Man** (S1)
8.00 **Hallelujah** 1/8. (S2)
8.30 **Second Thoughts** (S3)
9.00 **Drop the Dead Donkey**
10.00 **Mary Millington's True Blue Confessions**
11.00 FILM **Bloodbath at the House of Death** (1983)
12.45 AM **Stereo Underground**
1.45 **A Day in the Life of Beryl Cook**
2.15 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters** In Tasmania.
10.00 **Deadliest Catch**
12.00 NOON **Curse of the Bermuda Triangle**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Giro D'italia Highlights**
8.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New edition Abandoned cabins buried in the remote Maine woods.
10.00 **Barnwood Builders** New edition Amazing places, including a monument in Colorado.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Prue Leith's Cotswold Kitchen**
7.00 **Nigel Slater's Dish of the Day** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Meat-Free...**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry Cooks**
1.00 **James Martin's Islands to Highlands**
3.00 **Nigel Slater's Dish of the Day** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Meat-Free Meals** Double bill.
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
8.30 **Mary Berry Cooks**
9.00 **Paul Hollywood: City Bakes** In San Francisco.
10.00 **Prue Leith's Cotswold Kitchen** Banana bread.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 21/25. (S7)
9.00 **T.J. Hooker** 11/22. (S3)
10.00 **Six Million Dollar Man**
11.00 FILM **Top Gunner** Adventure. (2020) ★★
12.40 PM FILM **The Flight of the Phoenix** Adventure. (1965, PG) ★★★★
3.25 FILM **The Curse of the Mummy's Tomb** Chiller. (1964, 15, 80min) ★
5.00 **Star Trek** 29/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 12/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Assault on Precinct 13** Thriller starring Ethan Hawke. (2004, 15, 109min) ★★
11.15 FILM **Triple 9** Thriller starring Chiwetel Ejiofor. (2016, 15, 113min) ★★★
1.40 AM FILM **The Asian Connection** Drama. (2016, 15, 90min) ★★
3.30 **to 5.15** AM FILM **Bushwick** Action drama. (2017, 15, 94min) ★★

+1 hour 317 139

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **MegaFault** Sci-fi action adventure. (2009, 12, 90min) ★★
11.00 **Andromeda** 18/22. (S1)
12.00 NOON FILM **Asteroid v Earth** Disaster movie. (2014, 15, 91min) ★★
2.00 PM FILM **Coast of Skeletons** Drama sequel. (1964, U, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Global Meltdown** Thriller with Michael Paré. (2017, PG, 105min) ★
7.00 **Andromeda** 19/22. (S1)
8.00 **The Fall Guy** 3/22. (S5)
9.00 FILM **Striking Distance** Thriller with Bruce Willis and Sarah Jessica Parker. (1993, 18, 102min) ★
11.10 FILM **A Violent Man** Prison drama starring Craig Fairbrass. (2022, 18, 105min) ★★
1.20 AM FILM **Striking Distance** As 9.00pm.
3.20 FILM **Global Meltdown**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars Do America**
7.35 **Storage Wars**
10.15 **What on Earth?**
12.10 PM **Egypt's Unexplained Files**
1.05 **Pawn Stars Do America**
2.05 **Storage Wars**
3.05 **Storage Wars Canada**
4.00 **Ancient Aliens**
5.00 **UFOs: Lost Evidence**
6.00 **Storage Wars: Texas**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **The UnBelievable with Dan Aykroyd**
10.00 **Paranormal: Caught on Camera**
11.00 **The Proof Is Out There**
12.00 M'T **Mysteries from Above** Documentary.
1.00 AM **UFOs: Lost Evidence**
2.00 **Ancient Aliens**
3.00 **World's Most Unexplained**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Susan Calman** Barcelona.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Tomb Hunters: Amazing Discoveries**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Fergie and the Fake Sheikh Scandal**
10.00 **The Madame Blanc Mysteries** 1/6. Jean White finds her life turned upside down. **11.00** 2/6. Madame Blanc watches Jean from a distance. (S1)
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Susan...**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze** Game show.
1.00 PM **Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** With Bill Oddie and Lynda Bellingham.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Celebrity Chase** With Natalie Anderson, Esther Rantzen and Brian McFadden.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** Featuring Susie Dent, Anthony Crolla and Harry Redknapp.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 1/24. Leonard and Amy travel to Arizona to pick up Sheldon. **8.30** 2/24. Howard enrols on a course taught by Sheldon. (S8)
9.00 **Dr Pimple Popper: Breaking Out** New editions Dr Lee meets with Tobi, who has symmetrical bumps around her spine. **10.00** Dr Lee is taking her practice to the next level with some exciting new additions.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S7&8)
12.55 PM **Impractical Jokers**
1.50 **Friends** (S9&10)
7.55 **Friends** 10/18. Rachel and Phoebe spot Chandler with a woman. **8.25** 11/18. Guest stars Danny DeVito. (S10)
9.00 **Michael McIntyre's Big Show** With Little Mix.
10.00 **Jimmy Carr's Am I the A**hole?**
11.00 **Teachers** New episode 11/20. Ms Watson finally has to face Toby. (S3)
11.30 **8 Out of 10 Cats Uncut**
1.10 AM **Whose Line Is It Anyway? USA**
2.10 **South Park: The End of Obesity** Animation.
3.05 **Michael McIntyre's Big Show** With Little Mix.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S7)
7.00 **Teleshopping**
9.00 **Michael McIntyre's...**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S5)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney: Breaking Dad at...**
3.30 **Utopia** 2/8. (S3)
4.00 **Impractical Jokers**
5.00 **Michael McIntyre's Big Show** With Little Mix.
6.00 **Bradley & Barney: Breaking Dad at Christmas** In Iceland.
7.00 **Everybody Loves Raymond** (S7&8)
10.00 **South Park** (S3)
1.00 AM **Bradley & Barney: Breaking Dad at Christmas** As 6.00pm.
2.00 **Michael McIntyre's...**
3.00 **Utopia** 8/8. (S2)
3.20 **Teachers** 12/20. (S2)
3.45 **Broad City** (S2)
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.30 **Bread** 6/10. (S8)
11.05 **Steptoe and Son** (S1)
11.35 **Oh, Doctor Beeching!**
12.10 PM **Rising Damp** (S2)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 15/15. Drama. (S3)
2.45 **Minder** 6/13. (S9)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 6/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 5/7. (S1)
6.40 **Steptoe and Son** (S2)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.50 **Minder** 6/13. (S3)
9.00 **Benidorm** 2/7. (S6)
9.55 **Shameless** 4/11. (S9)
10.55 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 2/7. (S6)
12.55 AM **Minder** 4/13. (S8)
2.00 **Duty Free** 3/7. (S2)
2.25 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

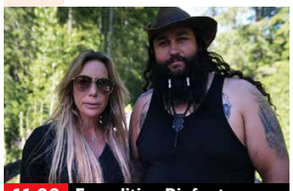
6.00 AM **16 and Pregnant**
6.45 **Teen Mom OG**
7.35 **Judge Judy**
9.30 **Beauty and the Geek Australia** Reality series.
11.00 **Catfish: The TV Show**
3.00 PM **Bar Rescue**
4.00 **Judge Judy**
6.00 NEW SERIES **Beauty and the Geek Australia** The reality series returns.
8.00 NEW SERIES **Teen Mom UK** Chloe is coming to terms with life as a mother of two.
9.00 **Bar Rescue** New edition Jon rescues a Florida bar.
10.00 **Tattoo Fixers**
11.00 **Help I Sexted My Boss** New edition Talk show.
12.00 M'T **Ridiculousness** New edition Reality show.
12.30 AM **Ridiculousness**
1.00 **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.20 **Ink Master Redemption**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs UK**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush: Parker's Trail**
11.00 **Energy Frontline: Japan**
12.00 NOON **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** New editions Dr. Jeff tackles challenging surgeries on a pit bull with a broken leg. **2.00** Dr. Jeff preps a Shiba Inu struck by a car for surgery.
3.00 **How Do They Do It?**
5.00 **Alaska: Homestead Rescue** Marty races to a homestead in Alaska to fix quake damage.


11.00 Expedition Bigfoot

7.00 Wheeler Dealers: Dream Car Mike Brewer and Marc Priestley are on a mission to get their hands on a Mk2 Ford Escort.

8.00 Wheeler Dealers: Dream Car Mike Brewer and Marc Priestley trade up to an iconic Japanese sports car, a Nissan Skyline.

9.00 Wheeler Dealers Mike Brewer finds a rare Land Rover Series 1 that may not be all it seems.

10.00 Supercar Showroom DJ Tom Zanetti heads to the showroom to test drive a newly wrapped Porsche 911.

11.00 **Expedition Bigfoot** In the heart of 'The Fork', Biko howls into the night during a stakeout with Mireya.
12.00 M'T **Border Control: Spain**
1.00 AM **Wheeler Dealers**
2.00 **Supercar Showroom**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** Warden Iles transports orphaned armadillo pups to be rehabilitated.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff and his team help a lost dog, while Susan rescues an abandoned paralysed dog.

8.00 Rugged Justice

7.00 Treehouse Masters Pete Nelson designs a bear observation treehouse for two sisters on their 1,000-acre property.

8.00 Rugged Justice Officers race to rescue passengers on a capsized boat and arrest a suspect with multiple drug warrants.

9.00 Alaska: The Last Frontier Tensions rise ahead of August's departure to college, and work begins on Atz's new cabin.

10.00 Alaska: Surviving the Last Frontier The group struggle to find enough food to eat, so Tim hunt for goats in the mountains.

11.00 **Alaska Monsters**
12.00 M'T **Alaska: Homestead Rescue** The Raneys receive a dangerous request from a struggling family in Missouri.
1.00 AM **Blonde vs Bear**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Atomic Ghost Fleet: Drain the Oceans**
11.00 **Lost Treasures of Egypt**
12.00 NOON **World War II: Secrets from Above** Documentary.
1.00 PM **Planes That Changed History** The story of the DC-3.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Construction Fails**
5.00 **Toronto Airport Uncovered**
6.00 **Car S.O.S** A Rover P4 100.

8.00 Apocalypse

7.00 Air Crash Investigation: Special Report Diverting pilots around dangerous weather during storms in December 2008.

8.00 Apocalypse: Hitler Takes on the West 1/2. Nazi offensives on Western nations during World War Two.

9.00 Apocalypse: Hitler Takes on the West 2/2. France under German occupation.

10.00 Secret Nazi Science How Nazi Germany fostered air clubs to gain aerial supremacy, in violation of the Treaty of Versailles.

11.00 **Air Crash Investigation**
12.00 M'T **Amsterdam Central 24/7**
1.00 AM **Border Protection Spain**
2.00 **Abandoned**
2.30 **To Catch a Smuggler**
2.55 **Lords of War**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Britain's Lost Battlefields with Rob Bell** Triple bill.
8.45 **Dirty Old Cars**
9.15 **Pawn Stars**
10.10 **Storage Wars** Four editions.
1.00 PM **The Curse of Oak Island**
2.00 **Mysteries Unearthed with Danny Trejo**
3.00 **Junk & Disorderly** Triple bill of the series, including at: **5.00** Henry Cole buys a Massey Ferguson tractor.
6.00 **American Pickers** Robbie becomes obsessed with getting a DeLorean knockoff.

9.00 The Curse of Oak Island

7.00 Forged in Fire Smiths pay homage to US presidents by forging a replica of Teddy Roosevelt's Rough Rider Bowie.

8.00 Storage Wars New edition People who make a living from bidding for the contents of abandoned storage units.

9.00 The Curse of Oak Island New edition Documentary following two brothers searching for treasure on a Nova Scotia island.

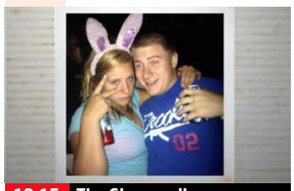
10.00 Mysteries Unearthed with Danny Trejo New edition The actor explores the world's most significant discoveries.

11.00 **Cursed Treasures** Henry Cole and his partners Allen Millyard and Guy Willison visit collector Stuart Imber before preparing to sell their latest finds.
12.00 M'T **Junk & Disorderly**
2.50 AM **The Curse of Oak Island**
3.40 **Mysteries Unearthed with Danny Trejo** As 10.00pm.
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Angel City**
7.05 **Discovering: Peter O'Toole**
8.00 **The Directors**
9.00 **Janet Jackson**
10.00 **The Man Who Played with Fire** As shown at 7.00pm.
11.00 **The 2000s**
12.00 NOON **Bardot**
2.00 PM **My Mom Jayne**
4.00 **The Directors**
5.00 **Discovering: Peter O'Toole**
6.00 **Janet Jackson** 3/4. Janet signs million-dollar contracts, lands roles in feature films and becomes a sex icon.


10.15 The Sleepwalker

7.00 The Man Who Played with Fire 3/4. Jan Stocklassa uncovers a surprising motive for Olof Palme's murder.

8.00 The Truth vs Alex Jones One-off documentary following the two defamation lawsuits brought by families of Sandy Hook Elementary School shooting victims against Alex Jones and his website InfoWars.

10.15 The Sleepwalker An investigation into whether Randy Herman Jr really did commit a brutal murder in his sleep, or whether it was a convenient cover story.

12.00 M'T FILM **The Armstrong Lie** Documentary about Lance Armstrong's fall from grace. (2013, 15, 124min) ★★★★
2.15 AM **SIC: Prince of MotoGP**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Peter O'Toole**

Wednesday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Gem Hunters Down Under** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Yorkshire Auction House** Angus Ashworth helps a widow in Lincoln find new homes for her late husband's paintings. **10.00** Angus discovers Morris Minor cars and African carvings.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Who Hired the Hitman?** New edition A midnight murder of a snow ploughman occurs without witnesses.
10.00 **Inside the Arrest**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Wicked Beyond Belief**
8.00 **UK Crime Files: Murderous Carer** Donal MacIntyre looks into the murder of ex-boxer Shaun Cummins.
9.00 **Secrets of a Murder Detective** The case of 14-year-old Nathaniel Shani, who was fatally stabbed in Manchester.
10.00 **Fatal Fraud** New edition A case in which a former police officer's wife died.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Wicked Beyond Belief**
1.00 AM **UK Crime Files: Murderous Carer**
2.00 **Fatal Fraud**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Acid Bath Murders**
9.55 **UK Crime Files: Seaside Lady Macbeth**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Murderous Bigamist**
3.00 **UK Crime Files: Blackpool Double Murder** Documentary.
4.00 **48 Hours**
5.00 **Medical Detectives** CCTV footage of a murder proves too fuzzy. **5.30** A woman's death in a riding accident. **6.00** A woman's call girl image is revealed when she goes missing. **6.30** Treads and threads enable police to track down a killer.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Murder Uncut**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Murdered at First Sight**
10.00 **Murder Uncut**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil Killers** Truck Stop Killer.
1.00 AM **How I Caught the Killer** Documentary.
2.00 **Killing Mum and Dad**
3.00 **Britain's Most Evil Killers**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Secrets of the Royal Palaces** Kensington.
9.35 **The Normans**
10.50 **Nixon in the Den**
11.55 **Hitler's Propaganda Machine** Documentary.
1.00 PM **Weathered: Earth's Extremes**
1.35 **Secrets of the Royal Palaces** Kensington.
2.35 **The Normans**
3.55 **Nixon in the Den**
5.00 **Hitler's Propaganda Machine** Documentary.
6.10 **Secrets of the Royal Palaces** Kensington.
7.10 **The Normans** The expansion toward southern Europe and the Middle East.
8.25 **Nixon in the Den**
9.35 **Hitler's Propaganda Machine** Documentary.
10.45 **The Normans**
12.00 M'T **Nixon in the Den**
1.05 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Africa's Wild Horizons**
7.00 **Monkey Life**
8.00 **Amazing Animal Friends**
9.00 **Guardians of the Wild**
10.00 **Volcanic Odysseys**
11.00 **Secrets of the Enchanted Forests** Documentary.
12.00 NOON **Surviving the Amazon**
1.00 PM **Monkey Life**
2.00 **Amazing Animal Friends**
3.00 **Guardians of the Wild**
4.00 **Volcanic Odysseys**
5.00 **Secrets of the Enchanted Forests** Documentary.
6.00 **Surviving the Amazon**
7.00 **Monkey Life** Double bill.
8.00 **Evolution Earth**
9.00 **Tales from Zambia**
10.00 **Surviving the Amazon**
11.00 **Secrets of the Enchanted Forests** Documentary.
12.00 M'T **Reef Wrecks**
1.00 AM **Africa's Wild Horizons**
2.00 **Evolution Earth**
3.00 **Tales from Zambia**
4.00 **Amazing Animal Friends**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Abyss: Rise & Fall of the Nazis** Operation Reinhardt.
9.00 **Guns That Changed the Game**
10.00 **Cracking the Code**
11.00 **Ancient Aliens**
1.00 PM **Ancient Aliens**
6.00 **The Proof Is Out There**
7.00 **Guns That Changed the Game**
8.00 **Cracking the Code** How codes and ciphers have been used for millennia to send secret messages, hide identities and operate outside the law.
9.00 **Egypt's Unexplained Files** Science shines a light on the dark side of Ancient Egypt. **10.00** The truth and lies behind ancient Egypt's best-known and loved icons, including Tutankhamun.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Ancient Aliens: The Ultimate Evidence**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **Alien Highway**
11.00 **Codes and Conspiracies**
1.00 PM **Blowing Up History**
3.00 **NASA's Unexplained Files**
6.00 **How Do They Do It?**
9.00 **Expedition Bigfoot** Russell finds a structure he believes is a Bigfoot nest. Meanwhile, new team member Ronny joins Mireya in a race to the nest to collect DNA samples. **10.00** Mireya and Ronny make a powerful discovery in the area around the nest. Meanwhile, Bryce suspects Bigfoot is emoting infrasound to repel the team from its territory.
11.00 **Unexplained and Unexplored** Explorers Justin Fornal and Emiliano Ruprah investigate the Knights Templar. **12.00** M'T Justin and Emiliano investigate an international conspiracy involving the highest levels of government.
1.00 AM **NASA's Unexplained Files**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **999: Killer on the Line**
2.00 PM **Hometown Tragedy**
3.00 **Murder at the Motel**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48** A hunt for an elusive criminal family.
8.00 **Hometown Tragedy** In 1977, people across Pittsburgh live in fear as a killer invades homes.
9.00 **Crime in Progress** New edition A mother is shot and her two-month-old twins kidnapped.
10.00 **City Confidential** A barista goes missing from an Alaska town's favourite coffee shop.
11.00 **Spring Break Murders**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet Compilations**
9.00 **Bizarre Animal Friends**
10.00 **Monster Fish**
11.00 **Hostile Planet: Africa**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Rare Cat Skills**
3.00 **Swamp Men**
4.00 **Secrets of the Zoo: Tampa**
5.00 **Northwoods Survival**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** The team have their hands full with critical manatees.
8.00 **Strangest Nature** Creatures shaped by isolation and extremes, including stick insects, water striders, dragonfly nymphs and plough snails.
9.00 **Dead By Dawn** New battles rage between predators and prey.
10.00 **Lawless Island** Squibb tackles a threat to all life in the Bay.
11.00 **Ice Road Rescue**
12.00 M'T **When Sharks Attack**
1.00 AM **Something Bit Me**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Lost Mines: Restored**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Explaining the science behind the rules of the universe.
1.00 PM **Mysteries at the Castle**
2.00 **Hunting Atlantis**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Lost Mines: Restored** Modern-day prospectors Alex and Kevin help homesteader Judd and his family.
9.00 **Ancient Unexplained Files**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Iconic Arne Jacobsen chairs are restored.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Motorhoming with Merton & Webster**
1.00 PM **Motorhoming with Merton & Webster**
5.00 **Bangers & Cash** A Soviet classic goes under the hammer. **6.00** A customer considers buying a Morris Marina. **7.00** A couple are reunited with their Volvo breakdown truck. **8.00** A man reluctantly sends his dream car to auction. **9.00** A widow parts with her husband's collection of Rolls-Royces and Bentleys.
10.00 **Fred Dibnah's Age of Steam** Fred focuses on the development of the steamship. **10.30** A look at the major advances made with the invention of the steam turbine.
11.00 **Fred Dibnah's Magnificent Monuments** Focusing on the development of castles. **11.30** Fred visits Hampton Court Palace and Cragside.
12.00 M'T **Bangers & Cash**
5.20 **to 6.00** AM **River Walks**

+1hour 266 376

ID

154 140 166

8.00 AM **The Killer in My Family**
9.00 **Evil Lives Here**
10.30 **Signs of a Psychopath**
11.00 **Faking It: Tears of a Crime**
12.00 NOON **Forbidden: Dying for Love** The story of how a heavenly relationship quickly became a hellish nightmare.
1.00 PM **Evil Lives Here**
3.00 **Faking It: Tears of a Crime**
4.00 **Forbidden: Dying for Love**
5.00 **Murder Comes to Town**
7.00 **Real Time Crime** Mississippi police turn to city-run cameras in a bid to identify suspects involved in a shooting spree. **8.00** The case of a man was shot dead on the Fourth of July.
9.00 **999 Murderer Calling** The story of how science trapped a man who believed he had carried out the perfect murder.
10.00 **Crime Scene Confidential**
11.00 **American Detective with Lt Joe Kenda** Double bill.
1.00 AM **Homicide City**
2.00 **Murder Comes to Town**
4.00 **to 6.00** AM **Real Time Crime**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** A Cold War-era Trabant.
2.00 **Ant Anstead: Born Mechanic**
3.00 **Massive Engineering Mistakes**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Bitchin' Rides: Road to the...**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Bitchin' Rides: Road to the Ridler** At the Ridler tech test, Dave and Kev scramble to fix a transmission problem.
9.00 **Street Outlaws: Locals Only**
10.00 **Massive Engineering Mistakes**
11.00 **Wheeler Dealers**
12.00 M'T **Bitchin' Rides: Road to...**
1.00 AM **Richard Hammond's Workshop** The Hammond family's Discovery breaks down.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

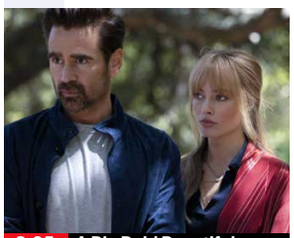
+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Regretting You** Drama. (2025, 12, 116min) ★★★
8.00 **The Conjuring: Last Rites** Horror. (2025, 15) ★★★
10.20 **Honey Don't!** As 3.55pm.
11.55 **Downton Abbey: The Grand Finale** As shown at 8.00pm
2.05 PM **A Big Bold Beautiful Journey** Romantic drama. (2025, 15, 109min) ★★★
3.55 **Honey Don't!** As 5.30am.
5.30 **The Shadow's Edge** Action thriller. (2025, 15, 141min)



2.05 A Big Bold Beautiful...

8.00 **Downton Abbey: The Grand Finale** Drama starring Hugh Bonneville and Michelle Dockery. In the summer of 1930, the Crawleys grapple with the threat of social disgrace when Mary finds herself at the centre of a public scandal. (2025, PG, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Wuthering Heights** Drama based on Emily Brontë's romance, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Shadow's Edge**
3.00 **Eddington** Western. (2025, 15, 148min) ★★★★
5.30 **to 7.05** AM **Honey Don't!** Ethan Coen's comedy thriller. (2025, 15, 89min) ★★★

Sky Cinema Ocean's

303 303 403 503 517

7.15 AM **The Cinema List: Outlaws**
7.35 **Ocean's Eleven** As 12.00m't.
9.35 **Ocean's Twelve** As 5.50pm.
11.45 **Ocean's Thirteen** As 8.00pm.
1.50 PM **Ocean's Eight** As 10.05pm.
3.50 **Ocean's Eleven** As 12.00m't.
5.50 **Ocean's Twelve** Caper thriller sequel starring George Clooney. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal. (2004, 12, 125min) ★★★★

3.50 Ocean's Eleven

8.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon and Al Pacino. Charismatic thief Danny Ocean and his gang of crooks plot an elaborate revenge against a ruthless casino owner. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Ocean's Eight** Crime caper starring Sandra Bullock. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Ocean's Eleven** Caper thriller starring George Clooney. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
2.05 AM **Ocean's Twelve** (2004)
4.20 **to 6.30** AM **Ocean's Thirteen**

Sky Cinema Drama

310 310 410 510 524

7.50 AM **...And Justice for All** (1979)
10.00 **Black Dog** As shown at 1.50am.
12.00 NOON **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
1.40 PM **It Ends with Us** Drama. (2024, 15, 125min) ★★★
3.55 **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★
5.55 **Footloose** Teen dance drama remake starring Kenny Wormald. (2011, 12, 113min) ★★★

8.00 **Lost in Translation** Sofia Coppola's bittersweet romantic comedy drama starring Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a tender friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
9.55 **Daddio** Drama with Sean Penn and Dakota Johnson. A woman taking a taxi ride engages in a conversation with the driver about important relationships. (2023, 15, 101min) ★★★★

11.45 **...And Justice for All** Satirical comedy. (1979, 15, 119min) ★★★
1.50 AM **Black Dog** Chinese drama. (2024, 12, 110min) ★★★
3.50 **Sky Cinema Preview**
4.40 **to 6.50** AM **Girl You Know It's True** Biographical drama. (2023, 15, 124min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.45 AM **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
8.45 **Unhinged** Psychological thriller. (2020, 15, 90min) ★★★
10.25 **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
12.10 PM **Mad Max** As 8.00pm.
1.50 **Paycheck** Sci-fi thriller. (2003, 12, 119min) ★★★★
3.55 **Blade Runner** Futuristic thriller. (1982, 15, 130min) ★★★★★

5.55 **28 Years Later** Danny Boyle's horror sequel with Jodie Comer and Aaron Taylor-Johnson. (2025, 15, 115min) ★★★★
8.00 **Mad Max** Cult action thriller set in a desolate near future, starring Mel Gibson as a tough cop seeking revenge on the crazed bikers who murdered his wife and child. With Joanne Samuel. (1979, 15, 93min) ★★★★★
9.40 **Mad Max 2** Futuristic action thriller starring Mel Gibson. (1981, 18, 95min) ★★★★

11.20 **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
1.35 AM **After Earth** Sci-fi adventure starring Will and Jaden Smith. (2013, 12, 98min) ★★
3.30 **Pacific Rim** Sci-fi adventure. (2013, 12, 126min) ★★★
5.50 **to 7.50** AM **Paycheck** (2003)

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.35 AM **Scooby-Doo 2...** (2004)
8.20 **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy. (2016, 12, 112min) ★★★
10.20 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
12.10 PM **Monster Trucks** Fantasy. (2016, PG, 104min) ★★★
2.00 **Jumanji: The Next Level** Fantasy. (2019, 12) ★★★★
4.15 **The Boss Baby** (2017, U) ★★★
6.00 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★

9.45 Scooby-Doo 2

8.10 **Shrek** Animated comedy adventure featuring the voice of Mike Myers. An ogre sets forth with a talking donkey to rescue a princess from a fire-breathing dragon. (2001, U, 90min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Scooby-Doo 2: Monsters Unleashed** Live-action comedy adventure sequel starring Freddie Prinze Jr, Sarah Michelle Gellar, Matthew Lillard and Linda Cardellini. (2004, PG, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★★★
1.00 AM **Zoo** Family drama. (2018, PG, 97min) ★★★
2.50 **Into the Wonderwoods** Animated family adventure. (2024, U, 81min) ★★★
4.20 **to 6.00** AM **Monster Family** Animated family comedy. (2017, PG, 96min) ★★

Sky Cinema Action

306 306 407 507 521

6.00 AM **Blood for Dust** Thriller. (2023, 15, 98min) ★★★
7.50 **Safe House** As 5.15am.
9.30 **Green Lantern** Adventure. (2011, 12, 114min) ★★
11.35 **Kraven the Hunter** (2024)
1.50 PM **Mr Nice Guy** Action comedy. (1996, 15) ★★★
3.25 **Spider-Man: Homecoming** Fantasy starring Tom Holland. (2017, 12, 133min) ★★★★
5.45 **Superman** Fantasy adventure. (2025, 12, 129min) ★★★★

5.45 Superman

8.00 **Mission: Impossible – The Final Reckoning** Action thriller starring Tom Cruise. Ethan Hunt and the IMF team race to find the Entity, a rogue AI that can destroy mankind. With Hayley Atwell, Ving Rhames and Simon Pegg. (2024, 12, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **The Accountant** Thriller starring Ben Affleck and Anna Kendrick. A man with autism moonlights as a money launderer for the Mob, but the Treasury Department soon closes in. With JK Simmons, John Lithgow and Jon Bernthal. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **The Meg** Action thriller. (2018, 12, 113min) ★★★
3.05 **Kraven the Hunter** Fantasy. (2024, 15, 127min) ★★★
5.15 **to 6.55** AM **Safe House** Thriller. (2025, 15, 90min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **Spinal Tap II: The End Continues** (2025, 15) ★★★
8.35 **Blue Moon** (2025, 15) ★★★★
10.30 **Eddie the Eagle** Biopic. (2016, PG, 103min) ★★★
12.30 PM **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
2.30 **Miss Congeniality 2: Armed and Fabulous** (2005, 12) ★★
4.35 **Anchorman: The Legend of Ron Burgundy** Comedy. (2004, 12, 94min) ★★★★
6.20 **Big Daddy** (1999, 12) ★★★

4.35 Anchorman

8.00 **Two Weeks Notice** Romantic comedy starring Sandra Bullock and Hugh Grant. Opposites attract when a liberal lawyer goes to work for a billionaire property tycoon. (2002, 12, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Just Go With It** Comedy starring Adam Sandler and Jennifer Aniston. A plastic surgeon forces his assistant to pose as his wife. (2011, 12, 117min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Ferris Bueller's Day Off** Teen comedy from John Hughes. (1986, 12, 103min) ★★★★
1.40 AM **Mean Machine** Sports drama. (2001, 15, 99min) ★★
3.25 **Tootsie** Comedy with Dustin Hoffman and Jessica Lange. (1982, 15, 116min) ★★★★
5.30 **The Cinema List: Heroes**
5.45 **to 7.25** AM **So I Married an Axe Murderer** Comedy thriller. (1993, 15, 92min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.35 AM **The Alto Knights** (2024)
9.45 **Speak No Evil** Horror. (2024, 15, 110min) ★★★★
11.45 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
2.05 PM **Black Bag** Spy thriller. (2024, 15, 94min) ★★★★
3.50 **Lethal Weapon 4** Action comedy sequel starring Mel Gibson and Danny Glover. (1998, 15, 128min) ★★★
6.05 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★

3.50 Lethal Weapon 4

8.00 **The Firm** Legal thriller based on John Grisham's novel, starring Tom Cruise, Gene Hackman and Jeanne Tripplehorn. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Hannibal** Chiller sequel to *The Silence of the Lambs*, starring Anthony Hopkins and Julianne Moore. FBI agent Clarice Starling becomes an unwitting pawn in a perverse billionaire's plot to trap Hannibal Lecter. (2001, 18, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **The Alto Knights** Drama. (2024, 15, 123min) ★★★
3.15 **Head Count** Crime thriller. (2023, 15, 77min) ★★★
4.50 **to 6.35** AM **Restless** Dark thriller. (2024, 15, 89min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **A Room with a View** Merchant-Ivory adaptation of EM Forster's classic novel. (1985, PG, 115min) ★★★★
1.15 PM **The Shepherd of the Hills** Western. (1941, PG, 98min) ★★
3.15 **Fixed Bayonets!** War drama. (1951, b/w, PG, 93min) ★★★
5.05 **Robin and Marian** Drama. (1976, PG, 106min) ★★★★★
7.15 **Horizon Line** Adventure thriller. (2020, 15, 91min) ★★

11.00 A Room with a View

Horizon Line (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Venom: Let There Be Carnage** Fantasy sequel starring Tom Hardy and Woody Harrelson. Eddie Brock attempts to re-ignite his career by interviewing a serial killer. With Michelle Williams. (2021, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.50 **Snake Eyes** Adventure starring Henry Golding. A tenacious loner saves the life of a member of an ancient Japanese clan. (2021, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

1.10 **to 3.30** AM **In the Earth** Horror starring Joel Fry and Reece Shearsmith. (2021, 15, 107min) ★★★

+1 hour 314 430 47 301 257

Sky Cinema Decades

302 302 402 502 516

7.15 AM **The Cable Guy** Black comedy starring Jim Carrey. (1996, 12, 96min) ★★★★
9.00 **Liar Liar** Comedy starring Jim Carrey. (1997, 12, 86min) ★★★★
10.30 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
12.00 NOON **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★★
1.40 PM **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
3.30 **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
5.45 **Legends of the Fall** Drama. (1994, 15, 133min) ★★★★
8.00 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. 1994, 15, 142min) ★★★★★
10.30 **Falling Down** Controversial drama starring Michael Douglas. (1993, 18, 115min) ★★★★
12.30 AM **The Krays** Crime drama starring Martin and Gary Kemp as the notorious Kray twins. (1990, 18, 119min) ★★★
2.40 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
5.10 **to 7.00** AM **Breakdown** Thriller. (1997, 15, 94min) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.45 AM **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
9.50 **Young Soul Rebels** Thriller. (1991, 18, 105min) ★★
11.40 **Burning an Illusion** Drama. (1981, 15, 103min) ★★★
1.30 PM **Escape to Victory** Wartime drama. (1981, PG, 111min) ★★★
3.30 **Lethal Weapon** Action thriller starring Mel Gibson and Danny Glover. (1987, 15, 110min) ★★★★
5.25 **Empire of the Sun** Steven Spielberg's epic drama based on JG Ballard's autobiographical novel, starring Christian Bale, John Malkovich and Nigel Havers. (1987, PG, 152min) ★★★★
8.00 **Demolition Man** Sci-fi thriller with Sylvester Stallone, Wesley Snipes and Sandra Bullock. (1993, 15, 114min) ★★★
10.00 **Psycho** Horror chiller remake of the 1960 Hitchcock classic, starring Anne Heche and Vince Vaughn. (1998, 15, 100min) ★
11.50 **GoodFellas** Martin Scorsese's gangster drama starring Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
2.20 AM **Blade** Action adventure chiller. (1998, 18, 121min) ★★★
4.25 **The Cinema List: Sky Originals**
4.45 **to 6.50** AM **Demolition Man**

Disney+ Cinema

305

6.00 AM **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★
7.25 **Pocahontas** Animation. (1995, U, 81min) ★★★
8.45 **Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy. (2005, PG) ★★★★
11.10 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
1.05 PM **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
2.15 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
4.00 **Up** Animated comedy adventure. (2009, U, 96min) ★★★★★
5.40 **Diary of a Wimpy Kid: Dog Days** Family comedy sequel. (2012, U, 90min) ★★★
7.15 **Freaky Friday** Comedy remake. (2003, PG, 97min) ★★★
9.00 **The Grand Budapest Hotel** Wes Anderson's comedy drama. (2014, 15, 99min) ★★★★★
10.40 **Spy** Comedy adventure. (2015, 15, 115min) ★★★★
12.40 AM **National Treasure** Adventure. (2004, PG, 131min) ★★★★
2.55 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
4.25 **Flubber** Family fantasy comedy. (1997, U, 94min) ★★★
5.55 **to 6.00** AM **Forky Asks a Question** Animated short film.

Movies 24

312 313 419

7.00 AM **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
9.00 **A Bet with the Matchmaker** Romantic drama starring Emily Alatalo. (2023, PG, 89min) ★★
11.00 **The Real West** Romantic comedy. (2024, PG, 84min) ★★
1.00 PM **Love's Fast Lane** Romantic drama. (2023, PG, 90min) ★★
3.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★
5.00 **The Royal Nanny** Festive comedy. (2022, PG, 84min) ★★
7.00 **Falling Together** Drama starring Ashley Williams. (2024, U, 90min) ★★
9.00 **Royal-Ish** Romantic drama starring Nichole Sakura and William Moseley. A woman who plays a princess at an amusement park befriends the real thing, and falls for her older brother. (2025, PG, 84min) ★★
11.00 **Branching Out** Drama. (2024, PG, 0min) ★★
1.00 AM **Betty's Bad Luck in Love** Romantic comedy drama. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **The Love Hunt** Romantic comedy drama. (2023, PG, 89min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **A Good Read with Mike Read** *Gentlemen and Players*.
6.50 **A Shot in the Dark** Mystery. (1933, b/w, PG, 53min) ★
7.55 **Cinebox Memories**
8.00 **Douglas Fairbanks Presents**
8.30 **Salute the Toff** Mystery. (1952, b/w, PG, 76min) ★★★
10.05 **The Delavine Affair** Drama. (1954, b/w, PG, 64min) ★★★
11.20 **Four Star Theatre** 5/8. (S6)
11.55 **Memories of Making Sergeant Cork** With William Gaunt.
12.00 NOON **Sergeant Cork** (S1)
1.05 PM **The Buccaneers** 9/39.
1.35 **The Young Land** Western. (1959, b/w, U, 89min) ★★★
3.25 **Dial 999** 25/39. (S1)
3.55 **The Proud Rebel** Western. (1958, b/w, U, 108min) ★★★
6.00 **Four Star Theatre** 12/41. (S4)
6.30 **Give Us a Clue** With Paul Jones.
7.00 **Out of Town**
7.30 **Scotland Yard** 33/39. (S1)
8.05 **Buccaneer** 12/13. (S1)
9.10 **Sherlock Holmes: The Eligible Bachelor** Mystery drama.
11.15 **The Key** World War Two drama. (1958, b/w, 12, 134min) ★★★
1.50 AM **Dick Tracy Returns** Thriller. (1938, b/w, PG, 125min) ★★★
3.55 **Stagecoach West** 8/38. (S1)
4.55 **to 5.00** AM **Cinebox Memories**

Wednesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
12.30 PM **LIVE Women's One-Day International Cricket** **England v New Zealand.** Coverage of the second ODI from the County Ground, Northampton. The hosts have won their last four ODI meetings against New Zealand including a 3-0 series victory the last time the Kiwis visited these shores in 2024.
7.00 **LIVE Premier League** **Manchester City v Crystal Palace.** Coverage of the top-flight match staged at the Etihad Stadium. Kick-off **8.00pm**.
10.45 **Back Pages Tonight**
11.00 **Sky Sports News**
12.30 AM **LIVE WNBA** **Connecticut Sun v Las Vegas Aces.** The inter-conference match staged at Mohegan Sun Arena in Uncasville. Tip-off **1.00am**.
3.30 **to 6.00** AM **LIVE WNBA** **Los Angeles Sparks v Indiana Fever.** Coverage of the inter-conference match at Crypto.com Arena. Tip-off **3.30am**.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **Netbusters** Recent action.
9.30 **Match Officials Mic'd Up**
10.00 **Sky Sports FC**
12.00 NOON **PL Highlights**
4.00 PM **Premier League Review**
5.00 **The Premier League Show**
6.30 **Match Officials Mic'd Up**
7.00 **LIVE Premier League** **Manchester City v Crystal Palace.** The top-flight match from the Etihad Stadium. Erling Haaland scored twice and Phil Foden claimed another in a 3-0 victory for the Citizens when these teams faced each other in the reverse fixture at Selhurst Park last December. Kick-off **8.00pm**.
10.45 **Premier League Stories**
11.15 **Match Officials Mic'd Up**
11.45 **PL Greatest Games**
12.00 M'T **Premier League Highlights** Manchester City v Crystal Palace.
12.30 AM **Netbusters** Recent action.
1.00 **PL Retro** A chance to see Bolton Wanderers v Chelsea in 2004/05.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **Retro League One**
8.00 **EFL Greatest Games**
11.15 **SPFL Round-Up**
11.30 **SPFL Highlights**
12.00 NOON **EFL** The second leg of a Championship play-off semi-final.
2.00 PM **EFL Greatest Games**
2.30 **EFL Highlights** A look back at action from the second leg of the Championship play-off semi-finals.
3.30 **SPFL Highlights** Celtic v Rangers in the Scottish Premiership.
4.00 **Bundesliga Highlights Show**
5.00 **EFL Highlights** A look back at action from the second leg of the Championship play-off semi-finals. **6.00** Action from the League One semi-final first-leg fixtures.
7.00 **LIVE SPFL** Coverage of a match from the penultimate round of fixtures in the Scottish Premiership. Kick-off **8.00pm**.
10.30 **EFL Greatest Games**
11.00 **EFL Highlights** Play-offs.
12.30 AM **EFL Rivalries**
2.00 **Jimmy Glass: The Great Escape**
2.30 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Best Goals: EFL Cup 23/24**
5.30 **to 6.00** AM **EFL Trophy Football**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** A recent match replay.
10.15 **Best of ICC WT20**
11.00 **ICC Women's World Cup 2017**
11.30 **Women's One-Day International Cricket**
12.30 PM **LIVE Women's One-Day International Cricket** **England v New Zealand.** Coverage of the second ODI in the three-match series from The County Ground, Northampton. The hosts have won their last four ODI meetings against New Zealand including a 3-0 series victory the last time the Kiwis visited these shores in 2024. The visitors will be hoping to put to an end a run that has seen them win just two of their previous 11 games against England since 2021.
8.30 **Best of ICC WT20**
9.30 **IPL** Royal Challengers Bengaluru v Kolkata Knight Riders.
10.30 **Women's One-Day International Cricket** Highlights from England v New Zealand.
11.30 **ICC Women's World Cup 2017**
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Royal Challengers Bengaluru v Kolkata Knight Riders.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Champs Official Film 2012** From South Carolina.
7.00 **PGA Champs Official Film 2013**
8.00 **PGA Champs Official Film 2014**
9.00 **PGA Tour Golf** Highlights.
10.00 **McGinley & Chamblee at the PGA Championship**
11.30 **PGA Tour Golf**
12.30 PM **McGinley & Chamblee at the PGA Championship**
2.00 **Golf Channel Live from the PGA Championship** Build up to the second Major of the year.
10.00 **PGA Tour Champions** Action from the Insperity Invitational.
11.00 **HotelPlanner Tour Golf Highlights** Recent action.
11.30 **PGA Tour Golf** Highlights.
1.30 AM **PGA Tour Champions**
2.30 **HotelPlanner Tour Golf**
3.00 **PGA Champs Official Film 2015**
4.00 **PGA Champs Official Film 2016**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of day nine of the Italian Open, a clay-court tournament held at Foro Italico in Rome. Zheng Qinwen claimed a surprise 6-4 6-3 victory over top seed Aryna Sabalenka in the first women's quarter-final last year.
6.00 PM **LIVE WTA & ATP Tennis** Further coverage of day nine of the Italian Open at Foro Italico.
10.00 **ATP Tour This Week**
10.30 **WTA & ATP Tennis** Action from the Indian Wells Open finals.
12.30 AM **ATP Tour This Week**
1.00 **ATP & WTA Tour Classics**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **MotoGP Rewind**
6.15 **Premier League Reload**
6.30 **The Gallagher PREM – The Wrap Up** Recent highlights.
6.45 **The Gruppetto** Cycling news.
7.00 **Women's FA Cup** Semi-finals.
9.00 **Premier League Stories**
9.30 **Giro d'Italia Men Highlights**
10.30 **LIVE Cycling: Giro d'Italia** Coverage from the fifth stage of the men's race, a 203km route from Praia a Mare to Potenza.
5.00 PM **MLB Highlights**
6.00 **LIVE MLB** **Cleveland Guardians v Los Angeles Angels.** Coverage of the American League match from Progressive Field in Cleveland, Ohio. Start-time **6.10pm**.
9.00 **MLB Plays of the Week**
9.30 **Fight Week** A look back at the action from UFC 328.
10.00 **Premier League Netbusters**
10.30 **Premier League Stories**
11.00 **Serie A – Full Impact**
11.30 **Rolex SailGP Championship**
12.30 AM **LIV Golf** From Virginia.
1.30 **MLB Plays of the Week**
2.00 **Giro d'Italia Men Highlights**
3.00 **Men's Cycling Pro Series**
5.00 **to 6.00** AM **WRC Review**

TNT Sports 2

411 414 522 409 431

6.00 AM **Giro d'Italia Men Highlights**
7.00 **Fishing: On the Bank**
8.00 **Men's Cycling Pro Series**
9.00 **LIVE Men's Cycling Pro Series** Coverage of the fourth stage of the Baku-Khankendi Azerbaijan race, a 152.7km route from Ganca to Naftalan.
11.00 **WRC Review** Rally Portugal.
12.00 NOON **Premier League Netbusters** A fast-paced look at all the best action from the top flight, including Liverpool v Chelsea.
12.30 PM **MLB Plays of the Week**
1.00 **MLB Highlights**
2.00 **Women's FA Cup** Semi-finals.
4.00 **Premier League** Another chance to see Liverpool v Chelsea.
5.30 **Serie A – Full Impact**
6.00 **TNT Sports Reload**
6.30 **MotoGP Highlights**
7.30 **Ultimate Pool** Pairs Cup.
9.00 **IFSC Climbing World Series Highlights** From Wujiang, China.
10.00 **UFC** A chance to see Khamzat Chimaev v Sean Strickland.
1.00 AM **UFC Fight Flashback**
2.00 **MotoGP Highlights**
3.00 **Fight Week** UFC 328 review.
3.30 **NWSL** Recent highlights.
5.30 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Huddersfield Giants v Hull FC from 2025. **9.00** Hull Kingston Rovers v Salford Red Devils from 2025.
12.00 NOON **NFL Highlights** Atlanta Falcons v Buffalo Bills.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Action from Green Bay Packers v Washington Commanders.
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NBC's Pro-Football Talk**
7.00 **LIVE SPFL** Coverage of a match from the penultimate round of fixtures in the Scottish Premiership. Kick-off **8.00pm**.
10.30 **NBA on Fire** The latest news.
11.00 **Zuffa Boxing** Highlights of Shane Mosley Jr v Serhii Bohachuk.
12.00 M'T **Super League Highlights**
12.30 AM **LIVE WNBA** **Connecticut Sun v Las Vegas Aces.** The inter-conference match staged at Mohegan Sun Arena in Uncasville. Tip-off **1.00am**.
3.30 **to 6.00** AM **LIVE WNBA** **Los Angeles Sparks v Indiana Fever.** All the action from the inter-conference match at Crypto.com Arena. Tip-off **3.30am**.

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News** A round-up of the latest sports news.
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC** Interactive show covering the football headlines.
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk** Sports news with live analysis and comments.
2.30 **My Icon** With Kate and Helen Richardson-Walsh.
2.50 **LIVE IPL** **Royal Challengers Bengaluru v Kolkata Knight Riders.** Coverage of the T20 match at Nava Raipur Cricket Stadium in Nava Raipur.
7.00 **Sports Centre** A round-up of the latest sports news.
7.30 **LIVE EFL** Coverage of a League One play-off semi-final second-leg match. Kick-off **8.00pm**.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News** A round-up of the latest sports news.
12.00 M'T **EFL Greatest Games** Highlights from Middlesbrough v Brighton & Hove Albion in 2016. **12.15** AM Aston Villa v Nottingham Forest from 2016.
12.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Indycar** The Sonsio Grand Prix.
8.00 **NBA Basketball**
10.00 **PGA Tour Golf** Highlights.
12.00 NOON **IPL** Sunrisers Hyderabad v Lucknow Super Giants. **1.00** PM Royal Challengers Bengaluru v Chennai Super Kings.
2.00 **PL Greatest Games**
3.00 **Indycar** The Sonsio Grand Prix.
4.00 **British GT Championship**
5.00 **ATP Tennis** Madrid Open final.
6.00 **PL Greatest Games**
6.30 **LIVE WSL** **Arsenal v Everton.** The Women's Super League match at Emirates Stadium. Kick-off is at **7.00pm**.
9.30 **PGA Tour Golf** Highlights.
11.30 **PL Greatest Games**
12.00 M'T **The Insiders** NFL news.
1.00 AM **NBA Basketball** Memphis Grizzlies v Philadelphia 76ers.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **IPL Highlights**

TNT Sports 3

413 415 523 410 432

6.00 AM **NWSL** Recent highlights.
8.00 **Serie A** Action from Italy.
10.00 **UEFA Champions League**
10.30 **LIVE Cycling: Giro d'Italia** Coverage from the fifth stage of the men's race, a 203km route from Praia a Mare to Potenza.
5.00 PM **WRC Review** A look at the latest action from Rally Portugal.
6.00 **LIV Golf** A review of the seventh round of the season in Virginia.
7.00 **Rolex SailGP Championship**
8.00 **Giro d'Italia Men Highlights** Action from the fifth stage.
9.00 **Men's Cycling Pro Series** The first stage of the Tour of Hungary. **10.00** The fourth stage of the Baku-Khankendi Azerbaijan race.
11.00 **TNT Sports Reload**
11.30 **Ninja A-League Women Highlights** Recent action.
12.00 M'T **Isuzu UTE A-League Highlights** Recent action.
12.30 AM **The Gallagher PREM**
5.45 **to 6.00** AM **The Gruppetto**

TNT Sports 4

414 416 524 411 434

6.00 AM **Rolex SailGP Championship**
7.00 **LIV Golf** A review of the seventh round of the season in Virginia.
8.00 **The Gallagher PREM**
1.00 PM **Fishing: On the Bank**
2.00 **LIVE Men's Cycling Pro Series** Coverage of the first stage of the Tour of Hungary, a 143km route from Gyula to Békéscsaba.
4.00 **MLB Plays of the Week** A look at the most exciting plays from the past week's matches.
4.30 **AFL** A chance to see Fremantle Dockers v Hawthorn Hawks. **6.00** Another chance to see Brisbane Lions v Carlton Blues. **7.30** A replay of Port Adelaide Power v Western Bulldogs. **9.00** North Melbourne Kangaroos v Sydney Swans. **10.30** Another chance to see GWS Giants v Essendon Bombers. **12.00** M'T A chance to see Gold Coast Suns v St Kilda Saints.
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
6.30 **NASCAR Highlights**
7.30 **Swedish Speedway**
9.30 **Top 14 Rugby Union Highlights**
10.00 **NHL Ice Hockey** Play-offs.
12.00 NOON **Eredivisie Highlights**
1.00 PM **NASCAR Highlights**
2.00 **NHL Tonight** Play-offs.
3.00 **Top 14 Rugby Union Highlights**
3.30 **LaLiga** A recent match replay.
5.30 **Sporting Greats**
6.00 **LaLiga Match Highlights**
6.25 **Women's Football Weekly**
6.55 **KOTV Boxing Weekly**
7.25 **Coppa Italia Show**
7.55 **LIVE Coppa Italia** **Lazio v Inter Milan.** Coverage of the final staged at Stadio Olimpico. Kick-off **8.00pm**.
11.00 **LaLiga Match Highlights**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **KOTV Boxing Weekly**
3.30 **Top 14 Rugby Union**
5.30 **to 6.00** AM **Women's Football**

Premier Sports 2

420 552

6.00 AM **Bike World** Motorcycling.
6.30 **Temples of Sport**
7.00 **Football** Highlights and features.
9.30 **Temples of Sport**
10.00 **Brasileiro Serie A**
12.00 NOON **Temples of Sport**
12.30 PM **Football's Greatest**
1.00 **United Rugby Championship**
5.00 **Football's Greatest**
5.30 **LaLiga Match Highlights**
5.55 **LIVE LaLiga** Coverage of a Spanish top-flight match.
8.00 **LaLiga Match Highlights**
8.25 **LIVE LaLiga** **Alaves v Barcelona.** From Mendizorrotza. Kick-off **8.30pm**.
10.30 **LaLiga Match Highlights**
10.55 **LIVE Copa do Brasil** **Juventude v Sao Paulo.** Coverage of the fifth-round second leg. Kick-off **11.00pm**.
1.45 AM **LaLiga Match Highlights**
2.00 **Temples of Sport**
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
12.05 PM **Arvid Lindblad IV**
12.15 **Formula 1** Chinese Grand Prix.
2.35 **Gabriel Bortoleto IV**
2.45 **Formula 1** Japanese Grand Prix.
5.00 **LIVE Indycar** The Indianapolis 500 third practice session at Indianapolis Motor Speedway.
9.00 **LIVE Indycar** The Indianapolis 500 third practice session at Indianapolis Motor Speedway.
11.00 **Indycar** Recent highlights.
1.00 AM **F1 Explained**
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

14 May

Planner

PGA Championship

GOLF Sky Sports Main Event & Sky Sports Golf, coverage from 12.30pm

Masters champion Rory McIroy will have his eyes set on another title, as the world's elite arrive at Aronimink for the second men's Major of the year.

The Hardacres

DRAMA 5, 9pm (box set, 5 streaming)

As the rags-to-riches period drama returns, Liza (left) is starting to believe she is destined never to marry – but a chance encounter in a pub looks as though it may lead somewhere... Meanwhile, electricity arrives at Hardacre Hall.

Morecambe & Wise – The Lost Tapes

COMEDY BBC4, 8pm

On what would have been Eric Morecambe's 100th birthday, we have been gifted an episode of *The Morecambe & Wise Show*, first broadcast in September 1968 and thought to be long lost.

From

SCI-FI Sky One, 9pm & 10.05pm

The sci-fi horror returns for a fourth series. The town's residents are still reeling from the gruesome events of the season three finale but there's no time for them to catch their breath because a new arrival immediately causes chaos.

Thursday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Eurovision Song Contest Semi-Final				10.15 News; Local News	
	102 BBC2	7.00 This Farming Life		8.00 MasterChef		9.00 Saving Lives at Sea		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	‹ 6.30 News...	7.30 Tonight †	8.00 Emmerdale	8.30 Coronation...	9.00 The Neighbourhood		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Paul Merton: Driving Amazing Trains		9.00 Taskmaster		10.00 8 Out of 10 Cats Does Countdown	
	105 5	7.00 Coastguard SOS: Search & Rescue		8.00 The Yorkshire Vet: Night Shift		9.00 The Hardacres		10.00 The Mushroom Murders: The Case...	
	106 SKY ONE	7.00 Film: Men in Black				9.00 From			
ENTERTAINMENT	115 BBC3	7.05 Asia		8.00 Freddie Flintoff: Field of Dreams on Tour		9.00 The Traitors India			
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Morecambe...	8.25 The Perfect...	9.00 Film: The Miracle Club			10.25 Personal Cinema...
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 Family Guy			
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Great British Train Journeys from Above		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 Married at First Sight Australia		9.00 Celebs Go Dating		10.00 MAFS Australia: After The Reunion	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 FBI		10.00 Burn Notice	
	108 SKY ATLANTIC	‹ 6.45 The White Lotus				9.00 Prisoner		10.00 The Miniature Wife	
	110 U&GOLD		7.15 Dad's Army	8.00 Still Open All Hours	8.40 Open All Hours		9.20 Not Going Out		10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Would I Lie to You? At...	8.20 Richard Osman's...		9.00 QI XL		10.00 The Way Out	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Grantchester	
	120 ITV4	7.00 American Pickers		8.00 Ice Road Truckers		9.00 Film: Expend4bles			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Austin Powers: International Man of Mystery			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Bergerac		10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Saint-Pierre		9.00 Death in Paradise			
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Classic Movies: The Story of Chaplin		9.00 Film: Chaplin			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 DIY SOS: The Big Build			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car				9.00 Naked and Afraid		10.00 In the Eye of the Storm	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Gator Boys		9.00 Alaska: The Last Frontier		10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.					
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 MonsterQuest		10.00 Chaos Uncut	
	155 U&YESTERDAY	7.00 Mammals		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash		10.00 Resto My Ride	
	114 SKY DOCS	7.00 The Man Who Played with Fire		8.00 Salt Path: A Very British Scandal			9.30 Tell Them You Love Me		

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition Investigating a scammer posing as a Sky broadband operative. (S)
2.30 **Celebrity Escape to the Country** With Angellica Bell. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop on the Road** Help for a Glasgow landmark that has lost its lustre. (S)(R)(AD)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 The One Show Alex Jones and Roman Kemp present the topical show. (S)

7.30 EastEnders Bea is out of options, Mark and Grant's relationship becomes strained, while Cindy tries to get through to George. (S)(AD)

8 PM

8.00 NEW Eurovision Song Contest Semi-Final Live coverage of the second semi-final from Vienna, which sees another 15 acts taking the stage in the hope of winning one of the 10 places in Saturday's main show. UK viewers can vote for their favourites, and there's also a chance to see UK act Look Mum No Computer, aka YouTube singer Sam Battle, as he takes to the stage for his first live performance of *Eins, Zwei, Drei*, which he will be hoping will bag him more than 'nul points' on Saturday. (S)(AD)

9 PM

10 PM

10.15 BBC News (S)
10.45 Local News (S)
10.55 Question Time Fiona Bruce presents a topical debate from Brecon in Powys, with a panel of politicians and other guests facing questions from the audience. (S)
11.55 **Newscast** A panel of BBC journalists host a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.25 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **Escape to the Country** (S)(R)
7.30 **Great Central Asian Railway Journeys** Samarkand. (S)(R)(AD)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **Super Smart Animals** (S)(R)
4.30 **Antiques Roadshow** (S)(R)
5.15 **Flog It!** (S)(R)
6.00 **Richard Osman's House of Games** Deirdre O'Kane, Jay Rayner, Tessa Sanderson and Iwan Thomas take part. (S)(R)
6.30 **Great Central Asian Railway Journeys** New edition 4/5. Michael Portillo uncovers the Central Asian origins of the apple. (S)(AD)

8.00 MasterChef

7.00 This Farming Life New edition 11/12. Emma's trail cameras capture a family of otters, there is big money is at stake for the Williamsons at a ram sale, and it is showtime for Callum and Zara's children. (S)
■ Entire series on BBC iPlayer

8.00 MasterChef New edition 11/21. The last heat of this year's competition has arrived, and the signature dish round kicks off proceedings, with Anna Haugh and Grace Dent judging their efforts. (S)(AD)
■ Continues tomorrow on BBC1

9.00 Saving Lives at Sea On the Cornish coast, the Sennen Cove and Penlee crews respond to reports of a 31,000-ton cargo ship that is about to run aground on the Wolf Rock lighthouse. (S)(R)(AD)

10.00 Mortimer & Whitehouse: Gone Fishing 5/8. Bob and Paul go on a sea-fishing adventure off the north Norfolk coast. (S)(R)(AD)
10.30 Newsnight (S)
11.00 **Surgeons: At the Edge of Life** 2/8. Medics face a dilemma in the middle of a life-saving bile duct cancer operation. (S)(R)(AD)
12.00 M'T **This Is a Bomb: The Nevada Casino Heist** 2/3. A look at the 1980 heist of a casino in Lake Tahoe, Nevada. (S)(R)(AD)
12.45 AM **Sign Zone: MasterChef** (S)(R)
1.45 **Sign Zone: Interior Design Masters with Alan Carr** (S)(R)(AD)
2.45 **Sign Zone: The Cage** (S)(R)(AD)
3.45 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** Current affairs and lifestyle features.(S)
9.30 **Lorraine** Entertainment, current affairs and fashion news, (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.50 **Local News** (S)
2.00 **LIVE Racing** Francesca Cumani and Ed Chamberlin present coverage of day two of the Dante meeting from York, where the feature race is the Dante Stakes. Plus, racing from Salisbury. Commentary by Richard Hoiles. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Coronation Street

7.30 Tonight: Rubbish – Are We All Paying? With fly-tipping at record levels, Paul Brand investigates how criminals are exploiting the UK's waste system, and what is being done to stop them. (S)

8.00 Emmerdale Charity struggles to find the money to ensure Todd keeps her secret. (S)(AD)
8.30 Coronation Street A phone call from Melanie elicits a revelation for Ben, while Tim shares an update with Will. (S)

9.00 The Neighbourhood New edition 8/12. Things get heated when members of one household find themselves under increasing scrutiny. Plus, Graham Norton sets a fun fair challenge. (S)(AD)
■ Continues tomorrow

10.00 ITV News (S)
10.30 Local News (S)
10.45 Regional Programmes See Local Variations. (S)
11.15 **FILM London Has Fallen** Action thriller sequel to *Olympus Has Fallen*, starring Gerard Butler, Aaron Eckhart and Morgan Freeman. (S) (2016, 15, 110min) ★★★
1.05 AM **Teleshopping**
3.00 **The Neighbourhood** (S)(R)(AD)
3.55 **The Assembly** With actor and comedian Lenny Henry. (S)(SL)(R)
4.20 **Unwind with ITV** (S)
5.35 **to 6.00** AM **For the Love of Dogs with Alison Hammond** (S)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 11-13/26. (S5) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 1-4/24. (S3) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Los Angeles. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to Florida** New edition Adam and Wayne test their friendship by trying to organise a live show of their podcast. (S)(AD)
5.00 **Chateau DIY** New edition Jane and Rory's handmade kitchen island won't fit through the door at Château de Pican. (S)(AD)
6.00 **Sun, Sea and Selling Houses** A Northamptonshire couple seek a property in Alicante. (S)(R)

9.00 Taskmaster

7.00 News (S)

8.00 Paul Merton: Driving Amazing Trains Series finale 6/6. Paul takes the controls of his biggest steam train yet in Germany. He also rides a 'car on rails', visits Colditz and drives a tram through Dresden. (S)(AD)

9.00 Taskmaster New edition 6/10. Amy Gledhill gets creative with a series of spoons, Kumail Nanjiani impresses with his super-strong jaw, and Joanna Page's screaming causes alarm in the local area. (S)(AD)

10.00 8 Out of 10 Cats Does Countdown Jimmy Carr hosts, as Roisin Conaty and Phil Wang compete against Joe Wilkinson and Lou Sanders. Plus, David O'Doherty joins lexicographer Susie Dent in Dictionary Corner. (S)(R)
11.05 **Gogglebox** (S)(R)(AD)
12.10 AM **Virgin Island** (S)(SL)(R)(AD)
2.00 **Ramsay's Kitchen Nightmares USA** Gordon concludes his visit to Zayna Flaming Grill. (S)(SL)(R)
2.50 **Couples Come Dine with Me** (R)
3.45 **Sunday Brunch** (S)(R)
3.55 **George Clarke's Amazing Spaces** A mobile home. (S)(SL)(R)(AD)
4.50 **Sarah Beeny's New Country Lives** Documentary. (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *A Deadly Game:* 24/24. Beckett and Castle investigate what appears to be the murder of a spy. (S2) (S)(R)
3.55 **Castle** *A Deadly Affair:* 1/24. Beckett finds Castle at the scene of a murder. (S3) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition The work of Prickles & Paws Hedgehog rescue centre. (S)
6.05 **Susan Calman's Grand Day Out** The Cotswolds. (S)(R)
6.55 **News** (S)

9.00 The Hardacres

7.00 **Coastguard SOS: Search & Rescue** A distress call comes in from a man who was out raising money for charity when the weather took a turn. (S)(R)
7.55 **News** (S)
8.00 NEW SERIES **The Yorkshire Vet: Night Shift** Documentary following night shift staff at a Huddersfield vets. Cases includes a spaniel rushed in with a serious injury after a freak accident on a woodland walk. (S)
9.00 NEW SERIES **The Hardacres** 1/6. Return of the drama. Electricity arrives at Hardacre Hall, and Sam convinces Mary that the family business should expand. (S2) (S)(AD) ■ Entire series on 5 streaming
10.00 **The Mushroom Murders: The Case That Gripped the World** The case of Australian woman Erin Patterson, who was found guilty of the murder of her husband's parents and one of his aunts. (S)(R)
11.05 **My Boyfriend Made Me Do It** The story of Australian mother Yoshe Taylor, who was sentenced to 23 years in a Cambodian prison. (S)(R)(AD)
12.05 AM **Murder 360** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **A Yorkshire Farm** (S)(R)
3.45 **Friends** (S6) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S5) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Islands** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 9/21. (S3) (S)(R)(AD)
4.00 **Police 24/7** (S2) (S)(R)
5.00 **The Simpsons** *Lisa the Greek:* Lisa feels neglected. (S)(R) **5.30** *When Flanders Failed:* Ned Flanders opens a shop for left-handed customers. (S)(R)
6.00 **The Office (US)** 4/24. Andy organises a garden party. (S)(R) **6.30** 5/24. Erin struggles to pull off the ultimate Halloween party. (S8) (S)(R)

9.00 From

7.00 FILM **Men in Black** Sci-fi action comedy starring Tommy Lee Jones and Will Smith. A streetwise New York cop joins a secret government agency that polices alien activity on Earth. With Linda Fiorentino and Vincent D'Onofrio. (S)(AD) (1997, PG, 120min) ★★★★ SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
9.00 NEW SERIES **From** *The Arrival:* 1/10. Return of the sci-fi horror starring Harold Perrineau. A new arrival throws the town into chaos, and Boyd grapples with the implications of Smiley's return. (S)(AD)
10.05 **From** New episode *Fray:* 2/10. A gruesome discovery sends shockwaves through the town, while Jade and Tabitha struggle with the weight of their revelation. (S3)
11.10 **Bear Grylls Is Running Wild** Bear takes comedian, author and actor Tiffany Haddish on a trek through the desert, starting at the Colorado River. (S)(R)(AD)
12.10 AM **Grimm** 14/22. Nick pursues a monster that attacks pregnant women. (S3) (S)(R)
1.05 **Police 24/7** (S)(R)
2.00 **Road Wars** (R)
3.00 **Hawaii Five-0** 7/24. (S3) (S)(R)
4.00 **S.W.A.T.** 9/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Border Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.55pm Scotcast **12.25am** Newscast **12.55** Weather **1.00-6.00am** BBC News
N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.55pm The View **11.35** Question Time **12.35am** Newscast **1.05-6.00am** BBC News
WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Peelers: The PSNI for Real
WALES
Sky 968, Freesat 968
7.00pm Scrum V: The Warm Up **7.30-8.00pm** Nigella: At My Table

ITV1

ANGLIA
10.45-11.15pm Anglia Late Edition
BORDER/TYNE TEES
10.45-11.15pm Around the House
LONDON
10.45-11.15pm The Late Debate
CENTRAL
10.45-11.15pm Central Lobby
GRANADA
10.45-11.15pm The Granada Debate
MERIDIAN
10.45-11.15pm The Last Word
WALES
10.45-11.15pm Welsh Lives
WEST/WESTCOUNTRY
10.45-11.15pm The Westcountry Debate
YORKSHIRE
10.45-11.15pm Last Orders

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Teulu Shadog: Tymhorau'r Flwyddyn **12.30** Heno **1.00** Pysgod i Bawb **1.30** Cartrefi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Nôl i'r Gwersyll **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Bae Ceredigion **6.30** Ralio+ **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion a'r Tywydd **9.00** Y Byd yn ei Le **9.45** Llond Bol O Sbaen **10.45** Ciao! Colleen Ag Owain **11.15-11.50pm** Cymry ar Gynfas

TV&Streaming week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Asia** 3/7. How animals survive when the northern half of Asia is transformed by snow and ice each year.
8.00 **Freddie Flintoff: Field of Dreams on Tour** 3/4. Freddie prepares the boys for their toughest match so far and smartens them up for an event with members of Kolkata's high society.
9.00 **The Traitors India** New edition 7/12. A face-to-face mission brings out the players' true colours, and the traitors must pull off a 'deadly' mission during the palace's first party.
10.15 **The Traitors India** New edition 8/12. The morning brings a chilling announcement – someone's fate hangs in the balance after the events of the previous night.
11.20 **Kidnapped by My Mum**
1.00 AM **Freddie Flintoff: Field of Dreams on Tour**
1.55 **to 4.00** AM **A Good Girl's Guide to Murder**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** The University of Sheffield face University College London in round one.
7.30 **Only Connect** The Cricket Supporters face IT Support.
8.00 **Morecambe & Wise: The Lost Tapes** An episode thought to be long lost, first broadcast in 1968.
8.25 **The Perfect Morecambe and Wise** Judi Dench joins the duo in a parody of the story of *Dr Jekyll and Mr Hyde*.
8.55 **Dame Judi Dench... Five to Eleven**
9.00 FILM **The Miracle Club** Comedy drama set in 1968, starring Maggie Smith, Kathy Bates and Laura Linney. (2023, 12, 90min) ★★★
10.25 **Personal Cinema: Maggie Smith**
10.55 FILM **Tea with Mussolini** Period comedy drama with Cher and Maggie Smith. (1998, PG, 116min) ★★★★
12.45 AM **How to Get Ahead at Versailles** Documentary.
1.45 **to 2.45** AM **Art of Scandinavia**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The first visit of the week is to Newton House in Knaresborough. **4.50** The second visit is to the Highlands Pub, Blackpool. **5.20** The third visit is to the White House in Brighton. **5.50** The fourth and final visit of the week is to Wakes Hall Lodges near Colchester. **6.20** The winning guest house is announced.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help house-hunters on the Kent coast.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer head to Strathaven, Lanarkshire to help Frank and Wilma.
9.00 **Great British Train Journeys from Above** Hugh Bonneville narrates the most iconic steam train journeys in Britain. The first episode tracks the Jacobite Railway, which runs through the Scottish Highlands.
10.00 **24 Hours in A&E** A man is rushed to A&E after severing four fingers in a building site accident.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.05 **First Dates: Be My...**
12.05 PM **Ramsay's Kitchen Nightmares USA**
1.05 **The Simpsons**
2.00 **Modern Family**
3.00 **The Simpsons**
3.55 **Married at First Sight Australia** Reality series.
5.00 **First Dates: Be My Valentine** Dating show.
6.00 **The Simpsons** Four episodes of the comedy.
8.00 **Married at First Sight Australia** Series finale Some heartbreaking truths are laid bare.
9.00 **Celebs Go Dating** New edition Content creator PK Humble heads into the agency to provide Anna and Dr Tara with a challenge.
10.00 **MAFS Australia: After the Reunion** New edition Bec is feeling blindsided, and behind-the-scenes footage exposes a new side to Danny.
11.05 **First Dates**
12.05 AM **Gogglebox**
1.10 **Married at First Sight...**
2.10 **Celebs Go Dating**
3.05 **The Simpsons**
3.55 **The Goldbergs**
4.45 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **Border Security USA**
9.00 **Brit Cops: Law & Disorder**
10.00 **A1: Britain's Longest Road**
11.00 **Blue Bloods** 4/20. (S12)
12.00 NOON **FBI** (S3&4)
2.00 PM **The Rookie** 2/20. Officer Bradford is forced to accept help from Officer Chen. (S2)
3.00 **Law & Order: Criminal Intent** 11/22. A couple are found dead in their hotel room. Guest stars Michael York. (S5)
4.00 **Nothing to Declare**

9.00 FBI

7 PM — **7.00** **Police 24/7** A traffic accident uncovers a prostitute and drug dealer up to no good.

8 PM — **8.00** **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM — **9.00** **FBI** New episode *Crusader:* 15/22. A dangerous drug kingpin from Eva's past resurfaces. (S8)

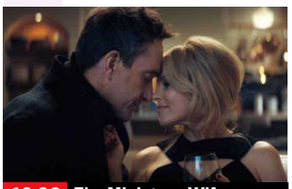
10 PM — **10.00** **Burn Notice** *Broken Rules:* 8/14. Michael tries to rid a neighbourhood in Little Havana of a group of organised criminals. (S1)
11.00 **The Rookie** 4/20. (S2)
12.00 M'T **FBI** 13&15/15. (S3)
2.00 AM **FBI: International** (S1)
3.00 **Law & Order: Criminal Intent**
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **Air Ambulance ER**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 4&5/12. (S2)
12.10 PM **Billions** 5&6/12. (S5)
2.25 **My Brilliant Friend** 2/10. (S4)
3.30 **The New Pope** 4/9. (S1)
4.35 **Billions** 5/12. Chuck plots against Axe with the help of some old associates. **5.40** 6/12. Axe's plans are threatened, and Chuck wages war on a new front. (S5)
6.45 **The White Lotus** 1/7. A group of vacationers arrive at a luxury resort in Sicily. (S2)


10.00 The Miniature Wife

7.55 **The White Lotus** *Italian Dream:* 2/7. Harper questions Cameron and Daphne's claims, and Tanya enlists Greg to help her live out her perfect Sicilian day. (S2)

9.00 **Prisoner** New episode 3/6. Amber and Tibor turn the tables on Nina and hitch a ride to London. (S1) ■ Entire series on Box Sets

10.00 **The Miniature Wife** New episode *Happy New Year, Les!* 6/10. Lulu becomes a hero. (S1) ■ Entire series on Box Sets
11.00 **True Detective: Night Country** 1/6. Drama. (S4)
12.05 AM **The Penguin** 7/8. (S1)
12.55 **The White Lotus** 3/7. (S2)
2.00 **Hacks** New episode 8/10. (S5)
2.40 **Sort Of** 2/8. (S3)
3.10 **Homicide: Life on the Street**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.20 **Dress to Impress**
8.20 **The Princess Diaries**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of New...**
12.05 PM **Ant & Dec's Limitless Win**
1.05 **Celebrity Catchphrase**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

7.00 Wheel of Fortune

7.00 **Wheel of Fortune** Graham Norton hosts as couples compete to solve word puzzles to get the chance to spin the wheel.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Family Guy** New episode 18/22. Mark Twain helps Brian be creative. (S23) **9.30** 3/21. The Griffins survive an apocalypse.

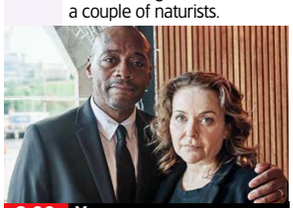
10.00 **Family Guy** 4/21. Stewie refuses to be potty-trained. (S2) **10.35** 1/7. First episode of the animation. (S1)
11.05 **Family Guy** 2/7. Peter unwittingly destroys the town's TV transmitter and persuades Meg to take the blame. (S1)
11.35 **American Dad!** 6&2/23. (S1)
12.35 AM **Bob's Burgers** (S12)
1.30 **Deal or No Deal**
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse**
11.15 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Small Mercies:* A man's body is found tied down in a miniature village.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Old Friends:* Nick goes undercover to track down an escaped prisoner, while Greengrass discovers a couple of naturists.


8.00 Vera

6.55 **Heartbeat** *Charity Begins at Home:* Jo and Nick are stranded in the cottage during a snowstorm.

8.00 **Vera** *Tender:* DCI Stanhope investigates a case after the body of a sickly young girl is found in a railway siding in the middle of nowhere, and the case soon turns up twists and turns that makes Vera question who this girl actually was.

10.00 **Grantchester** 3/6. A vagrant is found dead in Leonard's cafe, and Geordie cannot shake the feeling that this murder could be connected to two unsolved cases. (S7)
11.00 **Grantchester** 4/6. A member of Will's congregation is found dead before an event. (S7)
11.50 **Lewis** *One for Sorrow.*
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.00 **Kojak**
8.05 **The Saint**
9.10 **Boon**
10.15 **The Sweeney**
11.25 **BattleBots**
12.25 PM **Magnum, PI**
1.30 **Kojak**
2.35 **The Saint**
3.45 **Boon**
4.50 **The Sweeney**
5.55 **Minder** *Too Many Crooks:* Arthur dabbles in the world of nouvelle cuisine, taking bookings on banquets.

1.30 Kojak

7.00 **American Pickers** Exploring a shed full of movie memorabilia. **7.30** The possessions of a World War Two veteran.

8.00 **Ice Road Truckers** A trucker's son embarks on a dangerous journey to scatter his father's ashes on Atigun.

9.00 **FILM** **Expend4bles** Action adventure sequel starring Jason Statham and Sylvester Stallone. Barney Ross and the team square off against arms dealer Suarto Rahmat and his private army. With Dolph Lundgren. (2023, 15, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **Ligue 1 Highlights** Featuring Paris Saint-Germain v Brest.
11.35 **Berlin Station**
12.40 AM **Hell's Kitchen**
1.35 **Minder**
2.30 **Motorsport Mundial**
2.55 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Wild Cameramen at Work** Footage of the most dangerous and rarest species on land.
8.00 **Beechgrove Garden** New edition Carole Baxter is at Glenarn in the first of her visits to classic Scottish gardens.
8.30 **Landward** New edition Dougie Vipond finds out how habitats are being protected against wildfire.
9.00 **Highland Cops** Bomb disposal are called in when a chemical lab is found in a flat.
10.00 **Icons of Football** New edition A profile of Gary McAllister.
10.30 **Stevens & McCarthy** 2/4. A manspreader learns a lesson. (S1)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Scot Squad**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S8)
9.00 **Sort Of** 1&2/8. (S1)
10.00 **Upright** 2&3/8. (S2)
11.15 **Will & Grace** (S2)
12.15 PM **The Franchise** (S1)
1.25 **Upright** 2&3/8. (S2)
2.45 **Will & Grace** (S1)
3.45 **The Franchise** (S1)
5.00 **Community** (S1)
6.00 **Will & Grace** (S2)
7.00 **The Office (US)** 3/24. The warehouse staff quit after winning the lotto jackpot. **7.30** 4/24. Andy throws a garden party. (S8)
8.00 **Resident Alien** *Girls' Night:* 3/16. Harry meets a woman unlike any other. (S2)
9.00 **Last Week Tonight with John Oliver**
9.45 **John Bishop 25 Tour: Live from Dublin**
11.30 **Community** (S1)
12.30 AM **Resident Alien** (S2)
1.30 **The Franchise** (S1)
2.40 **Upright** 1&2/8. (S2)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Bregenz: Madama Butterfly**
8.20 **Artist of the Year**
8.50 **Tales of the Unexpected**
9.50 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu...**
1.00 PM **Tales of the...**
1.55 **Tea with Judi Dench**
2.50 **Classic Albums**
4.05 **Discovering**
5.00 **Portrait Artist 2017**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Classic Movies: The Story of Chaplin** New edition
9.00 **FILM** **Chaplin** Biopic. (1992, 15, 145min) ★★★
11.45 **The Directors**
12.45 AM **Discovering Sci-Fi on Film**
2.15 **50 Years on Film: David Hockney**
3.15 **Beyond the Brush**
4.05 **The Art of Collecting**
5.00 **to 6.00** AM **André Rieu: My Musical Year**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 18/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: The Next Generation** 20/22. (S2)
8.00 **Star Trek: Voyager**
9.00 **The Body Next Door** 1/3. Documentary about a mysterious death.
10.00 **Killer in My Village**
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S2)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary.
2.00 **Caribbean Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five table tennis enthusiasts take part in the quiz show.
3.00 **Beat the Chasers**
4.00 **Time Is Money** Quiz hosted by Sara Davies.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Kern tries to open the 22 red boxes in the right order, taking on the Banker for the chance to winlife-changing cash.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Ant & Dec's Limitless Win** Brothers Alistair and Ashley return to finish their game before Denise and her nephew Pablo get their chance.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Country Lives**
10.00 **Escape to Florida**
11.00 **Sun, Sea and Selling Houses** From Almeria.
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **World's Most Secret Hotels** A retreat at the summit of Mount Pilatus in Switzerland.
8.00 **Location, Location, Location** From Leeds.
9.00 **FILM** **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
11.40 **FILM** **Moon** Duncan Jones' thriller. (2009, 15, 97min) ★★★★
1.35 AM **Travel Man: 48 Hours in Washington**
2.05 **Taskmaster**
3.05 **8 Out of 10 Cats Does Countdown**
4.05 **to 5.05** AM **Wonders of the World I Can't See**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S1)
2.00 **SurrealEstate** 4/10. (S2)
3.00 **Fantasy Island** 2/13. (S2)
4.00 **Stargate SG-1** 9/22. (S5)
5.00 **Star Trek: Voyager** 11/26. The ship is robbed of valuable equipment. Guest stars John Rhys-Davies. (S4)
6.00 **Star Trek: Enterprise** 8/26. The ship is watched by a Vulcan vessel. (S1)

7.00 Stargate Atlantis

7.00 **Stargate Atlantis** *Underground:* 8/20. Sheppard and McKay encounter a new race on a nearby planet. (S1)

8.00 **Stargate SG-1** *Between Two Fires:* 9/22. The Tollans share their secrets with High Chancellor Travell. (S5)

9.00 **Grimm** *12 Days of Krampus:* 8/22. Two teenagers are kidnapped by an evil spirit of Christmas. (S3)

10.00 **The Walking Dead** *30 Days Without an Accident:* 1/16. Rick and his band of survivors face new dangers. (S4)
11.00 **Intergalactic** 4/8. After the robbery, the authorities are closing in on the gang. (S1)
12.00 M'T **SurrealEstate** 4/10. Luke spars with a homeowner during negotiations. (S2)
1.00 AM **Fantasy Island** 2/13. (S2)
2.00 **The Walking Dead** (S4)
3.00 **Intergalactic** As 11.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 2/24. (S3)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Mentalist** 2/24. (S3)
5.00 **Hudson & Rex** 5/16. A socialite narrowly escapes being poisoned. (S3)
6.00 **Father Brown** *The Cat of Mastigatus:* An investigation gets under way when a girl is left for dead at a school fete.

7.00 Unforgettable

7.00 **Unforgettable** *Lost Things:* 8/22. The murder of a lawyer leads Carrie to become entwined in a revenge plot. (S1)

8.00 **Saint-Pierre** *Island Getaway:* 4/10. Fitz and Arch work with a Newfoundland officer from Fitz's past. (S1)

9.00 **Death in Paradise** *She Was Murdered Twice:* 7/8. A company boss is killed during a team-building exercise. (S4)

10.00 **Death in Paradise** *Switcharoo:* 5/8. New DI Neville Parker is called in when a woman is found dead in a bathtub. (S9)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S4)
1.00 AM **Hudson & Rex** (S3)
2.00 **Murdoch Mysteries** 14/22. Higgins and Roberts invest in a new automat diner. (S18)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Porridge**
12.00 NOON **Keeping Up...**
12.40 PM **The Green Green Grass**
1.20 **Hi-de-Hi!**
2.00 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.00 **Hi-de-Hi!**
4.35 **Dad's Army**
5.15 **Last of the Summer Wine**
6.35 **Keeping Up Appearances**

7.15 Dad's Army

7.15 **Dad's Army** Jones finds himself cast adrift during an exercise pitting the platoon against their arch-rival Captain Square.

8.00 **Still Open All Hours** Leroy's latest task involves dressing up as a banana.
8.40 **Open All Hours** Granville changes his image with the help of some trendy clothes and a medallion.
9.20 **Not Going Out** Lee checks himself for lumps – with unexpected results.

10.00 **Not Going Out** Tim becomes part of a band at work.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Not Going Out**
1.15 AM **Hi-de-Hi!** The mystery of the body in the pool continues.
1.55 **Avoidance**
3.00 **Don't Wait Up**
3.30 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's India**
12.00 NOON **Would I Lie to You?**
12.40 PM **Would I Lie to You? At Christmas** With Clive Myrie.
1.20 **Richard Osman's House of Games** With Jodie Kidd.
2.00 **Mega Metro**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's India** The chef explores the country's cuisine.

10.00 The Way Out

7.00 **Would I Lie to You?** With Alan Davies, Richard Osman, Germaine Greer and Jermaine Jenas.
7.40 **Would I Lie to You? At Christmas** With Henry Blofeld and Clive Myrie.
8.20 **Richard Osman's House of Games** With Ria Lina and John Thomson.

9.00 **QI XL** Guests Eshaan Akbar, Jo Brand and Rhys James join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **The Way Out** Two teams of comedians, led by Ed Gamble and Nish Kumar, race to complete themed escape rooms.
11.00 **Frankie Boyle's New World Order** Topical comedy show.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **QI XL** With Jason Manford.
2.35 **Frankie Boyle's New World Order** Topical comedy show.
3.20 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.55 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Harry Wild**
3.20 **The Doctor Blake Mysteries**
4.20 **Lovejoy** A Japanese firefly cage intrigues Lovejoy.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine** The trio attend a funeral. **6.40** Compo enlists Wesley's aid in winning over Nora Batty.

9.00 Bergerac

7.20 **Last of the Summer Wine** Compo and Clegg suspect Foggy is lying about his war stories.

8.00 **Father Brown** *The Darkest Noon:* Mallory and Father Brown go missing, and it is up to the gang to save them.

9.00 **Bergerac** New episode *Our Man in Bermuda:* 5/6. Bergerac's career is on the line as suspicion falls upon Nicola. (S2)

10.00 **New Tricks** *Setting Out Your Stall:* A market trader's death is linked to a series of rapes. Guest stars Sheila Hancock.
11.20 **Dalziel & Pascoe** *Mens Sana:* When a woman is found dead at a private health spa, Dalziel decides to mix business with pleasure and books himself in.
1.15 AM **Lovejoy**
2.15 **Birds of a Feather**
2.50 **to 4.00** AM **Bergerac**

+1 hour 243 316 60 260

Thursday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 18-20/24. (S12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Day in Court:* 9/24. A petty officer tries to prove he did not murder his ex-girlfriend. **7.00** *Blood Brothers:* 10/24. The secretary of the US Navy seeks the NCIS team's help in locating a suitable bone marrow donor for a sailor with leukaemia. **8.00** *Spinning Wheel:* 11/24. Ducky is assaulted by a man who has information about his half-brother. (S13)
9.00 **Blue Bloods** *In the Name of the Father:* 2/16. Danny and Jamie team up to take down a notorious drug lord. (S11)
10.00 **Law & Order: Special Victims Unit** (S8&7)
1.45 AM **Law & Order: Criminal Intent** (S9)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition A pothole injury threatens to put a council out of pocket.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** An elderly patient has fallen down the stairs.
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **Babies 24/7: The Maternity Ward**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Skin A&E**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Trucking Hell**
9.25 **Traffic Cops**
10.25 **Police Interceptors**
12.25 PM **FILM Day of Anger** Western with Lee Van Cleef and Walter Rilla. (1967, 15, 95min) ★★
2.15 **FILM The Redhead and the Cowboy** Western. (1950, PG, 82min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **NEW SERIES Rookie Truckers** Cameras follow young drivers as they are mentored by veteran truck drivers.
10.00 **Ice Road Truckers**
11.00 **The X-Files** 25/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete meets chow chow Nugget, who has a longer stay than planned.
9.00 **DIY SOS: The Big Build** The team rebuild a Chelsea Flower Show garden on the roof of the Great Ormond Street Hospital. **10.00** The team help create a new home for a Rotherham man who suffered a brain injury.
11.00 **Lies, Deceit and Betrayal** Double bill.
1.00 AM **Sort Your Life Out with Stacey Solomon**
2.05 **to 3.00** AM **Louis Theroux Interviews... Rita Ora**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Landmark Fixers**
8.00 **Bangers & Cash**
10.00 **Great War in Numbers**
11.00 **Hitler's Supercars**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Great War in Numbers**
5.00 **Hitler's Supercars**
6.00 **Mammals** Double bill.
8.00 **Bangers & Cash: Restoring Classics** New edition The team seek out a reliable 4x4 to tackle the rugged Yorkshire landscape.
9.00 **Bangers & Cash**
10.00 **Resto My Ride** New edition A vintage 1939 Chrysler Royal arrives at the garage.
11.00 **Seven Worlds, One Planet** Documentary.
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen: Hunting the Catch**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In Devon.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family: Born Without Trace**
7.00 **The Yorkshire Auction House** Cancer survivor, Claire wants to downsize to free up some cash. **8.00** A widow returns from Italy, bringing with her Soviet propaganda.
9.00 **Death Walker with Nick Groff** New edition A historic mansion rumoured to be plagued by voices and shadows.
10.00 **Help! My House Is Haunted** Four editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Great! TV
157 167 170 34 32

8.00 AM **Bramwell** 7/7. (S1)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 10&11/24. (S6)
1.00 PM **The Waltons** (S8)
3.00 **Ballykissangel** (S3)
4.10 **Down to Earth** (S4)
5.20 **Bramwell** 1/8. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 15/22. Hawkeye tries to combat racism. **8.00** 16/22. Potter enlists a psychiatrist. **8.30** 17/22. Hawkeye is sent to the front line and fears the worst. (S10)
9.00 FILM **The Pure Hell of St Trinian's** Comedy starring George Cole and Joyce Grenfell. (1960, b/w, U, 94min) ★★★
11.05 **Robin's Nest** (S3)
12.05 AM **M*A*S*H** (S10)
1.35 **Rising Damp** 5/7. (S3)
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**
+1 hour 257

Great! Action
318 317 426 42 33

9.10 AM FILM **Rangers of Fortune** Western. (1940, U, 80min) ★★
10.55 **Tombstone Territory**
11.25 **Wanted: Dead or Alive**
11.55 **The High Chaparral**
1.55 PM FILM **The Vault** Action thriller starring Freddie Highmore. (2021, 15, 118min) ★★
4.05 **The Persuaders!**
5.05 **The Avengers**
7.05 FILM **The Hatton Garden Job** Crime drama with Stephen Moyer and Larry Lamb. (2017, 15, 93min) ★★★
9.00 FILM **Killing Salazar** Action adventure starring Steven Seagal. (2016, 15, 95min) ★★
11.15 **Coast Guard Alaska**
1.15 AM **The Avengers**
3.10 FILM **The Quick & the Dead** Western. (1987, PG, 94min) ★★★
4.40 **Coast Guard Alaska**
5.25 **to 6.00** AM **Air Rescue**
+1 hour 319

Great! Mystery
320 318 425 50 48

8.10 AM FILM **Garage Sale Mysteries: Murder By Text** (2017, PG) ★★
10.05 **In Plain Sight** 8/13. (S4)
11.05 **Castle** 4/24. (S2)
12.05 PM FILM **Martha's Vineyard Mysteries: A Beautiful Place to Die** Drama. (2020, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 5/24. (S2)
8.00 **Unforgettable** (S4)
9.00 **In Plain Sight** 9/13. (S4)
10.00 FILM **Aurora Teagarden Mysteries: Haunted By Murder** Crime thriller. (2022, U, 84min) ★★
11.55 FILM **Garage Sale Mysteries: The Art of Murder** Whodunit. (2017, PG, 95min) ★★
1.50 AM FILM **Witness Unprotected** (2018) ★★
3.20 **to 5.00** AM FILM **Second Chances** Thrilller. (2010, 12, 90min) ★★
+1 hour 321

Great! Romance
322 319 424 52 47

8.00 AM FILM **Love, For Real** Comedy. (2021, PG) ★★
10.00 FILM **Love at Lookout Lake** Romantic comedy. (2025, U, 89min) ★★
12.00 NOON **A Fine Romance**
12.30 PM FILM **Love at the Lodge** Romantic drama. (2022, U, 89min) ★★
2.30 FILM **Two Chefs and a Wedding Cake** Comedy. (2022, U, 91min) ★★
4.30 FILM **The Wedding Wish** Drama. (2007, PG) ★★
6.30 **A Fine Romance**
7.00 FILM **A Very Country Wedding** Drama. (2019, PG, 90min) ★★
9.00 FILM **Key to Love** Drama starring Corey Sevier. (2023, U, 90min) ★★
11.00 FILM **A Brush with Love** Drama. (2019, PG) ★★
12.55 AM FILM **The Engagement Dress** Drama. (2023, PG) ★★
3.00 **to 5.00** AM FILM **Key to Love** (2023, U) ★★
+1 hour 323

Together TV
170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Celebrity Coach Trip**
3.00 **The Greatest Auction**
4.00 **New Home DIY**
5.00 **My Floating Home**
6.00 **Celebrity Coach Trip** The coach is in Lisbon, where Brendan Sheerin drops a vote twist.
7.00 **Love Your Garden** The team head to Swindon.
8.00 **Garden Rescue** An overgrown garden in Southampton.
9.00 **Garden Rescue Revisited** From Fareham, Leicester and Shefford.
10.00 FILM **Mary Millington: Confessions from the David Galaxy Affair** Comedy with Alan Lake. (1979, 18, 92min) ★★
12.00 M'T FILM **Au Pair Girls** Comedy. (1972, 18) ★★
2.00 AM **Celebrity Coach Trip**
3.00 **Love Your Garden**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV
182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Gaffer** 1/7. (S2)
10.30 **Hallelujah** 2/8. (S2)
11.00 **Rewind Time Machine**
11.05 **Second Thoughts** (S3)
11.35 **The Fenn Street Gang**
12.05 PM **Boon** 10/13. (S2)
1.05 **Danger Man** (S1)
2.05 **Wish Me Luck** 3/8. (S3)
3.10 **Hank the Cowboy** (S1)
3.25 **Rewind Time Machine**
3.30 **Boon** 10/13. (S5)
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Space 1999** 10/24. (S2)
7.00 **Danger Man** (S1)
8.00 **Hallelujah** 2/8. (S2)
8.30 **Second Thoughts** (S3)
9.00 **Drop the Dead Donkey**
10.00 FILM **Vampire Hookers** Comedy horror. (1978, 18, 82min) ★★
11.35 FILM **Brimstone and Treacle** Black comedy. (1982, 15, 84min) ★★★
1.15 AM **Stereo Underground**
2.15 **to 6.00** AM **Highlights**

DMAX
159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters**
10.00 **Deadliest Catch**
12.00 NOON **Curse of the Bermuda Triangle**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Giro D'italia Highlights** A look back at action from the sixth stage of the race, a 142km route from Paestum to Naples.
8.00 **Deadliest Catch** For the first time, Junior has to call on the chase boat.
9.00 **Expedition X**
10.00 **Expedition Unknown**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1 hour 259 369 153

Food Network
144 152 168 43 148 39

6.00 AM **Paul Hollywood: City Bakes** California.
7.00 **Nigel Slater's Dish of the Day** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Meat-Free Meals** Double bill.
10.00 **Barefoot Contessa**
11.00 **The Great British Bake Off** As 7.00pm.
12.30 PM **Mary Berry Cooks**
1.00 **James Martin's Mediterranean**
3.00 **Nigel Slater's Dish of the Day** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Meat-Free Meals** Double bill.
6.00 **Barefoot Contessa**
7.00 **The Great British Bake Off** The 2019 final.
8.30 **Mary Berry Cooks**
9.00 **Great British Adventure**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food Nation**
2.00 **to 3.00** AM **Cake Boss**
+1 hour 244 368 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 22/25. (S7)
9.00 **T.J. Hooker** 12/22. (S3)
10.00 **Six Million Dollar Man**
11.00 FILM **Alien Convergence** Thriller. (2017, 15, 110min) ★★
1.00 PM **The Gambler III: The Legend Continues**
5.00 **Star Trek** 30/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 13/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Three Days of the Condor** Thriller starring Robert Redford and Faye Dunaway. (1975, 15, 118min) ★★★★
11.30 FILM **The Replacement Killers** Action thriller starring Chow Yun-Fat. (1998, 18, 86min) ★★
1.25 AM FILM **Fugitives** Thriller starring Dominic Purcell and Tricia Helfer. (2015, 15, 86min) ★★
3.15 **to 5.00** AM FILM **Acts of Violence** Drama. (2018, 15, 86min) ★★

Legend Xtra
316 316 171 69 138 51

9.00 AM FILM **Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
11.00 **Andromeda** 19/22. (S1)
12.00 NOON FILM **Global Meltdown** Thriller. (2017, PG, 105min) ★
2.00 PM FILM **Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
4.00 **Walker, Texas Ranger**
5.00 **The Gambler V: Playing for Keeps**
7.00 **Andromeda** 20/22. (S1)
8.00 **The Fall Guy** 4/22. (S5)
9.00 FILM **Escape Plan 3** Action thriller sequel with Sylvester Stallone. (2019, 15, 97min) ★
11.00 FILM **Out of the Furnace** Crime thriller. (2013, 15, 114min) ★★★★
1.20 AM FILM **Escape Plan 3**
3.15 **The Gambler V: Playing for Keeps**
5.00 **to 6.00** AM **Andromeda**
+1 hour 317 139

Blaze
156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars Do America**
7.35 **Storage Wars**
10.15 **What on Earth?**
11.10 **Evidence of the Unexplained**
12.10 PM **Egypt's Unexplained Files**
1.05 **Pawn Stars Do America**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **UFOs: Lost Evidence**
6.00 **Storage Wars: Texas**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **UFO POV**
11.00 **UnXplained: Mysteries of the Universe**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **UFOs: Lost Evidence**
2.00 **Ancient Aliens**
3.00 **World's Most Unexplained**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Susan Calman** A visit to Rome.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Tomb Hunters**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Princess Anne: The Power Behind the Throne** Documentary.
10.00 **The Good Ship Murder** 3/8. In Casablanca, a charity helping street kids is mired in scandal. **11.00** 4/8. A kidnap and ransom demand shatters a party. (S1)
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Susan...**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge
130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Catchphrase**
2.00 **The Chase** Quiz.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Five friends from Wales take part.
7.00 **The Celebrity Chase** With guests Ken Bruce, Paul Ince, Laila Morse and David Haye.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With guests Matt Allwright, Stacey Solomon, Louise Minchin and Keith Allen.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC
133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.30** 10/24. Sheldon bids an emotional goodbye to Fun with Flags. (S8)
9.00 FILM **Anchorman: The Legend of Ron Burgundy** Comedy starring Will Ferrell and Christina Applegate. A sexist news presenter feels threatened when an ambitious female rival joins his team. With Paul Rudd. (2004, 12, 94min) ★★★★
11.00 **Dr Pimple Popper: Breaking Out**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**
+1 hr 233/234 313/328 99

Comedy Central
112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** With Little Mix.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 6-11/23. (S8)
1.00 PM **Impractical Jokers**
1.30 **Friends** 5-16/18. (S10)
8.00 **Friends** 17&18/18. Last-ever episodes of the comedy. (S10)
9.00 FILM **Austin Powers: International Man of Mystery** Spy spoof with Mike Myers. (1997, 15, 95min) ★★★★
11.00 **Impractical Jokers**
11.30 **Jimmy Carr's Am I the A**hole?**
12.30 AM **Whose Line Is It Anyway? USA**
2.00 **South Park: Joining the Panderverse**
3.00 **Russell Howard: Right Here Right Now**
3.45 **Modern Horror Stories**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154

6.00 AM **Everybody Loves Raymond** 4&5/23. (S8)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** Variety show.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 8-11/24. (S5)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 3/8. (S3)
4.00 **Impractical Jokers**
5.00 **Michael McIntyre's Big Show** Variety show.
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** 6-11/23. (S8)
10.00 **Friends** 17-22/24. (S9)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Michael McIntyre's Big Show** Variety show.
3.00 **Utopia** 1/8. (S3)
3.20 **Teachers** 13/20. (S2)
3.45 **Broad City** 3&4/10. (S2)
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV
171 150 56 164 42

8.00 AM **Highlights**
10.15 **Bread** 7/10. (S8)
10.55 **Steptoe and Son** (S1)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S2)
12.35 **Man About the House**
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 1/10. Drama. (S4)
2.45 **Minder** 7/13. (S9)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 7/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 6/7. (S1)
6.40 **Steptoe and Son** (S2)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 7/13. (S3)
9.00 **Benidorm** 3/7. (S6)
10.00 **Shameless** 5/11. (S9)
10.55 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 3/7. (S6)
1.00 AM **Minder** 5/13. (S8)
2.05 **Duty Free** 4/7. (S2)
2.30 **to 6.00** AM **Highlights**

MTV
126/127 137 134 351 366

6.00 AM **Teen Mom OG**
7.10 **Judge Judy**
9.00 **Beauty and the Geek Australia** Reality show.
11.00 **Catfish: The TV Show**
4.00 PM **Judge Judy**
6.00 **Beauty and the Geek Australia** New edition The beauties and geeks pair up on the set of a stunt action movie.
7.30 **FriendZone**
8.00 **90's House**
9.00 **Bar Rescue** New edition Jon Taffer heads to Florida to fix a dive bar.
10.00 **Jersey Shore Family Vacation** New edition
11.00 **Help I Sexted My Boss** New edition Navigating the challenges of life.
12.00 M'T **Love & Hip Hop: Atlanta** New edition Zane fears his family loyalty might be tested.
1.00 AM **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** New edition The team transform an abandoned restaurant into a clinic.
2.00 NEW SERIES **Dr Jeff: Rocky Mountain Vet: Special** A collection of pet adoption stories from across the years.
3.00 **How Do They Do It?**
5.00 **Alaska: Homestead Rescue** Helping a single mum in Hawaii.

9.00 Naked and Afraid

7.00 **Wheeler Dealers: Dream Car** Mike Brewer and Marc Priestley trade up to a British muscle car, the TVR Cerbera.
8.00 **Wheeler Dealers: Dream Car** Mike Brewer and Marc Priestley trade up to an iconic off roader, a Series 2A Land Rover.
9.00 **Naked and Afraid** New edition A tropical paradise turns savage when two superfans battle rain and rats.
10.00 **In the Eye of the Storm** In March 2025, a rare train of supercells creates a record 889 tornadoes east of Tornado Alley.
11.00 **Expedition Bigfoot** As the interceptor drone and seismic tripwire activate, the team are led to a brand new discovery.
12.00 M'T **Border Control: Spain**
1.00 AM **Naked and Afraid**
2.00 **In the Eye of the Storm**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Orangutans**
10.00 **Tanked** A magician's tank.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Double bill.
5.00 **Lone Star Law** Game Wardens Gould and Hickerson chase drug smugglers that crossed the Rio Grande River.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff and Dr Petra team up to save a cat hit by a car.

8.00 Gator Boys

7.00 **Treehouse Masters** Pete Nelson and his team work to build a butterfly-themed treehouse in a cluster of six trees.
8.00 **Gator Boys** Paul and Jimmy are busy capturing alligators on a school playground and in a housing development.
9.00 **Alaska: The Last Frontier** Always pushed to their limits, the Kilchers continue to work together as a family.
10.00 **Alaska: Surviving the Last Frontier** Following four groups of ordinary people as they travel into the wilderness of Alaska.
11.00 **Alaska Monsters** The native outdoorsmen go after a water-based bigfoot.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Shipwrecked: Ghost Ships of the Great Lakes**
11.00 **Lost Treasures of Egypt**
12.00 NOON **World War II: Secrets from Above** Documentary.
1.00 PM **Car S.O.S** A Rover P4 100.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster**
5.00 **Toronto Airport Uncovered**
6.00 **Hitler's Last Stand** Canadian tank hunters fight off the Nazis.

8.00 Car S.O.S

7.00 **Air Crash Investigation** Dramatised reconstruction of real-life air disasters, along with interviews with experts and eyewitnesses.
8.00 **Car S.O.S** New edition Tim Shaw and Fuzz Townshend tackle an extremely rare Lamborghini Silhouette.
9.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore an XR2 to show-winning condition.
10.00 **Car S.O.S** Fuzz and Tim take on a rundown Renault Alpine GTA belonging to a former computer technician.
11.00 **Air Crash Investigation** A brand new aircraft crashes.
12.00 M'T **Amsterdam Central 24/7**
1.00 AM **Border Protection Spain**
2.00 **Abandoned** An old silk mill.
2.30 **Lords of War**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Junk & Disorderly**
8.45 **Dirty Old Cars** A '63 Imperial.
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars** Four editions.
12.00 NOON **Egypt's Unexplained Files** Double bill of editions.
2.00 PM **Canadian Pickers** Four editions, including at: **4.00** Retro gas pumps and pop-culture collectibles. **5.00** The gang examine toy cars and antique vehicles.
6.00 **American Pickers** Mike and Jersey encounter a multi-generational carnival collection.

9.00 MonsterQuest

7.00 **Forged in Fire** For the programme's 100th edition special, four bladesmiths compete to forge an epic chopper.
8.00 **Swamp People** New edition The alligators are getting used to the old hunting tricks.
9.00 **MonsterQuest** New edition Soldiers reporting mysterious encounters on training grounds and battlefields.
10.00 **Chaos Uncut** A truck smashes into a showroom. **10.30** High-speed chases, crashes and lives hanging in the balance.
11.00 **National Park Mysteries** The Hawaii Volcanoes National Park is the site of strange events. **11.30** A look at UFO sightings at Joshua Tree National Park.
12.00 M'T **Canadian Pickers** Four editions of the documentary.
3.40 AM **MonsterQuest** Creature sightings around the world.
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Angel City**
7.05 **Discovering: Joan Fontaine**
8.00 **The Directors**
9.00 **Janet Jackson**
10.00 **The Man Who Played with...**
11.00 **The 2000s**
12.00 NOON FILM **The Fog of War** Oscar-winning documentary. (2003, PG, 107min) ★★★
2.00 PM **QPR: The Four Year Plan**
3.50 **My Icon: Chris Hughton**
4.00 **The Directors**
5.00 **Discovering: Joan Fontaine**
6.00 **Janet Jackson** 4/4. Janet finds herself blacklisted.

8.00 Salt Path

7.00 **The Man Who Played with Fire** 4/4. Jan Stocklassa hands his findings over to the Swedish police.
8.00 **Salt Path: A Very British Scandal** Journalist Chloe Hadjimatheou's investigation into allegations of factual inaccuracies in Raynor Winn's book *The Salt Path*.
9.30 **Tell Them You Love Me** Documentary exploring the story of esteemed university professor Anna Stubblefield's controversial affair with Derrick Johnson, a non-verbal man with cerebral palsy.
11.30 FILM **Bowling for Columbine** Satirist Michael Moore's offbeat documentary. (2002, 15, 114min) ★★★★
1.45 AM **I Am MLK Jr** The life of Dr Martin Luther King Jr.
3.45 **Adam Hills: Foot Fault** A campaign to promote para-standing tennis.
5.00 **to 6.00** AM **Discovering: Joan Fontaine**

Thursday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Gem Hunters Down Under** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Aussie Gold Hunters** New edition Shane and Russell chase lost gold on Mosquito Creek, while disaster strikes the Desert Diggers as they try to increase output.
10.00 **Outback Truckers**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: My Child the Killer** New edition A mother finds that her 13-year-old son has a dark side.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Blackpool Poisoner** How Louisa Merrifield poisoned Sarah Ricketts.
8.00 **UK Crime Files: The Unsolved Murder** The murder case of Stephen Lawrence.
9.00 **Secrets of a Murder Detective** In 2018, 85-year-old Rosina Coleman was found dead at home.
10.00 **Britain's Countryside Killers** New edition The story of 15-year-old Kayleigh Haywood.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: The Blackpool Poisoner**
1.00 AM **UK Crime Files: The Unsolved Murder**
2.00 **Britain's Countryside Killers** As 10.00pm.
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Murderous Bigamist**
9.55 **UK Crime Files: Blackpool Double Murder** Investigating two similar murders.
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Lady Killer** A look into the murder of an actor.
3.00 **UK Crime Files: Brighton Trunk Murders**
4.00 **48 Hours** Cati Blauvelt.
5.00 **Medical Detectives** Police investigate the murder of a gym teacher. **5.30** Cattle auctions were tainted by false cheques. **6.00** A heart surgeon's apparent suicide. **6.30** Identifying a skull found in a lake.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Murder Uncut**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers** Vincent Tabak.
9.00 **Catching the Killer**
10.00 **Killer in My Village**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** Douglas Ward.
2.00 **Killing Mum and Dad**
3.00 **Britain's Most Evil Killers**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Secrets of the Royal Palaces** Whitehall.
9.30 **The Normans**
10.45 **The Mughal Empire**
11.55 **Hitler's Propaganda Machine** Documentary.
1.00 PM **Weathered: Earth's Extremes**
1.35 **Secrets of the Royal Palaces** Whitehall.
2.35 **The Normans**
3.50 **The Mughal Empire**
5.00 **Hitler's Propaganda Machine** Documentary.
6.05 **Secrets of the Royal Palaces** Whitehall.
7.10 **The Normans**
8.20 NEW **The Mughal Empire** Exploring the legacy of the Mughals.
9.35 **Hitler's Propaganda Machine** Documentary.
10.45 **The Normans**
12.00 M'T **The Mughal Empire** Documentary.
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Africa's Wild Horizons**
7.00 **Monkey Life**
8.00 **Amazing Animal Friends**
9.00 **Guardians of the Wild**
10.00 **Volcanic Odysseys**
11.00 **Secrets of the Enchanted Forests** Documentary.
12.00 NOON **Surviving the Amazon**
1.00 PM **Monkey Life**
2.00 **Amazing Animal Friends**
3.00 **Guardians of the Wild**
4.00 **Volcanic Odysseys**
5.00 **Secrets of the Enchanted Forests** Documentary.
6.00 **Surviving the Amazon**
7.00 **Monkey Life** Double bill.
8.00 **Extreme Africa**
9.00 **Accidental Wilderness: Europe's Everglades**
10.00 **Surviving the Amazon**
11.00 **Secrets of the Enchanted...**
12.00 M'T **Reef Wrecks**
1.00 AM **Africa's Wild Horizons**
2.00 **Extreme Africa**
3.00 **Accidental Wilderness...**
4.00 **Amazing Animal Friends**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Abyss: Rise & Fall of the Nazis** The story of the Nazis' defeat at Stalingrad in 1943.
9.00 **Guns That Changed the Game**
10.00 **Cracking the Code**
11.00 **Ancient Aliens**
1.00 PM **What on Earth?**
6.00 **The Proof Is Out There**
7.00 **Guns That Changed the Game** Focusing on machine guns.
8.00 **Cracking the Code** Focusing on the Japanese Super Code.
9.00 **The Secret Nazi Expeditions** How, as Hitler rose to power in Nazi Germany, Heinrich Himmler and the SS resolved to find the legendary Atlantis.
10.00 **Hitler's Engineers** The Nazi part of NASA engineer Wernher von Braun.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Ancient Aliens: The Ultimate Evidence**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **Alien Highway**
11.00 **Codes and Conspiracies**
1.00 PM **Blowing Up History**
3.00 **NASA's Unexplained Files**
6.00 **How Do They Do It?**
9.00 **How It's Made** An insight into how promotional origami and hedge shears are made. **9.30** The making of moccasins and electronic-impact drills. **10.00** An insight into how bowling balls, barber poles, felt and radar guns are made. **10.30** The making of Asian noodles and rotary engines.
11.00 **How It's Made: Dream Cars** The crew visit the birthplace of the Morgan 3-Wheeler. **11.30** The inner workings of the Ginetta and Team LNT. **12.00** M'T The team visit the birthplace of the Lucra LC470. **12.30** AM The inner workings and impressive exterior of the Chevrolet Corvette Stingray.
1.00 **NASA's Unexplained Files**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Robbie Coltrane's Critical Evidence** Triple bill of editions.
2.00 PM **Hometown Tragedy**
3.00 **Sunshine Slayings**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Hometown Tragedy**
9.00 NEW SERIES **Predator Hunters** Police operations to uncover online exploitation and bring perpetrators to justice.
10.00 **Interrogation Raw** New edition A woman who has been shot in the face must try to identify her attacker.
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet Compilations**
9.00 **Bizarre Animal Friends**
10.00 **Monster Fish**
11.00 **Hostile Planet: Masters of the Freeze** Documentary.
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Thailand's Wild Cats**
3.00 **Swamp Men**
4.00 **Secrets of the Zoo: Tampa**
5.00 **Northwoods Survival**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** Penguin mates prepare to become surrogate parents.
8.00 **Australia's Land of the Ancients** The ancient landscape of northeastern Australia.
9.00 **Tree Kangaroos: Ghosts of the Forest** The Lumholtz tree kangaroos – the ghosts of the north Queensland forests.
10.00 **Lawless Island**
11.00 **Ice Road Rescue**
12.00 M'T **When Sharks Attack**
1.00 AM **Something Bit Me**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Lost Mines: Restored**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Experts investigate the last stars of the cosmos.
1.00 PM **Mysteries at the Castle**
2.00 **Hunting Atlantis**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Lost Mines: Restored**
9.00 **Ancient Unexplained Files** Examining the ancient moai statues of Easter Island.
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Lighting expert Jolene attempts to fix a 19th-century police station lamp.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Castle**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **The World at War**
1.00 PM **The World at War**
5.00 **The World at War** An account of Hitler's decision to invade the Soviet Union, which produced an initial series of dazzling victories until the harsh winter of 1941 took hold, with fatal consequences for the ill-equipped German army. **6.10** A look at events leading up to the Japanese attack on Pearl Harbor on 7 December 1941, featuring interviews with veterans from both sides. **7.20** Factors influencing America's decision to support Britain after the attack on Pearl Harbour during World War Two. **8.30** The battle for North Africa, which involved three years of fighting between Rommel's Afrika Korps and Montgomery's Desert Rats and culminated in the Allied victory at El Alamein. Narrated by Laurence Olivier.
9.40 **The World at War**
5.20 **to 6.00** AM **River Walks**

+1hour 266 376

ID

154 140 166

8.00 AM **Murder Comes to Town**
9.00 **Evil Lives Here**
11.00 **Faking It: Tears of a Crime**
12.00 NOON **Forbidden: Dying for Love** How the burden of reconciling sexuality and faith became too much to bear.
1.00 PM **Evil Lives Here: Shadows of Death** Double bill.
3.00 **Faking It: Tears of a Crime**
4.00 **Obsession: Dark Desires**
5.00 **Swamp Murders**
7.00 **Signs of a Psychopath**
9.00 **How (Not) to Get Rid of a Body** When a young couple goes missing in Eureka, Utah, detectives from neighbouring counties work together to track down their bodies.
10.00 **A Body in the Basement** In rural Pennsylvania, a home refurbishment reveals a skeleton in the basement.
11.00 **Signs of a Psychopath**
12.00 M'T **The Perfect Suspect**
2.00 AM **Swamp Murders**
4.00 **to 6.00** AM **Signs of a Psychopath**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** A Pontiac Firebird.
2.00 **Ant Anstead Master Mechanic**
3.00 **Massive Engineering Mistakes**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Bitchin' Rides: Road to the...**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Bitchin' Rides: Road to the Ridler** Dave Kindig tries to win the coveted Don Ridler Award.
9.00 **Street Outlaws: Locals Only** Local racers compete in Ohio.
10.00 **Massive Engineering Mistakes**
11.00 **Wheeler Dealers**
12.00 M'T **Bitchin' Rides: Road to...**
1.00 AM **Richard Hammond's Workshop** A bizarre military vehicle arrives at the workshop.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

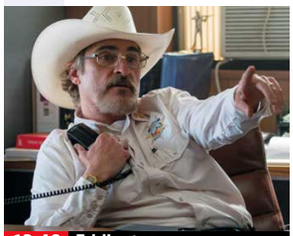
+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.05 AM **Spinal Tap II: The End Continues** As 4.20am.
8.35 **A Big Bold Beautiful Journey** Romantic drama. (2025, 15, 109min) ★★★
10.30 **Downton Abbey: The Grand Finale** As shown at 8.00pm.
12.40 PM **Eddington** Western. (2025, 15, 148min) ★★★★
3.10 **The Shadow's Edge** (2025)
5.35 **Wuthering Heights** Drama starring Margot Robbie. (2026, 15, 136min) ★★★★



12.40 Eddington

8.00 **Downton Abbey: The Grand Finale** Drama starring Hugh Bonneville and Michelle Dockery. In the summer of 1930, the Crawleys grapple with the threat of social disgrace when Mary finds herself at the centre of a public scandal. (2025, PG, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Honey Don't!** Crime comedy thriller starring Margaret Qualley and Aubrey Plaza. A private investigator delves into a series of unusual deaths connected to a mysterious church. (2025, 15, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Shadow's Edge** Action thriller. (2025, 15, 141 min)
2.20 AM **Pillion** Dark comedy. (2025, 18, 107min) ★★★
4.20 **to 6.00** AM **Spinal Tap II: The End Continues** Comedy sequel. (2025, 15, 83min) ★★★

Sky Cinema Ocean's

303 303 403 503 517

6.30 AM **Sky Cinema Preview**
7.30 **Ocean's Eight** As 4.00pm.
9.30 **Ocean's Eleven** As 6.00pm.
11.40 **Ocean's Twelve** As 8.00pm.
1.50 PM **Ocean's Thirteen** (2007)
4.00 **Ocean's Eight** Crime caper starring Sandra Bullock, Cate Blanchett and Anne Hathaway. (2018, 12, 110min) ★★★★
6.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt and Matt Damon. (2001, 12, 116min) ★★★★

8.00 Ocean's Twelve

8.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon and Julia Roberts. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon, Ellen Barkin, Al Pacino and Andy Garcia. Charismatic thief Danny Ocean and his hand-picked gang of crooks plot an elaborate revenge against a ruthless casino owner. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Ocean's Eight** (2018)
2.10 **Ocean's Eleven** As 6.00pm.
4.15 **to 6.30** AM **Ocean's Twelve** As shown at 8.00pm.

Sky Cinema Drama

310 310 410 510 524

6.50 AM **Rob Peace** As 3.55am.
8.50 **Boy Meets Boy** Romantic drama. (2021, 15, 75min) ★★★
10.15 **Beach Rats** Powerful drama. (2017, 15, 98min) ★★★
12.05 PM **Chuck Chuck Baby**
1.55 **Footloose** Teen dance drama remake. (2011, 12, 113min) ★★★
3.50 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
5.45 **It Ends with Us** Drama. (2024, 15, 125min) ★★★
8.00 **Regretting You** Drama starring Allison Williams and Mckenna Grace. A mother and daughter try to cope after a devastating accident reveals a shocking betrayal. (2025, 12, 116min) ★★★
10.00 **Anora** Romantic comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. (2024, 18, 139min) ★★★★★
12.25 AM **Chuck Chuck Baby** Drama. (2023, 15, 101 min) ★★★★
2.15 **The Cut** Psychological thriller. (2024, 12, 99min) ★★★
3.55 **Rob Peace** Chiwetel Ejiofor's drama. (2024, 15, 120min) ★★★
5.55 **to 7.40** AM **Cicada** Drama. (2020, 15, 96min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.50 AM **Mad Max 2** Action thriller sequel starring Mel Gibson. (1981, 18, 95min) ★★★★
9.30 **Blade: Trinity** Adventure sequel. (2004, 15, 113min) ★★★
11.25 **28 Years Later** Horror. (2025, 15, 115min) ★★★★
1.25 PM **Pacific Rim** Sci-fi adventure. (2013, 12, 126min) ★★★
3.40 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
6.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
8.00 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. A linguist must find a way to communicate with an alien race as the world teeters on the brink of global conflict. (2016, 12, 116min) ★★★★★
10.00 **Sinners** Horror starring Michael B Jordan, Miles Caton, Hailee Steinfeld and Delroy Lindo. (2025, 15, 132min) ★★★★
12.25 AM **Blade 2** Action horror sequel starring Wesley Snipes. (2002, 18, 117min) ★★★★
2.25 **Smile 2** Horror sequel starring Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★
4.35 **to 6.20** AM **Cuckoo** Horror. (2024, 15, 102min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **The Wild Thornberrys Movie** (2002, U) ★★★★
7.30 **Zoo** Drama. (2018, PG) ★★★
9.10 **Extinct** (2021, U) ★★★
10.40 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★
12.50 PM **Shrek 2** (2004) ★★★★★
2.25 **Shrek the Third** Animation. (2007, U, 88min) ★★★★
4.00 **Spider-Man: Into the Spider-Verse** (2018) ★★★★★
6.00 **A Minecraft Movie** Fantasy. (2025, PG, 101min) ★★★

7.55 The Bad Guys 2

7.55 The Bad Guys 2 Animated comedy adventure sequel featuring the voices of Sam Rockwell, Marc Maron, Awkwafina and Craig Robinson. (2025, PG, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Smurfs Animated musical fantasy comedy featuring the voices of Rihanna and James Corden. When Papa Smurf is taken by evil wizards, Smurfette leads her fellow creatures on a mission to save him. (2025, PG, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Monster Trucks** Fantasy. (2016, PG, 104min) ★★★
1.30 AM **The NeverEnding Story** Fantasy starring Barret Oliver. (1984, U, 94min) ★★★
3.15 **Peter Pan** Family adventure. (2003, PG, 113min) ★★★★
5.15 **to 7.00** AM **Penguins of Madagascar** Animation. (2014, U, 88min) ★★★★

Sky Cinema Action

306 306 407 507 521

6.55 AM **The Cinema List: Heroes**
7.15 **Rampage** (2018, 12) ★★★
9.15 **The Meg** (2018, 12) ★★★
11.20 **Mr Nice Guy** Action comedy. (1996, 15, 88min) ★★★
1.00 PM **The Accountant** Thriller. (2016, 15, 123min) ★★★
3.15 **Mission: Impossible – The Final Reckoning** Action thriller. (2024, 12, 169min) ★★★
6.10 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★

6.10 300: Rise of an Empire

8.00 Olympus Has Fallen Action thriller starring Gerard Butler. A disgraced secret service agent strives to foil North Korean guerrillas who have seized control of the White House and taken the president hostage. (2011, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 The Amazing Spider-Man 2 Action adventure sequel starring Andrew Garfield. The superhero battles a foe with electrical powers. (2014, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Brothers Grimm** Terry Gilliam's fantasy adventure. (2005, 12, 118min) ★★★
2.40 **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
4.55 **Sky Cinema Preview**
5.55 **to 7.45** AM **Jackie Chan's Police Story** Comedy thriller. (1985, 15, 98min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.25 AM **The Sweetest Thing** Comedy. (2002, 15, 89min) ★
9.05 **Coyotes** Comedy thriller. (2025, 15, 100min) ★★★
10.45 **Kindergarten Cop** As 12.30am.
12.45 PM **Big Daddy** Comedy. (1999, 12, 95min) ★★★
2.25 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
4.15 **Seven Psychopaths** Comedy thriller. (2012, 15) ★★★★
6.15 **National Lampoon's Vacation** Comedy. (1983, 15, 95min) ★★

8.00 The Naked Gun

8.00 The Naked Gun Spoof police thriller starring Leslie Nielsen. LA's most inept detective foils an assassination attempt on Queen Elizabeth II. (1988, 15, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 The Naked Gun 2½: The Smell of Fear Spoof thriller sequel starring Leslie Nielsen as the world's least competent cop. With OJ Simpson and Priscilla Presley. (1991, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Naked Gun 33⅓: The Final Insult** Spoof sequel. (1994, 12, 83min) ★★★
12.30 AM **Kindergarten Cop** Action comedy thriller. (1990, 15, 111min) ★★★
2.25 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
4.10 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
5.50 **to 7.35** AM **Role Models** Comedy starring Paul Rudd. (2008, 15, 99min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.35 AM **King Ivory** As 3.30pm.
8.50 **The Towering Inferno** Disaster movie with Steve McQueen. (1974, 12, 165min) ★★★★
11.40 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
1.30 PM **Patriot Games** Thriller. (1992, 15, 116min) ★★★
3.30 **King Ivory** Crime thriller. (2024, 15, 130min) ★★★
5.45 **The Equalizer** Action thriller starring Denzel Washington. (2014, 15, 132min) ★★★

10.05 Se7en

8.00 The Equalizer 2 Action thriller sequel starring Denzel Washington and Pedro Pascal. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. With Ashton Sanders and Orson Bean. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Se7en Thriller starring Brad Pitt and Morgan Freeman. A veteran homicide detective and his young partner pursue a killer who is selecting his victims according to the Seven Deadly Sins. (1995, 18, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Safe House** Action thriller. (2012, 15, 110min) ★★★
2.20 **Restless** Dark thriller. (2024, 15, 89min) ★★
4.00 **to 6.00** AM **Greedy People** Comedy with Himesh Patel. (2024, 15, 113min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Destroyer** War drama. (1943, b/w, U, 99min) ★★
1.05 PM **The Undefeated** Western starring John Wayne. (1969, PG, 120min) ★★★
3.25 **Imitation of a Life** Classic melodrama with Lana Turner. (1959, 12, 124min) ★★★★
6.00 **Le Mans '66** Fact-based motor racing drama with Matt Damon and Christian Bale. (2019, 12, 152min) ★★★★

6.00 Le Mans '66

Le Mans '66 (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 Midnight Run Comedy thriller starring Robert De Niro and Charles Grodin. A bounty hunter attempts to bring in an embezzler wanted by both the FBI and the Mob. With John Ashton and Yaphet Kotto. (1988, 18, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **10 PM**

11.35 **Sightseers** Darkly comic road movie written by and starring Alice Lowe and Steve Oram. A bumbling couple's caravan tour through northern England turns into a murder spree. (2012, 15, 85min) ★★★★
1.20 **to 3.15** AM **Track 29** Offbeat comedy drama with Theresa Russell and Gary Oldman. (1987, 18, 90min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Decades

302 302 402 502 516

7.00 AM **First Knight** As 4.10am.
9.25 **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
11.35 **Legends of the Fall** Epic drama. (1994, 15, 133min) ★★★★
1.50 PM **The Shawshank Redemption** Prison drama. (1994, 15, 142min) ★★★★★
4.15 **Boyz N the Hood** Drama. (1991, 15, 111min) ★★★★★

6.15 **Men in Black** Sci-fi comedy with Tommy Lee Jones and Will Smith. (1997, PG, 94min) ★★★★
8.00 **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. With Téa Leoni. (1995, 15, 118min) ★★★
10.00 **Lethal Weapon 3** Action comedy thriller sequel starring Mel Gibson and Danny Glover. (1992, 15, 118min) ★★

12.00 M'T **Lethal Weapon 4** Action comedy thriller sequel. (1998, 15, 128min) ★★★
2.10 AM **Demolition Man** Sci-fi thriller. (1993, 15, 114min) ★★★
4.10 **to 6.30** AM **First Knight** Romantic mythical drama. (1995, PG, 134min) ★★★

Sky Cinema Greats

307 307 404 504 518

6.50 AM **Speak Like a Child** Dark drama. (1998, 18, 80min) ★★
8.15 **Psycho** Horror chiller remake of the 1960 Hitchcock classic. (1998, 15, 100min) ★
10.00 **Burning an Illusion** Drama. (1981, 15, 103min) ★★★
11.55 **Melancholia** As 11.50pm.
1.30 PM **Empire of the Sun** Steven Spielberg's epic drama. (1987, PG, 152min) ★★★★

4.05 **Rashomon** Japanese director Akira Kurosawa's classic drama. (1950, b/w, 12, 88min) ★★★★★
5.50 **An Officer and a Gentleman** Romantic drama with Richard Gere. (1981, 15, 125min) ★★★★
8.00 **Terms of Endearment** Oscar-winning comedy drama starring Shirley MacLaine, Debra Winger and Jack Nicholson. (1983, 15, 132min) ★★★★★
10.15 **Through a Glass Darkly** Ingmar Bergman's Oscar-winning drama. (1959, b/w, 15, 91min) ★★★★

11.50 **Melancholia** Thriller starring Jeroen Krabbe and Susannah York. (1989, 15, 85min) ★★★
1.20 AM **Rashomon** As 4.05pm.
2.50 **Through a Glass Darkly** (1959)
4.25 **to 6.10** AM **Babylon** Ground-breaking British drama. (1980, 15, 94min) ★★★

Disney+ Cinema

305

6.00 AM **Up** Animated comedy. (2009, U, 96min) ★★★★★
7.40 **Alice in Wonderland** Cartoon version of Lewis Carroll's tale. (1951, U, 75min) ★★★★
9.00 **Beauty and the Beast** Musical. (2017, PG, 129min) ★★★★
11.10 **Pocahontas** Animation. (1995, U, 81min) ★★★
12.30 PM **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★

2.05 **Flubber** Family fantasy comedy. (1997, U, 94min) ★★★
3.45 **The Wild** Animated comedy. (2005, U, 82min) ★★
5.10 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
6.55 **National Treasure** Adventure. (2004, PG, 131min) ★★★★
9.00 **A Real Pain** Comedy drama starring Kieran Culkin, and Jesse Eisenberg, who also directed. (2024, 15, 90min) ★★★★★
10.30 **28 Weeks Later** Horror sequel. (2007, 18, 99min) ★★★★

12.15 AM **The East** Political thriller. (2013, 15, 111min) ★★★★
2.10 **Alien: Romulus** Horror thriller. (2024, 15, 119min) ★★★★
4.10 **Father of the Bride** Comedy. (1991, PG, 105min) ★★
5.55 **to 6.00** AM **Forky Asks a Question** Animated short film.

Movies 24

312 313 419

7.00 AM **Hashtag Proposal** Comedy. (2023, PG, 87min) ★★
9.00 **A Whitewater Romance** Drama. (2024, U, 84min) ★★
11.00 **The Dancing Detective: A Deadly Tango** Murder mystery. (2023, PG, 84min) ★★
1.00 PM **Signs of Your Heart** Comedy. (2023, PG, 89min) ★★
3.00 **Checkin' It Twice** Romantic drama. (2023, PG, 90min) ★★

5.00 **Catch of the Day** Romantic drama. (2025, PG, 84min) ★★
7.00 **Love, Fashion, Repeat** Comedy with Cristina Rosato and Victor Zinck Jr. (2022, PG, 89min) ★★
9.00 **What We Do For Love** Romantic comedy with Tamara Almeida and Jake Epstein. A new employee at a meditation and wellness centre finds herself at odds with the chief life coach. (2023, PG, 89min) ★★
11.00 **Haunted Wedding** Fantasy comedy. (2024, PG, 84min) ★★

1.00 AM **Love for Starters** Romantic comedy starring Stephanie Bennett. (2022, PG, 85min) ★★
3.00 **to 5.00** AM **Mystery Island: Winner Takes All** Crime drama. (2025, PG, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Black Saddle** 14/24. (S2)
6.30 **The Dark Light** (1951, b/w, PG) ★
7.50 **Look at Life**
8.00 **Douglas Fairbanks Presents**
8.30 **The Breaking Point** Spy thriller. (1960, b/w, U, 59min) ★★
9.40 **Look at Life**
9.50 **Brandy for the Parson** Comedy. (1951, b/w, U, 79min) ★★
11.20 **Four Star Theatre** 7/19. (S1)
11.55 **Making Sergeant Cork**

12.00 NOON **Sergeant Cork** 9/13. (S1)
1.05 PM **The Adventures of Sir Lancelot** 10/30. (S1)
1.35 **Dateline Diamonds** Musical thriller. (1965, PG, 73min) ★★
3.05 **Scandal Sheet** Crime drama. (1951, b/w, PG, 82min) ★★★
4.45 **Miranda** Vintage comedy. (1947, b/w, U, 80min) ★★★★
6.20 **Strange But True**
6.55 **The Brothers** 10/13. (S2)
8.00 **Mark Saber** 29/39. (S4)
8.30 **The Wheeltappers and Shunters Social Club**

9.20 **Trois Hommes a Abattre** Thriller. (1980, 15, 93min) ★★★
11.15 **The Proud and Profane** Drama. (1956, b/w, PG, 112min) ★★
1.25 AM **Doomwatch** 3/13. (S2)
2.25 **Murder at 3am** (1953, PG) ★★
3.40 **Glimpses: Victorian London**
4.00 **to 5.00** AM **Burke's Law**

Thursday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus interviews with headline-makers.
7.00 **Sky Sports Breakfast** The latest headlines and reports.
10.00 **Sky Sports FC** Interactive show covering the football headlines.
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
12.30 PM **LIVE PGA Championship Golf** Coverage of the opening day of the second Major of the year staged at Aronimink Golf Club in Pennsylvania. Jhonattan Vegas held the lead at the end of the first round last year at Quail Hollow Club in North Carolina, with his seven-under 64 seeing him become the first player from Venezuela to lead at any stage of a Major. Australia's Cameron Davis and Ryan Gerard of America were just one stroke behind him, while 2024 champion Xander Schauffele shot a one-over 72.
12.00 M'T **to 6.00** AM **Sky Sports News** Round-up of the sports news, plus extended interviews with the headline-makers.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **Premier League Stories**
9.30 **Netbusters** Recent action.
10.00 **Sky Sports FC**
12.00 NOON **SNF** Action from Newcastle United v Manchester City.
12.30 PM **Premier League Highlights** Arsenal v Tottenham Hotspur.
1.00 **MNF Hlts** Highlights from Manchester United v Everton.
1.30 **Premier League Highlights** Manchester City v Leeds United.
2.00 Fulham v Manchester City.
2.30 Newcastle Utd v Tottenham.
3.00 Brighton v Aston Villa.
3.30 Leeds United v Chelsea.
4.00 **Premier League Stories**
4.30 **Netbusters** Recent action.
5.00 **The Premier League Show**
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.00 **Match Officials Mic'd Up**
8.30 **Gary Neville's Soccerbox**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Gary Neville's Soccerbox**
11.00 **Premier League Years**
1.00 AM **PL Retro** Chelsea v Wigan.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **Retro League One**
8.00 **EFL Greatest Games**
9.30 **SPFL Highlights**
9.45 **EFL Greatest Games**
11.00 **EFL Highlights**
12.00 NOON **EFL** League One.
2.00 PM **EFL Greatest Games**
2.30 **Bundesliga Highlights Show**
3.30 **EFL Highlights** Championship.
4.30 **SPFL Highlights**
4.45 **EFL Highlights**
5.15 **WSL** Arsenal v Everton.
5.45 **SPFL Highlights**
6.00 **Bundesliga Weekly**
6.30 **EFL Highlights** Action from the League One play-off semi-finals.
7.30 **LIVE EFL** Coverage of the second leg of a League One play-off semi-final, as the team that finished fourth host the fifth-placed side. Kick-off **8.00pm**.
10.30 **EFL Greatest Games**
11.00 **SPFL Round-Up**
11.15 **SPFL Highlights**
11.30 **EFL Highlights**
12.30 AM **1983: When Aberdeen Ruled Europe** Archive action.
1.30 **SPFL Greatest Games**
2.00 **SPFL** The 2014/15 season.
2.30 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 action.
11.15 **Best of ICC WT20**
12.00 NOON **Women's One-Day International Cricket**
1.00 PM **IPL** Recent T20 highlights.
2.50 **LIVE IPL** **Punjab Kings v Mumbai Indians.** Coverage of the T20 match held at Himachal Pradesh Cricket Association Stadium. The Kings impressed in the early stages of the season as they look to go one better than last year when they were runners-up, while Mumbai made a disappointing start.
7.00 **Best of ICC WT20**
8.00 **Women's One-Day International Cricket** The second ODI in the three-match series between England and New Zealand from The County Ground.
9.00 **IPL** Action from the T20 match between Punjab Kings and Mumbai Indians in Dharamshala.
10.00 **Women's One-Day International Cricket**
11.00 **IPL** Recent T20 highlights.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Another chance to see Punjab Kings v Mumbai Indians.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Champions Learning Centre** Expert tips.
6.30 **PGA Champs Official Film**
8.30 **PGA Tour Champions Learning Centre** Golf tips and advice.
9.00 **PGA Tour Golf** Highlgihts.
10.00 **PGA Tour Champions**
11.00 **McGinley & Chamblee at the PGA Championship**
12.30 PM **LIVE PGA Championship Golf** Day one of the second Major of the year held at Aronimink Golf Club in Pennsylvania. Jhonattan Vegas held the lead at the end of the opening round last year.
12.00 M'T **PGA Championship Official Films** The 2025 Major.
1.00 AM **HotelPlanner Tour Golf**
1.30 **PGA Tour Champions Learning Centre** Golf tips and advice.
2.00 **PGA Tour Champions**
3.00 **PGA Championship Golf**
4.00 **PGA Champs Official Film 2018**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON **LIVE WTA & ATP Tennis** Day 10 of the Italian Open at Foro Italico in Rome.
2.00 PM **LIVE WTA & ATP Tennis** Coverage of the first women's semi-final on day 10 of the Italian Open at Foro Italico in Rome. The corresponding match 12 months ago was an epic three-set encounter between China's Zheng Qinwen and American Coco Gauff.
5.00 **LIVE WTA & ATP Tennis** Further coverage of day 10 of the Italian Open at Foro Italico, Rome.
8.00 **LIVE WTA & ATP Tennis** Coverage of the second women's semi-final on day 10 of the Italian Open at Foro Italico in Rome.
10.00 **ATP Tennis** Recent finals.
12.00 M'T **WTA Tennis** Stuttgart Open.
1.00 AM **ATP & WTA Tour Classics**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Women's FA Cup**
8.00 **Premier League Netbusters**
8.30 **Serie A – Full Impact**
9.00 **LIVE Men's Cycling Pro Series** The fifth stage of the Baku-Khankendi Azerbaijan race.
11.00 **Premier League Netbusters**
11.30 **Giro d'Italia Men Highlights**
12.30 PM **LIVE Cycling: Giro d'Italia** The sixth stage of the men's race, a route from Paestum to Naples.
5.00 **MLB Highlights**
6.00 **LIVE MLB** **New York Mets v Detroit Tigers.** The inter-league match from Citi Field. Start-time **6.10pm**.
9.00 **MotoGP** Grand Prix of France.
10.00 **MLB Plays of the Week**
10.30 **MLB Highlights**
11.30 **LIVE MLB** **Boston Red Sox v Philadelphia Phillies.** Coverage of the inter-league match staged at Fenway Park. Start-time **11.45pm**.
2.30 AM **Giro d'Italia Men Highlights**
3.30 **Men's Cycling Pro Series**
4.30 **Serie A – Full Impact**
5.00 **UEFA Champions League**
5.30 **MotoGP Rewind**
5.45 **to 6.00** AM **The Gallagher PREM – The Wrap Up**

TNT Sports 2

411 414 522 409 431

6.00 AM **Ultimate Pool**
7.30 **Giro d'Italia Men Highlights**
8.30 **MotoGP Highlights**
9.30 **LIV Golf** Action from Virginia.
10.30 **LIVE AFL** **Brisbane Lions v Geelong Cats.** Coverage of the top-flight match staged at Brisbane Cricket Ground. Bounce-up **10.30am**.
1.30 PM **MLB Highlights**
2.30 **MotoGP** Grand Prix of France.
3.30 **Ninja A-League Women**
4.00 **Isuzu UTE A-League Highlights** The latest semi-final first-leg ties.
4.30 **MLB Plays of the Week**
5.00 **Serie A – Full Impact**
5.30 **Premier League Stories**
6.00 **Premier League: Big Interview**
6.30 **Premier League Netbusters**
7.00 **Rolex SailGP Championship** The seventh round of the season.
8.00 **AFL** Another chance to see Brisbane Lions v Geelong Cats.
9.30 **French Open** The men's final.
11.30 The women's final.
1.00 AM Highlights from the women's doubles final.
2.00 The men's doubles final.
3.00 The mixed doubles final.
4.00 The wheelchair final.
5.00 **to 6.00** AM **LIV Golf**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
9.30 **Women's State of Origin**
10.30 **LIVE Women's State of Origin** **Queensland v New South Wales.** Game two of the three-match series at Suncorp Stadium. Kick-off **10.45am**.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Philadelphia Eagles v Dallas Cowboys.
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NBC's Pro-Football Talk**
7.00 **LIVE Premier League Darts** Coverage of the 15th night from Utilita Arena Birmingham, with a format featuring quarter-finals, semi-finals and a final all in one night. This evening's quarter-final matches will be Josh Rock v Gian van Veen, Gerwyn Price v Michael van Gerwen, Luke Humphries v Stephen Bunting, and Jonny Clayton v Luke Littler.
11.00 **NFL Bitesize Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
1.45 **World Club Challenge**
2.00 **Super League**
4.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC** Interactive show covering the football headlines.
10.30 **LIVE Women's State of Origin** **Queensland v New South Wales.** Coverage of the second game of the three-match series staged at Suncorp Stadium in Brisbane. Kick-off **10.45am**.
1.00 PM **LIVE Ladies European Tour Golf** Coverage of the opening day of the Amundi German Masters held at Green Eagle Golf Courses in Hamburg.
5.00 **The Premier League Show** A daily guide to the top flight.
7.00 **LIVE Premier League Darts** Coverage of the 15th night staged at Utilita Arena Birmingham, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-final matches are Josh Rock v Gian van Veen, Gerwyn Price v Michael van Gerwen, Luke Humphries v Stephen Bunting, and Jonny Clayton v Luke Littler.
11.00 **Sky Sports News**
12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **PGA Tour Champions**
12.00 NOON **IPL** Recent T20 action.
2.00 PM **PL Greatest Games**
3.00 **PGA Tour Golf**
4.00 **Formula 1** Miami Grand Prix.
6.00 **Indycar** The Sonsio Grand Prix.
7.00 **Women's State of Origin**
8.00 **LIVE LPGA Tour Golf** The first day of the Kroger Queen City Championship at Maketewah Country Club in Cincinnati, Ohio.
11.00 **IPL** Rajasthan Royals v Royal Challengers Bengaluru.
12.00 M'T **PL Greatest Games**
1.00 AM **NBA Basketball**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **IPL Highlights**

TNT Sports 3

413 415 523 410 432

6.00 AM **Men's Cycling Pro Series**
7.00 **Giro d'Italia Men Highlights**
8.00 **The Gruppetto** Cycling news.
8.15 **The Gallagher PREM**
8.30 **WRC Review** Rally Portugal.
9.30 **TNT Sports Reload**
10.00 **Ultimate Pool** The Pairs Cup.
11.30 **Rolex SailGP Championship**
12.30 PM **LIVE Cycling: Giro d'Italia** The sixth stage of the men's race, a route from Paestum to Naples.
5.00 **Ultimate Pool** Pairs Cup.
6.30 **MotoGP Rewind**
6.45 **The Gallagher PREM – The Wrap Up** The 15th round.
7.00 **LIV Golf** Action from Virginia.
8.00 **Giro d'Italia Men Highlights**
9.00 **Men's Cycling Pro Series**
11.00 **UFC** A chance to see Khamzat Chimaev v Sean Strickland.
2.00 AM **MotoGP Highlights**
3.00 **Ultimate Pool** Pairs Cup.
4.30 **Fight Week** A look at UFC 328.
5.00 **to 6.00** AM **IFSC Climbing World Series Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **MotoGP Rewind**
6.15 **Premier League Reload**
6.30 **Tom Daley: 1.6 Seconds**
8.00 **The Emirates FA Cup**
3.00 PM **LIVE Men's Cycling Pro Series** Coverage of stage two of the Tour of Hungary, a 202km route from Szarvas to Paks.
5.00 **Women's FA Cup** Semi-finals.
7.00 **The Emirates FA Cup** Action from Wolverhampton Wanderers v Liverpool.
8.00 Mansfield Town v Arsenal.
9.00 Wrexham v Chelsea.
10.00 Action from Newcastle United v Manchester City.
11.00 Fulham v Southampton.
12.00 M'T Port Vale v Sunderland.
1.00 AM Leeds v Norwich.
2.00 West Ham v Brentford.
3.00 **TNT Sports Reload**
3.30 **MLB Plays of the Week**
4.00 **WRC Review** Rally Portugal.
5.00 **to 6.00** AM **Fishing: On the Bank**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
6.30 **United Rugby Championship**
8.30 **KOTV Boxing Weekly**
9.00 **URC in 60** Recent action.
10.00 **Copa do Brasil**
12.00 NOON **NASCAR Highlights**
1.00 PM **Eredivisie Highlights**
2.00 **NHL Tonight** Play-offs.
3.00 **Football** Highlights and features.
5.55 **LIVE LaLiga** **Valencia v Rayo Vallecano.** From Mestalla. Kick-off **6.00pm**.
8.00 **LaLiga Match Highlights**
8.25 **LIVE LaLiga** **Real Madrid v Real Oviedo.** The Spanish top-flight match from the Bernabeu. Kick-off **8.30pm**.
10.30 **LaLiga Match Highlights**
11.00 **World of FreeSports**
11.30 **Top 14 Rugby Union Highlights**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **World of FreeSports**
3.30 **Top 14 Rugby Union**
5.30 **to 6.00** AM **KOTV Boxing**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
6.30 **Bike World** Magazine.
7.00 **Brasileiro Serie A** A chance to see Gremio v Flamengo.
9.00 **United Rugby Championship** Glasgow Warriors v Cardiff.
11.00 **Copa do Brasil** Another chance to see Juventude v Sao Paulo.
1.00 PM **Football's Greatest**
1.30 **LaLiga** A Spanish top-flight game. **3.30** Alaves v Barcelona.
5.30 **Football's Greatest** The finest players discuss their careers.
6.00 **NASCAR O'Reilly Series** Action from Watkins Glen.
9.00 **MotorSport** A look at the career of Valentino Rossi.
9.30 **Bike World** Magazine.
10.00 **LaLiga** Real Sociedad v Mallorca.
12.00 M'T **NHL Ice Hockey** Action from a play-off match.
2.00 AM **Temples of Sport**
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** Coverage of a match in the end-of-season play-offs.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
12.20 PM **Valtteri Bottas IV**
12.30 **Formula 1** Highlights.
5.00 **LIVE Indycar** The Indianapolis 500 fourth practice session at Indianapolis Motor Speedway.
9.00 **LIVE Indycar** The Indianapolis 500 fourth practice session at Indianapolis Motor Speedway.
11.00 **Formula 1** Australian Grand Prix. **12.00** M'T Chinese Grand Prix.
1.00 AM **Best of Australia & China**
2.00 **F1 Explained**
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

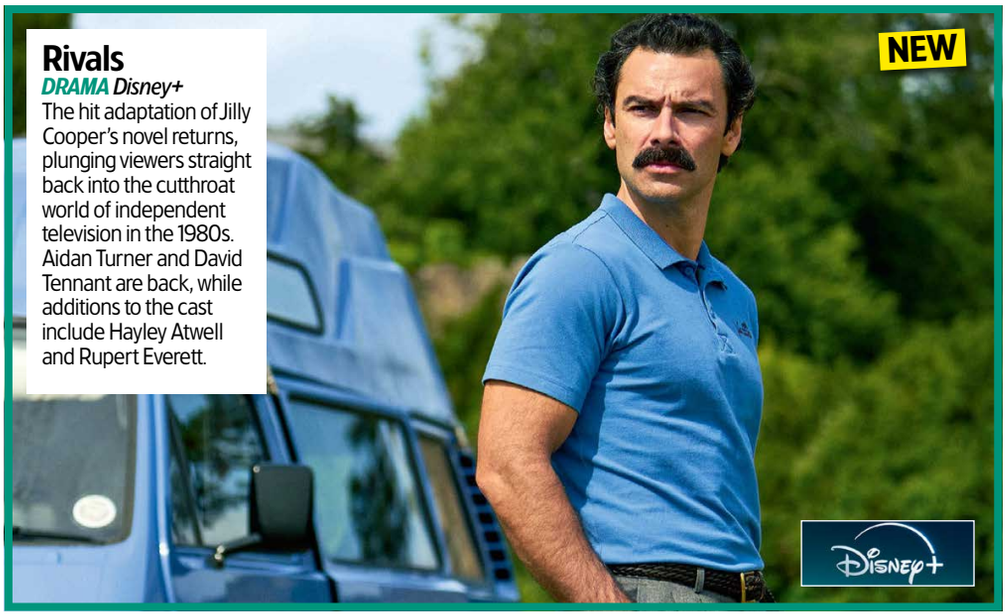
15 May

Planner

The Running Man

SCI-FI Sky Premiere, 7am & 8pm

Glen Powell stars in Edgar Wright's more faithful version of the Stephen King novel, as a man who signs up for a ruthless reality show in which the contestants have to survive murderous hunters.



Rivals

DRAMA Disney+

The hit adaptation of Jilly Cooper's novel returns, plunging viewers straight back into the cutthroat world of independent television in the 1980s. Aidan Turner and David Tennant are back, while additions to the cast include Hayley Atwell and Rupert Everett.

Smoggie Queens

COMEDY BBC3, 10pm & 10.30pm (box set, iPlayer)

Hallelujah! We're back in Middlesbrough for another series of Phil Dunning's fabulous comedy. As the gang grapple with life's dramas, a face from Mam's (Mark Benton, far right) past arrives in the Boro.

Dutton Ranch

DRAMA Paramount+

Taylor Sheridan's ever-expanding *Yellowstone* universe stretches further – to south Texas to be more precise, where Beth Dutton (Kelly Reilly) and Rip Wheeler (Cole Hauser) are set on building a new future together, far from the ghosts of Montana.

Friday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 Panorama	8.00 MasterChef		9.00 Have I Got...	9.30 Mrs Brown's...	10.00 News; Local News	10.40 St Denis...
	102 BBC2	7.00 Greatest...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 Hidden Treasures of the National Trust		10.00 Live at the...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Bradley &... †	8.00 Emmerdale	8.30 Coronation...	9.00 The Neighbourhood		10.00 News; Local News	
	104 CHANNEL 4	7.00 News	7.30 Unreported...	8.00 Perfect Pub Walks with Alexander...		9.00 Gogglebox		10.00 First Dates	
	105 5	7.00 Police Interceptors		8.00 Traffic Cops		9.00 The Ex-Wife		10.00 Bradley Walsh: All My Best Bits	
	106 SKY ONE	7.00 The Simpsons	7.30 Betfred Super League – Live: Wigan Warriors v Leeds Rhinos (Kick-off 8.00)						10.15 Alan Carr: Regional Trinket
ENTERTAINMENT	115 BBC3		7.10 Deadly 60	7.40 Film: Despicable Me 3		9.00 Death in Paradise		10.00 Smoggie Queens	
	116 BBC4	7.00 TOTP: 1999		7.55 TOTP: 1985	8.30 TOTP: 1984	9.05 Hot Chocolate at the BBC		10.05 When Bob Marley Came to Britain	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 Film: The Suicide Squad			
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Panda		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Celebs Go Dating		10.00 MAFS Australia: After The Experiment	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Chicago Fire		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.40 The White Lotus				9.00 Hacks	9.40 Heated Rivalry		
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours	8.40 Open All Hours	9.20 Not Going Out			10.40 Mrs...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Doc Martin				10.00 Grantchester	
	120 ITV4	‹ 6.30 British Touring Car Championship...		8.00 Ice Road Truckers				10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Kevin Bridges Live in Glasgow		10.00 Al Murray: One Man, One Guvnor...	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Happy Valley			10.20 New Tricks
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise				10.00 Allegiance	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Mark Knopfler: A Life in Songs			10.15 Dire Straits: On the Night
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake					
DOCUMENTARY	125 DISCOVERY	7.00 Gold Rush: Mine Rescue with Freddy & Juan				9.00 Expedition X		10.00 Conspiracies & Coverups	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 100 Days Wild		9.00 Alaska: The Last Frontier		10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Area 51: I Was There		9.00 Secrets of Area 51		10.00 Construction Fails	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Secrets of Great British Castles		9.00 JFK: The Final Evidence			
	155 U&YESTERDAY	7.00 Mammals		8.00 Porridge Christmas Special				10.00 Attenborough's Birds of Paradise	
	114 SKY DOCS	‹ 6.00 I Am Heath Ledger		8.00 My Mom Jayne				10.00 The Truth vs Alex Jones	

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain: Holidays** New edition The online scammer who cancelled a man's flight. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Father Brown** *The Serpent Within:* 10/10. Chief Inspector Sullivan is arrested for receiving stolen goods. (S10) (S)(R)(AD)
2.45 **Celebrity Escape to the Country** With singer Alfie Boe. (S)(R)(AD)
3.45 **The Repair Shop on the Road** (R)
4.30 **Celebrity Bridge of Lies** (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

10.40 St Denis Medical

7 PM

7.00 **The One Show** JB Gill and Alex Jones present the topical show. (S)
7.30 **Panorama** Current affairs report. (S)

8 PM

8.00 **MasterChef** New edition 12/21. Anna Haugh and Grace Dent present the last quarter-final, in which restaurant critic Leyla Kazim sets the contestants a task to create a dish using an ingredient they hated as children. (S)(AD)

9 PM

9.00 **Have I Got News for You** New edition Victoria Coren Mitchell hosts, with guests Roisin Conaty and Karl Turner MP. (S)
9.30 **Mrs Brown's Boys** *The Mammy Effect:* 1/4. The mother-of-six becomes a podcast sensation. (S5) (S)(R)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **St Denis Medical** New episode *A Strong Cup of Coffee:* 5/18. Alex is excited when her former mentor pays a visit to the ward. (S2) (S)(AD)
11.00 **St Denis Medical** New episode 6/18. Joyce puts herself back on the floor as a nurse. (S2) (S)(AD)
11.20 **NEW TO BBC1** **Smoggie Queens** 1/6. Dickie, Mam, Lucinda and Sal throw a surprise coming-out party for Stewart. (S)(AD)
11.50 New episode 2/6. The queens prepare Stewart for his first date – and invite themselves along. *Previously on BBC3.* (S2) (S)(AD)
12.20 AM **Weather for the Week Ahead**
12.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **Escape to the Country** (S)(R)
7.30 **Great Central Asian Railway Journeys** Samarkand. (S)(R)(AD)
8.00 **Sign Zone: Just One Thing** (S)(R)
8.30 **Sign Zone: Ronan Keating's Wild Atlantic** Derry/Londonderry. (S)(R)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Lightning** Quick-fire quiz. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **Super Smart Animals** (S)(R)
4.30 **Vintage Antiques Roadshow** (R)
5.15 **Flog It!** From Tilbury Docks. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Central Asian Railway Journeys** Series finale 5/5. Michael Portillo explores Bukhara. (S)(AD)

7.00 Greatest Gardens

7.00 **Greatest Gardens with Diarmuid Gavin and Carol Klein** New edition 4/6. With Katie Piper. (S)(AD)
7.30 **Beechgrove Garden** New edition Carole Baxter is at Glenarn in the first of her visits to classic Scottish gardens. (S)

8.00 **Gardeners' World** New edition Monty Don makes a start on planting up some of his spectacular summer containers, while Frances Tophill heads to Berkshire to learn more about biodynamic gardening. (S)

9.00 **NEW SERIES** **Hidden Treasures of the National Trust** 1/6. Hidden treasures reveal the stories of two of Britain's best-loved authors – Agatha Christie and Thomas Hardy. (S)(AD)
■ Entire series on BBC iPlayer

10.00 **Live at the Apollo** Sindhu Vee introduces performances by Lou Sanders and Alex Edelman at London's Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.00 **FILM** **Triangle of Sadness** Comedy drama starring Harris Dickinson and Charlbi Dean. A celebrity model couple join an eventful cruise for the super-rich. With Woody Harrelson. (S) (2022, 15, 140min) ★★★★
1.20 AM **Sign Zone: Mastermind – To Think Like a Killer** (S)(R)(AD)
2.00 **Sign Zone: MasterChef** (S)(R)(AD)
3.00 **Sign Zone: Do You Know Your Place?** From Bolton. (S)(R)
3.30 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** Current affairs and lifestyle features. (S)
9.30 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.50 **Local News** (S)
2.00 **LIVE** **Racing** Francesca Cumani and Ed Chamberlin present coverage of day three of the Dante meeting from York, where the feature race is the Yorkshire Cup. Plus, racing from Newbury. Commentary by Richard Hoiles. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Neighbourhood

7.30 **Bradley & Barney Walsh: Breaking Dad** New edition 3/6. The Walshes have reached the Gold Coast, where Barney has sun, sea and some serious action planned – beginning with a trip to the beach. (S)(AD)

8.00 **Emmerdale** Robert is attacked and knocked unconscious. (S)(AD)
8.30 **Coronation Street** Sam shows Roy a tracking device he found in his school bag, while Kit and Lisa's investigation stalls. (S)(AD)

9.00 **The Neighbourhood** New edition 9/12. Giving the neighbours a chance to bond, Graham Norton puts on some communal activities, a life-drawing class and a game of rounders. (S)(AD)

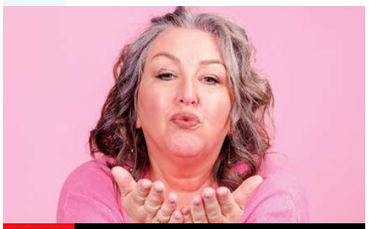
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM** **The Dark Knight Rises** Christopher Nolan's action drama sequel starring Christian Bale and Tom Hardy. Vigilante superhero Batman returns to Gotham City to battle an evil terrorist. With Anne Hathaway and Marion Cotillard. (S)(AD) (2012, 12, 170min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.35 AM **Teleshopping**
3.00 **Emergency Nurses: A&E Stories** Nurse Jo treats a young asthma patient, and Charlie celebrates her engagement. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jason Atherton's Dubai Dishes** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 14-16/26. (S5) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 5-8/24. (S3) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** A bistro in Florida. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Help! We Bought a Village** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to Florida** New edition Sidhbh and Neasa launch their new Miami clinic with a party. (S)(AD)
5.00 **Chateau DIY** New edition In Brittany, Donna and Paul need a winch to complete their huge balcony installation. (S)(AD)
6.00 **Sun, Sea and Selling Houses** Steve and Shaun Garner come to the aid of fellow Brummies Janice and Stephen. (S)(R)


10.00 First Dates

7.00 **News** (S)
7.30 **Unreported World** *Faith Healers: Saints or Scammers?* Sahar Zand reports from the Philippines on the controversial world of spiritual healers. (S)(AD)

8.00 **Perfect Pub Walks with Alexander Armstrong** 4/4. Chris McCausland joins Alexander on three epic Monmouthshire pub walks through the Wye Valley, where they explore castles and climb a holy mountain. (S)(R)(AD)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 **First Dates** New edition Social activist Aaron is paired with youth worker Nathan, while former mayor Tracey tries not to get bogged down with too many puns when she meets toilet-roll salesman Stuart. (S)(AD)
11.05 **TFI Friday Unplugged** New edition 5/6. Chris Evans presents chat and music. (S)
12.10 AM **Taskmaster** (S)(SL)(R)(AD)
1.05 **FILM** **How to Build a Girl** Comedy drama based on Caitlin Moran's memoir, starring Beanie Feldstein and Paddy Considine. (S) (2019, 15, 105min) ★★★★
2.50 **Ramsay's Kitchen Nightmares USA** From California. (S)(SL)(R)
3.40 **to 6.00** AM **Four in a Bed** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *He's Dead, She's Dead:* 2/24. The duo investigate the death of a psychic. (S)(R)
3.55 **Castle** *Under the Gun:* 3/24. Lanie finds a coded document hidden in a murder victim's sock. (S3) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition Focusing on Northumberland National Park. (S)
6.05 **Susan Calman's Grand Day Out** From Scotland. (S)(R)
6.55 **News** (S)

8.00 Traffic Cops

7.00 **Police Interceptors** Officers take part in a high-speed pursuit of a suspected drink driver who tries to ram the interceptors off the road. (S)(R)
7.55 **News** (S)
8.00 **Traffic Cops** New edition Documentary offering an insight into the working life of officers patrolling Britain's roads. (S)
9.00 NEW SERIES **The Ex-Wife** 1/4. Return of the thriller starring Céline Buckens and Tom Mison. Tasha and Emily are hiding out in Cyprus, while Jen is moving on with her new life. (S2) (S)(AD)
■ Entire series on 5 streaming
10.00 **Bradley Walsh: All My Best Bits** The TV star gives a personal and honest account of his life, joined by his celebrity friends – including Rod Stewart and Olly Murs to tell the story of his career. (S)(R)
11.05 **Piers Morgan: Uncensored** News and debate show. (S)
12.30 AM **Car Pound Cops** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Elizabeth II & the Traitor King: A Secret Friendship** (S)(R)
2.50 **HMP Styal: Evil Women Behind Bars** (S)(R)
3.55 **Friends** 13/25. (S6) (S)(R)(AD)
4.20 **Entertainment News** (S)
4.30 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S5) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Islands** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 10/21. (S3) (S)(R)(AD)
4.00 **Police 24/7** (S2) (S)(R)
5.00 **The Simpsons** *Homer Alone:* Marge has a breakdown. (S)(R)
5.30 *Bart the Murderer:* Bart is befriended by mobsters. (S)(R)
6.00 **The Office (US)** 6/24. Dwight threatens to get every staff member fired. (S)(R)
6.30 7/24. Robert California has a musical proposition for Andy, Darryl and Kevin. (S8) (S)(R)

10.15 Alan Carr: Regional Trinket

7.00 **The Simpsons** *Bart the Lover:* Mrs Krabappel tires of her lonely life and searches for love in the personal ads. (S)(R)
7.30 LIVE **Rugby League: Super League** Wigan Warriors v Leeds Rhinos: Coverage of the match held at the Brick Community Stadium. Wigan prevailed 22-6 when the teams last met here in their final match of the 2025 regular season, but the Rhinos have made an excellent start to the current campaign. Kick-off is at 8.00.
10.15 **Alan Carr: Regional Trinket** A stand-up show by the comedian that is all about finding happiness and joy in the small things in life. (S)(R)
11.30 **Intelligence** 5/6. Christine has to inform Jerry that the Russians who are holding Mary's mother hostage are demanding him in exchange for releasing her. (S2) (S)(R)(AD)
12.00 M'T **Grimm** 15/22. The mummy of an ancient Egyptian Wesen is stolen by two Wesen. (S3) (S)(R)
1.00 AM **Police 24/7** (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 8/24. (S3) (S)(R)
4.00 **S.W.A.T.** 10/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Border Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm Landward: With Dougie Vipond. (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm 21st Century TV with Lucy Owen New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
7.30-8.00pm Panorama: Current affairs report. (S)

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Wales This Week New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cysgu O Gwmpas (AD) **12.30** Heno **1.00** Ralïo+ **1.30** 3Cân **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Iaith ar Daith (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Garddio a Mwy **6.30** Heno New edition **7.00** Newyddion a'r Tywydd **7.30** LIVE Clwb Rygbi **9.50** Am Dro! (AD) **10.50-11.55pm** Gwesty Aduniad

TV&Streaming week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Dance Race**
7.10 **Deadly 60** Steve Backshall searches for the jaguar.
7.40 FILM **Despicable Me 3** Animated comedy sequel with the voice of Steve Carell. (2017, U, 99min) ★★★
9.00 **Death in Paradise** *A Tale of Two Islands:* 7/8. The team investigate the death of a tourist. (S13)
10.00 NEW SERIES **Smoggie Queens** 1/6. Return of the comedy. Dickie, Mam, Lucinda and Sal throw a coming-out party for Stewart. **10.30** New episode 2/6. Stewart gets ready for a date. *See feature, page12.* (S2)
■ Entire series on BBC iPlayer
11.00 FILM **Absolutely Fabulous: The Movie** Comedy starring Jennifer Saunders and Joanna Lumley. (2016, 15, 91 min) ★★★
12.25 AM **Kidnapped by My Mum**
2.05 **BBC New Comedy Awards**
2.35 **Spud** Comedy drama.
2.55 **to 3.55** AM **Smoggie Queens**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1999** Featuring Liam Gallagher with Steve Craddock, and Macy Gray. **7.30** Music by Tina Turner, Simply Red, Eternal, Will Smith and Destiny's Child.
7.55 **TOTP: 1985** Performances by Kim Wilde, Bryan Ferry, Duran Duran and Jimmy Nail.
8.30 **TOTP: 1984** Featuring Belle & the Devotions, Queen, The Flying Pickets, Bob Marley & The Wailers and Terri Wells.
9.05 **Hot Chocolate at the BBC** Performances and rare interview extracts featuring the 1970s pop group.
10.05 **When Bob Marley Came to Britain** Documentary examining the reggae superstar's relationship with the UK, and how his universal message of one love and unity helped inspire a generation of young black British people.
11.05 **Bob Marley Reimagined**
12.05 AM **Reggae at the BBC**
1.35 **TOTP: 1999** Double bill.
2.30 **TOTP: 1985** As 7.55pm.
3.05 **to 3.40** AM **TOTP: 1984**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The competition begins at No 33 in Hunstanton, Norfolk. **4.50** The second visit of the week is to La Tavola Calda in Nuneaton, Warwickshire. **5.20** The third visit is to The Lansdowne in the Cotswolds. **5.50** The final visit of the week is to Ivybridge Hotel and Spa in Fishguard Bay. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Two couples in London need help getting out of rented accommodation.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help Aneri and Nihar in the village of Radlett, Hertfordshire.
9.00 **Panda** New episode *Murder Overlooked:* 3/6. The detectives need to find out who killed a man in the courtyard of a housing estate where everybody appears capable of murder and they all had access to the weapon. Subtitled. (S2)
10.00 **24 Hours in A&E** A woman is brought in after having a severe epileptic fit.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.05 **First Dates: Be My...**
12.05 PM **Ramsay's Kitchen Nightmares USA**
1.00 **The Simpsons**
2.00 **Modern Family**
3.00 **The Simpsons**
4.00 **Married at First Sight Australia** Reality series.
5.00 **First Dates** Dating show.
6.00 **The Simpsons** Four episodes of the comedy.
8.00 **First Dates** Stand-up comedian Mani is paired with 30-year-old nursing home owner Natasha.
9.00 **Celebs Go Dating** New edition Gabby Allen, Lucinda Light, David Potts and James Haskell visit the agency for a Tenerife debrief.
10.00 **MAFS Australia: After the Experiment** Series finale Bec, Scott, Rebecca, Rachel, Alissa, Joel and Chris reunite to settle more scores.
11.00 FILM **Copshop** Thriller starring Gerard Butler. (2021, 15, 107min) ★★★
1.05 AM **Naked Attraction**
2.10 **Celebs Go Dating**
3.00 **The Simpsons**
3.50 **The Goldbergs**
4.40 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Friday primetime primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **Border Security USA**
9.00 **Brit Cops: Law & Disorder**
10.00 **A1: Britain's Longest Road**
11.00 **Blue Bloods** 5/20. (S12)
12.00 NOON **FBI** 2&3/22. (S4)
2.00 PM **The Rookie** 3/20. Tension builds between Nolan and Jessica. (S2)
3.00 **Law & Order: Criminal Intent** 13/22. Gore and Eames investigate the death of a billionaire's son. (S5)
4.00 **Nothing to Declare**

9.00 Chicago Fire

7 PM
7.00 **Police 24/7** Officers attend domestic disturbances and reports of people throwing rocks at cars on the motorway.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Chicago Fire** *The Wrong Guy:* 10/13. Severide steps up to take charge in Chief Boden's absence. (S12)

10 PM
10.00 **Fire Country** *Off the Rails:* 18/22. The crew respond to reports of a derailed train. (S1)
11.00 **Matlock** 10/16. Julian and Matty track a Wellbrexa executive's ex-wife. (S2)
12.00 M'T **FBI** (S3&4)
2.00 AM **FBI: International** (S1)
3.00 **Blue Bloods** 16/20. (S12)
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **Air Ambulance ER**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 6&7/12. (S2)
12.10 PM **Billions** 7&8/12. (S5)
2.20 **My Brilliant Friend** 3/10. (S4)
3.25 **The New Pope** 5/9. (S1)
4.30 **Billions** 7/12. Chuck goes to desperate lengths for family. **5.35** 8/12. Chuck looks for ways to save his father. (S5)
6.40 **The White Lotus** 3/7. Harper decides that she is going to change her tack and be a more pleasant version of herself for the day. (S2)

9.00 Hacks

7.50 **The White Lotus** *In the Sandbox:* 4/7. Tanya and Portia spend a day with Quentin and his nephew, while Harper is blindsided by evidence from Ethan's night out. (S2)

9.00 **Hacks** New episode 8/10. Comedy drama starring Jean Smart. (S5)
9.40 **Heated Rivalry** *Hunter:* 3/6. Golden boy Scott Hunter finally breaks a scoring slump.. (S1)
10.40 **The Penguin** *A Great or Little Thing:* 8/8. Truths are laid bare as Oz nears the end of his journey and his power struggle with Sofia finally comes to a head. (S1)
11.55 **The White Lotus** (S2)
1.05 AM **Homicide: Life on the Street** 1-3/22. Triple bill. (S5)
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.20 **Dress to Impress**
8.20 **Fame, Family and Me**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of New...**
12.05 PM **Ant & Dec's Limitless Win**
1.05 **Celebrity Catchphrase**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 The Suicide Squad

7.00 **Wheel of Fortune** Graham Norton hosts as contestants compete for chance to spin the wheel and win big money prizes.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **FILM The Suicide Squad** Comic-book adventure comedy starring Idris Elba. Supervillains Harley Quinn, Bloodsport, Peacemaker and a rag-tag bunch of cons at Belle Reve prison join a secret task force. (2021, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **Family Guy** 5/21. Peter fights with friends over a trophy. (S2) **12.10** AM 3/7. Stewie's first birthday does not go according to plan. (S1)
12.40 **American Dad!** 7&3/23. (S1)
1.35 **Bob's Burgers** 5&1/22. (S12)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse**
11.15 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *The Creeper:* A burglar dubbed 'the Creeper' targets Midsomer. Guest stars Rik Mayall.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Bad Apple:* Nick and Jo buy an engagement ring, but receive a hostile response to their news.

9.00 Doc Martin

6.55 **Heartbeat** *Pig in the Middle:* A special constable mysteriously disappears after a row with pig farmer Betty Sutch.

8.00 **Doc Martin** *Ever After:* 8/8. Mrs Tishell decides she can no longer hide her love for Martin and takes drastic action. (S5)

9.00 **Doc Martin** *Sickness and Health:* 1/8. The locals are excited as the Doc and Louisa's big day finally arrives. (S6)

10.00 **Grantchester** 5/6. After a murder at an old folks' home, two of its residents go missing, but Will and Geordie are given the run around when they try and track them down. (S7)
11.00 **Grantchester** 6/6. Geordie and Will realise they may have sent the wrong person to jail. (S7)
11.50 **Lewis** *Magnum Opus.*
1.50 AM **On the Buses**
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.00 **Kojak**
8.05 **The Saint**
9.10 **Boon**
10.15 **The Sweeney**
11.25 **Beat the Chasers**
12.30 PM **Magnum, PI**
1.30 **Kojak**
2.35 **The Saint**
3.45 **Boon**
4.50 **The Sweeney** *Hard Men:* A detective asks for help.
6.00 **River Monsters** Jeremy Wade tries to track down a deadly fish in southern Africa.

6.00 River Monsters

6.30 **British Touring Car Championship Highlights** Action from the fourth, fifth and sixth races of the season at Brands Hatch.

8.00 **Ice Road Truckers** Greg Boadwine is paired with Ray Veilleux, but their partnership does not run smoothly.

9.00 **Ice Road Truckers** The truckers fight it out to be crowned king as Jack Jessee tries to hang on to his title.

10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
12.00 M'T **EFL Play-Off Highlights** The play-off semi-finals.
12.45 AM **Minder**
1.40 **Two and a Half Men**
2.25 **Motorsport Mundial**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
6.30 PM **Reporting Scotland**
7.15 LIVE **Sportscene Premiership Play-Off** All the action from the second leg of the semi-final, as the team that finished second in the Championship hosts the winners of the quarter-final. Kick-off is at 7.45.
10.00 **Still Game** 4/6. Part two of two. A trip to the cinema creates a mystery for Jack and Victor. (S9)
10.30 **Half Man** 3/6. Niall's mother asks him to lie in court about Ruben's violence. (S1)
11.25 **Two Doors Down** 1/6. Ian and Gordon throw Beth and Eric a surprise 30th wedding anniversary party. (S4)
11.55 PM **to 12.00** M'T **Loop** A look at the world of sculptor Josie KO.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S8)
9.00 **Sort Of** 3&4/8. (S1)
10.00 **Upright** 4&5/8. (S2)
11.15 **Will & Grace** (S2)
12.15 PM **The Franchise** (S1)
12.55 **Upright** (S2)
2.45 **Will & Grace** (S2)
3.45 **The Franchise** 8/8. (S1)
4.25 **Upright** 6/8. (S2)
5.00 **Community** (S1)
6.00 **Will & Grace** (S2)
7.00 **The Office (US)** 5/24. Erin struggles to plan the ultimate Halloween party. **7.30** 6/24. Dwight threatens to get the entire staff fired. (S8)
8.00 **Resident Alien** (S2)
9.00 **Brett Goldstein: The Second Best Night of Your Life** Stand-up.
10.15 **The Comeback** (S3)
10.55 **Seth Meyers: Dad Man Walking** Stand-up.
12.10 AM **Community** (S1)
1.10 **Resident Alien** (S2)
2.10 **The Franchise** (S1)
2.50 **Upright** 3&4/8. (S2)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Jean-Michel Jarre Live in Sevilla**
8.00 **Artist of the Year**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu...**
1.00 PM **Tales of the...**
2.00 **Backstage with the London Philharmonic**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2017**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **From the Vaults**
9.00 **Mark Knopfler: A Life in Songs**
10.15 **Dire Straits: On the Night** From 1992.
12.15 AM **Phil Collins: Going Back to Detroit**
1.15 **ELO: Discovery**
2.10 **ELO: Live – The Early Years** Concert highlights.
3.05 **Isle of Wight Festival**
5.00 **to 6.00** AM **André Rieu: Dance the Night Away**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 19/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: The Next Generation** 21/22. (S2)
8.00 **Star Trek: Voyager**
9.00 **Forensics: Catching the Killer** Finding the killer of Holly Wells and Jessica Chapman.
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S2)
1.00 AM **Brit Cops: Rapid Response** Documentary.
2.00 **Caribbean Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A dad and his four sons take part.
3.00 **Ant & Dec's Limitless Win** Brothers Alistair and Ashley return to finish their game.
4.00 **Time Is Money** Quiz hosted by Sara Davies.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Dave tries to open the 22 red boxes in the right order, taking on the Banker for the chance to win life-changing cash.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Floor** The 25 remaining contestants fight for more squares.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Country Lives**
10.00 **Escape to Florida**
11.00 **Sun, Sea and Selling Houses** From Almeria.
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Perfect Pub Walks with Alexander Armstrong**
8.00 **Cruising to the Ends of the Earth** Auke Bay.
9.00 **24 Hours in A&E**
10.00 **Super Surgeons: A Chance at Life** Professor Vin Paleri tries to reconstruct a patient's entire windpipe.
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.05 **First Dates**
2.10 **Love Cheats**
3.10 **Taskmaster**
4.05 **to 5.05** AM **Perfect Pub Walks with Alexander Armstrong**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S1)
2.00 **SurrealEstate** 5/10. (S2)
3.00 **Fantasy Island** 3/13. (S2)
4.00 **Stargate SG-1** 10/22. (S5)
5.00 **Star Trek: Voyager** 12/26. Neelix, Chakotay and Paris are sent on a dangerous away mission. (S4)
6.00 **Star Trek: Enterprise** 9/26. Archer and the crew race to cure a bizarre disease. (S1)

3.00 Fantasy Island

7.00 **Stargate Atlantis** *Home:* 9/20. McKay plans to return to Earth by harnessing the energy of a strange planet. (S1)

8.00 **Stargate SG-1** *2001:* 10/22. The team encounter the apparently benign Aschen Confederation. (S5)

9.00 **Grimm** *Red Menace:* 9/22. A Russian creature that possesses healing powers finds his past catching up with him. (S3)

10.00 **The Walking Dead** *Infected:* 2/16. The group face a new enemy, and Rick and his clan have to fight to protect their hard-won livelihood. (S4)

11.00 **Intergalactic** 5/8. The *Hemlock* makes a stop on Candy's home planet. (S1)
12.00 M'T **SurrealEstate** 5/10. (S2)
1.00 AM **Fantasy Island** 3/13. (S2)
2.00 **The Walking Dead** (S4)
3.00 **Intergalactic** As 11.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 3/24. (S3)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Mentalist** 3/24. (S3)
5.00 **Hudson & Rex** 6/16. A young woman is abducted from the place her friend was murdered two years earlier. (S3)
6.00 **Father Brown** *The Flower and the Fairway:* A body is discovered on a golf course.

10.00 Allegiance

7.00 **Unforgettable** *Golden Bird:* 9/22. Carrie investigates the case of a girl who fell to her death from a building. (S1)

8.00 **Death in Paradise** *Unlike Father, Unlike Son:* 8/8. A prisoner is killed while in police custody. (S4)

9.00 **Death in Paradise** *Switcharoo:* 5/8. New DI Neville Parker is called in when a woman is found dead in a bathtub. (S9)

10.00 **Allegiance** *Safe Harbours:* 6/10. A call leads Sabrina and Vince into the underbelly of a migrant worker trafficking ring. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S4)
1.00 AM **Hudson & Rex** (S3)
2.00 **Murdoch Mysteries** 16/22. An actor in a local production of *Hamlet* is poisoned. (S18)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
8.40 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Porridge**
12.00 NOON **Keeping Up...**
12.40 PM **The Green Green Grass**
1.20 **Dad's Army** Double bill.
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.00 **Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

10.40 Mrs Brown's Boys

7.20 **Dad's Army** Captain Mainwaring sends his men on lengthy marches to harden their feet.

8.00 **Still Open All Hours** Granville starts making his own sausages.
8.40 **Open All Hours** Arkwright learns he has a rival for Nurse Gladys Emmanuel's attention.
9.20 **Not Going Out** Lee lets out Lucy's flat to a film director for £500.

10.00 **Not Going Out** Lee prepares for a fun-run.
10.40 **Mrs Brown's Boys** Agnes worries about Dermot's choice of best man.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Not Going Out**
1.15 AM **Avoidance** Courtney and Dan fail at 'gentle parenting'.
1.55 **Don't Wait Up**
2.25 **Avoidance**
3.30 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's India**
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** Quiz show.
2.00 **The Americas with Simon Reeve** Documentary.
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's India** The chef learns about the Parsee contribution to Indian cuisine.

9.00 QI XL

7.00 **Would I Lie to You?** With guests Rob Delaney, Nick Grimshaw, Clare Balding and Rhod Gilbert. **7.40** With Craig Parkinson, Sara Pascoe, Steve Davis and Claudia Winkleman.
8.20 **Richard Osman's House of Games** With Stephen Bailey and Charlie Brooks.

9.00 **QI XL** Guests Jason Manford, Ahir Shah and Holly Walsh join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Have I Got a Bit More News for You** David Tennant hosts the satirical quiz, with Miles Jupp and Cathy Newman.
11.00 **Frankie Boyle's New World Order Unseen** Highlights and unseen footage from the series.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **Red Dwarf** Triple bill.
3.25 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Casualty**
11.50 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Harry Wild**
3.20 **The Doctor Blake Mysteries**
4.20 **Lovejoy**
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine** Marina enlists the trio's help. **6.40** Compo reveals a musical talent after being endorsed by several bands in the area.

9.00 Happy Valley

7.20 **Last of the Summer Wine** Foggy takes an interest in camcorders, and inadvertently films Marina and Howard.

8.00 **Father Brown** *The Sacrifice of Tantalus:* A man suspected of killing a police officer is seen near Kembleford.

9.00 **Happy Valley** 5/6. Daniel suspects that somebody at school might be responsible for Ryan's new-found interest in Tommy. (S2)
10.20 **New Tricks** *Moving Target:* The team investigate a hit-and-run that left a cycle courier unable to recall anything before the incident.
11.40 **Dalziel & Pascoe** *Sins of the Fathers:* The duo hunt for a child killer. Guest stars James Bolam and Roger Lloyd-Pack.
1.40 AM **Lovejoy**
2.35 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

Friday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Murder, She Wrote**
10.00 **NCIS** 21-23/24. (S12)
1.00 PM **Law & Order**
7.00 **NCIS** *Sister City – Part One:* 12/24. The DC team co-operate with their Louisiana counterparts. **8.00** *Déjà Vu:* 13/24. A seaman's murder is linked to a resurgent human trafficking ring. **9.00** *Decompressed:* 14/24. A deep-sea diver is murdered. (S13)
10.00 **Law & Order: Special Victims Unit** *Confrontation:* 5/22. A rapist begins to escalate his crimes. **11.00** *Infiltrated:* 6/22. Novak tries to track down Benson. (S8)
11.55 **Law & Order: Special Victims Unit** (S7)
1.50 AM **Law & Order: Criminal Intent** (S9)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition A chip shop worker is battered after a fake injury scam.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition** A woman is thrown from her horse.
10.00 **A&E After Dark**
11.00 **Surgeons: A Matter of Life or Death**
12.30 AM **Skin A&E**
1.35 **Accused: Guilty or Innocent?**
2.20 **GPs: Behind Closed Doors** Medical series.
3.10 **Friends** 8/24. (S4)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Trucking Hell**
9.25 **Police Interceptors**
10.25 FILM **The Alamo** Western drama. (1960, PG, 161 min) ★★★
1.40 PM FILM **Two Mules for Sister Sara** Western. (1969, 15, 114min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** PC Ian Cosgrove attends a serious crash on the M6.
9.00 **Police: Night Shift 999**
10.00 **Cops** A cyclist gives deputies the runaround.
10.30 NEW SERIES **Cops** A bachelorette party are rescued from a boat.
11.00 **The X-Files** 1/24. (S3)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build** The experts transform the home of a woman recovering from a stroke. **7.00** The team build a home from scratch on the Isle of Sheppey.
8.00 **Pete Wicks: For Dogs' Sake** Pete meets a dog on the brink of starvation. **9.00** Pete helps rehabilitate a group of ex-racing greyhounds. **10.00** Pete meets Staffy Boxer cross Crumble, who's been at the centre for over three years.
11.00 **Ghosts** Triple bill.
12.55 AM **Sort Your Life Out with Stacey Solomon**
2.00 **to 3.00** AM **DIY SOS: Bigger Build Ireland**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Landmark Fixers**
8.00 **Bangers & Cash**
10.00 **Auschwitz: The Nazis and the Final Solution**
11.00 **Ghosts of Alderney: Hitler's Island Slaves**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Auschwitz: The Nazis and the Final Solution**
5.00 **Ghosts of Alderney: Hitler's Island Slaves**
6.00 **Mammals** Double bill.
8.00 **Porridge Christmas Special** Double bill.
10.00 **Attenborough's Birds of Paradise** David Attenborough examines birds of paradise.
11.00 **Attenborough's Wonder of Eggs**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen: Hunting the Catch**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** Snowdonia.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family: Born Without Trace**
7.00 **The Yorkshire Auction House** Double bill.
9.00 **Rock the Block** New edition The contest heats up and heads into the backyard.
10.00 **Home Town** New edition Erin's friend asks Ben and Erin to turn a dated, well-kept house into a Southern-inspired forever home.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

FRIDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** 1/8. (S2)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 12&13/24. (S6)
1.00 PM **The Waltons** (S8)
3.00 **Ballykissangel** (S3)
4.10 **Down to Earth** (S4)
5.20 **Bramwell** 2/8. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 18/22. Hawkeye is the target of bribery. **8.00** 19/22. A boxing champion has a stroke. **8.30** 20/22. Potter arranges an inter-corps bowling match. (S10)
9.00 **Around the World in 80 Days** 2/3. Near Burma, Fogg, Passepartout and Princess Aouda are kidnapped. (S1)
11.00 **The Avengers** (S5)
12.00 M'T **M*A*S*H** (S10)
1.30 AM **Rising Damp** (S3)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

318 317 426 42 33

9.00 AM **FILM Wrangler** Australian Western. (1989, 12, 92min) ★★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **FILM The Double** Thriller with Richard Gere. (2011, 12, 94min) ★★
4.05 **The Persuaders!**
5.05 **The Avengers**
7.05 **FILM Shadow Wolves** Drama starring Thomas Gibson, Graham Greene and Louise Lombard. (2019, 15, 95min) ★★
9.00 **FILM Predator 2** Sci-fi action fantasy sequel starring Danny Glover. (1990, 15, 107min) ★★★
11.20 **Coast Guard Alaska**
1.20 AM **The Avengers**
3.15 **FILM Lone Rider** Western starring Lou Diamond Phillips. (2008, PG, 80min) ★★
4.35 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **FILM Garage Sale Mysteries: Murder Most Medieval** Whodunit. (2017, PG, 90min) ★★
10.05 **In Plain Sight** 9/13. (S4)
11.05 **Castle** 5/24. (S2)
12.05 PM **FILM Chronicle Mysteries** Crime drama. (2021, PG, 85min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 6/24. (S2)
8.00 **Unforgettable** (S4)
9.00 **In Plain Sight** 10/13. (S4)
10.00 **FILM Morning Show Mysteries: Countdown to Murder** Crime thriller. (2019, PG, 83min) ★★
11.55 **FILM Garage Sale Mysteries: The Beach Murders** Crime drama. (2017, PG, 90min) ★★
1.50 AM **FILM Perfect Plan** Thriller. (2010, 12) ★★★
3.25 **to 5.00** AM **FILM Living with the Enemy** Thriller. (2005, PG, 86min) ★★

+1 hour 321

Great! Romance

322 319 424 52 47

8.10 AM **FILM Our Take on Love** Romantic drama. (2022, PG, 87min) ★★
10.20 **FILM Love By Chance** Comedy. (2016, PG) ★★
12.10 PM **A Fine Romance**
12.40 **FILM Love Strikes Twice** Drama. (2017, PG) ★★
2.40 **FILM Love's Last Resort** Drama. (2017, PG) ★★
4.35 **FILM The Professional Bridesmaid** Drama. (2023, PG, 85min) ★★
6.30 **A Fine Romance**
7.00 **FILM It Was Always You** Romantic drama. (2021, PG, 86min) ★★
8.55 **FILM Zoe's Having a Baby** Comedy drama. (2023, U, 90min) ★★
10.55 **FILM Law of Attraction** Romantic comedy. (2020, PG, 84min) ★★
12.45 AM **FILM The Wedding Rule** Romantic comedy. (2023, U, 90min) ★★
3.00 **to 5.00** AM **FILM Zoe's Having a Baby** (2023)

+1 hour 323

Together TV

170 136 83 162

6.00 AM **Teleshopping**
11.00 **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Celebrity Coach Trip**
3.00 **The Greatest Auction**
4.00 **New Home DIY**
5.00 **My Floating Home**
6.00 **Celebrity Coach Trip** Poor time-keeping sets Brendan on the warpath.
7.00 **Love Your Garden** The team make over a family garden in south Wales.
8.00 **Garden Rescue** The team head to Wilmslow. **9.00** The team try to create a rose garden.
10.00 **FILM Cruel Passion** Drama with Koo Stark. (1977, 18, 99min) ★★
12.00 M'T **FILM Can You Keep It Up for a Week?** Bawdy comedy starring Jeremy Bulloch. (1974, 18, 94min) ★
2.00 AM **Celebrity Coach Trip**
3.00 **Love Your Garden**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **The Gaffer** 2/7. (S2)
10.30 **Hallelujah** 3/8. (S2)
11.00 **Rewind Time Machine**
11.05 **Second Thoughts** (S3)
11.35 **The Fenn Street Gang**
12.05 PM **Boon** 11/13. (S2)
1.05 **Danger Man** (S1)
2.05 **Wish Me Luck** (S3)
3.10 **Hank the Cowboy**
3.25 **Rewind Time Machine**
3.30 **Boon** 11/13. (S5)
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Space 1999** 11/24. (S2)
7.00 **Danger Man** (S1)
8.00 **Hallelujah** 3/8. (S2)
8.30 **Second Thoughts** (S3)
9.00 **Drop the Dead Donkey**
10.00 **FILM Game Show Models** Erotic comedy. (1977, 18, 88min) ★★
11.50 **FILM Children Shouldn't Play with Dead Things** Horror. (1973, 15, 87min) ★★
1.35 AM **Stereo Underground**
2.35 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters** From Australia.
10.00 **Deadliest Catch**
12.00 NOON **Curse of the Bermuda Triangle**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Homestead Rescue: Raney Ranch**
5.00 **Outback Opal Hunters**
7.00 **Giro D'italia Highlights** Action from the seventh stage of the race, from Formia to Blockhaus.
8.00 **Deadliest Catch** Trouble is brewing when Bill's backup block vanishes.
9.00 **Cops UK: Bodycam Squad** Documentary.
10.00 **Street Cops UK**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Great British Adventure**
7.00 **Nigel Slater's Simple Cooking** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Meat-Free Meals** Double bill.
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry Cooks**
1.00 **James Martin's Mediterranean**
3.00 **Nigel Slater's Simple Cooking** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Meat-Free Meals** Double bill.
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
8.30 **Mary Berry Cooks**
9.00 **Mediterranean Island Feast**
10.00 **Forever Summer**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food Nation**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 23/25. (S7)
9.00 **T.J. Hooker** 13/22. (S3)
10.00 **Six Million Dollar Man**
11.00 **FILM Gunsmoke: The Long Ride** Western. (1993, 15, 95min) ★★
1.00 PM **FILM Arizona Bushwhackers** Western. (1968, PG, 87min) ★★★
3.00 **FILM Flight to Tangier** Espionage thriller. (1953, PG, 90min) ★★
5.00 **Star Trek** 1/26. (S2)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 14/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM S.W.A.T.** Thriller with Samuel L Jackson. (2003, 12, 115min) ★★★
11.25 **FILM The Bone Collector** Crime thriller. (1999, 15, 117min) ★★★
1.45 AM **FILM Officer Down** Crime action drama. (2013, 15, 93min) ★★
3.35 **to 5.15** AM **FILM While She Was Out** Thriller. (2008, 18, 88min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **FILM Sinbad and the Clash of the Furies** Adventure. (2016, 12) ★
11.00 **Andromeda** 20/22. (S1)
12.00 NOON **The Gambler V: Playing for Keeps**
2.00 PM **FILM Beware! The Blob** Comedy sequel. (1972, 15, 87min) ★★
4.00 **Walker, Texas Ranger**
5.00 **The Gambler V: Playing for Keeps**
7.00 **Andromeda** 21/22. (S1)
8.00 **The Fall Guy** 5/22. (S5)
9.00 **FILM Total Recall** Sci-fi thriller starring Colin Farrell and Jessica Biel. (2012, 12, 113min) ★★★
11.30 **FILM Unthinkable** Psychological thriller with Samuel L Jackson. (2010, 18, 97min) ★★★
1.30 AM **FILM Curse of the Crimson Altar** Horror. (1968, 15, 87min) ★★
3.15 **The Gambler V: Playing for Keeps**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars**
10.15 **What on Earth?**
12.10 PM **Legends of the Pharaohs**
1.05 **Pawn Stars Do America**
2.05 **Storage Wars Canada**
4.00 **Ancient Aliens**
5.00 **UFOs: Lost Evidence**
6.00 **Storage Wars: Texas**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **WWE's Greatest Moments** New editions
10.00 **The UnBelievable with Dan Aykroyd**
11.00 **Paranormal: Caught on Camera**
12.00 M'T **Paranormal Survivor** Documentary.
1.00 AM **UFOs: Lost Evidence**
2.00 **Ancient Aliens**
3.00 **World's Most Unexplained**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Susan Calman** The Caribbean
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Tomb Hunters**
7.00 **Ben Fogle: New Lives in the Wild** Ben visits a former journalist near Lake Victoria in Uganda. **8.00** Ben visits the wilderness of Scandinavia to stay with two artists.
9.00 **Taggart** *Prayer for the Dead:* Jim is promoted to acting superintendent.
11.45 **The Madame Blanc Mysteries** Double bill.
1.45 AM **The Yorkshire Vet**
2.45 **Cruising with Susan Calman** A visit to Rome.
3.35 **Cruising with Jane McDonald** The Danube.
3.55 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Catchphrase**
2.00 **The Chase** Quiz.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Celebrities compete in the quiz.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show,
7.00 **The Chase Celebrity Special** With guests Tony Audenshaw, Beth Tweddle, Kara Tointon and Louis Walsh.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Todd Carty, Jo Pavey, Saira Khan and Dominic Holland.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory**
9.00 **90 Day Fiancé: Before the 90 Days** New edition Aviva is shocked by Stig's plans, Molly pushes Forrest to return to the US against Sheena's wishes, while Laura considers a big sacrifice to win back Birkan.
11.00 **90 Day: The Single Life** New edition Kim arrives in the UK to finally meet Wayne, Colt reveals he still has feelings for Cortney, and Sophie's date with a new guy turns hot and heavy.
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** 12-17/23. (S8)
12.55 PM **Impractical Jokers**
1.20 **Friends** (S10&1)
8.00 **Friends** 7/24. A power cut leaves Chandler trapped in a bank's ATM lobby with a model. **8.30** 8/24. The pals pay their last respects at the funeral of Monica and Ross's grandmother. (S1)
9.00 **Kevin Bridges Live in Glasgow** Stand-up.
10.00 **Al Murray: One Man, One Guvnor Uncut**
11.00 **Whose Line Is It Anyway? USA**
12.30 AM **8 Out of 10 Cats**
2.10 **Impractical Jokers**
2.40 **Reno 911!** (S4)
3.05 **Key & Peele**
3.25 **Utopia** 3/8. (S3)
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 10&11/23. (S8)
7.00 **Teleshopping**
9.00 **Michael McIntyre's...**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 10-13/24. (S5)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 4/8. (S3)
4.00 **Impractical Jokers**
5.00 **Michael McIntyre's...**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** 12-15/23. (S8)
9.00 **Michael McIntyre's Big Show** With OneRepublic.
10.00 **Friends** (S9&10)
12.00 M'T **Jimmy Carr's Am I the A**hole?**
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Michael McIntyre's...**
3.00 **Whose Line Is It Anyway? USA**
3.45 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.15 **Bread** 8/10. (S8)
10.50 **Steptoe and Son** (S2)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.35 PM **Man About the...**
1.05 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 2/10. Drama. (S4)
2.45 **Minder** 8/13. (S9)
3.45 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 8/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.05 **Rising Damp** 7/7. (S1)
6.35 **Steptoe and Son** (S2)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.50 **Minder** 8/13. (S3)
9.00 **Benidorm** 4/7. (S6)
9.55 **Shameless** 6/11. (S9)
10.55 **Man About the House**
11.25 **Mind Your Language**
12.00 M'T **Benidorm** 4/7. (S6)
1.00 AM **Minder** 6/13. (S8)
2.00 **Duty Free** 5/7. (S2)
2.25 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **16 and Pregnant**
6.45 **Teen Mom OG**
7.35 **Judge Judy**
9.30 **Beauty and the Geek Australia** Reality show.
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Teams**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Judge Judy**
6.00 **Beauty and the Geek Australia** New edition Sophie makes the final pairings of the series.
7.30 **FriendZone**
8.00 **Teen Mom UK** Sassi is out in the world of dating.
9.00 **Bar Rescue** New edition Phil Wills rescues a bar in San Marcos, California.
10.00 **MTV Unplugged**
11.00 **Help I Sexted My Boss** New edition Navigating the challenges of life.
12.00 M'T **Tattoo Fixers**
1.00 AM **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **The Zoo: San Diego**
3.00 **How Do They Do It?** Four editions, including at: **4.00** How cows' milk is turned into clotted cream. **4.30** Sardine fishing, ejector seats and Piaggio scooters.
5.00 **Alaska: Homestead Rescue** In Wyoming's Black Hills, Marty helps the Black family after their success is threatened.

9.00 Expedition X

7.00 Gold Rush: Mine Rescue with Freddy & Juan Freddy and Juan race to fix a miner's Franken-built wash plant.

8.00 Gold Rush: Mine Rescue with Freddy & Juan Freddy and Juan return to check on miners they once rescued.

9.00 Expedition X New edition Recent sightings of a huge bird send Phil and Heather into western Pennsylvania.

10.00 Conspiracies & Coverups New edition An in-depth look into the biggest government conspiracies and coverups.

11.00 **Expedition X** 1/2. Phil and Jess join Josh at a decaying hospital in Detroit to investigate reported spirits.
12.00 M'T **Border Control: Spain**
1.00 AM **Expedition X** As 9.00pm.
2.00 **Conspiracies & Coverups**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die** Lake Windsor.
10.00 **Tanked** A Vegas-style tank.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees** Mariah faces a challenging rescue.
3.00 **My Cat from Hell** Double bill.
5.00 **Lone Star Law** It's the start of hunting season and wardens investigate an illegal shooting.
6.00 **Dr Jeff: Rocky Mountain Vet** The doctor treats a Savannah cat with an unusual condition.

8.00 100 Days Wild

7.00 Treehouse Masters An arborist pushes the team to the limit by requesting a tri-level residence 60 feet above the ground.

8.00 100 Days Wild Andrew and Gerrid face a race against time to get the moose back to base camp.

9.00 Alaska: The Last Frontier Atz conquers old fears as he races to complete his cabin before the freeze sets in.

10.00 Alaska: Surviving the Last Frontier The harsh conditions take their toll on the volunteers as they experience a blizzard.

11.00 **Alaska Monsters** Monsters linked to disappearances.
12.00 M'T **Alaska: Homestead Rescue** The Raneys create a self-automated homestead.
1.00 AM **Gator Boys**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Inside the CIA: Secrets and Spies** Documentary.
11.00 **Lost Treasures of Egypt**
12.00 NOON **World War II: Secrets from Above** Documentary.
1.00 PM **Plane Crash Recreated**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** A rare Lamborghini.
6.00 **Hitler's Last Stand** Himmler launches a surprise offensive.

8.00 Area 51: I Was There

7.00 Air Crash Investigation On final approach to Islamabad in fog, Airblue Flight 202 slams into the Himalayan foothills.

9.00 Area 51: I Was There Insiders reveal projects worked on at the secret military base and alleged UFO storage facility.

9.00 Secrets of Area 51 A look behind the scenes at the world's most secret military base.

10.00 Construction Fails An oversized billboard falls in Mumbai, and too much snow collapses roofs in Minnesota.

11.00 **Air Crash Investigation: Special Report**
12.00 M'T **Amsterdam Central 24/7**
1.00 AM **Border Protection Spain**
2.00 **Abandoned**
2.30 **Lords of War**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Canadian Pickers**
8.45 **Dirty Old Cars**
9.15 **Pawn Stars**
10.10 **Storage Wars** Four editions.
12.00 NOON **History's Greatest Aircraft** Double bill.
2.00 PM **Hardcore Pawn** Eight editions, including at: **5.00** Ashley hires a woman to work at the jewellery counter. **5.30** Les asks Seth and Rich to clean up the warehouse.
6.00 **American Pickers** Mike and Jersey inspect some dazzling high-end antique toys.

9.00 JFK: The Final Evidence

7.00 Forged in Fire The blacksmiths are tasked with recreating the beastly Austro-Hungarian Hussar Saber.

8.00 Secrets of Great British Castles Exploring the history of Dover Castle, revealing that Henry II ordered its construction.

9.00 JFK: The Final Evidence 1/2. The mystery behind the assassination of President John F Kennedy.

10.00 JFK: The Final Evidence 2/2. A recent document release from the US government helps debunk the conspiracy.

11.00 **Ancient Aliens: Secret Science** Archaeologists and anthropologists make discoveries that receive little notice because they fail to fit into the scientific paradigm.
12.00 M'T **Ancient Aliens** The site of Teotihuacan in central Mexico.
12.55 AM **Hardcore Pawn**
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Angel City**
7.05 **Discovering: Richard Harris**
8.00 **The Directors**
9.00 **The Man Who Stole The Scream** Documentary.
11.00 **The 2010s**
12.00 NOON **FILM Undefeated** Oscar-winning documentary. (2011, 12, 113min) ★★★★★
2.10 PM **King of Lies: Football's Greatest Con**
4.00 **The Directors**
5.00 **Discovering: Richard Harris**
6.00 **I Am Heath Ledger** The life and work of the actor.

6.00 I Am Heath Ledger

7.50 My Icon: Kadeena Cox The British para-athlete discusses the individuals that have inspired her.

8.00 My Mom Jayne Actor Mariska Hargitay explores the life of her mother Jayne Mansfield, who died in a car accident at the age of 34 when Mariska was only three years old.

10.00 The Truth vs Alex Jones Following the two defamation lawsuits brought by families of Sandy Hook Elementary School shooting victims against Alex Jones and his website InfoWars.

12.15 AM **Amsterdam Narcos** 1-3/3. Documentary charting how the Dutch city turned into the drug capital of Europe.
3.15 **I Am Joe Frazier**
5.00 **to 6.00** AM **Discovering: Richard Harris**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Gem Hunters Down Under** Documentary.
12.00 NOON **Aussie Gold Hunters** Documentary.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Repair Shop** A pair of running shoes worn at the 1936 Olympics. **10.00** Items include a dislocated doll and a seed-sowing contraption.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime...**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **People Magazine Presents: Crimes of the 90s** New editions Authorities worry a serial predator is on the loose. **10.00** How the killer of a 22-year-old woman was brought to justice.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Unravelling the Murder of Janet Commins** The story of Janet Commins, whose body was discovered in 1976.
8.00 **UK Crime Files: Last Taxi Rider** How driver Linda Thomas made an error of judgement.
9.00 **Secrets of a Murder Detective** In 2006, Sana Ali was stabbed over 40 times at her home.
10.00 **Murder by the Sea**
11.00 **Murder UK** The case of Hannegret Donnelly.
12.00 M'T **UK Crime Files: Unravelling the Murder of Janet Commins**
1.00 AM **UK Crime Files: Last Taxi Rider**
2.00 **Murder by the Sea**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Lady Killer** A look into the murder of an actor.
9.55 **UK Crime Files: Brighton Trunk Murders**
11.00 **48 Hours** Cati Blauvelt.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Eastbourne's Dr Death**
3.00 **UK Crime Files: Most Evil Woman in Britain**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** CCTV footage is too fuzzy to be of use. **5.30** Police use video footage to track a gang. **6.00** The investigation of a hit and run leads to a video reconstruction. **6.30** A doctor is accused of assaulting two female patients.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Highway Cops**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Documentary.
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Murder Uncut**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **How I Caught the Killer**
10.00 **Murder in the Valleys**
12.00 M'T **World's Most Evil Killers** True-crime.
1.00 AM **How I Caught the Killer** Howell Donaldson.
2.00 **Killing Mum and Dad**
3.00 **Britain's Most Evil Killers**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered**
8.35 **Secrets of the Royal Palaces** Buckingham.
9.35 **Ancient Secrets of Althorp** Documentary.
10.35 **The Mughal Empire**
11.50 **Hitler's Propaganda Machine** Documentary.
1.00 PM **Weathered: Earth's Extremes**
1.35 **Secrets of the Royal Palaces** Buckingham.
2.35 **Ancient Secrets of Althorp** Documentary.
3.35 **The Mughal Empire**
4.50 **Hitler's Propaganda...**
6.00 **Secrets of the Royal Palaces** Buckingham.
6.55 **Ancient Secrets of Althorp** Documentary.
8.00 **The Mughal Empire** New edition The impact of Shah Jahan's reign.
9.15 **Hitler's Propaganda Machine** Documentary.
10.20 **Ancient Secrets of...**
11.25 **Weathered**
12.00 M'T **The Mughal Empire**
1.15 **to 2.00** AM **Weathered**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Africa's Wild Horizons**
7.00 **Monkey Life**
8.00 **Amazing Animal Friends**
9.00 **Guardians of the Wild**
10.00 **Volcanic Odysseys**
11.00 **Secrets of the Enchanted Forests** Documentary.
12.00 NOON **Surviving the Amazon**
1.00 PM **Monkey Life**
2.00 **Amazing Animal Friends**
3.00 **Guardians of the Wild**
4.00 **Volcanic Odysseys**
5.00 **Secrets of the Enchanted Forests** Documentary.
6.00 **Surviving the Amazon**
7.00 **Monkey Life** Double bill.
8.00 **Malawi Wildlife Rescue**
9.00 **Wildlife ER**
10.00 **Surviving the Amazon**
11.00 **Secrets of the Enchanted Forests** Documentary.
12.00 M'T **Reef Wrecks**
1.00 AM **Africa's Wild Horizons**
2.00 **Malawi Wildlife Rescue**
3.00 **Wildlife ER**
4.00 **Amazing Animal Friends**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Abyss: Rise & Fall of the Nazis** In 1945, it was unclear whether the Germans had broken with the Nazis.
9.00 **Guns That Changed the Game**
10.00 **Cracking the Code**
11.00 **Ancient Aliens**
1.00 PM **Combat Ships**
6.00 **The Proof Is Out There**
7.00 **Guns That Changed the Game** How the Industrial Revolution evolved the use of cannons.
8.00 **Cracking the Code** America's Cold War codebreakers.
9.00 **Mysteries Unearthed with Danny Trejo** Treasures recovered from chambers, tunnels, caves and burial sites.
10.00 **Holy Marvels with Dennis Quaid** Exploring holy places that are located underground.
11.00 **Ancient Aliens** Double bill.
1.00 AM **UFO Hunters**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **NASA's Unexplained Files**
11.00 **The Dino Hunters**
1.00 PM **Truth Behind the Moon Landing** Double bill.
3.00 **NASA's Unexplained Files**
4.00 **Killers of the Cosmos**
6.00 **How Do They Do It?**
9.00 **Mummies Unwrapped** Ramy Romany investigates the truth behind King Tutankhamun's mummified remains. **10.00** Ramy examines well-preserved bodies from more than 2,000 years ago.
11.00 **Cooper's Treasure** Darrell Miklos has just eight weeks' of funds left to find another shipwreck that he can salvage. **12.00** M'T After discovering a 1700s-era cannon, Darrell seeks the ship's origin. Meanwhile, a letter in Gordon's files details a 16th-century wreck linked to Sir Francis Drake.
1.00 AM **NASA's Unexplained Files**
2.00 **Killers of the Cosmos**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Cops Gone Bad with Will Mellor** Triple bill of editions.
2.00 PM **Hometown Tragedy**
3.00 **Accident, Suicide or Murder?**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Hometown Tragedy**
9.00 **Fugitives Caught on Tape** New editions Footage of law enforcement pursuing fugitives.
10.00 **My Strange Arrest** A naked man goes wild at the gym and on the streets of Miami.
10.30 **Court Cam** A defendant flips his middle finger at the judge.
11.00 **Ozark Law**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet: Compilations**
9.00 **America's National Parks**
10.00 **Monster Fish**
11.00 **Savage Kingdom**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Ultimate Honey Badger**
3.00 **Swamp Men**
4.00 **Secrets of the Zoo: Tampa**
5.00 **Northwoods Survival**
6.00 **Yukon Vet** Dr Oakley treats a mink that cannot stop sneezing.
7.00 **Secrets of the Zoo: Tampa** The zookeepers celebrate the birth of a baby siamang.
8.00 **Europe's Wild Marvels** Europe's most important and fascinating habitats. **9.00** Animals that live in Europe's mountains.
10.00 **Lawless Island** Veronica, Jiggy and Dave Palmer rip apart and repair a dam.
11.00 **Ice Road Rescue**
12.00 M'T **When Sharks Attack**
1.00 AM **Something Bit Me**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Attack and Capture: The Story of U-Boat 505**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Examining a huge black hole at the heart of the galaxy.
1.00 PM **Mysteries at the Castle**
2.00 **Hunting Atlantis**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Attack and Capture: The Story of U-Boat 505** The German submarine's capture by the US Navy.
9.00 **Ancient Unexplained Files**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** A vintage case.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Greece with Simon Reeve**
10.00 **Ireland with Simon Reeve**
12.00 NOON **Mediterranean with Simon Reeve** As 4.00pm.
1.00 PM **Greece with Simon Reeve**
2.00 **Ireland with Simon Reeve**
4.00 **Mediterranean with Simon Reeve** The challenges facing the nations in the region.
5.00 **Bread** 1/6. Jack's van is held up at gunpoint, and Adrian reveals he has found a girlfriend. **5.40** 2/6. Billy wrestles with the prospect of fatherhood as Julie prepares to give birth. **6.20** 3/6. Jack and Adrian run into trouble with some local thugs when a deal goes wrong. **7.00** 4/6. Adrian is put through the wringer when he attempts to apply for social benefits. **7.40** 5/6. Freddie Boswell returns home, shocking Nellie with his new perspective on life. **8.20** 6/6. The family dog is taken ill, and Aveline returns home from London. (S2)
9.00 PM **to 6.00** AM **Bread**

+1hour 266 376

ID

154 140 166

8.00 AM **Swamp Murders**
9.00 **Evil Lives Here: Shadows of Death** Double bill of editions.
11.00 **Faking It: Tears of a Crime**
12.00 NOON **Obsession: Dark Desires** The disappearance of a young pregnant woman.
1.00 PM **Evil Lives Here: Shadows of Death** Double bill.
3.00 **Faking It: Tears of a Crime**
4.00 **Obsession: Dark Desires**
5.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
7.00 **Home Sweet Homicide** The 2013 murder of basketball coach Jimmy McClain. **8.00** Focusing on the case of Cody MacPherson.
9.00 **Feuds Turned Fatal**
10.00 **Portals to Hell** Jack Osbourne and Heather Taddy investigate a five-star hotel in California.
11.00 **Paranormal Lockdown UK**
1.00 AM **Destination Fear**
2.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
4.00 **to 6.00** AM **Home Sweet Homicide**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** A Mini Clubman.
2.00 **Ant Anstead Master Mechanic**
3.00 **Massive Engineering Mistakes**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Bitchin' Rides: Road to the...**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Bitchin' Rides: Road to the Ridler** The team begin to see how difficult building a car out of aluminium by hand will be.
9.00 **Street Outlaws: Locals Only**
10.00 **Massive Engineering Mistakes**
11.00 **Wheeler Dealers**
12.00 M'T **Bitchin' Rides: Road to...**
1.00 AM **Richard Hammond's Workshop** Richard threatens to ditch the whole project.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sky Cinema Preview**
7.00 PREMIERE **The Running Man**
9.25 **The Conjuring: Last Rites** Supernatural horror thriller. (2025, 15, 135min) ★★★
11.45 **Regretting You** Drama. (2025, 12, 116min) ★★★
1.50 PM **Wuthering Heights**
4.15 **Downton Abbey: The Grand Finale** Drama spin-off. (2025, PG, 123min) ★★★★
6.25 **Honey Don't!** Comedy thriller. (2025, 15, 89min) ★★★

8.00 The Running Man

8.00 PREMIERE **The Running Man** Comedy thriller based on Stephen King's novel, starring Glen Powell and Lee Pace. Desperate to save his sick daughter, a man enters a deadly televised competition. (2025, 15, 133min) ★★★ *See review, page 24.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Wuthering Heights** Drama based on Emily Brontë's romance, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **The Shadow's Edge** Thriller. (2025, 15, 141min)
3.15 **Don't Let's Go to the Dogs Tonight** Drama. (2024, 15, 99min) ★★★★
5.05 **to 6.45** AM **Honey Don't!**

Sky Cinema Ocean's

303 303 403 503 517

6.30 AM **Sky Cinema Preview**
7.30 **Ocean's Thirteen** As 3.50pm.
9.40 **Ocean's Eight** As 6.00pm.
11.40 **Ocean's Eleven** As 8.00pm.
1.40 PM **Ocean's Twelve** (2004)
3.50 **Ocean's Thirteen** Caper thriller sequel with George Clooney, Brad Pitt and Matt Damon. (2007, PG, 122min) ★★★
6.00 **Ocean's Eight** Crime caper, starring Sandra Bullock, Cate Blanchett and Anne Hathaway. (2018, 12, 110min) ★★★★

3.50 Ocean's Thirteen

8.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts and Matt Damon. Charismatic thief Danny Ocean recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon and Julia Roberts. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Ocean's Thirteen** Caper thriller sequel starring George Clooney and Brad Pitt. (2007, PG, 122min) ★★★
2.15 **Ocean's Eight** As 6.00pm.
4.10 **to 6.20** AM **Ocean's Twelve**

Sky Cinema Drama

310 310 410 510 524

7.40 AM **Widow Clicquot** (2023)
9.20 **Horizon: An American Saga – Chapter 1** Epic Western. (2024, 15, 181min) ★★★★
12.20 PM **The Room Next Door** Drama starring Haley Bennett. (2024, 12, 102min) ★★★★
2.20 **A Different Man** Psychological thriller. (2024, 15, 112min) ★★★★
4.20 **Widow Clicquot** Drama. (2023, 15, 90min) ★★★★
6.00 **Regretting You** Melodrama. (2025, 12, 116min) ★★★
8.00 **Materialists** Romantic comedy with Dakota Johnson, Chris Evans and Pedro Pascal. A matchmaker is torn between the perfect match and her imperfect ex. (2025, 15, 116min) ★★★★
10.10 **Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. (2019, 15, 121min) ★★★★
12.15 AM **Uproar** Drama starring Julian Dennison and Minnie Driver. (2023, 12, 110min) ★★★
2.10 **Cicada** Drama starring Matthew Fifer. (2020, 15, 96min) ★★★★
3.55 **Sky Cinema Preview**
4.30 **to 6.20** AM **A Mistake** Thriller. (2024, 15, 101min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.20 AM **AfrAld** As 5.40am.
7.50 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
9.40 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
11.55 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
2.15 PM **Arrival** Sci-fi drama. (2016, 12, 116min) ★★★★★
4.15 **Blade: Trinity** Adventure sequel. (2004, 15, 113min) ★★★
6.15 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
8.00 **Sinners** Horror thriller starring Michael B Jordan. Twin brothers return to their hometown to start over, and find a dark force waiting to welcome them back. (2025, 15, 132min) ★★★★
10.20 **The Running Man** Sci-fi adventure starring Arnold Schwarzenegger as an escaped convict forced to participate in a deadly, gladiatorial game show. (1987, 18, 101min) ★★★
12.05 AM **I Know What You Did Last Summer** Horror reboot. (2025, 15, 110min) ★★★
2.00 **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
3.40 **Blade 2** (2002, 18) ★★★★
5.40 **to 7.10** AM **AfrAld** Sci-fi horror thriller. (2024, 15, 84min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.00 AM **The Sloth Lane** (2024)
8.40 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
10.35 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
12.45 PM **A Minecraft Movie** Fantasy. (2025, PG, 101min) ★★★
2.40 **Smurfs** (2025, PG) ★★
4.20 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
6.00 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★

8.00 The Emoji Movie

8.00 The Emoji Movie Animated comedy adventure with the voice of TJ Miller. In a world of living ideograms, a multi-expressional emoji attempts to find a hacker. (2017, U, 83min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Shrek the Third Animated comedy sequel featuring the voice of Mike Myers. Shrek is daunted by the prospect of becoming king – and of becoming a father. (2007, U, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The NeverEnding Story** Fantasy. (1984, U) ★★★
1.05 AM **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★
2.25 **Blithe Spirit** Comedy. (2020, 12, 95min) ★★★
4.15 **The Sloth Lane** Animation. (2024, PG, 90min) ★★★
5.55 **to 7.25** AM **Buffalo Kids** Animation. (2024, U) ★★★

Sky Cinema Action

306 306 407 507 521

7.45 AM **Bloodshot** Sci-fi thriller. (2020, 12, 109min) ★★
9.45 **Vendetta** Action thriller. (2022, 15, 96min) ★★
11.30 **American Night** Crime drama. (2021, 15, 123min) ★★★
1.45 PM **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
3.35 **Olympus Has Fallen** Action thriller. (2011, 15, 119min) ★★★
5.40 **The Amazing Spider-Man 2** Fantasy adventure sequel. (2014, 12, 142min) ★★★

5.40 The Amazing Spider-Man 2

8.00 Bad Boys II Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. With Gabrielle Union, Joe Pantoliano, Jordi Mollà and Theresa Randle. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Twisters Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. With Anthony Ramos. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Rampage** Fantasy. (2018, 12, 107min) ★★★
2.35 **Novocaine** Action comedy. (2024, 15, 80min) ★★★
4.30 **to 6.15** AM **Jackie Chan's Police Story** Comedy thriller. (1985, 15, 98min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.35 AM **Friendship** Comedy. (2025, 15, 101min) ★★★★
9.25 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
11.10 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
12.55 PM **The 40-Year-Old Virgin**
3.00 **Sausage Party** Animation. (2016, 15, 89min) ★★★
4.35 **Police Academy** Comedy. (1984, 15, 95min) ★★★
6.20 **Billy Madison** Comedy. (1995, PG, 90min) ★★

6.20 Billy Madison

8.00 American Pie Teen comedy starring Jason Biggs. A group of inexperienced high-school friends pledge to lose their virginity before the school prom – which is only three weeks away. (1999, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

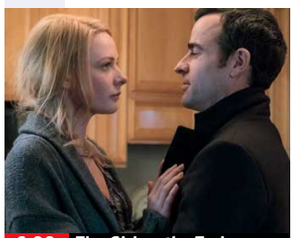
9.50 The 40-Year-Old Virgin Comedy starring Steve Carell. The workers in an electrical shop set out to coach their inexperienced 40-year-old colleague in the art of seduction. (2005, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Bridget Jones: The Edge of Reason** Comedy sequel. (2004, 15, 108min) ★★★
1.55 AM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
3.50 **The Ballad of Wallis Island** Comedy. (2025, 12) ★★★★
5.40 **The Cinema List: Bingeable**
5.55 **to 7.40** AM **One More Shot** Comedy. (2025, 15) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Retribution** (2023, 12) ★★
7.35 **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
9.35 **Jaws 2** Thriller sequel. (1978, PG, 115min) ★★★
11.40 **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
1.55 PM **The Equalizer 2** Thriller. (2018, 15, 121min) ★★★
4.00 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
6.00 **The Girl on the Train** Thriller. (2016, 15, 107min) ★★★★


6.00 The Girl on the Train

8.00 Inception Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Ken Watanabe and Joseph Gordon-Levitt. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

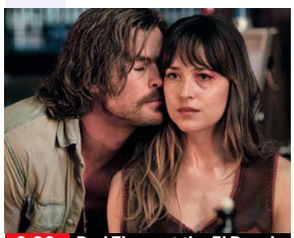
10.30 American Gangster Ridley Scott's fact-based crime drama starring Denzel Washington and Russell Crowe. (2007, 18, 157min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Falling Down** Drama. (1993, 18, 115min) ★★★★
3.10 **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron. (2019, 15, 110min) ★★★★
5.10 **to 7.00** AM **Caddo Lake** Thriller. (2024, 12, 99min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Canyon Passage** Western. (1946, PG, 92min) ★★★
12.50 PM **Drums Along the Mohawk** John Ford adventure. (1939, PG, 103min) ★★★
3.00 **It Came from Outer Space** Thriller. (1953, b/w, PG) ★★★
4.40 **The Art of Racing in the Rain** Comedy drama. (2019, PG, 110min) ★★★
6.45 **Gemini Man** Action drama. (2019, 12, 117min) ★★


9.00 Bad Times at the El Royale

8 PM **Gemini Man** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00 Bad Times at the El Royale** Mystery thriller starring Jeff Bridges, Dakota Johnson and Chris Hemsworth. In the late 1960s, several strangers, many with a secret to bury, meet by chance at a rundown Lake Tahoe hotel with a dark past. (2018, 15, 141min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.50 Free Fire** Dark comedy thriller set in the 1970s, starring Cillian Murphy. A meeting between terrorists, gangsters and arms dealers becomes a deadly opportunity to settle scores. (2016, 15, 91min) ★★★★
1.40 **to 3.30** AM **Nothing Personal** Drama starring John Lynch, James Frain and Ian Hart. (1995, 15, 85min) ★★★

+1 hour 314 430 47 301 257

Sky Cinema Decades

302 302 402 502 516

6.30 AM **Speak Like a Child** (1998)
8.00 **Boyz N the Hood** Drama. (1991, 15, 111min) ★★★★★
9.55 **Bad Boys** Action comedy thriller. (1995, 15, 118min) ★★★
11.55 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
1.35 PM **Batman Returns** Adventure. (1992, 12, 121min) ★★★★
3.45 **Batman Forever** Adventure. (1995, 12, 121min) ★★★
5.50 **Batman & Robin** Adventure. (1997, PG, 125min) ★★
8.00 **Jerry Maguire** Romantic comedy drama starring Tom Cruise. An idealistic sports agent finds support from an adoring single mother and a pugnacious American football star. With Cuba Gooding Jr and Renée Zellweger. (1996, 15, 139min) ★★★★
10.20 **The Firm** Legal thriller based on John Grisham's novel starring Tom Cruise and Gene Hackman. (1993, 15, 155min) ★★★
1.00 AM **Interview with the Vampire** Gothic horror thriller. (1994, 18, 122min) ★★★★
3.05 **True Romance** Crime thriller scripted by Quentin Tarantino. (1993, 18, 118min) ★★★★
5.10 **to 6.40** AM **Speak Like a Child** Drama. (1998, 18, 80min) ★★

Sky Cinema Greats

307 307 404 504 518

6.10 AM **Nineteen Nineteen** Period drama. (1984, 15, 99min) ★★★
7.50 **Love Story** As 3.35pm.
9.35 **Babylon** British drama. (1980, 15, 94min) ★★★
11.15 **An Officer and a Gentleman** Romantic drama with Richard Gere. (1981, 15, 125min) ★★★★
1.20 PM **Terms of Endearment** Oscar-winning comedy drama. (1983, 15, 132min) ★★★★★
3.35 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
5.20 **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
8.00 **The Shawshank Redemption** Prison drama with Tim Robbins and Morgan Freeman. A banker convicted of murder forms an friendship with a fellow convict. (1994, 15, 142min) ★★★★★
10.25 **The Blues Brothers** Comedy from John Landis, starring John Belushi and Dan Aykroyd. (1980, 15, 135min) ★★★★★
12.45 AM **The First Wives Club** Comedy. (1996, PG) ★★★
2.45 **Blazing Saddles** Western spoof. (1974, 12, 90min) ★★★★
4.30 **Sky Cinema Preview**
5.05 **to 7.00** AM **Gremlins 2: The New Batch** Horror comedy sequel. (1990, 12, 107min) ★★★

Disney+ Cinema

305

6.00 AM **A Goofy Movie** Adventure. (1995, U, 78min) ★★
7.25 **Big Hero 6** As 7.20pm.
9.05 **Piglet's Big Movie** Animated adventure. (2003, U, 75min) ★★
10.25 **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★
11.45 **Duck Tales the Movie: Treasure of the Lost Lamp** Animated family adventure. (1990, U, 73min) ★★★
1.05 PM **The Many Adventures of Winnie the Pooh** Animated feature. (1977, U, 71min) ★★★
2.20 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
3.50 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
5.35 **Confessions of a Shopaholic** Comedy. (2008, PG) ★★★
7.20 **Big Hero 6** Animated adventure. (2014, PG, 102min) ★★★★
9.00 **Solo: A Star Wars Story** Sci-fi prequel with Alden Ehrenreich. (2018, 12, 135min) ★★★★
11.15 **Alien: Romulus** Horror thriller. (2024, 15, 119min) ★★★★
1.15 AM **Juno** (2007, 12) ★★★★
2.55 **The Haunted Mansion** (2003)
4.25 **Diary of a Wimpy Kid** Animation. (2021, PG) ★★★
5.55 **to 6.00** AM **Forky Asks a Question** Animated short film.

Movies 24

312 313 419

7.00 AM **The Real West** Romantic comedy. (2024, PG, 84min) ★★
9.00 **Notes of Autumn** Romantic drama. (2023, PG, 90min) ★★
11.00 **His and Hers** Romantic drama. (2024, PG, 90min) ★★
1.00 PM **A Case for the Winemaker** Mystery with Candace Cameron Bure. (2024, PG, 90min) ★★
3.00 **Royal-Ish** Romantic drama. (2025, PG, 84min) ★★
5.00 **Branching Out** Drama. (2024, PG, 90min) ★★
7.00 **Betty's Bad Luck In Love** Romantic comedy starring Laci J Mailey. (2024, PG, 84min) ★★
9.00 **Romance at Hope Ranch** Romantic drama starring Alison Sweeney. A rancher is reunited with her ex-boyfriend while reviving a beloved event from her childhood. With Gabriel Hogan. (2026, PG, 84min) ★★
11.00 **Mystery Island: Play for Keeps** Drama. (2025, PG, 90min) ★★
1.00 AM **A Bestselling Kind of Love** Romantic drama starring Jason Diaz. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **My Argentine Heart** Romantic comedy. (2025, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Look at Life**
6.10 **Guilty?** Courtroom drama. (1956, b/w, PG, 93min) ★★
8.00 **Douglas Fairbanks Presents**
8.30 **Command Performance** Musical. (1937, b/w, PG, 84min) ★
10.10 **Sleeping Car to Trieste** Thriller. (1948, b/w, PG, 91min) ★★★
12.00 NOON **Sergeant Cork** (S1)
1.05 PM **Edgar Wallace Mystery Theatre** *The Set-Up:* 1/9. (S4)
2.15 **The Adventures of Robin Hood**
2.45 **Whispering Smith Hits London** Drama. (1951, b/w, 15) ★★★
4.25 **Cinebox Memories** .
4.30 **The Cheaters** 11/12. (S1)
5.00 **A Family at War** 2/13. (S1)
6.00 **Hannay** 2/6. (S1)
7.00 **Z Cars** 39/42. (S2)
8.00 **Public Eye** 2/13. (S5)
9.05 **A Dandy in Aspic** Espionage thriller. (1968, PG, 107min) ★★★
11.15 **Cellar Club with Caroline Munro**
11.20 **The Omega Factor** 4/10. (S1)
12.20 AM **Cellar Club with Caroline...**
12.25 **The Last Woman on Earth** Thriller. (1960, PG, 71min) ★★★
1.40 **Cellar Club with Caroline Munro**
1.45 **The Other Love** Romance. (1947, b/w, PG, 96min) ★★
3.35 **A Lifetime Ago**
4.00 **Lord Tramp** 2/6. (S1)
4.30 **to 5.00** AM **Out of Town**

Friday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **LIVE NRL Cronulla-Sutherland Sharks v Canterbury-Bankstown Bulldogs.** The opening match of the Magic Round from Suncorp Stadium. Kick-off is at **9.00am**.
11.00 **Sky Sports FC**
12.00 NOON **Total Football**
12.30 PM **LIVE PGA Championship Golf** Day two of the second Major of the year held at Aronimink Golf Club in Pennsylvania. Jhonattan Vegas of Venezuela remained in the lead at the end of this stage last year at Quail Hollow Club in North Carolina on eight-under, with the trio of Matt Fitzpatrick, Kim Si-woo and Matthieu Pavon two strokes behind him.
7.00 **LIVE Premier League** Coverage of a match in the top tier of English football.
10.00 **LIVE PGA Championship Golf** Further coverage of the second day of the second Major of the year staged at Aronimink Golf Club in Pennsylvania.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
8.30 **Premier League Stories**
9.00 **The Big Interview**
9.30 **Fantasy Football Countdown**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
4.00 PM **Fantasy Show**
4.30 **Premier League Preview**
5.00 **Premier League Friday** Roman Kemp hosts the Premier League weekend preview show.
7.00 **Premier League Preview** A look ahead to the weekend's matches.
7.00 **LIVE Premier League** Coverage of a match in the top tier of English football.
10.45 **The Big Interview**
11.15 **Mo Salah: When He Was King** Salah reacts to messages from former teammates and managers.
11.45 **PL Greatest Games** Tottenham Hotspur v Chelsea from 2008.
12.00 M'T **FNF** Premier League action.
12.30 AM **The Big Interview**
1.00 **PL Retro** Chelsea v Wigan Athletic in the 2009/10 season.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.00 **EFL Greatest Games**
10.30 **EFL Highlights**
11.00 **WSL** Arsenal v Everton.
11.30 **Bundesliga Weekly**
12.00 NOON **EFL** The second leg of a League One play-off semi-final.
2.00 PM **EFL Greatest Games**
2.30 **EFL Highlights**
4.30 **SPFL Round-Up**
4.45 **SPFL Highlights**
5.00 **Bundesliga Weekly**
5.30 **EFL Highlights** Play-offs.
7.00 **LIVE EFL** Coverage of the second leg of a League Two play-off semi-final, as the teams contest a place in the Wembley final.
10.30 **EFL Greatest Games** Preston v Chesterfield from 2014/15. **10.45** Swindon Town v Sheffield United from 2014/15.
11.00 **EFL Highlights** Action from the second leg of the League One and Two play-off semi-finals.
1.00 AM **EFL Greatest Games**
1.30 **EFL** The second leg of a League Two play-off semi-final.
3.30 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Best Goals: EFL Cup 24/25**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 action.
11.15 **Best of ICC WT20**
12.00 NOON **Women's One-Day International Cricket**
1.00 PM **Women's World T20**
1.55 **IPL** Recent T20 action.
2.50 **LIVE IPL Lucknow Super Giants v Chennai Super Kings.** The T20 match at Ekana Cricket Stadium. The Super Kings prevailed by five wickets when the teams met here last season and they will be looking for another win this afternoon against a Lucknow side that struggled in the early stages of the campaign.
7.00 **Best of ICC WT20**
8.00 **IPL** The T20 match between Punjab Kings and Mumbai Indians. **9.00** Lucknow Super Giants v Chennai Super Kings.
10.00 **Women's One-Day International Cricket** The second ODI between England and New Zealand from The County Ground, Northampton.
11.00 **IPL** Recent T20 highlights.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Lucknow Super Giants v Chennai Super Kings.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Championship Golf**
7.00 **PGA Champs Official Film 2020**
8.00 **PGA Championship Golf**
9.00 **DP World Tour Golf**
9.30 **PGA Champs Official Films**
11.30 **PGA Championship Golf**
12.30 PM **LIVE PGA Championship Golf** Day two of the second Major of the year held at Aronimink Golf Club in Pennsylvania. Jhonattan Vegas of Venezuela remained in the lead at the end of this stage last year at Quail Hollow Club in North Carolina on eight-under, with the trio of Matt Fitzpatrick, Kim Si-woo and Matthieu Pavon two strokes behind him.
12.00 M'T **PGA Champs Official Films**
3.00 AM **PGA Championship Golf**
4.00 **PGA Champs Official Film 2020**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
12.30 PM **LIVE WTA & ATP Tennis** Coverage of the women's doubles semi-finals on day 11 of the Italian Open held at Foro Italico in Rome.
2.30 **LIVE WTA & ATP Tennis** Coverage of day 11 of the Italian Open at Foro Italico in Rome. Twelve months ago, Jannik Sinner was outclassed in the first set of his semi-final against Tommy Paul when losing it 1-6, but he soon produced a reversal of fortunes and took the next two sets 6-0 6-3 to book his place in the final.
8.00 **LIVE WTA & ATP Tennis** The women's doubles semi-finals on day 11 of the Italian Open in Rome.
9.30 **ATP Tour This Week**
10.00 **ATP Tennis** Monte-Carlo Masters.
11.00 **WTA Tennis** Recent finals.
1.00 AM **ATP & WTA Tour Classics**
2.00 **WTA & ATP Tennis**
3.00 **US Open Tennis Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Rolex SailGP Championship**
7.00 **Serie A – Full Impact**
7.30 **Premier League**
8.45 **TNT Sports Reload**
9.00 **AFL** Brisbane Lions v Geelong Cats.
10.30 **LIVE AFL Sydney Swans v Collingwood Magpies.** Bounce-up **10.30am**.
1.30 PM **LIVE AFL Gold Coast Suns v Port Adelaide Power.** At TIO Stadium.
2.00 **LIVE Cycling: Giro d'Italia** The seventh stage of the men's race.
5.00 **The Fantasy Show**
5.30 **Premier League**
7.00 **LIVE The Gallagher PREM Northampton Saints v Bristol Bears.** From cinch Stadium at Franklin's Gardens. Kick-off **7.45pm**.
10.00 **Football** Highlights and features.
11.00 **The Fantasy Show**
11.30 **MLB Highlights**
12.30 AM **LIVE MLB Chicago White Sox v Chicago Cubs.** Start-time **12.40am**.
3.30 **Premier League Preview**
4.00 **to 7.00** AM **LIVE AFL Adelaide Crows v North Melbourne Kangaroos.** From Adelaide Oval. Bounce-up **4.15am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP Highlights**
8.00 **LIVE MotoGP** The Grand Prix of the Catalunya MotoGP, Moto2 and Moto3 first free practice sessions.
10.45 **MotoGP Rewind**
12.15 PM **LIVE MotoGP** The Grand Prix of the Catalunya MotoGP, Moto2 and Moto3 first practice sessions.
3.15 **MotoGP Rewind**
3.30 **Inside Serie A** The latest news.
4.00 **MLB Highlights**
5.00 **Ultimate Pool** Pairs Cup.
6.30 **Inside Serie A**
7.00 **MotoGP** Grand Prix of Catalunya.
7.30 **Sara Price – Chasing Dakar**
8.30 **AFL** A chance to see Sydney Swans v Collingwood Magpies. **10.00** A replay of Gold Coast Suns v Port Adelaide Power.
11.30 **MotoGP** Grand Prix of Catalunya.
12.00 M'T **Fight Week** UFC 328.
12.30 AM **The Fantasy Show**
1.00 **The Gallagher PREM**
2.00 **MotoGP** Grand Prix of Catalunya.
2.30 **LIVE MLB Los Angeles Angels v Los Angeles Dodgers.** The inter-league match from Angel Stadium of Anaheim. Start-time **2.38am**.
5.30 **to 6.00** AM **MLB Plays of the Week**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
9.00 **LIVE NRL Cronulla-Sutherland Sharks v Canterbury-Bankstown Bulldogs.** Coverage from Suncorp Stadium. Kick-off **9.00am**.
11.00 **LIVE NRL South Sydney Rabbitohs v Dolphins.** From Suncorp Stadium in Brisbane. Kick-off **11.00am**.
1.00 PM **Good Morning Football**
3.00 **Women's State of Origin**
4.00 **Super League Highlights**
5.00 **Super Bowl LX Highlights**
6.00 **Boxing** Mosley Jr v Bohachuk.
7.00 **Women's State of Origin**
7.30 **LIVE Super League Wigan Warriors v Leeds Rhinos.** Coverage of the top-flight match staged at the Brick Community Stadium. Kick-off **8.00pm**.
10.15 **NBA on Fire** News and highlights.
10.45 **NFL Bitesize Highlights**
11.00 **Super Bowl LX Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
1.45 **World Club Challenge**
2.00 **to 6.00** AM **LIVE MMA: One Championship** Coverage of One Fight Night 43 at Lumpinee Boxing Stadium in Bangkok.

Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
8.00 **LIVE Super Rugby Chiefs v Highlanders.** The match from the 14th round of the season at FMG Stadium Waikato in Hamilton. Kick-off **8.05am**.
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
1.00 PM **LIVE Ladies European Tour Golf** Coverage of the second day of the Amundi German Masters held at Green Eagle Golf Courses in Hamburg.
5.00 **Premier League Friday** Roman Kemp hosts the essential Premier League weekend preview show.
7.00 **LIVE EFL** Coverage of a League Two play-off semi-final second-leg match. Kick-off **8.00pm**.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Highlights of Peterborough United v Southampton from 2010/11. **12.15** AM Watford v Leicester.
12.30 **EFL Greatest Games**
5.30 **to 7.30** AM **LIVE Super Rugby Fijian Drua v NSW Waratahs.** Coverage of the match from the 14th round of fixtures at HFC Bank Stadium. Kick-off **5.35am**.

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **PGA Championship Golf**
12.00 NOON **IPL** Recent T20 action.
2.00 PM **Women's State of Origin**
2.15 **PL Greatest Games**
3.00 **PGA Tour Champions**
4.00 **PGA Tour Golf**
5.00 **Women's State of Origin**
6.00 **NBC's Pro-Football Talk**
8.00 **LIVE LPGA Tour Golf** Coverage of day two of the Kroger Queen City Championship at Maketewah Country Club in Ohio.
11.00 **IPL** Highlights from Lucknow Super Giants v Gujarat Titans.
12.00 M'T **One Championship Weekly**
12.30 AM **Women's State of Origin**
12.45 **PL Greatest Games**
1.00 **Super League**
3.45 **EFL Greatest Games**
4.00 **to 6.00** AM **IPL Highlights**

TNT Sports 3

413 415 523 410 432

6.00 AM **Formula E Flashback**
6.30 **Premier League Reload**
6.45 **The Gruppetto** Cycling news.
7.00 **Men's Cycling Pro Series**
8.00 **Giro d'Italia Men Highlights**
9.00 **LIVE Cycling: Giro d'Italia** The seventh stage of the men's race, a route from Formia to Blockhaus.
5.00 PM **Women's Cycling**
6.00 **Fencing Grand Prix**
7.00 **Cycling** Stage one of the women's Tour of the Basque Country.
8.00 **Giro d'Italia Men Highlights**
9.00 **Men's Cycling Pro Series**
10.00 **Women's Cycling**
11.00 **Rolex SailGP Championship**
12.00 M'T **TNT Sports Reload**
12.30 AM **Fight Week** UFC 328.
1.00 **LIVE NWSL Kansas City Current v Houston Dash.** From CPKC Stadium in Kansas City. Kick-off **1.00am**.
3.15 **The Gruppetto** Cycling news.
3.30 **WRC Review** Rally Portugal.
4.30 **to 6.00** AM **Ultimate Pool**

TNT Sports 4

414 416 524 411 434

6.00 AM **UEFA Champions League**
8.30 **World Superbike Highlights**
9.30 **LIVE World Superbikes** The first Superbike free practice session held at Autodrom Most.
10.30 **Ultimate Pool** Pairs Cup.
12.00 NOON **Serie A – Full Impact**
12.30 PM **LIVE World Superbikes** First Supersport Superpole session.
1.45 **World Superbike Rewind**
2.00 **LIVE World Superbikes** The Superbike second free practice session in the Czech Republic.
3.00 **LIVE World Superbikes** The Sportbike Superpole session staged at Autodrom Most.
3.30 **TNT Sports Reload**
4.00 **LIV Golf** From Virginia.
5.00 **The Emirates FA Cup**
10.30 **Roll the Tape** Noel Gallagher.
11.00 **IFSC Climbing World Series**
12.00 M'T **AFL** Two match replays.
3.00 AM **Women's Cycling**
4.00 **Giro d'Italia Men Highlights**
5.00 **to 6.00** AM **Men's Cycling**

Premier Sports 1

419 551

6.00 AM **United Rugby Championship**
8.00 **NASCAR Highlights**
9.00 **Eredivisie Highlights**
10.00 **NHL Ice Hockey** Play-offs.
12.00 NOON **URC in 60**
1.00 PM **LaLiga Match Highlights**
2.00 **NHL Tonight** Play-offs.
3.00 **United Rugby Championship**
5.00 **NASCAR Highlights**
6.00 **URC in 60** Recent action.
7.00 **LIVE United Rugby Championship Edinburgh v Connacht.** Coverage from Scottish Gas Murrayfield Stadium. Kick-off **7.45pm**.
10.00 **URC SEND IT**
10.40 **LaLiga Match Highlights**
11.00 **Sporting Countdowns**
11.30 **World of FreeSports**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Sporting Countdowns**
3.30 **United Rugby Championship**
5.30 **to 6.00** AM **World of FreeSports**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
7.00 **United Rugby Championship**
11.00 **Temples of Sport**
11.30 **Copa do Brasil** Another chance to see Vitoria v Flamengo.
1.30 PM **Temples of Sport**
2.00 **Bike World** Magazine.
2.30 **NHL Ice Hockey**
4.30 **Temples of Sport**
5.00 **United Rugby Championship** Glasgow Warriors v Cardiff.
7.00 **LIVE United Rugby Championship Ulster v Glasgow Warriors.** Coverage of the match from Affidea Stadium. Kick-off **7.45pm**.
10.00 **Temples of Sport**
11.00 **United Rugby Championship** A replay of Cardiff v Stormers.
1.00 AM **NHL Specials** Florida Panthers' historic repeat victory.
2.00 **Temples of Sport**
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** Coverage of a match in the end-of-season play-offs.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
10.00 **Indycar** The Sonsio Grand Prix.
11.00 **Formula 1** Australian Grand Prix. **12.00** NOON Chinese Grand Prix. **2.00** PM Japanese Grand Prix. **3.00** The Miami Grand Prix.
5.00 **LIVE Indycar** The Indianapolis 500 Fast Friday session at Indianapolis Motor Speedway.
11.00 **Formula 1** Chinese Grand Prix. **12.00** M'T Japanese Grand Prix.
1.00 AM **F1 Explained**
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Next week *On sale Tuesday 12 May*

The Boroughs

Netflix's supernatural drama, produced by the Duffer brothers and starring Alfred Molina, Denis O'Hare, Bill Pullman and Geena Davis, follows a New Mexico retirement community encountering the paranormal.

Tom Clancy's Jack Ryan: Ghost War

In Prime Video's film, the intrepid agent (John Krasinski) deals with a rogue black-ops unit and a dark conspiracy. Sienna Miller joins as a savvy MI6 officer.

Falling

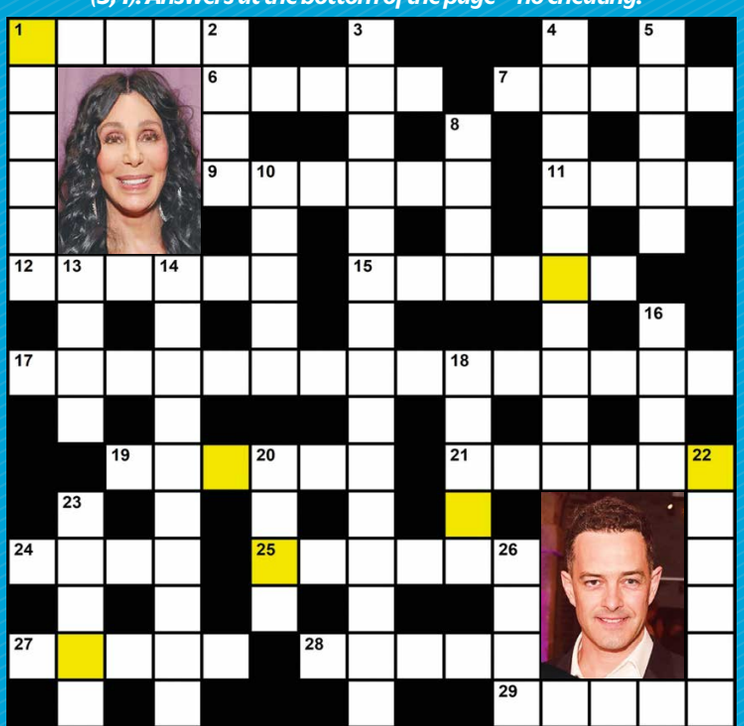
Keeley Hawes and Paapa Essiedu headline C4's drama, penned by Jack Thorne, about a dedicated nun and a Catholic priest who embark on a forbidden romance.

Eurovision Song Contest

Vienna hosts the grand final of the 70th annual singing competition on BBC1, as Look Mum No Computer flies the flag for the UK and Graham Norton commentates.

Crossword

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of an English comedian (3,4). Answers at the bottom of the page – no cheating!



ACROSS

1 *Don't Stop the* -----, Rihanna hit released in 2007 (5)
6 US medical drama starring Hugh Laurie and Robert Sean Leonard (5)
7 ----- Island, location in hit sitcom *Gavin & Stacey* (5)
9 2018 film about a classic Beatrix Potter character, *Peter* ------ (6)
11 ---- Lund, role played by Ingrid Bergman in 1943 film *Casablanca* (4)
12 *Crying in the* ------, song released by Elvis Presley in 1965 (6)
15 Star of 2016 psychological drama *Room*, Brie ------ (6)
17 Weatherfield pub (6,6,3)
19 2015 Giorgio Moroder song featuring Sia (4,2)
21 ------ Ullman, comedian, singer and actor (6)
24 See picture clue: West End theatre star and winner of BBC1 show *Any Dream Will Do*, Lee ---- (4)
25 Character played by Jane Leeves in hit sitcom *Frasier* (6)
27 Jenna Coleman's role in sci-fi series *Doctor Who*, ----- Oswald (5)
28 1956 Disney classic animation, *Lady and the* ----- (5)
29 2003 White Stripes song, ----- *Nation Army* (5)

DOWN

1 ------ *Pizza*, movie from 1990 starring Julia Roberts (6)
2 See picture clue: Oscar winner for 1988 romcom film *Moonstruck* (4)
3 French actor in movies including 2016 drama *Elle* (8,7)
4 ---------- *Dreamin'*, 1965 single by The Mamas & the Papas (10)
5 1980s comedy-drama TV series that starred Timothy West and James Saxon (5)
8 *A* ---- *is Born*, 2018 movie with Bradley Cooper and Lady Gaga (4)
10 Epic 2013 sci-fi movie starring Ben Whishaw and Halle Berry, *Cloud* ----- (5)
13 1992 Peter Pan film with Dustin Hoffman and Robin Williams (4)
14 ----------, rock group fronted Chrissie Hynde (10)
16 ---- Bancroft, played Mrs Robinson in 1968's *The Graduate* (4)
18 Kate -----, US model and actor born in 1992 (5)
20 Pop artist, ---- Warhol (4)
22 Model wife of pop singer Simon Le Bon (6)
23 2015 song by Adele (5)
26 Actor in 2000 romantic comedy *Love & Basketball*, Omar ---- (4)

CROSSWORD SOLUTION
ANSWER: Dom Joly **ACROSS:** 1 Music 6 House 7 Barry 9 Rabbit 11 Ilsa 12 Chapel 15 Larson 17 Rovers Return Inn 19 Deja Vu 21 Tracey 24 Mead 25 Daphne 27 Clara 28 Tramp 29 Seven
DOWN: 1 Mystic 2 Cher 3 Isabelle Huppert 4 California 5 Brass 8 Star 10 Atlas 13 Hook 14 Pretenders 16 Anne 18 Upton 20 Andy 22 Yasmin 23 Hello 26 Epps

WORDS: CAREN CLARK. PHOTOS: GETTY, C4, NETFLIX, PRIME VIDEO, BBC

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Coming soon

FIRST LOOK

The Secret Diary of Adrian Mole Aged 13¾

Oliver Savell stars in a fresh take on the much-loved book

Take an early look at BBC1's new adaptation of Sue Townsend's comedic novel *The Secret Diary of Adrian Mole Aged 13 ¾*, as filming gets under way.

In the nine-part series, *Changing Ends* star Oliver Savell will take the role of pseudo-intellectual teenager Adrian, who, when 1981 dawns, starts writing an unintentionally hilarious diary in which he confides his worries about his spots, his parents' troubled marriage and the first pangs of love.

Lisa McGrillis (*Rivals*, *Mum*) will play Adrian's frustrated feminist mum Pauline, while Colin Hoult (*After Life*, *Slow Horses*) is his tetchy dad George, who is dealing with redundancy, and Pam Ferris (*The Darling Buds of May*) is colourful, no-nonsense Grandma. Alun Armstrong (*Breeders*) co-stars as grouchy local pensioner Bert Baxter, who Adrian befriends, and Galaxie Clear is Pandora, the object of Adrian's undying affections. Jude Forsey, Rory Keenan, David Wilmot and Karl Collins will also feature.

'I happen to be just a little older than Adrian and have adored this book since reading it on publication,' says David Nicholls, who has adapted the series.

COMEDY CLASSIC

Caitlin and Caroline Moran, Jack Rooke, Dillon Mapletoft and Oliver Taylor are also among the writers.

'It's a classic piece of comic writing and an incredible piece of ventriloquism on Sue Townsend's part – how did she know?' adds Nicholls. 'Adapting Adrian for the screen is an absolute pleasure.'

Literary adaptations to look forward to

Pride and Prejudice

Netflix's version of Jane Austen's classic novel will see Emma Corrin and Jack Lowden play Elizabeth Bennet and Mr Darcy.

A Tale of Two Cities

François Civil, Kit Harington and Mirren Mack are heading the cast of BBC1's take on Charles Dickens' masterpiece.

Little House on the Prairie

Laura Ingalls Wilder's books about her childhood in the American West of the 1800s are being brought to life on Netflix.

WHAT'S NEXT FOR...

Gugu Mbatha-Raw

In BBC1's six-part Scotland-set sci-fi drama **Sutherland**, the actor will play the flight director for a UK mission into space, but strange events and a dark conspiracy threaten the trip. Stuart Martin and Iain De Caestecker co-star.

Kevin McKidd

The actor will star in ITV1's four-part thriller **The Only Suspect**, which centres on a man whose seemingly perfect life unravels when his past, which saw him bury a body 30 years before, returns to haunt him.

Coming Back

ITV1's documentary, which has followed a diverse group of people every seven years from 1964, will be back for a final two-part series **70 Up**, in which the participants talk to film-maker Asif Kapadia about their lives as they reach 70.

John Simm will return as Det Supt Roy Grace in a seventh series of ITV1's **Grace**, which sees the cop investigate four new cases with DI Branson (Richie Campbell) and deal with the kidnapping of wife Cleo (Zoë Tapper)

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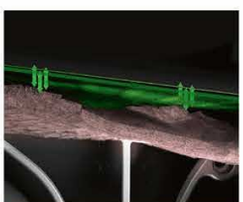

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